

Emotion/Body/Belief Code Informed Consent Form

1. I understand that The Emotion Code, as well as the Body Code and Belief Code System, as taught by Dr. Bradley Nelson, (hereinafter called "these methods"), and as practiced by the practitioner listed below, seek to identify and eliminate underlying imbalances by releasing energetic imbalances in the areas of energy, circuitry, pathogens, structure, toxicity, and nutrition. The methods of energy healing promote harmony and balance within, relieving stress and supporting the body's natural ability to heal. Energy healing such as these methods is widely recognized as a valuable and effective complement to conventional medical care.
2. I understand that releasing trapped emotions, or the correction of any other energetic imbalance using these methods as practiced by the practitioner listed below, is not a substitute for medical care. This information is not intended as medical advice and should not be used for medical diagnosis or treatment. The information received is not intended to create any physician-patient relationship, nor should it be considered a replacement for consultation with a healthcare provider, nor is it meant to replace any medical treatments as ordered by any physicians or veterinarians, nor any other medical care you have been advised to seek by them. I further understand that these methods are not a replacement for any professional psycho-therapeutic or counselling sessions in the treatment of any mental health issues or disorders.
3. I understand that if my practitioner makes any suggestions regarding supplementation of any kind, such as vitamins, minerals, herbal preparations, or any compounds or any other external remedy of any kind, that I use or ingest any such at my own risk, with the recommendation that I seek the advice of a physician or veterinarian before using any remedy suggested.
4. I understand that in approximately 20% of sessions, the release of trapped emotion(s) or other energy(s) may result in "processing," where echoes of the emotion(s) or other energy(s) released may manifest in temporary physical or emotional discomfort, and that this "processing" appears to be a normal part of regaining energetic balance. The symptoms of this "processing" may include but are not limited to crying, emotional ups and downs, sleeplessness, a need for extra sleep, vivid dreams, nausea or headaches.
5. I understand that my practitioner makes no claims as to healing or recovery from any illness that I may have now, nor the prevention of any illness I may have in the future, and that no guarantee is made towards validity. I further understand that the use of any information I receive is at my own risk.
6. I understand that if I have health concerns, I am recommended to seek advice from an appropriate medical practitioner before making any decisions about my health, a minor's health or an animal/pet's health and that this information is offered as a service and is not meant to replace any medical treatment.
7. I understand that these sessions are confidential, and that any personal information would be used anonymously for educational and research purposes only, subject to any exceptions governed by laws in the State of residence of the practitioner listed below, or of Federal laws and regulations, and that identifying personal information such as my last name and city will be deleted to maintain my privacy unless required by law.
8. I understand that I am advised to be self-informed about this work by visiting Dr. Bradley Nelson's website: www.discoverhealing.com and/or by reading his book The Emotion Code.
9. I understand that the practitioner, Missy Truffer of Inner Balance & Wellness, LLC, is an independent person/entity and that Discover Healing, Dr. Bradley Nelson, the Program's faculty/staff are not held responsible for the practitioner's actions and/or statements.
10. I understand that pricing and offerings are subject to change and payment for any session is not refundable. Sessions can be rescheduled with 8-hours advance notice. If I do not show up for my video or phone session, it will be done anyway. A report on the findings and clearings will be sent via email.
11. I understand that by agreeing to the terms in this form, I fully consent to participating in the Emotion Code, Body Code and/or Belief Code session(s) with Missy Truffer of Inner Balance & Wellness, LLC.

Client Name: _____

☐ Human ☐ Animal/Pet

Parent or Legal Guardian Name (for child under 18 or animal/pet): _____

Signature: _____

Date: _____

Practitioner: **Melissa Truffer (Missy), BCP3**

Inner Balance & Wellness, LLC