



Fluid Flow™ Treatment Outcomes (Orthopedic)

June 4, 2019

- 49-year-old male
- Personal Trainer
- Back pain and Sciatic Nerve Pain sufferer for ten years.
- MRI confirmed 3 Lumbar Disc Herniations @L3, L4, L5, Spinal Stenosis, Stage 2 Degenerative Disc Disease.
- Patient has not been able to walk more than ½ mile without a noticeable limp and ultimately total numbness and weakness in both legs, but most noticeably his right foot and leg. While mobile, patient had to stop walking and sit down for 10-15 minutes to regain feeling to his legs and feet. The pain has been chronic 24/7 with radiating nerve pain from both glutes down into both heels and feet. Patient has been unable to work as a Personal Trainer because of not being able to be on his feet for more than an hour at a time.
- Patient was receiving regular Chiropractic Care, as well as acupuncture, and icing 6x/day for 20 minutes at a time for the last 12 months.
- Patient used medical marijuana for the last 12 months in conjunction with another herbal pain killer, Kratom, for the last 3 months. Patient was spending over \$800 per month on these alternative medicine therapies, with no relief.
- Patient was injected with 4cc of Fluid Flow™ into L3-4 and L4-5 by Dr. Muñoz at Regenerative Medicine in Phoenix, AZ.
- Two weeks post-treatment patient communicated a significant reduction in sciatic pain and numbness, going from extreme chronic pain on a 7-10/10 pain scale to intermittent pain between 2-5/10, and diminishing further daily. More importantly, patient is reporting less numbness and weakness and is not walking with as noticeable of a limp relative to pre-treatment. Patient has experienced great increase in functional capacity and significant reduction in pain, numbness and weakness.

From the Patient

“I have suffered tremendously for months. I’ve felt hopeless, sad and depressed. It has affected my marriage, as well as my finances just going through the pain and doing whatever I could to treat the symptoms. I was given 2 options prior to receiving the Fluid Flow™ injections; one was Epidural Corticosteroid Injections and the other was Spinal Surgery. Neither was an optimal choice for me as I’ve always tried to lean towards any and all regenerative therapies when at all possible.”