



VEDHAKANI YOGA VIDHYALAYA

SALEM, TAMILNADU – 636014

ONLINE YOUTUBE FREE RESOURCES

WEBSITE: <https://vedhakaniyogavidhyalaya.in/>



PATANJALI YOGA SUTRA COURSE – 2022

S. No.	CONTENT NAME	LINK TITLE
1	Patanjali Yoga Sutra Explanation in tamil Day -1	https://youtu.be/PQ3MKYBTNXI
2	Patanjali Yoga Sutra Explanation in tamil Day -1.1	https://youtu.be/VnNR0_ILKqg
3	Patanjali Yoga Sutra Explanation in tamil Day -2	https://youtu.be/FJreJrniSK8
4	Patanjali Yoga Sutra Explanation in tamil Day -3	https://youtu.be/HyLDCDQU_Ec
5	Patanjali Yoga Sutra Explanation in tamil Day -4	https://youtu.be/tjwjwMEpyJM
6	Patanjali Yoga Sutra Explanation in tamil Day -5	https://youtu.be/UiBI12UN1mU
7	Patanjali Yoga Sutra Explanation in tamil Day -6	https://youtu.be/9L7uPkJgENg
8	Patanjali Yoga Sutra Explanation in tamil Day -7	https://youtu.be/CuHefgPKI-o
9	Patanjali Yoga Sutra Explanation in tamil Day -8	https://youtu.be/nagcainXyul
10	Patanjali Yoga Sutra Explanation in tamil Day -9	https://youtu.be/vnjA7Q1PdnM
11	Patanjali Yoga Sutra Explanation in tamil Day -10	https://youtu.be/WI15IaFXNLY
12	Patanjali Yoga Sutra Explanation in tamil Day -11	https://youtu.be/EbTpfcFSfk
13	Patanjali Yoga Sutra Explanation in tamil Day -12	https://youtu.be/T4XWZH-rrrQ
14	Patanjali Yoga Sutra Explanation in tamil Day -13	https://youtu.be/rhXsafqm0pE
15	Patanjali Yoga Sutra Explanation in tamil Day -13.1	https://youtu.be/AMYklxBRFUo
16	Patanjali Yoga Sutra Explanation in tamil Day -13.2	https://youtu.be/uMMo-c5fk5q
17	Patanjali Yoga Sutra Explanation in tamil Day -14	https://youtu.be/7QSAsv0XEKA
18	Patanjali Yoga Sutra Explanation in tamil Day -15	https://youtu.be/sP7KtwnhNQE

19	Patanjali Yoga Sutra Explaination in tamil Day -16	https://youtu.be/ELHvf6WFb2A
20	Patanjali Yoga Sutra Explaination in tamil Day -17	https://youtu.be/iWhDCvbcwFU
21	Patanjali Yoga Sutra Explaination in tamil Day -18	https://youtu.be/7R3HzURKv0E
22	Patanjali Yoga Sutra Explaination in tamil Day -19	https://youtu.be/ftluRJHIW0s
23	Patanjali Yoga Sutra Explaination in tamil Day -20	https://youtu.be/DZIJ-NDn6d0
24	Patanjali Yoga Sutra Explaination in tamil Day -21	https://youtu.be/tpQgLRGgZEY
25	Patanjali Yoga Sutra Explaination in tamil Day -22	https://youtu.be/zX_MKTPC8GY
26	Patanjali Yoga Sutra Explaination in tamil Day -23	https://youtu.be/HKHB0GgQ994
27	Patanjali Yoga Sutra Explaination in tamil Day -24	https://youtu.be/A2x5v8FloP8
28	Patanjali Yoga Sutra Explaination in tamil Day -25	https://youtu.be/8sJiAjPpk_E
29	Patanjali Yoga Sutra Explaination in tamil Day -26	https://youtu.be/Y9QuQVDszew
30	Patanjali Yoga Sutra Explaination in tamil Day -27	https://youtu.be/Aav6ND5dsog
31	Patanjali Yoga Sutra Explaination in tamil Day -28	https://youtu.be/Aav6ND5dsog
32	Patanjali Yoga Sutra Explaination in tamil Day -29	https://youtu.be/ZJ3CYnWKC28
33	Patanjali Yoga Sutra Explaination in tamil Day -30	https://youtu.be/ZJ3CYnWKC28
34	Patanjali Yoga Sutra Explaination in tamil Day -31	https://youtu.be/XWGw58EvJkw
35	Patanjali Yoga Sutra Explaination in tamil Day -32	https://youtu.be/8eX9HkC5yKw