

# Electrolysis Consent Form

Pam Westbrook, LE

---

\* This consent form is designed to verify that you have been satisfactorily informed and educated in respect to electrolysis and the care required post-treatment.

\* Electrolysis is the only permanent treatment of unwanted hair recognized by the FDA. However, "permanent" should not be confused with immediate. To permanently eliminate presently active hair follicles within a specific area requires a series of treatments over a period of time.

\* **Electrolysis results are dependent upon:**

- Treating hairs in the anagen (active) growth cycle in which the blood supply is nourishing the hair for best permanency. Permanency is achieved when all germinative cells within the follicle are destroyed. Electrolysis is a labor intensive, intricate, precision procedure requiring depth judgment and skill.
- Inserting the probe at the correct angle and depths to target the lower 2/3 of the hair follicle using various equipment settings, techniques, tactile skill to attempt permanency even though the electrologist cannot see below the surface of the skin. The angle the hair is growing from the skin is used as a guide for insertion.
- Certainly, there are times that a hair may appear from a previously treated follicle if all the germinative cells were not destroyed.
- Superfluous hair growth results primarily from heredity and/or systemic influences (i.e. natural aging, hormone levels & receptor cell sensitivity, medications and stress) Fine hair may convert to coarser hairs over a period of time if your body chooses to do so. Consequently, the electrologist cannot control your hereditary or systemic influences.

\* **For best results** arrive on time with sufficient hair length, be hydrated by drinking water or other non-dehydrating beverages 2-3 days before treatment and refrain from tweezing, waxing or threading between treatments. The hair must be present to be treated. Only tweeze the hairs you want to keep.

\* **Alternative** hair removal options include: Shaving, trimming, tweezing, waxing, threading, depilatories and laser/pulsed light.

\* **After care instructions for electrolysis are as follows:**

- Avoid touching treated areas with your hands post-treatment the day of treatment day since freshly treated skin is compromised skin and is more susceptible to contamination. You may touch if you follow hand hygiene (washing or use of an alcohol based hand sanitizer) to decontaminate hands prior to touching. If you have a fever blister, which is a shedding virus, there is a possibility of you spreading the herpes virus to any freshly treated area. Therefore for your safety you are encouraged to reschedule your appointment if your fever blister is not dry.
- Wipe the treated area 2-3 times throughout the day post-treatment with a skin antiseptic solution such as witch hazel, 70% rubbing alcohol or Sea Breeze.
- No makeup/products are to be applied to the treatment area the day of the treatment to avoid possible infection.
- Minimize exposure to the sun since freshly treated skin burns easily and you may tan unevenly or may hyper-pigment more easily.
- Avoid becoming excessively overheated in the hours following your treatment. Do not expose the treated area to contaminated water for the first 48 hours to help avoid infection. Especially avoid saunas and hot tubs since sweating may increase the chance of infection.
- Do not use any abrasive action on the freshly treated area until healed. This includes scratching, shaving, bleaching, depilatories and use of retinoids such as adapalene (Differin, Epiduo), Tretinoin (Avita, Retin-A, Renova, Atralin) as well as any other skin sensitizers such as vitamin C serums, glycolic and salicylics.

\* **Skin reactions may include:**

- temporary puffiness, redness or irritation to the treated area immediately after treatment. This generally fades within a few hours and can last into the next day depending on the coarseness and density of the treated area as well as your skin type and sensitivity. Sometimes a tiny crust or inner red spot could show the day after treatment; please allow to heal and do not pick off. Also, do not shave over freshly treated skin.
- mis-insertions which may puncture a capillary and potentially cause a temporary small bruise, which may take 7-10 days to fade.
- scarring, infection, hyper-pigmentation and hypo-pigmentation issues which are not typical but must be mentioned.

\* Please communicate any issue directly to Pam on her cell # **(816) 589-5702**.

**Consent to electrolysis treatment**

I am aware of the benefit and risk of electrolysis services as well as alternative hair removal methods. I have read and understand the post treatment home instructions since adherence can minimize or eliminate possible negative reactions. I understand that there is no implied or stated guarantee of success since the electrologist cannot control the cause of my hair growth or whether I adhere to protocol for best success. I will alert if there are changes to my medical history. This document supersedes any previous verbal or written disclosures. I understand that electrology services are not a substitute for medical examination, diagnosis or care. I give my consent for electrolysis treatments.

Printed Name \_\_\_\_\_ Date \_\_\_\_\_

Signature (client OR parent/guardian if minor) \_\_\_\_\_

Westbrook Electrolysis \* (816) 589-5702 \* 5401 College Blvd, Unit 202, Leawood, KS 66211