# 2022 COMUNITY RESOURCES GUIDE

### MOBILE PUBLIC PUBLIC MOBILE MOBILE PUBLIC

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\*This document was researched and compiled by Kristina Polizzi, Librarian I at the Ben May Main Library.

## MOBILE PUBLIC LIBRARY

#### **Community Resources for Mobile County 2022**

This document is updated yearly, and information may change. Please contact the business/organization listed for additional information.

#### Addiction and Counseling Services

- AIDS Alabama South
  - o (251) 471-5277
  - o 4321 Downtowner Loop N, Mobile, AL 36609
  - o <u>aidsalabamasouth.org/</u>
  - We offer individual, couples and group counseling to people living with HIV, helping them cope with the effects of being HIV positive and other life challenges. We provide chemical dependency counseling. Counselors offer therapy to treat anxiety and depression related to one's health status, troubled relationships and self-esteem. AIDS Alabama South offers a safe setting to explore sobriety, find support and obtain referrals for help with drug and alcohol abuse. Telemedicine Counselors are experienced in helping individuals with many issues that include: Depression; Anxiety/ Stress; Relationship problems (Break-ups, Arguments); PTSD; Problems relating to sexual orientation (LGBTQI Friendly); Substance abuse; Negative self- image; Difficulties coping with daily living; Difficulties coping with any type of health problem; Communications Skills; We firmly believe that quality services play an important role in your healthcare, and we want to offer as many core services as possible.
  - Testing Hours: Monday, Wednesday, Thursday, and Friday 9:00 AM 4:00 PM; Tuesday 11:00 AM 7:00 PM
- Alabama Baptist Children's Home and Family Ministries
  - o (251) 639-1022
  - Hidden Shelter for Women and Children
  - o <u>alabamachild.org/</u>
  - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet. This program provides a mother and her children transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques. Depending on their commitment to the program, mothers may stay for up to one year.
  - Office hours are Monday through Friday 8-4:30
- Alta Pointe Health
  - o (251) 450-2211
  - 5750 Southland Dr # A, Mobile, AL 36693
  - o <u>altapointe.org/services/homeless-housing-programs/</u>
  - Operated under the auspices of the United States Department of Housing and Urban Development (HUD), this independent living program temporarily places patients in apartments until they can master the skills required to secure their own living arrangements. While in the Shelter Plus program, patients practice community living skills and learn to secure the available resources that will increase their chances of success. Case managers closely monitor each patient's progress and ensure they receive any psychiatric services they need.
- Alcoholics Anonymous
  - o (251) 479-9994

- o 600 Bel Air Blvd #224, Mobile, AL 36606
- o <u>www.mobileaa.org/</u>
- Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.
- Bradford Health Services
  - o (251) 295-9717
  - o 1000 Hillcrest Rd #304, Mobile, AL 36695
  - <u>www.bradfordhealth.com/</u>
  - Bradford Recovery Communities provides treatment programs, resources, and community for every aspect of recovery. Through our premier drug and alcohol rehab facilities across the Southeast, we provide affordable, evidence-based addiction treatment with proven outcomes at every level of care.
- Door to Serenity
  - o (251) 202-7235
  - P.O. Box 11265 Mobile, AL 36671
  - o <u>www.doortoserenity.org</u>
  - Within the structure of the Twelve Steps, Door to Serenity is being created to address the needs of those who seek our help on their road to recovery. Without respect to race, ethnicity, religion, sexual orientation or gender identity, Door to Serenity welcomes the under-served who have tried unsuccessfully to address the pain of living through Substance Use Disorder and want to start a new chapter.
- Gulf Regional Early Childhood Services
  - o (251) 473-1060
  - o 3100 Cottage Hill Road, Bldg. 4 Suite 400, Mobile, AL, 36606
  - o <u>www.grecs.org/</u>
  - Gulf Regional Early Childhood Services is a private, non-profit corporation with a 501(c) (3) IRS tax status governed by a volunteer Board of Directors made up of educators, health care and mental health care experts, accountants, non-profit management professionals and Early Head Start (EHS) parent representation.
- Lifelines/Family Counseling Center of Mobile, Inc.
  - o (251) 602-0909
  - o 705 Oak Circle Drive East, Mobile, AL 36609
  - o <u>www.lifelinesmobile.org/</u>
  - Lifelines/Family Counseling Center of Mobile, Inc. has as its mission facilitating positive changes in individuals, families and communities by providing comprehensive education, referral and counseling services for social, emergency and financial problems.
- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617

- o <u>www.mcamobile.org/impact</u>
- Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Nami (National Alliance of Mental Illness)
  - o (251) 461-3450
  - P. O. Box 161522 Mobile, AL 36616
  - o <u>www.Namimobile.org</u>
  - Family to Family Education Class; support groups; recovery support group
- National Sexual Assault Hotline
  - o 1-800-656-4673
  - o <u>www.rainn.org/</u>
  - o National Sexual Assault Hotline. Free. Confidential. 24/7
- Penelope House
  - o (251) 342-8994
  - Mobile, AL (Hidden Shelter for Women)
  - <u>www.penelopehouse.org</u>
  - The mission of Penelope House is to provide safety, protection, and support to the victims of Domestic Violence and their children through the provision shelter, advocacy, and individual and community education. A 24-hour crisis line is answered 24 hours a day, 365 days a year to provide counseling, information, and referral services to families in abusive situations.
- Rape Crisis Center 24-hour crisis line
  - o (251) 473-7273
  - o 705 Oak Cir Dr E, Mobile, AL 36609
  - o www.lifelinesmobile.org/solutions/crisis-services/
  - Rape Crisis hotline
- Shoulder Rehab (Addiction Help)
  - o (251) 626-2199
  - P.O. Box 637 Daphne, AL 36526
  - <u>theshoulder.org</u>
  - The mission of The Shoulder is to restore individuals and their families who are affected by alcohol/drug abuse by providing quality, affordable treatment in a safe, secure Christian environment.
- Veteran Affairs
  - o 1-877-424-3839
  - $\circ \quad \underline{www.va.gov/homeless/national callcenter.asp}$
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
- Volunteers of America
  - o 251-300-3500

- o 1204 Hillcrest Road Mobile, AL 36695
- o <u>voase.org/</u>
- Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - o <u>waterfrontmission.org/mobile-campus/</u>
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless).
- Wings of Life
  - o (251) 432-5245
  - o 800 St Louis St, Mobile, AL 36602
  - <u>www.wings-of-life.org/</u>
  - We are a non-profit, faith based, life recovery center empowering individuals and families through spiritual enrichment, education and personal responsibility. We offer a 90-day residential alcohol and drug recovery program for men and women. Our program includes intense, Christian based teaching and life skills training in an atmosphere of excellence and honor. Graduates may also be eligible for transition, extended-term and ministry training programs.

#### **Bill Assistance**

- Affordable Connectivity Program
  - o (877) 384-2575
  - o https://www.affordableconnectivity.gov/
  - The Affordable Connectivity Program (ACP) is a U.S. government program that helps many low income households pay for broadband service and internet connected devices.
- Alabama Business Charitable Trust Fund (ABC Trust through Alabama Power
  - o (205) 257-0231
  - o powerofgood.com/resource-center/
  - Working with 22 community action agencies across the state and the Alabama Department of Economic and Community Affairs, the ABC Trust works with families to educate them on how to live more energy efficiently and weatherize their home. The trust will also help Alabamians pay energy bills when funds are short.
- Alabama Low-Income Home Energy Assistance Program (LIHEAP)
  - o (334) 242-4909
  - <u>www.benefits.gov/benefit/</u>
  - The Low-Income High Energy Assistance Program (LIHEAP) assists low-income Alabama residents with the high cost of home energy. Funding is provided from the Low Income

Home Energy Assistance Program (LIHEAP) block grant through the U.S. Department of Health and Human Services.

- Assurance Wireless is a Federal Lifeline Assistance program
  - o 1 (888) 321-5880
  - o <u>www.assurancewireless.com/</u>
  - Assurance Wireless is a federal Lifeline Assistance program. Lifeline is a government assistance program. The Assurance Wireless offer provides eligible low-income customers free monthly data, unlimited texting, and free monthly minutes. Plus, a free phone.
- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
  - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.
- Department of Human Resources: The Family (Financial) Assistance Program
  - o (251) 450-1923; (334) 242-1950 or (334) 242-1773
  - o 3103 Airport Blvd, Mobile, AL 36606
  - o <u>dhr.alabama.gov/family-assistance/</u>
  - This program provides help to low income families with a dependent child under age 18 or under age 19 if; the child is a full-time student. Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. Temporary assistance for needy families (T.A.N.F.)
- Goodwill Easter Seals
  - o (251) 471-1581
  - o 2440 Gordon Smith Dr. Mobile, AL 36617
  - o <u>www.gesgc.org/services/</u>
  - Our mission is to help families, in whatever shape they are in needing a job, a GED, or literacy skills, help with parenting a special needs child, or a place for their adult family member who cannot stay home alone. They may need help teaching their children to be ready for school, or getting a piece of medical equipment they cannot afford. Whatever the need, Goodwill Gulf Coast is here for them.
- Individual & Family Support of South Alabama
  - o (251) 438-1609
  - o 1050 Government St, Mobile, AL 36604
  - o <u>famsupport.com/</u>
  - I&FS strives to meet unmet needs for individuals with developmental disabilities developed before the age of 22. They assist with funds for transportation, bills, etc. They also help connect people with other resources and have an annual food and toy drive.
- Internet Essentials by Xfinity
  - o (800) 934-6489
  - o 1225 Satchel Paige Dr Suite E102, Mobile, AL 36606

- o <u>https://www.internetessentials.com/apply</u>
- Internet Essentials offers you low-cost, high-speed Internet at home so you are ready for anything! Our connections are now twice as fast but at the same low cost. With Internet Essentials, count on a reliable connection that gives you the speed your devices need. You can work and learn from home, stream movies and shows, download music, and make video calls on multiple devices – all at the same time.
- Life Gate Ministries: Christ United Methodist Church
  - o (251) 380-0583
  - o 6101 Grelot Road Mobile AL 36609
  - o <u>christunited.com/lifegate</u>
  - Lifegate clients are seen by appointment only on Mondays and Wednesdays from 8:00 AM -10:30 AM. Walk-in clients will not be seen. Food Bags | Thanksgiving Food Basket | Utilities Bills | Free Bibles | Prayer | Spiritual Guidance
  - Requirements: Anyone disabled and/or 62+ years old
- Medicare
  - o 800-633-4227
  - o <u>https://www.medicare.gov/</u>
- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617
  - o <u>www.mcamobile.org/impact</u>
  - Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Mt. Hebron Missionary Baptist Church
  - o (251) 457-9900
  - 2531 Berkley Ave Mobile AL, 36617 <u>www.mthebroncm.org/</u>
  - $\circ$  Food pantry every Friday from 9:00 AM 11:00 AM, and limited community assistance.
- Social Security Administration
  - o 550 Government St Suite 100, Mobile, AL 36602
  - o 800-772-1213
  - o <u>https://www.ssa.gov/</u>
- Society of St. Stephen at Dauphin Way
  - o (251) 479-4827
  - o 1507 Dauphin St. Mobile, AL 36604
  - o <u>dauphinwayumc.org/society-of-st-Stephens-assistance-program/</u>
  - Bill Assistance The Society of St. Stephen is a Dauphin Way ministry helping individuals or families with utility bills, food, and clothing vouchers. Appointments are required for any bill assistance and can be made by calling (251) 479-4827 on Tuesday mornings between 9:00 AM 9:45 AM to schedule an appointment for the following Monday or Tuesday morning. You will be given specifics at the time of your Tuesday morning phone call. The

Society of St. Stephens provides assistance with utility bills. Funds are not available for cable bills, telephone bills, travel bills, or rent.

#### **Clothing Assistance**

- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
    - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.
- First Baptist Church of Tillman's Corner food pantry
  - o (251) 661-1299
  - o 5660 Three Notch Rd, Mobile, AL 36619
  - o <u>fbtc.org/community-missions/</u>
  - Food pantry (including basic hygiene items), clothes, diapers through discipleship, gas vouchers (first come, first served on Tuesdays), and Christmas Store (applications take in October) Eligibility to receive help is based on a number of factors. Call our office to make sure you qualify.
- Our Sister's Closet
  - o (251) 423-2001
  - o 2605 Springhill Avenue
  - o <u>oursisterscloset.org</u>
  - The mission of Our Sisters' Closet is to increase the self-confidence and job opportunities of disadvantaged women who are job seeking by providing free interview and workplace clothing, and job search support and career advancement training to women, men and teens. Training for writing & typing resumes, interview coaching, job search planning, career counseling, interview/workplace clothing. We provide free workshops to community agencies and programs for teens and adults.
- Salvation Army
  - o (251) 438-1625
  - 1009 Dauphin Street Mobile, AL 36604
  - o <u>www.salvationarmyusa.org</u>
  - Thrift Store
- Society of St. Stephen at Dauphin Way
  - o (251) 479-4827
  - o 1507 Dauphin St. Mobile, AL 36604
  - o <u>dauphinwayumc.org/society-of-st-Stephens-assistance-program/</u>
  - Bill Assistance The Society of St. Stephen is a Dauphin Way ministry helping individuals or families with utility bills, food, and clothing vouchers. Appointments are required for any bill assistance and can be made by calling (251) 479-4827 on Tuesday mornings between 9–9:45 AM to schedule an appointment for the following Monday or Tuesday morning. You

will be given specifics at the time of your Tuesday morning phone call. The Society of St. Stephens provides assistance with utility bills. Funds are not available for cable bills, telephone bills, travel bills, or rent

- S.O.U.P. (Serving Our Unique People)
  - o (251) 377-0030
  - o 1320 Center St, Mobile, AL 36604
  - o <u>servingouruniquepeoplecdc.com/</u>
  - The Mission of S.O.U.P. is to feed, clothe, transportation to those who are in distress. We feed the hungry every Wednesday from 11:30 AM 1:30 PM.
  - We serve a hot meal to an average of 600 people a month.
  - We give grocery boxes to over 300 households every quarter. We provide clean clothing from the Love Closet on a weekly basis
- The Veteran's Closet
  - o 888-213-8505
  - o 3224 St Stephens Rd Prichard, AL 36612
  - <u>www.theveteranscloset.org/</u>
  - The Veteran's Closet provides clothing, food, job assistance and legal services to veterans. Food pantry is the 2nd and 4th Saturday of every month.

#### **Day Shelters**

- 15 Place
  - o (251) 432-7227; (251) 303-8065
  - o 15 N. Joachim St.; Mobile, AL
  - o www.facebook.com/15Place/
  - 15 Place works as a day care center for the homeless. Services offered are: telephone use, a place to receive mail, shower facilities, assistance from
    - Caseworkers, veteran's assistance, a nurse, and drug/alcohol treatment. Lunch is also served to any needy person.
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - o <u>waterfrontmission.org/mobile-campus/</u>
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless)

#### **Disability Services**

- AIDS Alabama South
  - o (251) 471-5277
  - o 4321 Downtowner Loop N, Mobile, AL 36609
  - o <u>www.aidsalabamasouth.org/</u>
  - We offer individual, couples and group counseling to people living with HIV, helping them cope with the effects of being HIV positive and other life challenges. We provide chemical

dependency counseling. Counselors offer therapy to treat anxiety and depression related to one's health status, troubled relationships and self-esteem. AIDS Alabama South offers a safe setting to explore sobriety, find support and obtain referrals for help with drug and alcohol abuse. Telemedicine Counselors are experienced in helping individuals with many issues that include: Depression; Anxiety/ Stress; Relationship problems (Break-ups, Arguments); PTSD; Problems relating to sexual orientation (LGBTQI Friendly); Substance abuse; Negative self- image; Difficulties coping with daily living; Difficulties coping with any type of health problem; Communications Skills; We firmly believe that quality services play an important role in your healthcare, and we want to offer as many core services as possible.

- Testing Hours: Monday, Wednesday, Thursday, and Friday 9:00 AM 4:00 PM; Tuesday 11:00 AM 7:00 PM
- Alabama Institute for the Deaf and Blind
  - o (251) 432-7777
  - o 1050 Government St, Mobile, AL 36604
  - o <u>www.aidb.org/Mobile</u>
  - To be the recognized leader of diverse residential and community-based education, rehabilitation, and employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career.
- Alta Pointe Health
  - o (251) 450-2211
  - o 5750 Southland Dr # A, Mobile, AL 36693
  - o <u>altapointe.org/services/homeless-housing-programs/</u>
  - Operated under the auspices of the United States Department of Housing and Urban Development (HUD), this independent living program temporarily places patients in apartments until they can master the skills required to secure their own living arrangements. While in the Shelter Plus program, patients practice community living skills and learn to secure the available resources that will increase their chances of success. Case managers closely monitor each patient's progress and ensure they receive any psychiatric services they need.
- Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St, Mobile, AL 36633
  - o <u>agingsouthalabama.org/</u>
  - This agency provides various services for senior citizens and some help for their caregivers. Over 20 sites provide activities and midday meals for active seniors, and home-delivered meals for the homebound. There is a health insurance program, help for Medicaid recipients, and help for seniors applying for pharmaceutical (drug) assistance programs. There are other services for the elderly including: legal counseling, transportation, health promotion, charitable pharmacies, recreational programs, and more.
- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
    - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for

medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.

- The Epilepsy Foundation of Alabama
  - o (251) 341-0170
  - o Office Park 3, 273 Azalea Rod #310, Mobile, AL 36609
  - o <u>epilepsyalabama.org/</u>
  - The Epilepsy Foundation of Alabama has as its mission to educate and support individuals with epilepsy and their families, to increase awareness in the general community and to facilitate prevention and management of epilepsy. This includes providing services and programs for people with epilepsy and their families; educating and increasing awareness about epilepsy; providing leadership in advocacy for epilepsy issues and collaborating with other community resources in support of the mission of the people with seizure disorders.
- Goodwill Easter Seals
  - o (251) 471-1581
  - o 2440 Gordon Smith Dr. Mobile, AL 36617
  - <u>www.gesgc.org/services/</u>
  - Our mission is to help families, in whatever shape they are in needing a job, a GED, or literacy skills, help with parenting a special needs child, or a place for their adult family member who cannot stay home alone. They may need help teaching their children to be ready for school, or getting a piece of medical equipment they cannot afford. Whatever the need, Goodwill Gulf Coast is here for them.
- Gulf Regional Early Childhood Services
  - o (251) 473-1060
  - o 3100 Cottage Hill Road, Bldg. 4 Suite 400, Mobile, AL, 36606
  - <u>www.grecs.org/</u>
  - Gulf Regional Early Childhood Services is a private, non-profit corporation with a 501(c) (3) IRS tax status governed by a volunteer Board of Directors made up of educators, health care and mental health care experts, accountants, non-profit management professionals and Early Head Start (EHS) parent representation.
- Habitat for Humanity
  - o (251) 476-7171
  - o PO Box 16422 Mobile, AL 36616
  - o www.habitat.org/us-al/mobile/southwest-alabama-hfh
  - Habitat works toward our vision by building strength, stability and self-reliance in partnership with families in need of decent and affordable housing. Habitat homeowners help build their own homes alongside volunteers and pay an affordable mortgage.
- Individual & Family Support of South Alabama
  - o (251) 438-1609
  - o 1050 Government St, Mobile, AL 36604
  - o <u>famsupport.com/</u>
  - I&FS strives to meet unmet needs for individuals with developmental disabilities developed before the age of 22. They assist with funds for transportation, bills, etc. They also help connect people with other resources and have an annual food and toy drive.

- Mckemie Place Shelter for Women
  - o (251) 649-7006
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>www.mckemieplace.org/</u>
  - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region- Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long-term self-sufficiency. We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith based community.
- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617
  - <u>www.mcamobile.org/impact</u>
  - Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Mulherin Custodial Home
  - o (251) 471-1998
  - o 2496 Halls Mill Road, Mobile, AL 36606
  - o <u>www.mulherinhome.com/wp/</u>
  - Our primary purpose is to provide a home for individuals, children and adults with developmental disabilities. We now serve 34 developmentally delayed children and adults who are unable to function independently. Mulherin Custodial Home is a residential program in which 24-hour care is given, in a family surrounding, with a great deal of tender, loving care. We transport 26 of our Residents to day programs where they receive training and/or services.
- Providence Hospital Outreach Senior and Guadalupe Center
  - o (251) 544-4480
  - o 35 North Cody Road Mobile, AL 36608
  - Guadalupe mainstream is interpretation (Spanish-English/ English-Spanish) and our area of network is unlimited, we act as a resource center for the Hispanic Community. We get job referrals, clinics/ physicians, Specialty Doctors and many services that requires interpretation. Food pantry is the 1st Wednesday of the month: 9:00 AM - 4:00 PM
- Redeemed Christian Church of God
  - o (404) 509-0967
  - o 444 Azalea Rd, Mobile, AL 36609
  - o <u>www.rccg.org/</u>
  - Emergency food pantry. Single moms, the disabled and low income are main clients. Help for the homeless and educational resources.

- South Alabama Regional Planning Commission Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St., Mobile, AL 36602
  - o agingsouthalabama.org/contact/
  - We are part of the aging network through the U.S. Administration on Community Living, the U.S. Administration on Aging, and our state office, the Alabama Department of Senior Services. Many of our federally funded programs are restricted to persons' age 60 and older or their caregivers, while others serve adults with disabilities of any age.
- Veteran Affairs
  - o 1-877-424-3839
  - o <u>www.va.gov/homeless/nationalcallcenter.asp</u>
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
- Via! Health Fitness and Enrichment Center
  - o (251) 470-5224
  - o 1717 Dauphin Street Mobile, AL 36604
  - o <u>viamobile.org/</u>
  - Help for seniors
- Volunteers of America
  - o 251-300-3500
  - o 1204 Hillcrest Road Mobile, AL 36695
  - o <u>voase.org/</u>
  - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - waterfrontmission.org/mobile-campus/
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless).

#### Food Pantries and Assistance

- Aimwell Baptist Church
  - o (251) 433-2183
  - o 500 Earle St Mobile, AL 36603
  - $\circ$  Food pantry is 2nd Saturday of each month: 8:00 AM 10:00 AM
- Airport Boulevard Baptist Church

- o (251) 342-3280
- o 6301 Airport Blvd Mobile, AL 36608
- Food pantry Please call for an appointment.
- Apostolic Pentecostal Holy Church of God
  - o (251) 457-3351
  - o 1710 Bolden Street Mobile, AL 36617
  - Food pantry by appointment only.
- Bay Area Food Bank
  - o (251) 653-1617
  - o 5248 Mobile S St Theodore, AL
  - o <u>www.feedingthegulfcoast.org/</u>
  - For those seeking food assistance or benefits, visit our website at <u>www.feedingthegulfcoast.org/find-help</u> or call our office at (888) 704-FOOD
- Calvary Assembly of God
  - o (251) 661-8130
  - o 6800 Three Notch Road Mobile, AL 36619
  - Food pantry is on the Last Wednesday of the month: 9:00 AM until food is gone.
- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
    - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.
- Central Presbyterian Church
  - o (251) 432-0591
  - o 1260 Dauphin Street Mobile, AL 36604
  - o <u>cpcmidtown.com/</u>
  - We strive to provide our clients with healthy fruits and vegetables, meats, and grains to encourage a healthy diet. Working out of Central Presbyterian Church helps keep our overhead low, which means we are able to allocate almost every cent we receive from donations to the purchase of food from Feeding the Gulf Coast and Food Champ.
- Church of God House of Deliverance
  - o (251) 456-2068
  - o 2652 Esau Ave, Mobile, AL 36617
  - Food pantry is the 3rd Thursday of each month 10:00 AM 12:00 PM
- Church of Life, Inc.
  - o (251) 457-4040
  - o 539 South Wilson Avenue Prichard, AL 36610
  - Food pantry is the 3rd Saturday of the month: 8:00 AM 9:30 AM

- City Church of Mobile Manna House Food pantry
  - o (251) 342-4886
  - o 3750 Michael Blvd, Mobile, AL 36609
  - o www.citychurchofmobile.com/food-distribution/
  - The last Saturday of the month 9:00 AM on a First Come First Serve Basis Requirements: Must have a Social Security Card and State ID/Driver's License to receive food, clients. Clients may only access services here once per month. For more information, please call.
- City of Champions
  - o (251) 452-8812
  - o 4611 Wellborn Woods Dr Eight Mile, AL 36613
  - Please call for an appointment for the Food pantry
- Congregation Tree of Life
  - o (251) 367-8592
  - o 8715 Jeff Hamilton Road Mobile, AL 36695
  - Food pantry is on the last Sunday of the month: 2:00 PM 4:00 PM
- Creekwood Church of Christ
  - o 1901 Schillenger Rd South mobile al
  - o (251) 471-1511
  - o <u>http://www.creekwoodcc.org/</u>
  - Meals on Wheels, Disaster Teams, Nursing homes, Blood Drives; Van Service; Church Directory, Pictorial Directory, Photography, Guest Housing, Meals and Assistance
- Dayspring Baptist Church
  - o (251) 633-0250
  - o 2200 Cody Road S. Mobile, AL 36695
  - Food pantry is on Tuesdays receive a number at 7:30 AM, food distribution at 9:30 AM (will serve clients once per month)
- Department of Human Resources: The Family (Financial) Assistance Program
  - o (251) 405-4000 or (833) 822-2202
  - o 3103 Airport Blvd, Mobile, AL 36606
  - o <u>dhr.alabama.gov/food-assistance/</u>
  - This program administers the Food Stamp Program. The eligibility rules and benefit amounts are based on income and household size
- First Baptist Church of Tillman's Corner
  - o (251) 661-1299
  - o 5660 Three Notch Rd, Mobile, AL 36619
  - o <u>fbtc.org/community-missions/</u>
  - Food pantry (including basic hygiene items), clothes, diapers through discipleship, gas vouchers (first come, first served on Tuesdays), and Christmas Store (applications take in October) Eligibility to receive help is based on a number of factors. Call our office to make sure you qualify.
- Food Distribution Center United Methodist Inner City Mission (Dauphin Way)

- o (251) 432-1122
- o 913 S Broad St Mobile, AL 36603
- United Methodist Inner City Mission is a food pantry. Serves 36603 and 36605.
- Gateway Community Outreach at Navco
  - o (251) 471-3552
  - o 1719 Navco Rd Mobile, AL 36605
  - Food pantry is the 1st and 3rd Thursdays of the month: 10:00 AM 12:00 PM
- Government Street United Methodist Church
  - o (251) 438-4714
  - o 901 Government Street Mobile, AL 36604
  - Food pantry Wednesdays: 10:00 AM 12:00 PM
- Greater Miracle Temple
  - o (251) 604-1057
  - o 703 South Hobbs Avenue, Prichard, Alabama 36610
  - Food pantry is 3rd Wednesday of each month: 7:00 PM 7:30 PM
  - Soup Kitchen: 3rd Sunday of each month: 2:00 PM 4:00 PM
- Hands of Hope Ministry
  - o (251) 342-4886
  - o 3750 Michael Blvd Mobile, AL 36609
  - Food pantry Sundays at 4:00 PM please call for distribution time.
- Helping Hands
  - o (251) 216-6615
  - o 307 S. Shelton Beach Road Mobile, Alabama 36613
  - o <u>www.helpinghandsfoodpantry.net/</u>
  - We are a recognized 501c3 charitable organization in Mobile, Alabama, and with the IRS. We serve as an emergency resource provider who serves the physical needs of the local community. This includes but is not limited to food, shelter, and transportation. To date, we have served more than 2,570 individuals and families! Food pantry is on Tuesday from 1-4 PM but we are available by appointment Wednesday-Saturday. We deliver groceries to people who have no transportation or cannot drive because of illness. Hot meals are provided by vendors who we partner with in Prichard, AL
- High Praise Worship Church
  - o (251) 452-4996
  - o 265 Thompson Blvd Chickasaw, AL 36611
  - Food pantry is the 3rd Wednesday of each month: 2:00 PM 4:00 PM
- Home of Grace for Women
  - o (251) 456-7807
  - o 394 Aldock Rd., Eight Mile, AL 36613
  - o <u>homeofgraceforwomen.com/</u>
  - Our mission is to provide a comprehensive alcohol and drug recovery program for females ages 18 and up. We provide a twelve-week residential program that embraces all aspects of addiction and recovery, including spirituality.

- Call for appointment for Food pantry.
- House of Rescue Church Ministries
  - o 251-533-6803
  - o 258 Glenwood St Mobile, Al 36606
  - Please call to make appointment for food pantry
- Individual & Family Support of South Alabama
  - o (251) 438-1609
  - o 1050 Government St, Mobile, AL 36604
  - o <u>famsupport.com/</u>
  - I&FS strives to meet unmet needs for individuals with developmental disabilities developed before the age of 22. They assist with funds for transportation, bills, etc. They also help connect people with other resources and have an annual food and toy drive.
- Kingswood United Methodist Church
  - o (251) 661-0420
  - o 5200 Perin Road Mobile, AL 36693
  - Food pantry is on Tuesdays: 10:00 AM 12:00 PM
- Kushla Assembly of God
  - o (251) 263-3392
  - o 6025 US-45 Prichard, AL 36613
  - Food pantry is on the 3rd Tuesday of each month and by appointment 10:00 AM 2:00 PM
- Life Gate Ministries: Christ United Methodist Church
  - o (251) 380-0583
  - o 6101 Grelot Road Mobile AL 36609
  - o <u>christunited.com/lifegate</u>
  - Lifegate clients are seen by appointment only on Mondays and Wednesdays from 8:00 AM 10:30 AM to schedule an appointment, please call 251.380.0583 on Monday or Wednesday between the hours of 8:00 AM 10:30 AM Walk-in clients will not be seen. Food Bags | Thanksgiving Food Basket | Utilities Bills | Free Bibles | Prayer | Spiritual Guidance
  - $\circ~$  Requirements: Anyone disabled and/or 62+ years old
- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617
  - <u>www.mcamobile.org/impact</u>
  - Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Mobile Masjid of AL Islam
  - o 251-767-7666
  - o 1559 Duval St Mobile, AL 36605
  - Food pantry is 3rd Wednesday of each month. Please call for appointment

- Moffett Road Assembly of God
  - o (251) 649-3502
  - o 6159 Moffett Road Mobile, AL 36618
  - For Food pantry, please call for an appointment. Pick up Thursdays: 9:30 AM 10:30 AM
- Mt. Hebron Missionary Baptist Church
  - o (251) 457-9900
  - 2531 Berkley Ave Mobile AL, 36617 www.mthebroncm.org/
  - Food pantry every Friday from 9:00 AM 11:00 AM, and limited community assistance.
- Mt. Carmel Missionary Baptist Church
  - o (251) 432-0140
  - o 1305 Rev a T Days St, Mobile, AL 36605
  - A pantry and feeding site are at 1712 Chastang Street, Prichard, AL 36610. For hours, call (251) 665-7005
- Mt. Zion Baptist Church
  - o (251) 432-2997
  - o 1012 Adams Street, Mobile, AL 36603
  - o www.mountzionbaptistnewarknj.org/calendar.html
  - $\circ$  Food pantry is the 4th Saturday of the month from 9:00 AM 2:00 PM.
- New Beginning Church of God
  - o (251) 329-0822
  - o 3106 Moffett Rd Mobile, AL 36607
  - Food pantry is the 2nd and 4th Saturday and 3rd Wednesday of each month from 11:00 AM -1:00 PM
- New Beginnings Seventh-Day Adventist Church
  - o (251) 471-3010
  - o 855 McRae Avenue Mobile, AL 36606
  - Food pantry 3rd Tuesday of the month: 1:00 PM 3:00 PM
  - 0
- New Birth Community Church
  - o (251) 604-7495
  - o 1329 E Forest Ridge Rd Mobile, AL 36618
  - Food pantry is Tuesdays and Thursdays: 11:00 AM to 1:00 PM
- New Generation Church
  - o (251) 344-0898
  - o 1350 N Cody Rd. Mobile, AL 36608
  - Food pantry is on Fridays: 11:30 AM 1:00 PM
- New Pleasant View Baptist Church
  - o (251) 622-3159
  - o 1517 Katye St Mobile, AL 36617
  - Serves residents of 36617 only. Please call for assistance.

- Overcoming Church of God Pentecostal, Inc.
  - o (251) 366-2544
  - o 1306 N Dr. Martin Luther King Jr Dr Prichard, AL 36610
  - Food pantry Mondays, Wednesdays, and Fridays 11:00 AM 2:00 PM
- Overflow Ministries Inc.
  - o (251) 232-1883
    - o 1201 North Dr, Mobile, AL 36605
    - o <u>overflowcc.org/</u>
    - The charity works to feed the hungry. Children, single parents, and other can get a free box of groceries, a hot meal, or some basic needs.
    - Food pantry Fridays 11:30 AM 12:30 PM
- Philadelphia Baptist Church
  - o (251) 366-0493
  - o 1304 North Wilson Avenue Prichard, AL 36610
  - Food pantry is the 2nd Saturday of the month: 9:00 AM until food is gone.
- Pleasant Grove Missionary Baptist
  - o (251) 456-6486; (251) 591-0657
  - o Address 132 N Hobbs Ave, Prichard, AL 36610
  - Regardless of age, race, or religion, there is a free food bank and soup kitchen. Meals, groceries, holiday baskets, small toys, and more items are provided in Mobile County.
  - Fridays: 11:30 AM 12:30 PM
- Providence Baptist Church
  - o (251) 802-8732
  - o 2159 Dauphin St, Mobile, AL 36606
  - Food pantry on Wednesdays: 8:00 PM
- Providence Hospital Outreach Senior and Guadalupe Center
  - o (251) 544-4480
  - o 35 North Cody Road Mobile, AL 36608
  - Guadalupe mainstream is interpretation (Spanish-English/ English-Spanish) and our area of network is unlimited, we act as a resource center for the Hispanic Community. We get job referrals, clinics/ physicians, Specialty Doctors and many services that requires interpretation. Food pantry is the 1st Wednesday of the month: 9:00 AM - 4:00 PM
- Providence Presbyterian Church
  - o (251) 633-9701
  - 2320 Schillinger Road South Mobile, AL 36695
  - Food pantry is on the 3rd Friday of the month: 10:00 AM 11:00 AM Serves residents of 36693, 36609, 36695, 36619, and 36582.
- Pure Word Deliverance House of Prayer
  - o (251) 281-7219 or (251) 456-1234
  - o 2530 South Shelton Beach Road Eight Mile, AL 36613
  - Food pantry: Call for Appointment

- Ransom Ministries
  - o (251) 751-0044
  - 320 South Craft Hwy Chickasaw, AL 36611
  - o <u>www.ransomministries.com</u>
  - Ransom Cafe is a donation-only restaurant model that operates in churches in Mobile and Baldwin counties. Guests pay what they can or volunteer for their meal. Cafe locations are listed below.
  - First Christian Church; Mondays 11:30 AM 1:00 PM in the Bread of Life Cafe at 1419 Government St. Mobile, AL.
  - Covenant Presbyterian Church; Tuesdays 11:30 AM 1:00 PM in the Crichton Table at 2651 Springhill Ave Mobile, AL.
  - Trinity Family Church: Tuesdays 11:00 AM 1:00 PM in Carmita's Kitchen at 2467 Victory Ave Mobile, AL.
  - 3 Circle Church Midtown; Wednesdays, Thursdays and Fridays 11:00 AM 1:00 PM in the Cafe 150 at 150 S Sage Ave Mobile, AL.
  - West Mobile Baptist Church; Thursdays 11:00 AM 1:00 PM in the WeMo Cafe at 7501 Airport Blvd Mobile, AL.
- Redeemed Christian Church of God
  - o (404) 509-0967
  - o 444 Azalea Rd, Mobile, AL 36609
  - o <u>www.rccg.org/</u>
  - Emergency food pantry. Single moms, the disabled and low income are main clients. Help for the homeless and educational resources.
- Redeemed Community Church
  - o (251) 421-2481
  - o 6254 Howells Ferry Road Mobile, AL 36618
  - Food pantry is the 3rd Saturday of the month: 9:00 AM until food is gone.
- Regency Church of Christ
  - o (251) 345-8050
  - o 501 University Boulevard South Mobile, AL 36609
  - Food pantry is the 3rd Thursday of the month: 9:30 AM 11:00 AM
- Revelation Missionary Baptist Church
  - o (251) 473-2555
  - o 1711 Taylor Lane Mobile, AL 36605
  - Monday-Friday: 2:00 PM 4:00 PM. Please call to make an appointment.
- Salvation Army
  - o (251) 438-1625
  - o 1009 Dauphin Street Mobile, AL 36604
  - <u>www.salvationarmyusa.org</u>
- Samuel Chapel African Methodist Episcopal Church
  - o (251) 456-7588
  - 717 W Prichard Ave Mobile, AL 36610
  - Food distribution on the 2nd Saturday of the month.

- Serenity Care, Inc.
  - o (251) 633-3730
  - o 1951 Dawes Rd Mobile, AL 36695
  - Please call for an appointment for the Food pantry
- Society of St. Stephen at Dauphin Way
  - o (251) 479-4827
  - o 1507 Dauphin St. Mobile, AL 36604
  - o <u>dauphinwayumc.org/society-of-st-Stephens-assistance-program/</u>
  - Food pantry Our food pantry is open on Monday and Tuesday mornings from 8:45 AM to 10:00 AM and is limited to those who are receiving bill assistance. The entrance is on the Lee St. side of the building, across from the grassy parking lot.
- St. Andrew Episcopal Church
  - o (251) 599-0736
  - o 1854 Staples Road, Mobile, Alabama 36605
  - o www.facebook.com/StAndrewsEpiscopalChurchMobileAlabama/
  - Food pantry is the 3rd Saturday of the month: 9:30 AM 11:00 AM
- St. James AME Church
  - o (251) 604-9235
  - o 209 N Joseph Ave Prichard, AL 36610
  - Food pantry: Please call to make an appointment.
- St. James Major Parish
  - o (251) 456-6842
  - o 714 N College St Prichard, AL 36610
  - Food pantry is Tuesdays and Thursdays: 10:00 AM 2:00 PM
- St. Johns School for Tomorrow
  - o (251) 470-0350
  - o 1624 Boykin Blvd Mobile, AL 36605
  - Food pantry 3rd Saturday of each month: 8:00 AM 12:00 PM
- St. Louis Street Missionary Baptist Church
  - o (251) 438-3823
  - o 108 North Dearborn Street, Mobile, Alabama 36602
  - <u>www.slsmbc.org/</u>
  - Pantry: Last Thursday and Friday of the month: 12:00 PM 1:00 PM
  - Soup Kitchen: Sundays: 4:00 PM
- St. Mark United Methodist Church Society of St. Stephen
  - o (251) 342-5861
  - o 439 Azalea Rd, Mobile, AL 36609
  - o <u>stmarkmobile.com/ministries/st-Stephen/</u>
  - Open the 2nd and 4th Monday of each month from 9 AM to 11 am; Provide food at no cost and, in some cases, lead annual ministry providing food bags for Thanksgiving holiday dinner; Lead annual Christmas Heart ministry providing age-specific gifts for community children

- St. Piux Food pantry
  - o (251) 391-9499
  - o 217 South Sage Ave., Mobile, AL 36606
  - Based on donations there may be canned chicken or other meats, cereal, pasta, rice, and other non-perishable food. They feed the poor, hungry, unemployed and elderly among others. Please call for appointments.
- St. Stephen African Methodist Episcopal Church
  - o (251) 344-6760
  - o 2707 Josephine St., Mobile, AL 36607
  - A free, emergency food pantry with dry and canned goods. Or get dairy, bread, milk, paper products, and personal toiletries like feminine goods.
  - 3rd Saturday of the month: 11 AM 2 PM
- State Street AME Zion Church
  - o (251) 635-0099
  - o 502 State St, Mobile, AL 36603
  - The groceries passed out may include Boxed stuffing, canned chili, nuts, peanut butter and more. The church volunteers also give counseling, direction, and referrals.
  - 2nd Tuesday of the month: 1:00 PM 4:00 PM
- Tillmans Corner Senior Service Center
  - o (251) 401-5555
  - o 5863 Nevius Rd Mobile, AL 36619
  - For Food pantry, please call for an appointment. Seniors Only
- Trinity Episcopal Food pantry
  - o (251) 473-2779
  - o 1900 Dauphin St, Mobile, AL 36606
  - Our Trinity Garden is one of 24 gardens listed as Mobile Urban Growers (MUG), a local nonprofit network of community gardeners in Mobile and the surrounding area. The mission of MUG is to assist the 25% of Mobilians who do not have access to fresh fruit and vegetables. The fresh produce from our garden is shared with our friends in need through our Food pantry. Food pantry Hours: Monday 10:00am 2:00pm serving the food insecure of AL.
- True Miracle Church of God
  - o (251) 452-4628
  - o 817 Overton Street, Prichard, Alabama 36610
  - Food pantry is the 2nd Sunday of the month: 1:00 PM 3:00 PM
- The Veteran's Closet
  - o 888-213-8505
  - o 3224 St Stephens Rd Prichard, AL 36612
  - <u>www.theveteranscloset.org/</u>
  - The Veteran's Closet provides clothing, food, job assistance and legal services to veterans. Food pantry is the 2nd and 4th Saturday of every month.

- Walk by Faith Christian Ministries
  - o 251-648-5239 or 251-648-5992
  - o 1110 Texas Street Mobile, AL 36604
  - Please call to make appointment for food pantry
- Watchman International Ministries
  - o (251) 232-1574
  - o 108 North Dearborn Street Mobile, AL 36602
  - Food pantry is the 3rd and 4th Thursday and Friday of the month: 11:00 AM 1:00 PM
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - o <u>waterfrontmission.org/mobile-campus/</u>
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless)
- West Mobile Baptist Church
  - o (251) 639-6868
  - o 7501 Airport Blvd. Mobile, AL 36608
  - Food pantry is on Thursdays: 9:00 AM 11:00 AM
- Woodridge Baptist Church
  - o (251) 633-6000
  - o 2700 Schillinger Road Mobile, AL 36695
  - Food pantry is on Mondays and Thursdays: 9:00 AM 11:00 AM Serves residents of 36695, 36609, 36619, and 36582.
- Yorktown Missionary Baptist Church
  - o (251) 452-8108
  - o 851 East Street Plateau, AL 36610
  - $\circ$  Food pantry is the 2nd Saturday of the month: 9:30 AM 11:00 AM

#### **Furniture Assistance**

- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
  - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.

#### Hot Meals

• Area Agency on Aging

- o (251) 706-4680
- o 110 Beauregard St, Mobile, AL 36633
- o <u>agingsouthalabama.org/</u>
- This agency provides various services for senior citizens and some help for their caregivers. Over 20 sites provide activities and midday meals for active seniors, and home-delivered meals for the homebound. There is a health insurance program, help for Medicaid recipients, and help for seniors applying for pharmaceutical (drug) assistance programs. There are other services for the elderly including: legal counseling, transportation, health promotion, charitable pharmacies, recreational programs, and more.
- City Hope Church
  - o (251) 626-0123
  - 4693 Airport Blvd, Mobile, AL 36608
  - o https://cityhope.cc/campus/mobile/
  - o Hot meals handed out at the Ben May Main Library
- Greater Miracle Temple
  - o (251) 604-1057
  - o 703 South Hobbs Avenue, Prichard, Alabama 36610
  - Food pantry is 3rd Wednesday of each month: 7:00 PM 7:30 PM
  - Soup Kitchen: 3rd Sunday of each month: 2:00 PM 4:00 PM
- Helping Hands
  - o (251) 216-6615
  - o 307 S. Shelton Beach Road Mobile, Alabama 36613
  - www.helpinghandsfoodpantry.net/
  - We are a recognized 501c3 charitable organization in Mobile, Alabama, and with the IRS. We serve as an emergency resource provider who serves the physical needs of the local community. This includes but is not limited to food, shelter, and transportation. To date, we have served more than 2,570 individuals and families! Food pantry is on Tuesday from 1-4 PM but we are available by appointment Wednesday-Saturday. We deliver groceries to people who have no transportation or cannot drive because of illness. Hot meals are provided by vendors who we partner with in Prichard, AL
- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617
  - o <u>www.mcamobile.org/impact</u>
  - Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Salvation Army
  - o (251) 438-1625
  - o 1009 Dauphin Street Mobile, AL 36604
  - o <u>www.salvationarmyusa.org</u>
  - o Monday-Friday: Breakfast: 5:30 AM 6:00 AM Dinner: 3:00 PM 4:00 PM

- S.O.U.P. (Serving Our Unique People)
  - o (251) 377-0030
  - o 1320 Center St, Mobile, AL 36604
  - o <u>servingouruniquepeoplecdc.com/</u>
  - The Mission of S.O.U.P. is to feed, clothe, transportation to those who are in distress. We feed the hungry every Wednesday from 11:30 AM 1:30 PM.
  - $\circ$  We serve a hot meal to an average of 600 people a month.
  - We give grocery boxes to over 300 households every quarter. We provide clean clothing from the Love Closet on a weekly basis
- St. Louis Street Missionary Baptist Church
  - o (251) 438-3823
  - o 108 North Dearborn Street, Mobile, Alabama 36602
  - o <u>www.slsmbc.org/</u>
  - Pantry: Last Thursday and Friday of the month: 12:00 PM 1:00 PM
  - Soup Kitchen: Sundays: 4:00 PM
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - o <u>waterfrontmission.org/mobile-campus/</u>
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless)

#### **Housing Assistance**

- Alabama Baptist Children's Home and Family Ministries
  - o (251) 639-1022
  - Hidden Shelter for Women and Children
  - o <u>www.alabamachild.org/</u>
  - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet. This program provides a mother and her children transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques. Depending on their commitment to the program, mothers may stay for up to one year.
  - Office hours are Monday through Friday 8:00 AM 4:30 PM
- City of Mobile Rental Assistance
  - o 251-208-6290; 855-209-4970
  - o 205 Government Street Mobile, AL 36602-0001
  - <u>https://www.cityofmobile.org/city-updates/american-rescue-plan-arp-rental-assistance-application/</u>
  - Rental Assistance
- Driftwood Housing Project Inc.
  - Driftwood Housing Project

- Our mission is to build shelters and homes for the chronically homeless where they will receive care and services in a safe and healthy environment.
- Dumas Wesley Community Center
  - o (251) 479-0649
  - o 126 Mobile Street Mobile, AL 36607
  - o <u>www.dumaswesley.org/transitional-housing/</u>
  - Dumas Wesley Community Center's Transitional Housing Program, Sybil H. Smith Family Village, (SSFV) was founded in 1999 to fill a void in housing services for women and families experiencing homelessness. SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. The program combines transitional housing for up to 24 months and is able to accommodate up to 17 families and up to 61 individuals.
- Habitat for Humanity
  - o (251) 476-7171
  - PO Box 16422 Mobile, AL 36616
  - o www.habitat.org/us-al/mobile/southwest-alabama-hfh
  - Habitat works toward our vision by building strength, stability and self-reliance in partnership with families in need of decent and affordable housing. Habitat homeowners help build their own homes alongside volunteers and pay an affordable mortgage.
- Housing First the Homeless Coalition
  - o (251) 450-3345
  - o 273 Azalea Rd #110, Mobile, AL 36609
  - o <u>hfal.org/</u>
  - Community Housing Programs provide housing assistance to families with children, unaccompanied youth (18 – 24 years old), chronically homeless individuals, homeless individuals and families with a disability, and unaccompanied homeless individuals. Outreach provides services to those experiencing homelessness on location, removing the barrier of transportation for those in need of assistance. Supportive Services for Veteran Families (SSVF) Program provides assistance to low income veteran families that are experiencing homelessness, or are at risk of homelessness.
- Mckemie Place Shelter for Women
  - o (251) 649-7006
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>www.mckemieplace.org/</u>
  - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region- Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long-term self-sufficiency. We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith based community.
- Mobile County Community Action
  - o (251) 457-5700

- o 461 Donald Street Mobile, Alabama 36617
- o <u>www.mcamobile.org/impact</u>
- Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Mobile Housing Board
  - o (251) 434-2200
  - o 151 S Claiborne St, Mobile, AL 36602
  - o <u>www.mobilehousing.org/</u>
  - In addition to providing public housing to those who qualify, there is a housing counseling program and help with financial planning. There is also a daycare and after-school care for children. Cost varies by ability to pay, but is discounted for people in public housing. 470-0275/470-0226 there are also educational programs, including GED preparation, free to low income people within the city limits of Mobile. These programs are available at three centers: Clinton Johnson Center (470-1728), Bishop State (662-5370), and for ages 16-21 at Career Links (433-1358).
- Mulherin Custodial Home
  - o (251) 471-1998
  - o 2496 Halls Mill Road, Mobile, AL 36606
  - o <u>www.mulherinhome.com/wp/</u>
  - Our primary purpose is to provide a home for individuals, children and adults with developmental disabilities. We now serve 34 developmentally delayed children and adults who are unable to function independently. Mulherin Custodial Home is a residential program in which 24-hour care is given, in a family surrounding, with a great deal of tender, loving care. We transport 26 of our Residents to day programs where they receive training and/or services.
- South Alabama Regional Planning Commission Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St., Mobile, AL 36602
  - o <u>agingsouthalabama.org/contact/</u>
  - We are part of the aging network through the U.S. Administration on Community Living, the U.S. Administration on Aging, and our state office, the Alabama Department of Senior Services. Many of our federally funded programs are restricted to persons' age 60 and older or their caregivers, while others serve adults with disabilities of any age.
- Veteran Affairs
  - o 1-877-424-3839
  - <u>www.va.gov/homeless/nationalcallcenter.asp</u>
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
- Volunteers of America
  - o 251-300-3500

- o 1204 Hillcrest Road Mobile, AL 36695
- o <u>voase.org/</u>
- Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.

#### Human Trafficking Assistance

- Joseph Project
  - 1-855-GEN-5020
  - o josephproject.com/
  - The Joseph Project is a nonprofit organization that connects human trafficking survivors with pro bono legal services.
- Rose Center
  - o (251) 206-8779; 251-298-3671
  - The Rose Center helps a variety of victims. "We do everything from providing basic, basic needs, hygiene items, clothing, and emergency shelter. We also help with placement, if long-term or residential treatment is what they need. Whether that be connecting to a substance abuse program or placement in a residential program for sexual exploitations specifically," said Yarbrough. If you or someone you know is, a victim of human trafficking you can contact the Rose Center at 251-298-3671 for more information.
- Salvation Army
  - o (251) 438-1625
  - 1009 Dauphin Street Mobile, AL 36604
  - o <u>www.salvationarmyusa.org</u>

#### Hurricane and Tornado Shelter Information

- Mobile County Emergency Management Agency
  - o (251) 460-8000
  - o 7350 Zeigler Blvd. Mobile, AL 36608 (Not a shelter)
  - o <u>www.mcema.net/evacuation/hurricane-shelters</u>
  - Check website or call for shelter locations at time of emergency as they change
- Red Cross
  - o (251) 544-6100 |
  - o 35 N Sage Ave, Mobile, AL 36607 (Not a shelter)
  - $\circ \ \underline{www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html}$
  - Emergency Shelters and Veteran Assistance: Office hours are Monday Friday, 8:00 AM 5:00 PM

#### Job Boards for Mobile Residents

- Alabama Career Center:
  - o (251) 461-4146:

- o 515 Springhill Plaza Ct, Mobile, AL 36608
- o <u>alabamaworks.alabama.gov</u>
- Currently offering three workshops: (1.) Resources at the Alabama Career Center System 60 min (2.) Resume Writing Workshop 60 min (3.) Interviewing Workshop 60 min
- Goodwill Easter Seals
  - o (251) 471-1581
  - o 2440 Gordon Smith Dr. Mobile, AL 36617
  - <u>www.gesgc.org/services/</u>
  - Our mission is to help families, in whatever shape they are in needing a job, a GED, or literacy skills, help with parenting a special needs child, or a place for their adult family member who cannot stay home alone. They may need help teaching their children to be ready for school, or getting a piece of medical equipment they cannot afford. Whatever the need, Goodwill Gulf Coast is here for them.
- Indeed
  - <u>www.indeed.com/</u>
  - Job board for all states
- Mobile Personnel Board
  - o (251) 470-7727
  - o 1809 Government St, Mobile, AL 36606
  - o <u>www.personnelboard.org</u>
  - Using current Human Resource Management policies and practices, the Personnel Department provides our agencies with qualified employees. In turn, we serve the citizens of Mobile County by ensuring that the filling of local government jobs is based upon merit and ability and eliminates political factors, nepotism, or favoritism.
- Monster
  - o <u>www.monster.com/</u>
  - Job board for all states
- SWAPTE
  - o (251) 432-0909
  - o 515 Springhill Plaza Ct, Mobile, AL 36608
  - o <u>www.swapte.org/</u>
  - Southwest Alabama Partnerships for Training and Employment (SWAPTE) is the workforce investment agency operating under the Workforce Innovation and Opportunity Act. (WIOA).
     SWAPTE underwrites training and employment programs to get jobseekers skilled, trained and ready to enter the workforce.
- Volunteers of America
  - o 251-300-3500
  - o 1204 Hillcrest Road Mobile, AL 36695
  - o <u>voase.org/</u>
  - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.

#### Job and Skill Training

- Alabama Baptist Children's Home and Family Ministries
  - o (251) 639-1022
  - Hidden Shelter for Women and Children
  - o <u>www.alabamachild.org/</u>
  - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet. This program provides a mother and her children transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques. Depending on their commitment to the program, mothers may stay for up to one year.
  - Office hours are Monday through Friday 8:00 AM 4:30 PM
- Alabama Career Center:
  - o (251) 461-4146:
  - o 515 Springhill Plaza Ct, Mobile, AL 36608
  - o <u>alabamaworks.alabama.gov/</u>
  - Currently offering three workshops: (1.) Resources at the Alabama Career Center System 60 min (2.) Resume Writing Workshop 60 min (3.) Interviewing Workshop 60 min
- Alabama Institute for the Deaf and Blind
  - o (251) 432-7777
  - o 1050 Government St, Mobile, AL 36604
  - o <u>www.aidb.org/Mobile</u>
  - To be the recognized leader of diverse residential and community-based education, rehabilitation, and employment programs that prepare individuals who are deaf, blind, deafblind, and multi-disabled to reach their potential in education, independence, and career.
  - Bridge Center, Inc.
    - o (251) 586-8255
    - o 328 S. Sage Ave suite 100. Mobile, AL 36606
    - <u>thebridgecenterinc.org/</u>
    - The Bridge Center, Inc. serves as workforce liaison in the community. The agency provides job seekers with resources to attain sustainable employment and collaborate with business leaders for the recruitment and development of their labor needs.
  - Department of Human Resources: The Family (Financial) Assistance Program
    - o (251) 450-1923; (334) 242-1950 or (334) 242-1773
    - o 3103 Airport Blvd, Mobile, AL 36606
    - o <u>dhr.alabama.gov/family-assistance/</u>
    - This program provides help to low income families with a dependent child under age 18 or under age 19 if; the child is a full-time student. Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. Temporary assistance for needy families (T.A.N.F.)
  - Dumas Wesley Community Center

- o (251) 479-0649
- o 126 Mobile Street Mobile, AL 36607
- <u>www.dumaswesley.org/transitional-housing/</u>
- Dumas Wesley Community Center's Transitional Housing Program, Sybil H. Smith Family Village, (SSFV) was founded in 1999 to fill a void in housing services for women and families experiencing homelessness. SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. The program combines transitional housing for up to 24 months and is able to accommodate up to 17 families and up to 61 individuals.
- Goodwill Easter Seals
  - o (251) 471-1581
  - o 2440 Gordon Smith Dr. Mobile, AL 36617
  - o <u>www.gesgc.org/services/</u>
  - Our mission is to help families, in whatever shape they are in needing a job, a GED, or literacy skills, help with parenting a special needs child, or a place for their adult family member who cannot stay home alone. They may need help teaching their children to be ready for school, or getting a piece of medical equipment they cannot afford. Whatever the need, Goodwill Gulf Coast is here for them.
- Lifelines/Family Counseling Center of Mobile, Inc.
  - o (251) 602-0909
  - o 705 Oak Circle Drive East, Mobile, AL 36609
  - o <u>www.lifelinesmobile.org/</u>
  - Lifelines/Family Counseling Center of Mobile, Inc. has as its mission facilitating positive changes in individuals, families and communities by providing comprehensive education, referral and counseling services for social, emergency and financial problems.
- Mckemie Place Shelter for Women
  - o (251) 649-7006
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>www.mckemieplace.org/</u>
  - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region- Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long-term self-sufficiency. We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith based community.
- Our Sister's Closet
  - o (251) 423-2001
  - 2605 Springhill Avenue
  - o <u>oursisterscloset.org</u>
  - The mission of Our Sisters' Closet is to increase the self-confidence and job opportunities of disadvantaged women who are job seeking by providing free interview and workplace clothing, and job search support and career advancement training to women, men and teens. Training for writing & typing resumes, interview coaching, job search planning,

career counseling, interview/workplace clothing. We provide free workshops to community agencies and programs for teens and adults.

- Providence Hospital Outreach Senior and Guadalupe Center
  - o (251) 544-4480
  - o 35 North Cody Road Mobile, AL 36608
  - Guadalupe mainstream is interpretation (Spanish-English/ English-Spanish) and our area of network is unlimited, we act as a resource center for the Hispanic Community. We get job referrals, clinics/ physicians, Specialty Doctors and many services that requires interpretation. Food pantry is the 1st Wednesday of the month: 9:00 AM - 4:00 PM
- Ransom Ministries
  - o (251) 751-0044
  - o 320 South Craft Hwy Chickasaw, AL 36611
  - o <u>www.ransomministries.com</u>
  - Ransom Reprogram is a job readiness and soft skills training program that provides participants with tools to help them overcome barriers to employment, helping them move out of dependency and into personal responsibility and a fulfilling career. Participants work with mentors and are taught spiritual principles about work and relating to others.
- Redeemed Christian Church of God
  - o (404) 509-0967
  - o 444 Azalea Rd, Mobile, AL 36609
  - <u>www.rccg.org/</u>
  - Emergency food pantry. Single moms, the disabled and low income are main clients. Help for the homeless and educational resources.
- Salvation Army
  - o (251) 438-1625
  - o 1009 Dauphin Street Mobile, AL 36604
  - o <u>www.salvationarmyusa.org</u>
- SWAPTE
  - o (251) 432-0909
  - o 515 Springhill Plaza Ct, Mobile, AL 36608
  - o <u>www.swapte.org/</u>
  - Southwest Alabama Partnerships for Training and Employment (SWAPTE) is the workforce investment agency operating under the Workforce Innovation and Opportunity Act. (WIOA). SWAPTE underwrites training and employment programs to get jobseekers skilled, trained and ready to enter the workforce.
- Veteran Affairs
  - o 1-877-424-3839
  - o <u>www.va.gov/homeless/nationalcallcenter.asp</u>
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.

- The Veteran's Closet
  - o 888-213-8505
  - o 3224 St Stephens Rd Prichard, AL 36612
  - o <u>www.theveteranscloset.org/</u>
  - The Veteran's Closet provides clothing, food, job assistance and legal services to veterans. Food pantry is the 2nd and 4th Saturday of every month.
- Via! Health Fitness and Enrichment Center
  - o (251) 470-5224
  - o 1717 Dauphin Street Mobile, AL 36604
  - o <u>viamobile.org/</u>
  - Help for seniors
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - o <u>waterfrontmission.org/mobile-campus/</u>
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM – 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless)

#### Legal Services

- South Alabama Volunteer Lawyers Program
  - o (251) 438-1102
  - o 118 N Royal St #402, Mobile, AL 36602
  - o <u>www.savlp.org/</u>
  - This program is run by the Mobile Bar Association. Volunteer Lawyers donate their time to provide free legal services in certain civil matters (not criminal matters) to Mobile County residents. Call to find out if you qualify and if your situation can be handled there. Ask for an available flyer.
- Legal Services Alabama
  - o (251) 433-6560
  - o 104 St Francis St, Mobile, AL 36602
  - o <u>www.legalservicesalabama.org/</u>
  - LSA is a private, nonprofit law firm that provides legal assistance in certain civil matters (not criminal matters) to people who have limited income, don't own too much property, and meet other requirements. Call to find out if you qualify and if your situation can be handled there. Ask for an available flyer.
- The Veteran's Closet
  - o 888-213-8505
  - o 3224 St Stephens Rd Prichard, AL 36612
  - www.theveteranscloset.org/
  - The Veteran's Closet provides clothing, food, job assistance and legal services to veterans. Food pantry is the 2nd and 4th Saturday of every month.

#### LGBTQ+ Services

- AIDS Alabama South
  - o (251) 471-5277
  - o 4321 Downtowner Loop N, Mobile, AL 36609
  - <u>www.aidsalabamasouth.org/</u>
  - We offer individual, couples and group counseling to people living with HIV, helping them cope with the effects of being HIV positive and other life challenges. We provide chemical dependency counseling. Counselors offer therapy to treat anxiety and depression related to one's health status, troubled relationships and self-esteem. AIDS Alabama South offers a safe setting to explore sobriety, find support and obtain referrals for help with drug and alcohol abuse. Telemedicine Counselors are experienced in helping individuals with many issues that include: Depression; Anxiety/ Stress; Relationship problems (Break-ups, Arguments); PTSD; Problems relating to sexual orientation (LGBTQI Friendly); Substance abuse; Negative self- image; Difficulties coping with daily living; Difficulties coping with any type of health problem; Communications Skills Testing Hours: Monday, Wednesday, Thursday, and Friday 9:00 AM 4:00 PM; Tuesday 11:00 AM 7:00 PM
- Lifelines/Family Counseling Center of Mobile, Inc.
  - o (251) 602-0909
  - o 705 Oak Circle Drive East, Mobile, AL 36609
  - o <u>www.lifelinesmobile.org/</u>
  - Lifelines/Family Counseling Center of Mobile, Inc. has as its mission facilitating positive changes in individuals, families and communities by providing comprehensive education, referral and counseling services for social, emergency and financial problems.
- Planned Parenthood
  - o (404) 688-9300
  - o 717 Downtowner Loop West Mobile, AL 36609
  - o <u>www.plannedparenthood.org</u>
  - Planned Parenthood Mobile Center that provides Birth Control, STD Testing & Abortion in Mobile, Alabama. Make an appointment Online or call 404-688-9300.
- Prism United
  - o (251) 219-8441
  - <u>info@prismunited.org</u>
  - o prismunited.org/
  - Prism United responds to the comprehensive needs of LGBTQ youth. Specifically, Prism works to mitigate the psychological, socio-economic, and academic disadvantages caused by repression and victimization.
- Rainbow Mobile
  - o info@rainbowmobile.org
  - o www.rainbowmobile.org/
  - Rainbow Mobile is the heart and home for the LGBTQ+ community of Mobile & Baldwin Counties. All are welcome to access our variety of resources for individuals, youth and families.

- Salvation Army
  - o (251) 438-1625
  - o 1009 Dauphin Street Mobile, AL 36604
  - o <u>www.salvationarmyusa.org</u>

#### **Medical Assistance**

- AIDS Alabama South
  - o (251) 471-5277
  - o 4321 Downtowner Loop N, Mobile, AL 36609
  - o <u>www.aidsalabamasouth.org/</u>
  - We offer individual, couples and group counseling to people living with HIV, helping them cope with the effects of being HIV positive and other life challenges. We provide chemical dependency counseling. Counselors offer therapy to treat anxiety and depression related to one's health status, troubled relationships and self-esteem. AIDS Alabama South offers a safe setting to explore sobriety, find support and obtain referrals for help with drug and alcohol abuse. Telemedicine Counselors are experienced in helping individuals with many issues that include: Depression; Anxiety/ Stress; Relationship problems (Break-ups, Arguments); PTSD; Problems relating to sexual orientation (LGBTQI Friendly); Substance abuse; Negative self- image; Difficulties coping with daily living; Difficulties coping with any type of health problem; Communications Skills; We firmly believe that quality services play an important role in your healthcare, and we want to offer as many core services as possible.
  - Testing Hours: Monday, Wednesday, Thursday, and Friday 9:00 AM 4:00 PM; Tuesday 11:00 AM 7:00 PM
- Alabama Department of Rehabilitation
  - o 2419 Gordon Smith Dr Mobile AL
  - o (251) 479-8611
  - o <u>https://www.rehab.alabama.gov/</u>
  - From birth through adulthood, we have programs and a highly skilled, compassionate staff who can help assess your situation and provide the most appropriate treatment, therapies and services. Whatever we can do to help you reach your maximum potential, we'll be with you and your family all the way.
- Alabama Department of Senior Services
  - o 800-243-5463
  - o <u>https://alabamaageline.gov/</u>
  - Housed within each AAA is an Aging & Disability Resource Center (ADRC). This is the first place to go with aging, disability, and caregiver questions. This program, known as One Door Alabama, provides free information, counseling, and access to programs and services provided by the Alabama Department of Senior Services, state agencies, and federal programs.
- Alta Pointe Health
  - o (251) 450-2211
  - o 5750 Southland Dr # A, Mobile, AL 36693
  - o <u>altapointe.org/services/homeless-housing-programs/</u>

- Operated under the auspices of the United States Department of Housing and Urban Development (HUD), this independent living program temporarily places patients in apartments until they can master the skills required to secure their own living arrangements. While in the Shelter Plus program, patients practice community living skills and learn to secure the available resources that will increase their chances of success. Case managers closely monitor each patient's progress and ensure they receive any psychiatric services they need.
- Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St, Mobile, AL 36633
  - o <u>agingsouthalabama.org/</u>
  - This agency provides various services for senior citizens and some help for their caregivers. Over 20 sites provide activities and midday meals for active seniors, and home-delivered meals for the homebound. There is a health insurance program, help for Medicaid recipients, and help for seniors applying for pharmaceutical (drug) assistance programs. There are other services for the elderly including legal counseling, transportation, health promotion, charitable pharmacies, recreational programs, and more.
- Ascension Providence Cancer Center
  - o 6701 Airport blvd Building B Mobile, AL
  - o (251) 266-1890
  - <u>https://healthcare.ascension.org/locations/alabama/almob/mobile-ascension-providence-</u> <u>cancer-center?utm\_campaign=gmb&utm\_medium=organic&utm\_source=local</u>
  - We're dedicated to delivering targeted cancer therapies with supportive cancer care services. Our specialists routinely review your care plan to help improve your survivorship and quality of life. Your multispecialty care team may include <u>medical oncologists, radiation oncologists, surgeons, and other cancer specialists</u> who diagnose and treat many types of cancer, including: Blood disorders, anemia, blood clots (DVT, PE); Brain cancer (primary and benign); Breast cancer; Cancers of the blood, including leukemia, multiple myeloma, non-Hodgkin's lymphoma, Hodgkin's disease and myeloproliferative neoplasm; Gastrointestinal (GI) cancers, including colon, liver and pancreatic; Genitourinary (GU) cancers, including bladder, prostate and kidney; Gynecologic cancers, including endometrial, ovarian and cervical; Head and neck cancers; Lung and esophageal cancer; Skin cancer, including basal cell, melanoma and squamous cell; Other types of cancer.
- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
    - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.
  - E. A. Roberts Alzheimers Center
    - o 169 Mobile Infirmary BLVD Mobile, AL

- o (251) 435-6950
- o <u>https://www.infirmaryhealth.org/locations/e-a-roberts-alzheimers-center/</u>
- The 8,000-square-foot building includes living room areas, a den, a kitchen, rest areas, enclosed courtyards with fountains, screened porches, and a large fenced yard complete with a walking path and putting green. All areas beyond the front lobby require security clearance. The facility can accommodate up to 75 participants per day.
- Franklin Medical and Dental Express
  - o (251) 432-4117
  - o 1303 Dr Martin Luther King Jr Ave, Mobile, AL 36603
  - o <u>franklinprimary.org/</u>
  - 8-5 Monday through Friday; Services provided at this clinic include the following: Exams, Cleanings, Sealants, Temporary Fillings, Extractions, Partials Dentures, Flippers, Whitening, provided at this clinic is Franklin Medical & Dental Express, which is by Appointment Only.
  - Franklin consists of twenty-three locations in 6 counties (Mobile, Baldwin, Choctaw, Escambia, Monroe and Conecuh) in Alabama. The services provided by Franklin includes pediatrics, OB/GYN, family medicine, internal medicine, geriatrics, rheumatology, dentistry, optometry, physical therapy, nutrition services, wellness & fitness, social services, substance abuse prevention and treatment, HIV/AIDS services including case management, health education, pharmacy, laboratory, x-ray, and transportation services for the homeless.
  - Goodwill Easter Seals
    - o (251) 471-1581
    - o 2440 Gordon Smith Dr. Mobile, AL 36617
    - o <u>www.gesgc.org/services/</u>
    - Our mission is to help families, in whatever shape they are in needing a job, a GED, or literacy skills, help with parenting a special needs child, or a place for their adult family member who cannot stay home alone. They may need help teaching their children to be ready for school, or getting a piece of medical equipment they cannot afford. Whatever the need, Goodwill Gulf Coast is here for them.
  - Gulf Regional Early Childhood Services
    - o (251) 473-1060
    - o 3100 Cottage Hill Road, Bldg. 4 Suite 400, Mobile, AL, 36606
    - <u>www.grecs.org/</u>
    - Gulf Regional Early Childhood Services is a private, non-profit corporation with a 501(c)
      (3) IRS tax status governed by a volunteer Board of Directors made up of educators, health care and mental health care experts, accountants, non-profit management professionals and Early Head Start (EHS) parent representation.
  - Mercy Life A Pace Organization
    - 2900 Springhill Ave Mobile, AL
    - o (251) 287-8420
    - o <u>https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama/</u>
    - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence. Participants receive all health care services from Mercy LIFE of Alabama and our network of providers. Other than emergency care, the care team must authorize all

services. We offer Medical care, Transport, physical therapy, recreational therapy, social services, home help, spiritual care, nutritional planning, and specialty services.

- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617
  - o <u>www.mcamobile.org/impact</u>
  - Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Mobile County Health Department; Family Health Downtown Health Center
  - o (251) 690-8158
  - o 251 N Bayou St, Mobile, AL 36603
  - o <u>mchd.org/family-health/</u>
  - The mission of Family Oriented Primary Health Care Clinic, Inc. (FOPHCC) is to provide high quality, culturally diverse primary care, preventive health services, dental care and social services to all those in need regardless of ability to pay. Your Mobile County Health Department offers dental care, teeth cleaning and treatment services for children from 1 year to 20 years old and qualifying adults. Offer a Sliding Scale Fee Program to patients that can reduce the cost of your care.
- Mobile Infirmary
  - o (251) 435-2400
  - 5 Mobile Infirmary Cir, Mobile, AL 36607
  - o www.infirmaryhealth.org/locations/mobile-infirmary/
  - Infirmary Health's flagship hospital, Mobile Infirmary, was founded in 1910. With 667 licensed beds, including J.L. Bedsole / Rotary Rehabilitation Hospital, it is among the leading hospitals in the state for surgical volume, houses a comprehensive cardiovascular program with a hybrid OR/Cath lab, the region's only long-term acute care hospital, the E.A. Roberts Alzheimer's Center and a freestanding emergency department in Saraland. Mobile Infirmary also boasts a renowned cancer program, Infirmary Cancer Care with surgical, radiation and medical oncology.
- Nami (National Alliance of Mental Illness)
  - o (251) 461-3450
  - P. O. Box 161522 Mobile, AL 36616
  - <u>www.Namimobile.org</u>
  - Family to Family Education Class; support groups; recovery support group
- Ozanam Charitable Pharmacy
  - o (251) 432-4111
  - o 109 S. Cedar Street, Mobile, Alabama 36602
  - o <u>ozanampharmacy.org/</u>
  - The Ozanam Charitable Pharmacy is a non-profit organization that provides lifesustaining medication to persons with severely limited income and resources. We offer the medications free of charge to qualifying individuals.

- Project life Saver
  - o 510 S Royal St, Mobile, AL 36603
  - o (251) 574-4455
  - o https://www.mobileso.com/project/project-lifesaver/
  - Many of you may or may not know that our office participates with PROJECT LIFESAVER. This program is designed to track participants who are traveling on foot; however, it also has proved to be an asset when other scenarios arise. If you are a caregiver of an individual with Alzheimer's, Autism, Down Syndrome or a related disorder, and are interested in applying for PROJECT LIFESAVER, call or email the contact information below. This is a FREE Program offered by Sheriff Sam Cochran, so call today.
- Providence Hospital Outreach Senior and Guadalupe Center
  - o (251) 544-4480
  - o 35 North Cody Road Mobile, AL 36608
  - Guadalupe mainstream is interpretation (Spanish-English/ English-Spanish) and our area of network is unlimited, we act as a resource center for the Hispanic Community. We get job referrals, clinics/ physicians, Specialty Doctors and many services that requires interpretation. Food pantry is the 1st Wednesday of the month: 9:00 AM - 4:00 PM
- Providence Memorial Hospital
  - o 251-633-1000
  - o 6801 Airport Blvd Mobile, AL 36608
  - o healthcare.ascension.org/locations/alabama/almob/mobile-providence-hospital
  - Ascension Providence in Mobile, Alabama, is a full-service 349-bed hospital with 24/7 emergency care that also operates an outpatient diagnostic center and a freestanding rehabilitation and wellness center. We provide advanced surgical care for serious and life-threatening injuries and illnesses. Our care teams listen to understand your health needs and deliver care that's right for you. Ascension Providence is a destination for specialty care. We offer a wide range of minimally invasive procedures, imaging, lab tests, wound care, rehabilitation services and diabetes care, all on one campus.
- Rape Crisis Center 24-hour crisis line
  - o (251) 473-7273
  - o 705 Oak Cir Dr. E, Mobile, AL 36609
  - o <u>www.lifelinesmobile.org/solutions/crisis-services/</u>
  - Rape Crisis hotline
- Ronald McDonald House Charities of Mobile
  - o (251) 694-6873
  - o 1626 Spring Hill Ave., Mobile, AL 36604
  - o <u>rmhcmobile.org/</u>
  - Ronald McDonald House Charities Mobile provides a supportive home environment offering care, compassion, and hope to families with seriously ill and injured children being treated at area hospitals. To qualify, families must have a child 21 years of age or younger being treated in one of our area hospitals and live at least 20-25 miles away, respite is also available upon request for those who qualify. Hospital staff must provide a referral for accommodations. The house has 38 guest rooms that are assigned on a first-come, first-served basis and a waiting list will be used during periods of high demand.

We provide all the comforts of home, meals, drinks and snacks, laundry facilities, a beautiful kitchen, dining room, play room, playground, computer room and even a work out room. For questions, call the on-duty manager at 251-694-6873.

- Sickle Cell Disease Association of America, Mobile Chapter
  - o (251) 432-0301
  - o 1453 Springhill Ave., Mobile, AL 36604
  - o <u>scdmobile.org/index.html</u>
  - Our mission is to advocate for and enhance our membership's ability to improve the quality of health, life and services for individuals, families and communities affected by sickle cell disease and related conditions, while promoting the search for a cure for all people in the world with sickle cell disease. In addition to Mobile County, the SCDAA Mobile Chapter serves eight additional counties in Alabama: Baldwin, Escambia, Choctaw, Clarke, Conecuh, Covington, Monroe, and Washington.
- South Alabama Regional Planning Commission Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St., Mobile, AL 36602
  - o <u>agingsouthalabama.org/contact/</u>
  - We are part of the aging network through the U.S. Administration on Community Living, the U.S. Administration on Aging, and our state office, the Alabama Department of Senior Services. Many of our federally funded programs are restricted to persons' age 60 and older or their caregivers, while others serve adults with disabilities of any age.
- Springhill Medical Center
  - o (251) 344-9630
  - o 3719 Dauphin St, Mobile, AL 36608
  - o <u>www.springhillmedicalcenter.com/</u>
  - Springhill Medical Center is a 263-bed acute care hospital located in the U.S. city of Mobile, Alabama. It is accredited by The Joint Commission.
- USA Children's & Women's Hospital
  - o (251) 415-1000
  - o 1700 Center St, Mobile, AL 36604
  - o <u>www.usahealthsystem.com/locations/childrens-womens-hospital</u>
  - We provide highly regarded surgical, oncological, clinical and acute care to women and children. Our team of physician specialists, nurses and technicians care for the medical needs of women and children with a family-centered approach.
- USA Mitchell Cancer Institute
  - o 1660 Spring Hill Ave Mobile, AL
  - o (251) 655-8000
  - o <u>https://www.usahealthsystem.com/locations/mitchell-cancer-institute</u>
  - At the Mitchell Cancer Institute (MCI) our mission is to discover, develop and deliver innovative solutions to improve cancer outcomes. Every breakthrough we make is built on an advancement of knowledge through science. Mitchell Cancer Institute hours of operation are Monday–Friday, 8 a.m. to 5 p.m.
- USA University Hospital

- o (251) 471-7000
- o 2451 University Hospital Dr, Mobile, AL 36617
- o www.usahealthsystem.com/locations/university-hospital
- USA Health University Hospital is an acute care facility serving as the major referral center for southwest Alabama, southeast Mississippi and portions of northwest Florida. We offer centers for Level I trauma, burn, stroke, cardiovascular disease and sickle cell disease. As a teaching and research facility for the University of South Alabama, College of Medicine, University Hospital plays a key role in the development of new technology, treatments and training of future healthcare professionals. The hospital also includes outpatient care services such as cardiology, medicine and surgery.
- Veteran Affairs
  - o 1-877-424-3839
  - o <u>www.va.gov/homeless/nationalcallcenter.asp</u>
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
- Victory Health
  - o (251) 460-0999
  - o 3750 Professional Pkwy, Mobile, AL 36609
  - o <u>victoryhealth.org/</u>
  - Inspired by Christ's call to heal the sick, Victory Health Partners provides affordable, quality healthcare to the thousands of uninsured adults in our Gulf Coast community. Our partnerships are vital to the fulfillment of our mission. With a network of over 150 specialists ranging from cardiologists, orthopedic surgeons, dermatologists, etc., the barriers once blocking the path of our patients' recovery are now removed so they now have the ability to receive the care they need.
- Volunteers of America
  - o 251-300-3500
  - o 1204 Hillcrest Road Mobile, AL 36695
  - o <u>voase.org/</u>
  - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.

# **Over Night Shelters**

- Helping Hands
  - o (251) 216-6615
  - o 307 S. Shelton Beach Road Mobile, Alabama 36613
  - o <u>www.helpinghandsfoodpantry.net/</u>
  - We are a recognized 501c3 charitable organization in Mobile, Alabama, and with the IRS. We serve as an emergency resource provider who serves the physical needs of the local community. This includes but is not limited to food, shelter, and transportation. To date, we have served more than 2,570 individuals and families! Food pantry is on Tuesday from 1-4

PM but we are available by appointment Wednesday-Saturday. We deliver groceries to people who have no transportation or cannot drive because of illness. Hot meals are provided by vendors who we partner with in Prichard, AL

- Mckemie Place Shelter for Women
  - o (251) 649-7006
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>www.mckemieplace.org/</u>
  - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region- Each client that comes to McKemie Place is required to have bi-weekly meetings with our case manager in effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency. We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith based community.
- Mission of Hope for Men and Women
  - o (251) 649-0830
  - 14970 Mission Road, Mobile, AL
  - o www.missionofhopeministries.net/campuses/
  - Mission of Hope provides services for men and women.
- Penelope House
  - o (251) 342-8994
  - Mobile, AL (Hidden Shelter for Women)
  - o penelopehouse.org/
  - The mission of Penelope House is to provide safety, protection, and support to the victims of Domestic Violence and their children through the provision shelter, advocacy, and individual and community education. A 24-hour crisis line is answered 24 hours a day, 365 days a year to provide counseling, information, and referral services to families in abusive situations.
- Salvation Army
  - o (251) 438-1625
  - o 1009 Dauphin Street Mobile, AL 36604
  - o <u>www.salvationarmyusa.org</u>
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - waterfrontmission.org/mobile-campus/
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless)

#### Pet Assistance

• The Chow Line Pet Food Pantry

- o https://the-chow-line-pet-food-pantry.square.site/
- Apply for both regular and emergency help on the website
- No-cost Pet Food Bank serving Baldwin County, Mobile County, and parts of Pensacola
- Mobile SPCA
  - o (251) 633-3531
  - o 620 Zeigler Circle West, Mobile, AL 36608
  - o <u>https://www.mobilespca.org/</u>
  - The Mobile SPCA is a tax-exempt 501(c) (3) nonprofit charitable organization whose mission is to provide compassionate care, shelter, food, and medical attention to the animals entrusted to us while promoting adoptions, spay and neuter initiatives, transport, responsible pet ownership and community education.

#### **Resources for Women and Children**

- AIDS Alabama South
  - o (251) 471-5277
  - o 4321 Downtowner Loop N, Mobile, AL 36609
  - <u>www.aidsalabamasouth.org/</u>
  - We offer individual, couples and group counseling to people living with HIV, helping them cope with the effects of being HIV positive and other life challenges. We provide chemical dependency counseling. Counselors offer therapy to treat anxiety and depression related to one's health status, troubled relationships and self-esteem. AIDS Alabama South offers a safe setting to explore sobriety, find support and obtain referrals for help with drug and alcohol abuse. Telemedicine Counselors are experienced in helping individuals with many issues that include: Depression; Anxiety/ Stress; Relationship problems (Break-ups, Arguments); PTSD; Problems relating to sexual orientation (LGBTQI Friendly); Substance abuse; Negative self- image; Difficulties coping with daily living; Difficulties coping with any type of health problem; Communications Skills; We firmly believe that quality services play an important role in your healthcare, and we want to offer as many core services as possible.
  - Testing Hours: Monday, Wednesday, Thursday, and Friday 9:00 AM 4:00 PM; Tuesday 11:00 AM 7:00 PM
- Alabama Baptist Children's Home and Family Ministries
  - o (251) 639-1022
  - Hidden Shelter for Women and Children
  - o <u>www.alabamachild.org/</u>
  - Provides safe and stable homes to help struggling mothers and their dependent children to get back on their feet. This program provides a mother and her children transitional housing while she gains or maintains employment, saves money, receives counseling, and learns life skills such as budgeting and healthy parenting techniques. Depending on their commitment to the program, mothers may stay for up to one year.
  - $\circ$  Office hours are Monday through Friday 8:00 AM 4:30 PM
- Ambitiously Him Her King Foundation
  - o (251) 274-0858
  - o <u>www.ambitiouslyhimher.org</u>

- Ambitiously Him Her King Foundation, is an organization focused on helping Teen/ Young Adult Parents from the ages 13-23 in Mobile, Alabama actively reducing: teen pregnancies, school dropouts, unhealthy living habits, Toxic Relationships and poverty amongst the population. They provide Baby Essentials, Clothing & Hygiene items, Workshops, Baby Vouchers with access to our baby store
- The Alpha Women's Resource Center
  - o (251) 246-7750
  - o 6481 Hwy 43 North, Jackson, Alabama 36545
  - o pregnancytesthelp.com/
  - The Alpha Women's Resource Center is a Christ-centered organization promoting a culture of life by serving people who are facing unplanned pregnancies and related sexual issues. Services Offered Pregnancy Testing Ultrasound Community Resources We are a medical mobile ministry dedicated to serving women and families in need while sharing truth, love, and grace.
- Alta Pointe Health
  - o (251) 450-2211
  - o 5750 Southland Dr # A, Mobile, AL 36693
  - o <u>altapointe.org/services/homeless-housing-programs/</u>
  - Operated under the auspices of the United States Department of Housing and Urban Development (HUD), this independent living program temporarily places patients in apartments until they can master the skills required to secure their own living arrangements. While in the Shelter Plus program, patients practice community living skills and learn to secure the available resources that will increase their chances of success. Case managers closely monitor each patient's progress and ensure they receive any psychiatric services they need.
- Catholic Social Services
  - o (251) 434-1550
  - o 188 S Florida St, Mobile, AL 36606
  - o <u>catholicsocialservices.org/ministries-and-services</u>
  - Material assistance can be provided for food, clothing, furniture and appliances, household items, and personal hygiene items. Financial assistance is available for medicine, utilities, rent, and transportation. Emergency Assistance Ministry operates by appointment only. Appointments are available Monday through Friday from 9:00 AM to 3:00 PM.
- Child Care South
  - o (251) 433-2878
  - o 1501 Government St # 5, Mobile, AL 36604
  - o <u>dhr.alabama.gov/child-care/</u>
  - Child Care South offers reasonably priced childcare. To be eligible for this service, the lowincome parent must be employed and/or enrolled in school. For more information and to determine if you meet these requirements, examine the pamphlet that is available from Child Care South.
- Department of Human Resources: The Family (Financial) Assistance Program
  - o (251) 450-1923; (334) 242-1950 or (334) 242-1773
  - o 3103 Airport Blvd, Mobile, AL 36606
  - o <u>dhr.alabama.gov/family-assistance/</u>

- This program provides help to low income families with a dependent child under age 18 or under age 19 if; the child is a full-time student. Services that are provided are temporary cash payments, work and training services, and childcare assistance for parents who are employed or in training activities. Temporary assistance for needy families (T.A.N.F.)
- Department of Human Resources: The Family (Financial) Assistance Program
  - o (251) 405-4000 or (833) 822-2202
  - o 3103 Airport Blvd, Mobile, AL 36606
  - o <u>dhr.alabama.gov/food-assistance/</u>
  - This program administers the Food Stamp Program. The eligibility rules and benefit amounts are based on income and household size
- Department of Human Resources: The Child Support Enforcement Division
  - o (334) 242-9300
  - o 3103 Airport Blvd, Mobile, AL 36606
  - o dhr.alabama.gov/child-support-enforcement-division/
  - This program helps families establish paternity (when necessary), obtain court orders for payment of child support, and secure compliance with child support court orders. Many women and their children fall into poverty or into deeper poverty because the father pays little or nothing for the financial support of his children. Many of these men cannot afford to pay much, but they should pay something the entire burden should not fall on the mother. A court order forces the father to pay something or else to possibly face jail. DHR can help the mother get such a court order. A woman does not have to be a client of DHR in order to get such help. All of these services are free.
- Department of Human Resources: Adult Services
  - o (251) 450-1800
  - o 3103 Airport Blvd, Mobile, AL 36606
  - o <u>www.dhr.alabama.gov/</u>
  - Hours: 8:00 AM 4:30 PM, Monday Friday
- Dumas Wesley Community Center
  - o (251) 479-0649
  - o 126 Mobile Street Mobile, AL 36607
  - <u>www.dumaswesley.org/transitional-housing/</u>
  - Dumas Wesley Community Center's Transitional Housing Program, Sybil H. Smith Family Village, (SSFV) was founded in 1999 to fill a void in housing services for women and families experiencing homelessness. SSFV seeks to help homeless single women and homeless women with children establish and maintain self-sufficiency. The program combines transitional housing for up to 24 months and is able to accommodate up to 17 families and up to 61 individuals.
- Franklin Medical and Dental Express
  - o (251) 432-4117
  - o 1303 Dr Martin Luther King Jr Ave, Mobile, AL 36603
  - o <u>franklinprimary.org/</u>
  - 8-5 Monday through Friday; Services provided at this clinic include the following: Exams, Cleanings, Sealants, Temporary Fillings, Extractions, Partials Dentures, Flippers, Whitening, provided at this clinic is Franklin Medical & Dental Express, which is by Appointment Only.

- Franklin consists of twenty-three locations in 6 counties (Mobile, Baldwin, Choctaw, Escambia, Monroe and Conecuh) in Alabama. The services provided by Franklin includes pediatrics, OB/GYN, family medicine, internal medicine, geriatrics, rheumatology, dentistry, optometry, physical therapy, nutrition services, wellness & fitness, social services, substance abuse prevention and treatment, HIV/AIDS services including case management, health education, pharmacy, laboratory, x-ray, and transportation services for the homeless.
- Goodwill Easter Seals
  - o (251) 471-1581
  - o 2440 Gordon Smith Dr. Mobile, AL 36617
  - <u>www.gesgc.org/services/</u>
  - Our mission is to help families, in whatever shape they are in needing a job, a GED, or literacy skills, help with parenting a special needs child, or a place for their adult family member who cannot stay home alone. They may need help teaching their children to be ready for school, or getting a piece of medical equipment they cannot afford. Whatever the need, Goodwill Gulf Coast is here for them.
- Gulf Regional Early Childhood Services
  - o (251) 473-1060
  - o 3100 Cottage Hill Road, Bldg. 4 Suite 400, Mobile, AL, 36606
  - <u>www.grecs.org/</u>
  - Gulf Regional Early Childhood Services is a private, non-profit corporation with a 501(c) (3) IRS tax status governed by a volunteer Board of Directors made up of educators, health care and mental health care experts, accountants, non-profit management professionals and Early Head Start (EHS) parent representation.
- Home of Grace for Women
  - o (251) 456-7807
  - o 394 Aldock Rd., Eight Mile, AL 36613
  - o <u>homeofgraceforwomen.com/</u>
  - Our mission is to provide a comprehensive alcohol and drug recovery program for females ages 18 and up. We provide a twelve-week residential program that embraces all aspects of addiction and recovery, including spirituality.
  - Call for appointment for Food pantry.
- Housing First the Homeless Coalition
  - o (251) 450-3345
  - o 273 Ázalea Rd #110, Mobile, AL 36609
  - o <u>hfal.org/</u>
  - Community Housing Programs provide housing assistance to families with children, unaccompanied youth (18 24 years old), chronically homeless individuals, homeless individuals and families with a disability, and unaccompanied homeless individuals. Outreach provides services to those experiencing homelessness on location, removing the barrier of transportation for those in need of assistance. Supportive Services for Veteran Families (SSVF) Program provides assistance to low income veteran families that are experiencing homelessness, or are at risk of homelessness.
- Individual & Family Support of South Alabama
  - o (251) 438-1609

- o 1050 Government St, Mobile, AL 36604
- o <u>famsupport.com/</u>
- I&FS strives to meet unmet needs for individuals with developmental disabilities developed before the age of 22. They assist with funds for transportation, bills, etc. They also help connect people with other resources and have an annual food and toy drive.
- Mckemie Place Shelter for Women
  - o (251) 649-7006
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>www.mckemieplace.org/</u>
  - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region- Each client that comes to McKemie Place is required to have biweekly meetings with our case manager in effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long-term self-sufficiency. We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith based community.
- Mobile County Community Action
  - o (251) 457-5700
  - o 461 Donald Street Mobile, Alabama 36617
  - o <u>www.mcamobile.org/impact</u>
  - Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Mobile County Health Department; Family Health Downtown Health Center
  - o (251) 690-8158
  - o 251 N Bayou St, Mobile, AL 36603
  - o mchd.org/family-health/
  - The mission of Family Oriented Primary Health Care Clinic, Inc. (FOPHCC) is to provide high quality, culturally diverse primary care, preventive health services, dental care and social services to all those in need regardless of ability to pay. Your Mobile County Health Department offers dental care, teeth cleaning and treatment services for children from 1 year to 20 years old and qualifying adults. Offer a Sliding Scale Fee Program to patients that can reduce the cost of your care.
- Mobile Infirmary
  - o (251) 435-2400
  - o 5 Mobile Infirmary Cir, Mobile, AL 36607
  - o www.infirmaryhealth.org/locations/mobile-infirmary/
  - Infirmary Health's flagship hospital, Mobile Infirmary, was founded in 1910. With 667 licensed beds, including J.L. Bedsole / Rotary Rehabilitation Hospital, it is among the leading hospitals in the state for surgical volume, houses a comprehensive cardiovascular program with a hybrid OR/Cath lab, the region's only long-term acute care hospital, the E.A. Roberts Alzheimer's Center and a freestanding emergency department in Saraland. Mobile

Infirmary also boasts a renowned cancer program, Infirmary Cancer Care with surgical, radiation and medical oncology.

- Nami (National Alliance of Mental Illness)
  - o (251) 461-3450
  - P. O. Box 161522 Mobile, AL 36616
  - <u>Namimobile.org</u>
  - Family to Family Education Class; support groups; recovery support group
- National Sexual Assault Hotline
  - o 1-800-656-4673
  - o <u>www.rainn.org/</u>
  - National Sexual Assault Hotline. Free. Confidential. 24/7.
- Penelope House
  - o (251) 342-8994
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>penelopehouse.org/</u>
  - The mission of Penelope House is to provide safety, protection, and support to the victims of Domestic Violence and their children through the provision shelter, advocacy, and individual and community education. A 24-hour crisis line is answered 24 hours a day, 365 days a year to provide counseling, information, and referral services to families in abusive situations.
- Planned Parenthood
  - o (404) 688-9300
  - o 717 Downtowner Loop West Mobile, AL 36609
  - o <u>www.plannedparenthood.org</u>
  - Planned Parenthood Mobile Center that provides Birth Control, STD Testing & Abortion in Mobile, Alabama. Make an appointment Online or call 404-688-9300.
- Providence Hospital Outreach Senior and Guadalupe Center
  - o (251) 544-4480
  - o 35 North Cody Road Mobile, AL 36608
  - Guadalupe mainstream is interpretation (Spanish-English/ English-Spanish) and our area of network is unlimited, we act as a resource center for the Hispanic Community. We get job referrals, clinics/ physicians, Specialty Doctors and many services that requires interpretation. Food pantry is the 1st Wednesday of the month: 9:00 AM - 4:00 PM
- Rape Crisis Center 24-hour crisis line
  - o (251) 473-7273
  - o 705 Oak Cir Dr E, Mobile, AL 36609
  - o www.lifelinesmobile.org/solutions/crisis-services/
  - Rape Crisis hotline
- Shoulder Rehab (Addiction Help)
  - o (251) 626-2199
  - P.O. Box 637 Daphne, AL 36526
  - <u>theshoulder.org</u>

- The mission of The Shoulder is to restore individuals and their families who are affected by alcohol/drug abuse by providing quality, affordable treatment in a safe, secure Christian environment.
- South Alabama Regional Planning Commission Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St., Mobile, AL 36602
  - o <u>agingsouthalabama.org/contact/</u>
  - We are part of the aging network through the U.S. Administration on Community Living, the U.S. Administration on Aging, and our state office, the Alabama Department of Senior Services. Many of our federally funded programs are restricted to persons' age 60 and older or their caregivers, while others serve adults with disabilities of any age.
- Veteran Affairs
  - o 1-877-424-3839
  - o <u>www.va.gov/homeless/nationalcallcenter.asp</u>
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
- Victory Health
  - o (251) 460-0999
  - o 3750 Professional Pkwy, Mobile, AL 36609
  - <u>victoryhealth.org/</u>
  - Inspired by Christ's call to heal the sick, Victory Health Partners provides affordable, quality healthcare to the thousands of uninsured adults in our Gulf Coast community. Our partnerships are vital to the fulfillment of our mission. With a network of over 150 specialists ranging from cardiologists, orthopedic surgeons, dermatologists, etc., the barriers once blocking the path of our patients' recovery are now removed so they now have the ability to receive the care they need.
- Volunteers of America
  - o 251-300-3500
  - o 1204 Hillcrest Road Mobile, AL 36695
  - o <u>voase.org/</u>
  - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.
- Wilmer Hall
  - o (251) 342-4931
  - o 3811 Old Shell Road
  - o <u>Wilmerhall.org</u>
  - Non Profit Faith Based Residential and Educational Program for children and young adults. Transitional living programs, education program and community based education program.
- YWCA

- o (251) 344-5646
- Multiple locations
- o <u>www.ysal.org/</u>
- Many women could work if they could find affordable childcare. The YWCA provides such care with the fee charged according to household income based on a sliding fee scale.

## Senior Services

- Alabama Department of Senior Services
  - o 800-243-5463
  - o <u>https://alabamaageline.gov/</u>
  - Housed within each AAA is an Aging & Disability Resource Center (ADRC). This is the first place to go with aging, disability, and caregiver questions. This program, known as One Door Alabama, provides free information, counseling, and access to programs and services provided by the Alabama Department of Senior Services, state agencies, and federal programs.
- Connie Hudson Mobile Regional Senior Community Center
  - 3201 Hillcrest Rd Mobile, AL
  - o (251) 602-4963
  - o <u>https://www.cityofmobile.org/parks-rec/connie-hudson-senior-center/</u>
  - Body Sculpting; Bible Study; Chair Fitness; Water Aerobics; Dominoes; Oil Painting; Pickle Ball; Circuit Training; Step Aerobics; Quilting; Chess; Zumba Gold; Chair Supported Yoga; Line Dancing; Step Aerobics; Crochet; Chess; Wii Bowling; Tai Chi; Bridge
- E. A. Roberts Alzheimers Center
  - 169 Mobile Infirmary BLVD Mobile, AL
  - o (251) 435-6950
  - o <u>https://www.infirmaryhealth.org/locations/e-a-roberts-alzheimers-center/</u>
  - The 8,000-square-foot building includes living room areas, a den, a kitchen, rest areas, enclosed courtyards with fountains, screened porches, and a large fenced yard complete with a walking path and putting green. All areas beyond the front lobby require security clearance. The facility can accommodate up to 75 participants per day.
- Independent Living Center of Mobile
  - o 6750 Howell's Ferry Road, Mobile, AL 36618
  - o (251) 460-0301
  - o <u>https://ilcmobile.org/</u>
  - We are working to maintain a safe work environment and protect the health and well-being of our consumers, staff, and community. Independent Living Center of Mobile has canceled all drop-ins, group events, and in-person outreach scheduled until further notice. Our staff are still available to help meet consumers' needs via email, telephone, or Zoom.Please call us for services at (251) 460-0301 or we invite you to <u>contact us for services</u>, and one of our staff members will follow up with you.
- Medicare

- o 800-633-4227
- o <u>https://www.medicare.gov/</u>
- Mercy Life A Pace Organization
  - o 2900 Springhill Ave Mobile, AL
  - o (251) 287-8420
  - o https://www.trinityhealthpace.org/alabama/mercy-life-of-alabama/
  - Our unique care model provides a full spectrum of healthcare services, so seniors can live at home, stay connected to their community and ultimately maintain their independence.
    Participants receive all health care services from Mercy LIFE of Alabama and our network of providers. Other than emergency care, the care team must authorize all services. We offer Medical care, Transport, physical therapy, recreational therapy, social services, home help, spiritual care, nutritional planning, and specialty services.
- Social Security Administration
  - o 550 Government St Suite 100, Mobile, AL 36602
  - o 800-772-1213
  - o <u>https://www.ssa.gov/</u>

## **Transportation**

- Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St, Mobile, AL 36633
  - o <u>agingsouthalabama.org/</u>
  - This agency provides various services for senior citizens and some help for their caregivers. Over 20 sites provide activities and midday meals for active seniors, and home-delivered meals for the homebound. There is a health insurance program, help for Medicaid recipients, and help for seniors applying for pharmaceutical (drug) assistance programs. There are other services for the elderly including legal counseling, transportation, health promotion, charitable pharmacies, recreational programs, and more.
- Creekwood Church of Christ
  - o 1901 Schillenger Rd South mobile al
  - o (251) 471-1511
  - o <u>http://www.creekwoodcc.org/</u>
  - Meals on Wheels, Disaster Teams, Nursing homes, Blood Drives; Van Service; Church Directory, Pictorial Directory, Photography, Guest Housing, Meals and Assistance
- Helping Hands
  - o (251) 216-6615
  - o 307 S. Shelton Beach Road Mobile, Alabama 36613
  - o <u>www.helpinghandsfoodpantry.net/</u>
  - We are a recognized 501c3 charitable organization in Mobile, Alabama, and with the IRS. We serve as an emergency resource provider who serves the physical needs of the local community. This includes but is not limited to food, shelter, and transportation. To date, we have served more than 2,570 individuals and families! Food pantry is on Tuesday from 1-4 PM but we are available by appointment Wednesday-Saturday. We deliver groceries to

people who have no transportation or cannot drive because of illness. Hot meals are provided by vendors who we partner with in Prichard, AL

- Individual & Family Support of South Alabama
  - o (251) 438-1609
  - o 1050 Government St, Mobile, AL 36604
  - o <u>famsupport.com/</u>
  - I&FS strives to meet unmet needs for individuals with developmental disabilities developed before the age of 22. They assist with funds for transportation, bills, etc. They also help connect people with other resources and have an annual food and toy drive.
- Mobility Assistance Program
  - o 251-338-0099
  - 110 Beauregard Street Suite 104 Mobile, AL 36602 (Main Office)
  - o www.thewavetransit.com/159/Paratransit-Mobility-Assistance-Program-
  - Mobility Assistance Program (MAP) is a specialized, curb to curb transportation service for certified disabled people. The cost is \$2.50 one way. Applications can be acquired from our GM&O location. Applicants must pass an in-person assessment and recertify every three years. For more information, please call 251-338-0099 and read our MAP User Guide.
- Mulherin Custodial Home
  - o (251) 471-1998
  - o 2496 Halls Mill Road, Mobile, AL 36606
  - o <u>www.mulherinhome.com/wp/</u>
  - Our primary purpose is to provide a home for individuals, children and adults with developmental disabilities. We now serve 34 developmentally delayed children and adults who are unable to function independently. Mulherin Custodial Home is a residential program in which 24-hour care is given, in a family surrounding, with a great deal of tender, loving care. We transport 26 of our Residents to day programs where they receive training and/or services.
- S.O.U.P. (Serving Our Unique People)
  - o (251) 377-0030
  - o 1320 Center St, Mobile, AL 36604
  - o <u>servingouruniquepeoplecdc.com/</u>
  - The Mission of S.O.U.P. is to feed, clothe, and provide shelter, transportation to those who are in distress. We feed the hungry every Wednesday from 11:30 AM 1:30 PM.
  - $\circ$  We serve a hot meal to an average of 600 people a month.
  - We give grocery boxes to over 300 households every quarter. We provide clean clothing from the Love Closet on a weekly basis
- Veteran Affairs
  - o 1-877-424-3839
  - $\circ \quad \underline{www.va.gov/homeless/national callcenter.asp}$
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.

- Via! Health Fitness and Enrichment Center
  - o (251) 470-5224
  - o 1717 Dauphin Street Mobile, AL 36604
  - o <u>viamobile.org/</u>
  - Help for seniors
- WAVE Transportation System
  - o (251) 344-6600
  - o 110 Beauregard Street Suite 104 Mobile, AL 36602 (Main Office)
  - o <u>www.thewavetransit.com/</u>
  - The Wave Transit System is the operator of public transportation in Mobile, Alabama, operated by the City of Mobile. Eleven local routes service the city and suburban regions, while the modal trolley provides downtown shuttle service. Crossbay service via the Baylinc route service Baldwin County, Alabama. The Wave Transit offers many reduced fare options for those who qualify. Reduced Fare passes and fares are not available on our App. To qualify for reduced fare please bring the appropriate documentation to the GM&O Customer Service. If you have any questions, please call Customer Service at (251) 344-6600.

# Veteran Services

- AIDS Alabama South
  - o (251) 471-5277
  - o 4321 Downtowner Loop N, Mobile, AL 36609
  - o <u>www.aidsalabamasouth.org/</u>
  - We offer individual, couples and group counseling to people living with HIV, helping them cope with the effects of being HIV positive and other life challenges. We provide chemical dependency counseling. Counselors offer therapy to treat anxiety and depression related to one's health status, troubled relationships and self-esteem. AIDS Alabama South offers a safe setting to explore sobriety, find support and obtain referrals for help with drug and alcohol abuse. Telemedicine Counselors are experienced in helping individuals with many issues that include: Depression; Anxiety/ Stress; Relationship problems (Break-ups, Arguments); PTSD; Problems relating to sexual orientation (LGBTQI Friendly); Substance abuse; Negative self- image; Difficulties coping with daily living; Difficulties coping with any type of health problem; Communications Skills; We firmly believe that quality services play an important role in your healthcare, and we want to offer as many core services as possible.
  - Testing Hours: Monday, Wednesday, Thursday, and Friday 9:00 AM 4:00 PM; Tuesday 11:00 AM 7:00 PM
- Alta Pointe Health
  - o (251) 450-2211
  - o 5750 Southland Dr # A, Mobile, AL 36693
  - o <u>altapointe.org/services/homeless-housing-programs/</u>
  - Operated under the auspices of the United States Department of Housing and Urban Development (HUD), this independent living program temporarily places patients in apartments until they can master the skills required to secure their own living arrangements. While in the Shelter Plus program, patients practice community living skills and learn to secure the available resources that will increase their chances of success. Case managers closely monitor each patient's progress and ensure they receive any psychiatric services they need.

- Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St, Mobile, AL 36633
  - o <u>agingsouthalabama.org/</u>
  - This agency provides various services for senior citizens and some help for their caregivers. Over 20 sites provide activities and midday meals for active seniors, and home-delivered meals for the homebound. There is a health insurance program, help for Medicaid recipients, and help for seniors applying for pharmaceutical (drug) assistance programs. There are other services for the elderly including: legal counseling, transportation, health promotion, charitable pharmacies, recreational programs, and more.
- Housing First the Homeless Coalition
  - o (251) 450-3345
  - o 273 Azalea Rd #110, Mobile, AL 36609
  - o <u>hfal.org/</u>
  - Community Housing Programs provide housing assistance to families with children, unaccompanied youth (18 – 24 years old), chronically homeless individuals, homeless individuals and families with a disability, and unaccompanied homeless individuals. Outreach provides services to those experiencing homelessness on location, removing the barrier of transportation for those in need of assistance. Supportive Services for Veteran Families (SSVF) Program provides assistance to low income veteran families that are experiencing homelessness, or are at risk of homelessness.
- Mckemie Place Shelter for Women
  - o (251) 649-7006
  - Mobile, AL (Hidden Shelter for Women)
  - o <u>www.mckemieplace.org/</u>
  - McKemie Place is the only temporary emergency shelter for unaccompanied women 18 years old or older in our Region- Each client that comes to McKemie Place is required to have biweekly meetings with our case manager in effort to create and achieve goals that enable them to regain their independence. We connect women with local resources to help them grow spiritually and leave us in better mental and emotional health ready to sustain long term self-sufficiency. We do not discriminate in providing services to anyone based on their religion or beliefs. Our clients can voluntarily choose to participate in any services offered by the local faith based community.
- Providence Hospital Outreach Senior and Guadalupe Center
  - o (251) 544-4480
  - o 35 North Cody Road Mobile, AL 36608
  - Guadalupe mainstream is interpretation (Spanish-English/ English-Spanish) and our area of network is unlimited, we act as a resource center for the Hispanic Community. We get job referrals, clinics/ physicians, Specialty Doctors and many services that requires interpretation. Food pantry is the 1st Wednesday of the month: 9:00 AM - 4:00 PM
- Red Cross
  - o (251) 544-6100 |
  - o 35 N Sage Ave, Mobile, AL 36607 (Not a shelter)
  - o <u>www.redcross.org/get-help/disaster-relief-and-recovery-services/find-an-open-shelter.html</u>

- Emergency Shelters and Veteran Assistance: Office hours are Monday Friday, 8:00 AM 5:00 PM
- Salvation Army
  - o (251) 438-1625
  - o 1009 Dauphin Street Mobile, AL 36604
  - <u>www.salvationarmyusa.org</u>
- South Alabama Regional Planning Commission Area Agency on Aging
  - o (251) 706-4680
  - o 110 Beauregard St., Mobile, AL 36602
  - o <u>agingsouthalabama.org/contact/</u>
  - We are part of the aging network through the U.S. Administration on Community Living, the U.S. Administration on Aging, and our state office, the Alabama Department of Senior Services. Many of our federally funded programs are restricted to persons' age 60 and older or their caregivers, while others serve adults with disabilities of any age.
- Veteran Affairs
  - o 1-877-424-3839
  - o <u>www.va.gov/homeless/nationalcallcenter.asp</u>
  - Veterans who are homeless or at risk of homelessness—and their family members, friends and supporters—can make the call to or chat online with the National Call Center for Homeless Veterans, where trained counselors are ready to talk confidentially 24 hours a day, 7 days a week.
- Via! Health Fitness and Enrichment Center
  - o (251) 470-5224
  - o 1717 Dauphin Street Mobile, AL 36604
  - o <u>viamobile.org/</u>
  - Help for seniors
- Volunteers of America
  - o 251-300-3500
  - o 1204 Hillcrest Road Mobile, AL 36695
  - o <u>voase.org/</u>
  - Volunteers of America Southeast offers direct human-care services, affordable housing, faith-based resource programs, and community outreach. Some of our services provide care for people with intellectual and developmental disabilities, mental health issues, substance abuse, low-income seniors, and the homeless.
- Waterfront Rescue Mission of Alabama
  - o (251) 433-1847
  - o 279 N Washington Ave, Mobile, AL 36603
  - <u>waterfrontmission.org/mobile-campus/</u>
  - Shelter for men must check in by 3:00 PM; Must be 18 or older; Day Services: Tuesdays & Thursdays (11:00 AM 1:00 PM); Recuperation Dorm: currently repurposed to accommodate men with COVID symptoms; Rescue Programs (veterans, working homeless, work training, chronically homeless): call for details, <u>251-433-1847</u>

#### **Bill Assistance Non-Mobile**

- Citronelle Community Action Agency
  - o (251) 457-5700
  - o 461 Donald Street, Mobile, Alabama 36617
  - o <u>www.mcamobile.org/</u>
  - Mobile Community Action continues to make an enormous impact on our community by serving more than 38,000 low-income individuals and families throughout Mobile, Washington, and Choctaw Counties. Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!

#### Food pantry Non-Mobile

- African Universal Church
  - o (251) 626-6056
  - o 8355 Jonesboro Rd Daphne, AL 36526
  - Food pantry is on Tuesdays from 10:00 AM 1:00 PM
- Azalea City Church of Christ
  - o (251) 649-2436
  - o 3550 Schillinger Road North Semmes, AL 36575
  - Food pantry on the 1st Thursday of the month: 9:00 AM 11:00 AM
- Bayou Recovery Project
  - o (251) 229-6456
  - o 8720 Downey Street Bayou La Batre, AL 36509
  - Food pantry is the 2nd Monday of each month 10:00 AM 2:00 PM
- Catholic Social Services of Baldwin County
  - o (251) 947-2293
  - o 23010 Highway 59 North Robertsdale, AL 36567
  - Please call to make appointment for food pantry
- Cedar Street Baptist Church
  - o (251) 675-0606
  - o 541 Cedar Street Saraland, AL 36571
  - Food pantry is on the 2nd and 4th Saturday 9:00 AM 12:00 PM
- Central Church of Christ
  - o (251) 675-2752
  - o 225 Highway 43 South Saraland, AL 36571
  - o <u>citronelleumc.org/</u>

- o food pantry (See Calendar on website for dates and times
- Chickasaw United Methodist Church Mike's Pantry
  - o (251) 452-3461
  - o 108 Lee St, Chickasaw, AL 36611
  - o <u>www.chickasawumc.org/</u>
  - Get free Filling, shelf-stable foods. Dairy, Ensure for seniors, or paper products too. Some families may be given gift cards or vouchers.
  - We offer a food pantry every 1st and 3rd Tuesday of the month from 3-5pm. Email us here at Chickasawumc@gmail.com or call during our hours Monday- Thursday from 8am-3:00 PM and Friday from 8am-12pm.
- Citronelle Community Action Agency
  - o (251) 457-5700
  - o 461 Donald Street, Mobile, Alabama 36617
  - o <u>www.mcamobile.org/</u>
  - Mobile Community Action continues to make an enormous impact on our community by serving more than 38,000 low-income individuals and families throughout Mobile, Washington, and Choctaw Counties. Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Community Action Agency of Irvington
  - o (251) 957-6722
  - o 8740 McDonald Road Irvington, Alabama 36544
  - o <u>www.mcamobile.org/</u>
  - Programs range from information to Meals on Wheels for seniors and the homebound to referrals to free food pantries. The Housing Program bridges the gap from emergency shelter to permanent housing, providing temporary homes for income eligible families who are homeless. MCA's Housing Coordinator works with families to achieve long-term housing solutions, offers support to families, and oversees the maintenance and upkeep of the units. Families also receive ongoing case management and support services as they make the transition into permanent housing.
  - Eligibility: Must be homeless and meet poverty guidelines. Hours: 8:00 AM 5:00 PM, Mondays through Friday. Intake procedure: Call for Appointment. No Fee for Service Area served Mobile.
  - Services: Transitional Housing.
- Ebenezer Missionary Baptist Church
  - o (251) 964-5166
  - o 13995 County Road 66 Loxley, AL 36551
  - $\circ$  Food pantry is on the 2nd and 4th Thursday of each month 3:00 PM 5:00 PM
- Faith Community Full Gospel
  - o (251) 604-7824
  - o 401 Moran Street Bay Minette, AL 36507
  - Please call to make appointment for food pantry

- First Baptist Church of Grand Bay
  - o (251) 865-4734
  - o 10170 Grand Bay-Wilmer Road South Grand Bay, AL 36541
  - Food pantry is on Tuesdays: 9:00 AM 12:00 PM and 1:00 PM 3:00 PM
- First Baptist Church of Satsuma
  - o (251) 675-1280
  - o 5600 Old Highway 43, Satsuma, AL 36572
  - o <u>fbcsatsuma.com/events/tag/food-pantry</u>
  - $\circ$  See Calendar on website for list of dates as they vary monthly
- Greater New Hope Baptist Church
  - o (251) 229-8660
  - o 8570 E Warner St Bayou La Batre, AL 36509
  - Please call to make appointment for food pantry
- Greater Pine Grove Church
  - o (251) 525-6843
  - o 27277 Boaz Road E Loxley, AL 36551
  - Food pantry is on Monday Friday 10:30 AM 2:00 PM
- The Holy Church of God Grand Bay
  - o 251-865-2045
  - o 14400 Fort Lake Road Grand Bay, AL 36541
  - $\circ$  Food pantry is on the 3rd Saturday of each month from 10:00 AM 12:00 PM
- Holy Name of Jesus Church
  - o (251) 649-4794
  - o 2275 Snow Road N. Semmes, AL 36575
  - Food pantry is on Thursdays: 8:30 AM 11:30 AM
- Lott Road Church of God
  - o (251) 649-8991
  - o 5301 Lott Road Semmes, AL 36613
- One Meal Mobile
  - o (251) 459-0728
  - o 1120 Joaneen Dr. Saraland, AL 36571
  - Food pantry is on Fridays: 9:00 AM to 1:00 PM
- Prodisee Pantry
  - o (251) 626-1720
  - o 9315 Spanish Fort Blvd, Spanish Fort, AL 36527
  - o prodiseepantry.org/
  - Prodisee Pantry is a non-profit community ministry providing emergency food and disaster relief. Families who are having trouble-making ends meet are given food assistance and additional information from a caring listener about other programs that may help to make their lives more stable. The Pantry provides food to single parents, homeless persons, retirees, families in transition, under-employed and unemployed households, grandparents

raising grandchildren and others in need. Prodisee Pantry is a food pantry for any Baldwin County resident (or transient) in need of food.

- The River
  - o (251) 645-4990
  - o 5610 McCrary Road Semmes, AL 36575
  - Food pantry is on Wednesdays 10:00 AM 12:00 PM and as needed
- Ruff Wilson Youth Organization, INC
  - o (251) 621-7171
  - o 1317 Johnson Rd Daphne, AL 36526
  - Please call for an appointment for the food pantry
- Saraland United Methodist Church
  - o (251) 675-2728
  - o 415 McKeough Avenue Saraland, AL 36571
  - Food distributions on Mondays: 9:00 AM 11:00 AM; Serves the Satsuma, Saraland, Creolla, Axis, and Chunchula areas
- South Alabama Worship Center
  - o (251) 645-2070
  - o 2811 Schillinger Road South Semmes, AL 36575
  - Please call for an appointment for the Food pantry
- St. Andrew's Chapel
  - o (251) 679-0755
  - o 2350 Dead Lake Marina Road Creola, AL 36525
  - Food pantry ison the 2nd Tuesday of the month: 8:00 AM 11:00 AM at Creola Park
- Union Baptist Church
  - o (251) 865-6073
  - o 5257 Grand Bay Wilmer Road. South Grand Bay, AL 36541
  - Food pantry is on the 3rd Saturday of the month: 9:00 AM 10:00 AM; Only serving zip codes 36695 and 36541
- Waymaker Ministry International
  - o (251) 518-5699
  - o 13151 N Forest Dr W Axis, AL 36505
  - Please call for an appointment for the Food pantry

#### Hot Meals Non-Mobile

- African Universal Church
  - o (251) 626-6056
  - o 8355 Jonesboro Rd Daphne, AL 36526
  - Food pantry is on Tuesdays from 10:00 AM 1:00 PM
- New Life in Christ Church
  - o (251) 943-2225
  - o 102 East Berry Avenue Foley, AL 36536

Hot meals Mondays 12:00 PM - 3:00 PM; Tuesdays 9:00 AM - 3:00 PM; Thursdays 9:00 AM - 3:00 PM

## Housing Assistance Non-Mobile

- Citronelle Community Action Agency
  - o (251) 457-5700
  - o 461 Donald Street, Mobile, Alabama 36617
  - <u>www.mcamobile.org/</u>
  - Mobile Community Action continues to make an enormous impact on our community by serving more than 38,000 low-income individuals and families throughout Mobile, Washington, and Choctaw Counties. Our programs and services are developed to educate children; feed the hungry; offer assistance to the homeless; provide heating and cooling assistance to those most in need; promote adult literacy; provide home repairs to reduce energy bills of low-income families, and much more!
- Community Action Agency of Irvington
  - o (251) 957-6722
  - o 8740 McDonald Road Irvington, Alabama 36544
  - o <u>www.mcamobile.org/</u>
  - Programs range from information to Meals on Wheels for seniors and the homebound to referrals to free food pantries. The Housing Program bridges the gap from emergency shelter to permanent housing, providing temporary homes for income eligible families who are homeless. MCA's Housing Coordinator works with families to achieve long-term housing solutions, offers support to families, and oversees the maintenance and upkeep of the units. Families also receive ongoing case management and support services as they make the transition into permanent housing.
  - Eligibility: Must be homeless and meet poverty guidelines. Hours: 8:00 AM 5:00 PM, Mondays through Friday. Intake procedure: Call for Appointment. No Fee for Service Area served Mobile.
  - Services: Transitional Housing.
- Safe Harbor
  - o (251) 824-1814
  - o 12131 Safe Harbor Circle E, Irvington, AL 36544
  - o <u>safeharborhousing.org</u>
  - Monday Friday 8am 11am and 1:00 PM to 4:00 PM, Safe Harbor is a residential community located in South Mobile County, Alabama that seeks to provide quality homes that are modest in cost to those in our workforce economy.

# Pet Assistance Non-Mobile

- Baldwin County Humane Society Pet Food Pantry
  - o 251-928-4585
  - o 22886C Highway 98 Fairhope, AL 36532
  - o <u>https://www.baldwinhumane.org/</u>
  - Spay and neuter vouchers cover the cost of surgery and anesthesia only. Any other medical treatment deemed necessary by your veterinarian such as a Rabies vaccination or pain medication will be billed to you directly.

- We rescue, rehabilitate, and find homes for hundreds of abused, abandoned and neglected pets annually.
- The Chow Line Pet Food Pantry
  - o https://the-chow-line-pet-food-pantry.square.site/
  - Apply for both regular and emergency help on the website
  - o No-cost Pet Food Bank serving Baldwin County, Mobile County, and parts of Pensacola

## **Additional Resources**

# this is a partial listing of numbers that might come in handy as a "quick reference".

- 211 Connects Alabama
  - o 211
  - o <u>www.211connectsalabama.org</u>
  - Dialing 2-1-1 connects you to a trained operator 24/7 that has access to a comprehensive database with a multitude of services in your community. By its design, the 2-1-1 system is ideally suited for serving as the initial contact point for any variety of programs. 2-1-1 is designed to assist families from all walks of life, but most importantly benefits our most vulnerable populations such as the elderly, people with disabilities, and low-income by facilitating access to public services.
- Animal Control
  - o Mobile County 251-574-3647
  - o Baldwin County 251-972-6834
  - North Baldwin County 251-937-0355
  - Eastern Shore 251-990-4636
  - Central and South Baldwin 251-972-6817
- City of Mobile Directory of Services
  - 3-1-1 or 251-208-5311
  - o <u>www.cityofmobile.org/services/311/</u>
  - Mobile 311 is dedicated to serving the citizens of Mobile by helping to solve problems, obtain information and submit your request for service. We offer two means of submitting a request: online and via phone.
- Mobile County Emergency Management Agency
  - o (251) 460-8000
  - o 7350 Zeigler Blvd. Mobile, AL 36608 (Not a shelter)
  - o <u>www.mcema.net/evacuation/hurricane-shelters</u>
  - $\circ$  Check website or call for shelter locations at time of emergency as they change
- Runaway Teenager Hotline
  - o 1-800-621-4000; or 1-800-786-2929
  - o <u>www.1800runaway.org/</u>
  - Call 1-800-RUNAWAY if you are thinking of running from home, if you have a friend who has run away, or if you are a runaway ready to go home

• Suicide - National Suicide Prevention Hotline 1-800-273-TALK (1-800-273-8255)