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Patient or Authorized Representative

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Date

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Relationship to patient (if other than patient)

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(Patient name printed)

**Medical History: Circle each of the topics that relate to your medical history**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Allergies              | <input type="checkbox"/> Cellulitis                     | <input type="checkbox"/> Epilepsy/Seizures       |
| <input type="checkbox"/> Allergic to latex      | <input type="checkbox"/> Cerebral palsy                 | <input type="checkbox"/> Epstein-Barr            |
| <input type="checkbox"/> Amputation             | <input type="checkbox"/> Complex regional pain syndrome | <input type="checkbox"/> Gout                    |
| <input type="checkbox"/> Anemia                 | <input type="checkbox"/> Concussion                     | <input type="checkbox"/> Guillain-Barre Syndrome |
| <input type="checkbox"/> Angina                 | <input type="checkbox"/> COPD                           | <input type="checkbox"/> Headaches, severe       |
| <input type="checkbox"/> Ataxia                 | <input type="checkbox"/> Coronary heart disease         | <input type="checkbox"/> Hearing Difficulties    |
| <input type="checkbox"/> Bell's Palsy           | <input type="checkbox"/> Depression                     | <input type="checkbox"/> Heart attack            |
| <input type="checkbox"/> Blood clot/            | <input type="checkbox"/> Diabetes, Type 1               | <input type="checkbox"/> Heart disease           |
| <input type="checkbox"/> Bowel/bladder problems | <input type="checkbox"/> Diabetes, Type 2               | <input type="checkbox"/> Hernia                  |
| <input type="checkbox"/> Bronchitis             | <input type="checkbox"/> Dizziness or faintness         | <input type="checkbox"/> High blood pressure     |
| <input type="checkbox"/> Cancel                 | <input type="checkbox"/> Drink alcohol                  | <input type="checkbox"/> Incontinence            |
| <input type="checkbox"/> Carpal Tunnel Syndrome | <input type="checkbox"/> Emphysema                      | <input type="checkbox"/> Infectious disease      |
| <input type="checkbox"/> Kidney Disease         | <input type="checkbox"/> Oxygen dependency              | <input type="checkbox"/> Thyroid                 |
| <input type="checkbox"/> Lipedema               | <input type="checkbox"/> Pacemaker                      | <input type="checkbox"/> Tobacco use             |
| <input type="checkbox"/> Low blood pressure     | <input type="checkbox"/> Parkinson's disease            | <input type="checkbox"/> Torticollis             |
| <input type="checkbox"/> Low blood sugar        | <input type="checkbox"/> Pelvic floor issues            | <input type="checkbox"/> Varicose Veins          |
| <input type="checkbox"/> Lymphedema             | <input type="checkbox"/> Pneumonia                      | <input type="checkbox"/> Vertigo/Balance         |
| <input type="checkbox"/> Lupus                  | <input type="checkbox"/> Pregnancy, currently           | <input type="checkbox"/> Vision difficulties     |
| <input type="checkbox"/> Lyme Disease           | <input type="checkbox"/> Rheumatoid arthritis           | <input type="checkbox"/> Weakness                |
| <input type="checkbox"/> Mastectomy             | <input type="checkbox"/> Sciatica                       | <input type="checkbox"/> Weight loss             |

## Medical History: Circle each of the topics that relate to your medical history

- Multiple sclerosis
- Sleep apnea
- Women's health issues
- Neurological issues
- Sleeping problems
- Other surgery
- Osteoarthritis
- Spinal stenosis
- Wrist, left
- Osteoporosis
- Stroke/TIA
- Wrist, right
- Abdomen
- Elbow, right
- Neck, left
- Ankle, left
- Feet, toes, left
- Neck, right
- Ankle, right
- Feet, toes, right
- Pelvis
- Arm, left
- Groin
- Rectal
- Arm, right
- Hands, fingers, left
- Shoulder, left
- Back, lower
- Hands, fingers, right
- Shoulder, right
- Back, middle
- Head, left
- Vagina
- Back, upper
- Hip, left
- Hip, right
- Buttock, left
- Jaw, left
- Jaw, right
- Buttock, right
- Knees, left
- Knees, right
- Chest, left
- Leg, left
- Leg, right
- Chest, right
- Constipation
- CRPS, left
- CRPS, right
- Elbow, left

**Please tell us what prompted today's visit**

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## OTHER FACTORS:

How often do you exercise?

- Never
- Once per week
- Twice per week
- 3 times per week
- 4 or more times per week

Does your daily routine, or work, aggravate your pain injury?

- No
- I am unable to participate in my normal routines or work
- My routine/work usually impacts my pain/injury 1 day a week
- My routine/work usually impacts my pain/injury 2 days a week
- My routine/work usually impacts my pain/injury 3 day a week
- My routine/work aggravate by injury every day, but I try to cope

## Circle the type of pain you have

- Aching
- Burning
- Constant
- Cramping
- Deep
- Dull
- Heavy
- Numb
- Pins/Needles
- Stabbing
- Throbbing
- Variable
- Weak

How is your pain level, when it is at its worst?

**0      1      2      3      4      5      6      7      8      9      10**

(10 Worst pain you have had)

How is your pain level, when you feel best?

**0      1      2      3      4      5      6      7      8      9      1**

**Circle any of these activities that make your pain/injury worse**

- |  |  |
|--|--|
| <input type="checkbox"/> Reaching back             | <input type="checkbox"/> Twisting              |
| <input type="checkbox"/> Lying flat                | <input type="checkbox"/> Lifting light weights |
| <input type="checkbox"/> Getting in and out of bed | <input type="checkbox"/> Lifting heavy weights |
| <input type="checkbox"/> Dressing/Grooming         | <input type="checkbox"/> Pulling               |
| <input type="checkbox"/> Cooking                   | <input type="checkbox"/> Raising arm overhead  |
| <input type="checkbox"/> Carrying items            | <input type="checkbox"/> Looking up/down       |
| <input type="checkbox"/> Climbing stairs           | <input type="checkbox"/> Walking               |

**Do you any these relieve your pain?**

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> Ice        | <input type="checkbox"/> Pain Medication   |
| <input type="checkbox"/> Heat       | <input type="checkbox"/> Lying flat        |
| <input type="checkbox"/> Stretching | <input type="checkbox"/> Avoiding activity |
| <input type="checkbox"/> Exercise   | <input type="checkbox"/> Nothing           |

**Please list any medications that you are currently taking with dosage**

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**Please enter height and weight?**

Enter feet \_\_\_\_\_      Enter inches \_\_\_\_\_      Weight \_\_\_\_\_