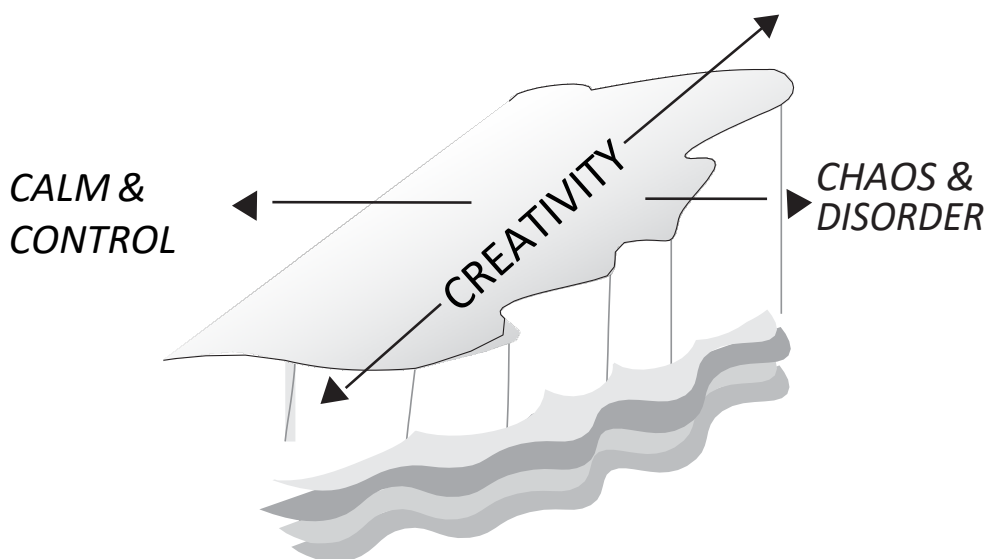


Creativity resides at the edge of chaos. And what a good thing that is because creativity can take us to places and ways that regular life cannot. It points to a secret door you can walk through, experience something, almost mystically transcend, transform, and then take that wisdom back into reality. What people don't realize is that amid all the mess and chaos is the most remarkable gift—the gift of creativity. Just enough chaos and we tap what feels like magic. Too close to the edge and we spiral out of control; too far from the edge and we stagnate.



*Creativity resides at the edge of chaos.*

The creative process lies right on the edge between stagnation and chaos. Too much calm and control and there is stagnation. Too little control and there is chaos. The good thing is that creativity resides smack in the middle and is a fabulous resource to recalibrate and reimagine after a breakdown. It's also a part of the catalyst for change. Creativity is an outstanding resiliency tool that is often over-looked, misunderstood, and vastly underdeveloped which adds to unnecessary suffering. We need a little chaos, a little edginess to express our wild and wonderful selves, individually and collectively. Chaos can be good.

