

Annelies M. Gentile, MA, PCC

Integrative Life & Leadership . Creative Resilience
 Coach . Consultant . Facilitator . Speaker . Author . Process Artist
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CREDENTIALS SUMMARY: I nurture individuals and groups helping them bridge what was to what's next. I hold both a masters in health and wellness coaching and ICF certification PCC, serving clients from a diverse range of fields including government, healthcare, law, education, non-profits, arts, tech, science and sales including IBM, Wake Forest Baptist Medical Center, City of Raleigh Government, NC Bar Association and Campbell Law School. Top areas of expertise include resilience, creativity, mindfulness, reducing stress, overwhelm, conflict and grief associated with change.

PERSONAL STATEMENT: In an increasingly disconnected world, I believe it's important to cultivate creative ways to connect to one another and ourselves especially when facing or leading change. Because of this, I facilitate ripe and meaningful experiences for people to thrive, succeed and see what's possible.

EXPERIENCE STRENGTHS & SKILLS

Major Duties & Responsibilities as CEO of Conduit for Change, LLC:

- Coach, lead, and/or motivate leaders and/or groups of professionals to inspire outcomes of personal growth and professional development, well-being enhancement and/or to apply, engage and facilitate the client company/organization's mission or intended agenda, outcome or goal
- Manage problem-solving and critical thinking obstacles to help clients and/or participants so they may achieve their highest learning outcomes possible
- Design, manage, market and implement curriculum for integrative experiences, seminars and programs that best align with supporting behavior change, positive learning outcomes and achievement of the client's desired goals and ultimate success
- Maintain excellent professional standards as aligned with ICF (International Coach Federation)
- Engage in regular community outreach, networking, sales and speaking events

Client Relations & Support

- Compassionately engages people to reach their highest potential, including working better together, leading more effectively, improving communications, accomplishing goals and catalyzing new ideas
- Enrolls, empowers, mentors and enlightens clients to discover innate problem-solving resources
- Open to customized experiences to yield sustainable results
- Honors diversity, working well 1:1 and with groups of all populations regardless of age, gender, culture, religion or orientation

Administration & Management

- Experienced in facilitation of fundraising and event planning
- Experienced in planning, coordination and implementation of projects and deadlines
- Management of staff, volunteers, operations, budgets and continuity
- Proficient computer skills
- Successfully manages timelines, project deadlines and client desired outcomes

Personal Attributes

- Self-motivated, creative, compassionate, driven, grounded, critical thinker, future thinker, visionary
- Pro-active problem-solver, masterful and compassionate enroller, teacher, leader
- Holds excellent interpersonal skills and high emotional intelligence
- Familiar with speaking basic conversational Spanish and Dutch languages, dual citizenship with NL
- Very comfortable with all cultural differences, a great bridge-builder, peace-maker

EDUCATION/CREDENTIALS

Professional Coaching Certification (PCC) ICF International Coaching Foundation	Raleigh NC	2019
Master's Degree in Health and Wellness Coaching Maryland University of Integrative Health	Laurel MA	2015
Conflict Transformation & Peace-building in Expressive Arts European Graduate School	Saas-Fee Switzerland	2013
Transformative Leadership Graduate Studies Tai Sophia Institute	Laurel MA	2010
Bachelors Degree in Liberal Studies concentration Social Change & Creative Process St. Augustine's College	Raleigh NC	2009- 2011
Landmark Education Forum Leadership Training	Greensboro NC	2002

PROFESSIONAL EXPERIENCE

Executive Coach and CEO Conduit for Change, LLC	Raleigh NC	2008- present
Freelance Designer, Manager, Supervisor, Producer	Raleigh NC	1992- 2008
Operations Manager :: Rank Group Hard Rock Cafe	Dubai, UAE	2003- 2004
North Carolina Theater :: Designer, Department Manager	Raleigh, NC	1995- 2003
Matrix Essentials International :: Regional Educator	Southeastern USA	1995- 1996
UNC-TV :: Department Artist & Production Assistant	Durham NC	1994- 2003

Client Relation Highlights: IBM, Former Gov. North Carolina Bev Perdue, Former Gov. North Carolina Mike Easley, Wake Forest Baptist Medical Center, Rex Hospital, UNC-Healthcare, City of Raleigh Government, Wake County Government, North Carolina State University, Wake County Public Schools, Caldwell Fellows, Wake Forest Chamber of Commerce, Raleigh Chamber of Commerce, Bank of America, Fortune 500 Companies and non-profits such as IBM, United States Center for Refugees and Immigrants, Center for Human-Earth Restoration, Wind River, Full Circles Foundation, Wake Forest Leadership, Pink Foundation, and NC Bar Association.

Additional Employer Highlights: Wake County Public Schools, RTI Research Triangle International, Elon College, NBC-TV, Troika Productions, Big League Productions, North Carolina Theater, Zotos International, Paul Brown International

Published Author: *From Chaos to Calm :: Leading Change From the Inside Out* is part personal story, part philosophy and part guide book written to help professionals better navigate change in life, leadership and well-being. At its core, *From Chaos to Calm* is also a quiet call to wake up to our collective role and responsibility in solving our most pressing 21st century problems by cultivating personal resilience.

VOLUNTEER & LEARNING EXPERIENCES

Caldwell Fellows	Raleigh, NC	2018-present
US Center for Refugees & Immigrants	Raleigh NC	2016- present
Center for Human-Earth Restoration 501-3c Program Facilitator & Board Member	Raleigh NC	2012- 2015
NC Art Therapy Institute 501-3c Board Member	Durham NC	2011- 2012
Chrysaley Consulting, LLC Internship	Raleigh, NC	2012
ARTStream 501-3c Internship	Raleigh NC	2011
Tilt Leadership Inc. Internship	Raleigh NC	2011
AIDS Service Agency Volunteer & Art Donor	Raleigh NC	1993- 1998
Rex Hospital Volunteer and patient relations	Raleigh NC	1993- 1995
De Vieken Dutch Club Volunteer and active member	Raleigh NC	1986- present

ADDITIONAL CERTIFICATIONS/AWARDS

Hatha Yoga & Mindfulness Teacher Training Certification	Raleigh NC	2010
TEFL Teaching English as Foreign Language Certification	Raleigh NC	2005
Honors: Alpha Kappa Mu Honor Society	Raleigh NC	2010
Award & Honors: St. Augustine's College	Raleigh NC	2010
Outstanding Achievement Art Competition: Women's Club	Raleigh NC	1989
Award: Fantasy Competition Mitchell's	Greensboro NC	1993-94
Award: Volunteer of the Year Raleigh Little Theater	Raleigh NC	1992-93
Dale Carnegie Scholarship	Cary NC	1992

REFERENCES AVAILABLE UPON REQUEST