

Let's Build Your You!

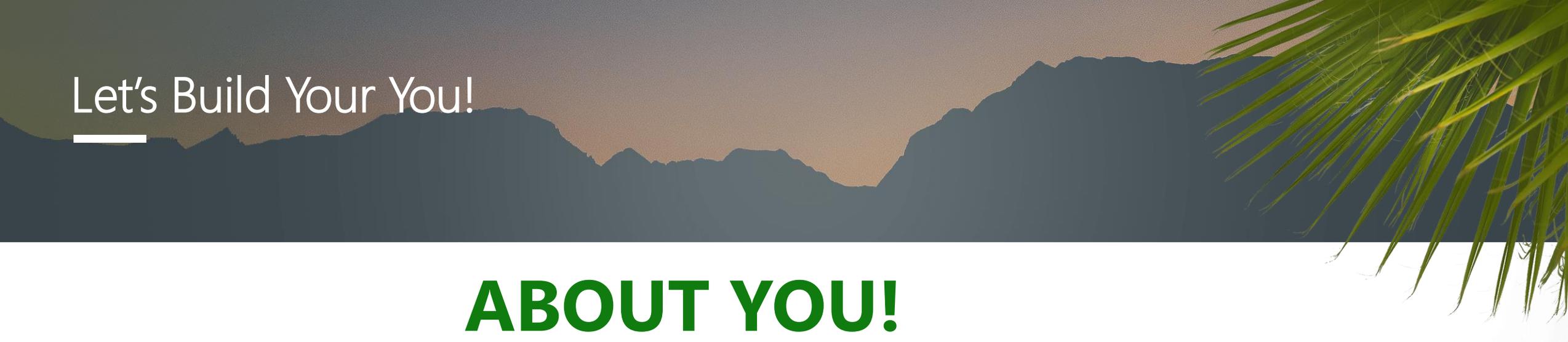
Building Your Legacy

By Frank F Blas Jr

www.islandlifeopportunities.com



Let's Build Your You!

The top portion of the image features a dark silhouette of a mountain range against a light, hazy sky. On the right side, there are green palm fronds extending into the frame. A thin white horizontal line is positioned below the text 'Let's Build Your You!'.

**ABOUT YOU!
ACHIEVE?
NEED?
HOLDING YOU BACK?
DRIVE TO ACHIEVE?
START?**

Let's Build Your You!

A - 1

H - 8

O - 15

V - 22

B - 2

I - 9

P - 16

W - 23

C - 3

J - 10

Q - 17

X - 24

D - 4

K - 11

R - 18

Y - 25

E - 5

L - 12

S - 19

Z - 26

F - 6

M - 13

T - 20

G - 7

N - 14

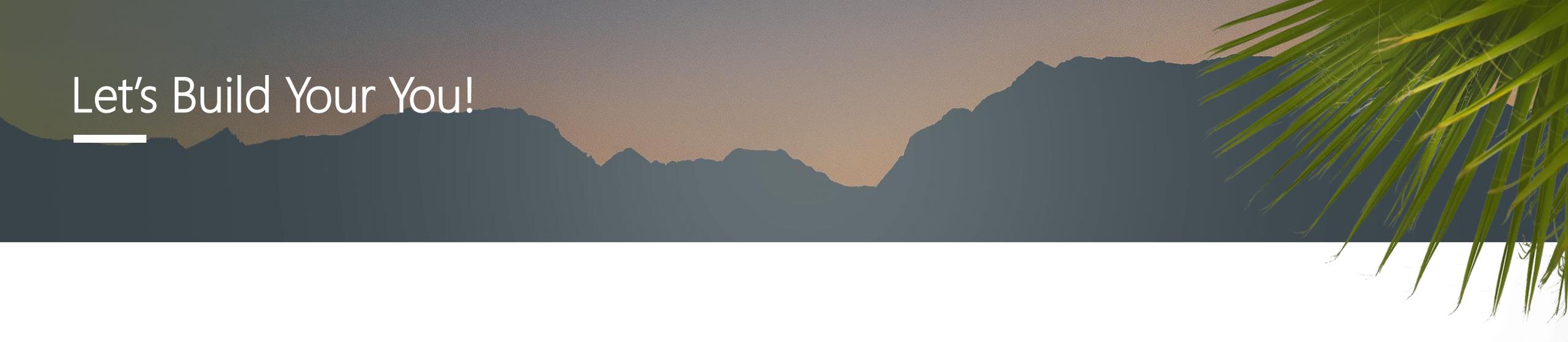
U - 21

Let's Build Your You!

Goals & Aspirations



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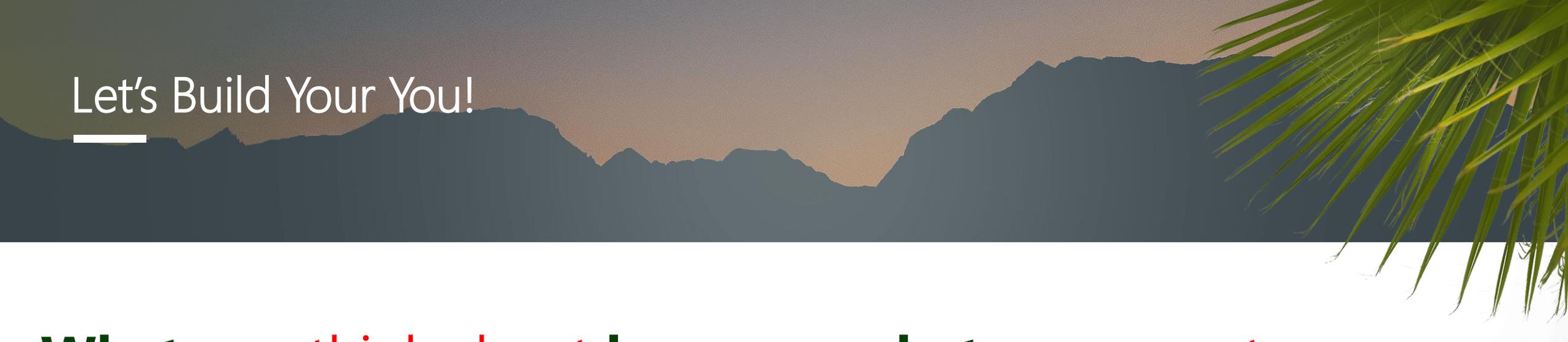


**YOU ARE TOTALLY (100%)
RESPONSIBLE FOR YOU!**

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**YOUR BELIEFS ARE LIMITING
YOU!**



Let's Build Your You!

What you think about **becomes what** you expect

What you put into your mind **will influence how** you think

What you expect **will determine what** you create, and

What you create **is what** you get in life!

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Dealing with Low Confidence

- Fear of the unknown
- Criticism
- Self-Esteem
- Lack of Knowledge
- Previous Failures

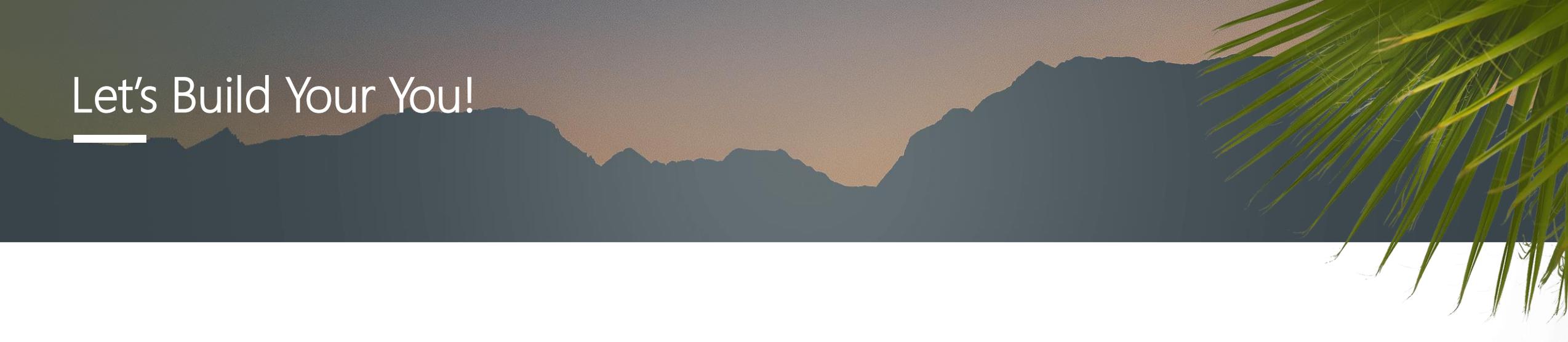
Let's Build Your You!

The header features a dark silhouette of a mountain range against a light, hazy sky. On the right side, there is a close-up of green palm fronds.

YOU'RE STOPPING YOURSELF!

IF YOUR ATTITUDE CONTROLS
YOUR LIFE,
GUESS WHO CONTROLS YOUR
ATTITUDE?

ISLANDLIFE OPPORTUNITIES: BECAUSE
LIFE IS FULL OF IT!



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**If you believe that the world is bad,
you'll continue to see it that way until
you become open to the idea that there
is good.**

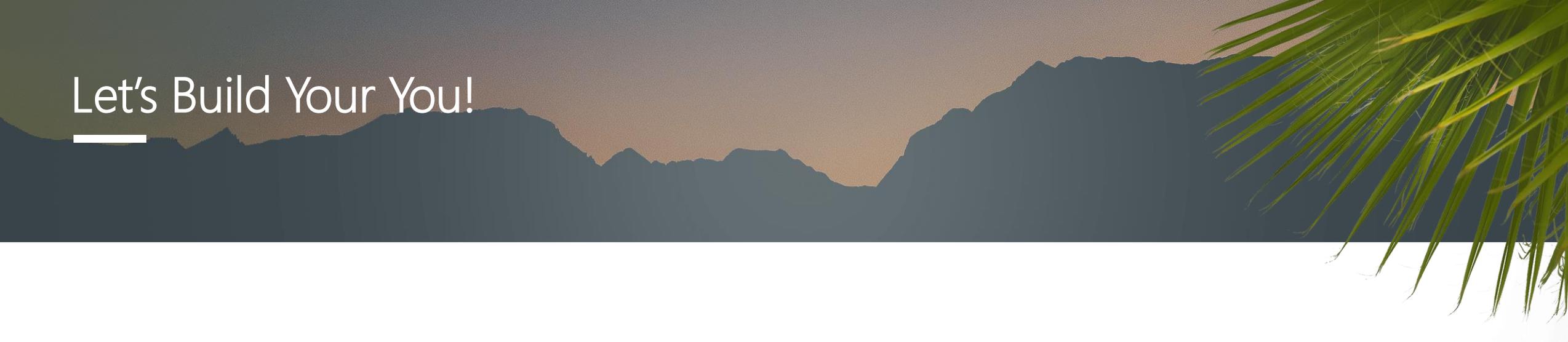
Your PRISM becomes your PRISON!

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Factors of Limiting Beliefs

Upbringing
Culture
Observation
Experience
Social Influence
Opinions
Lifestyle

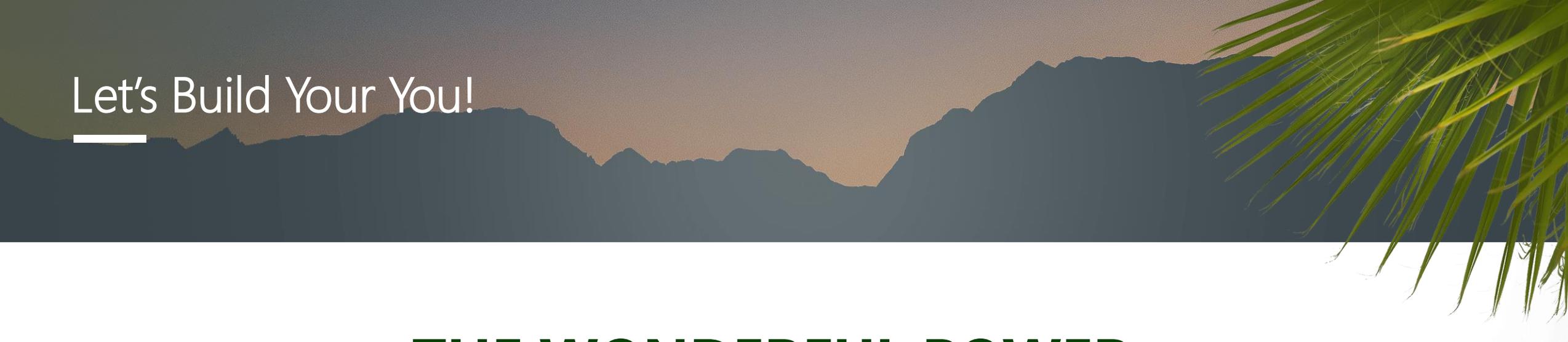
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**The person who thinks that they can
and the person who thinks that they can't
are both usually right.**

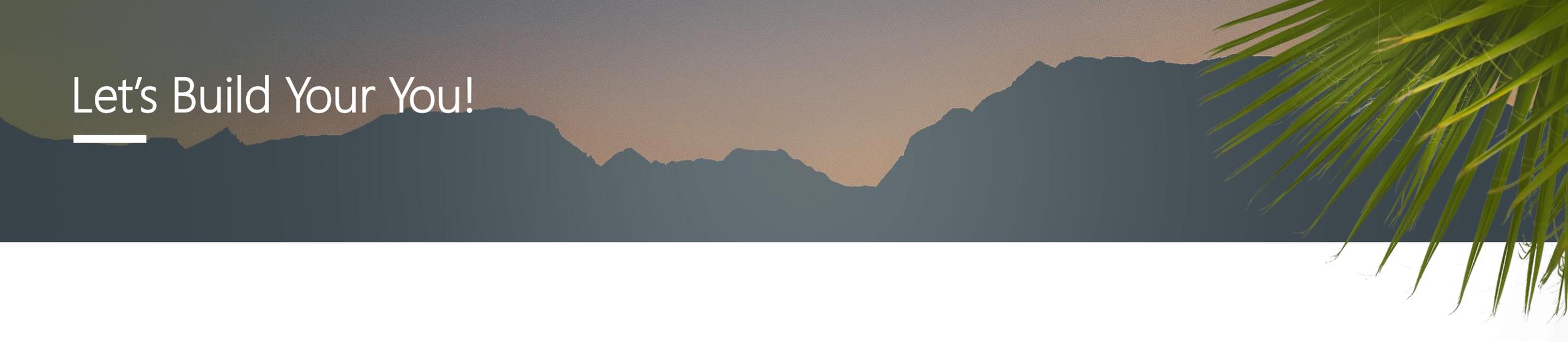
- Confucius

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THE WONDERFUL POWER OF YOUR BRAIN

The Elf and the Angel



Let's Build Your You!

**“If you really want to do something,
you’ll find a way.
If not, you’ll find an excuse.”**

- Jim Rohn

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The header features a dark silhouette of a mountain range against a light, hazy sky. On the right side, a green palm frond is partially visible, extending from the edge of the frame.

What is your WHY?

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**Why wait for tomorrow?
Start TO-NOW!**

**WRITE IT DOWN! Don't trust your memory because
your memory is praying that you wrote it down
somewhere!**



— YOU CAN BE INSPIRED TO DO ANYTHING. —

IT'S TAKING ACTION THAT

— MAKES IT WORTH SOMETHING. —

ISLANDLIFE OPPORTUNITIES: BECAUSE
LIFE IS FULL OF IT!

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QUESTIONS?

The background of the image features a silhouette of a mountain range against a sunset sky. The sky transitions from a deep blue at the top to a warm orange and yellow near the horizon, where the sun is setting behind the mountains. The mountains are dark and jagged, creating a stark contrast with the bright sky.

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