



# How to Derail Your Success

BUILDING YOUR LEGACY

# COMPARISON

- Comparing where you are at to where someone else is
- Relying on how many “likes” you have
- Measuring your success with someone else’s

# SELF-DOUBT

- Fearing failure
- Fear of looking bad when we fall
- Listening to the negative voices in our heads
- Believing what others say about our capabilities
- Convincing ourselves that we can't be successful

# NEGATIVE PEOPLE

- Allowing their problems to overshadow your desire to succeed
- Giving credence to their negativity
- Having their mindset and attitude affect yours
- If they can't or don't want to succeed, neither should you

# LACK OF INSPIRATION

- Not finding ways and reasons to stay motivated and focused
- Not setting time to research and explore the different possibilities
- Not seeking people who can inspire and provide motivation to move forward

# WAITING

- Waiting for that perfect time to start
- Setting “soon,” “tomorrow,” or “in due time” as your start date
- Believing that time is on your side

# LACK OF PLANNING

- We don't need a plan – we'll just wing it!
- No sense in sticking with a plan because things will change
- If we fail – we fail. Oh well!!!

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