in our post home >>>

VVnW Commander, Phil Davis 814-282-9737

1st Vice-Commander, Del Preston 814-853-2915

2nd Vice-Commander, Tom Burbidge

Email: vetspost52@gmail.com POST TELEPHONE: 814-807-1661

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facebook: www.facebook.com/pages/Post-52
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Street Address: 13240 Dunham Road, Meadville







POST 52'S NEWS

A Publication of WhW Pack Greer Memorial Post 52



Our Troops >>> Project Support our Troops

UPCOMING PACKING:

- Tuesday, May, 6,
- > 2025 at 5:30pm

Visit us at:

https://www.facebook.c
om/pages/Project-Support-Our-Troops/ We are accepting stateside names and addresses, in

addition to those deployed!

Reach out to your friends and neighbors and

let's get as many soldiers' boxes as we can.

Please Contact: Kim Lengling at (814) 724-9099

OR

Laurie Davis at (814) 853-8145



Commander's Comments

April showers bring May Flowers. Hope this newsletter finds everyone in good health and ready for summer. We have been busy at the Post (as usual). Funeral details, memorial services and upcoming events.

Dinners have been very busy. Thanks for your support - dinners are a much need revenue. Also, if anyone can give us a few hours on a Saturday, we would appreciate any help you can give in the kitchen and/or dining room.

We continue to send packages every month to our soldiers serving around the world (25 years and counting) .

It is with a heavy heart that I inform you that Artie Muller passed away April 26, 2025. Artie was the founder and president of Rolling Thunder Inc. and Rolling Thunder Charities Inc. Artie was an in-country combat vet. He was a POW/MIA advocate through his organization Rolling Thunder Inc. which he organized the POW/MIA Ride in Washington D.C. every Memorial Day weekend for 32 years. He will be truly missed.

The Crawford County VA Clinic is in URGENT NEED of volunteer drivers to get our veterans to their appointments. If you can help, please call the D.A.V.

Thank you for your continued support.



Yours In Brotherhood,

Phil 814-282-9737



MAY 2025

Open for dine-in or Take-Out 4 pm - 7 pm Homemade Dinners are open to the public Gift Certificates available

CARRY-OUT AVAILABLE – CALL 814-807-1661

NOTE: We are closed for major holidays



FISH, SHRIMP, & SPAGHETTI SERVED EACH WEEK

Beer Battered Fried Fish \$15

Deep fried haddock served with choice of fresh cut fries or baked potato. Served with choice of coleslaw or applesauce, veggie, and dessert included.

Lemon Pepper Baked Haddock \$15

Haddock seasoned with lemon pepper seasoning, freshly baked served with choice of fresh cut fries or baked potato. Served with choice of coleslaw or applesauce, veggie, and dessert included.

Shrimp Basket \$15

8 pieces of golden fried butterfly shrimp served with choice of fresh cut fries or baked potato. Also served with choice of coleslaw or applesauce and dessert included.

Spaghetti \$10

Post 52 homemade spaghetti meat sauce. Served with choice of coleslaw or applesauce, bread, and dessert included.

Feature items change weekly

Feature dinner May 3, 2025 HOMEMADE MEATLOAF \$12

Served with mashed potatoes, choice of coleslaw or applesauce, veggie, and dessert.

Feature dinner May 10th, 2025 STUFFED CHICKEN BREASTS \$12

Served with mashed potatoes, choice of coleslaw or applesauce, veggie, and dessert.

Feature dinner May 17th, 2025 WINGS \$1+

Choice of BBQ, Hot, Mild, Cajun or dry ranch. Served with choice of fresh cut fries or baked potato, choice of coleslaw or applesauce and dessert. Upgrade to meal add \$5

MAY 24TH - NO DINNER - Have a safe Memorial Day

Feature dinner May 31, 2025

HOT ROAST BEEF SANDWICHES \$12

Served with mashed potatoes, choice of coleslaw or applesauce, veggie, and dessert.

Details and Dates.....



TOUr

Callina

Next Troops Packing – Tuesday, May 6th – 5:30 pm. We will once again pack 100 boxes.

Lions Club meeting – May 8th – help needed

Place flags on St James Cemetary in preparation for Memorial Day – Wednesday, May 14^{th} – 6 pm. Caravan leaving the Post at 5:30 pm or meet us at the cemetery at 6 pm. LOTS of help needed.

Next meeting - May 19th - 7 pm

Primary elections – Tuesday, May 20th. Serving Hot Roast Beef Sandwiches 11 am – 7 pm. Help needed.

Scholarship committee meeting – May 22nd – 6 pm

Blessing of the Bikes -- Sunday, May 25th 1 pm

COLOR GUARD. As you know, the Post is in need of color guard members. If you are not able to march, but would be willing to help with funeral detail/ceremonies, please let Phil Davis know immediately 814.282.9737. Post 52 will be in the Memorial Day Parade May 26th.

Veterans Resource Fair – Saturday, July 26th 10 am – 1 pm.

Post Meetings: All Post monthly meetings are scheduled for the 3rd Monday of the month at 7:00pm. Next meetings are: May 19, June 16, July 21.

You can keep up-to-date on Post information at www.post52.com

Commander: Phil Davis

1st Vice: Del Preston

2nd Vice: Tom Burbidge

Master Sgt-at-Arms: Jack Sheets

Trustee: Ken Novosel

Quarter Master: Laurie Davis

Secretary: Marsha Manning

RENTALS of the POST HOME

Use of Building Only:

- Member Rental Fee \$75
- Non-Member Rental Fee \$100

Use of Kitchen with Building:

- Member Rental Fee \$125
- Non-Member Rental Fee -- \$150

Renter is responsible for set up of building prior to event and clean up after event. Thank you!

Veterans



Services

VETERANS RESOURCE





In Partnership with:

Please join us: July 26th, 2025 1

10:00 am - 1:00pm

Harm Jan Huidekoper



Post 2006

Location:

Downtown Mall, 900 Water Street, Meadville, PA 16335

All Veterans, Active Duty service members and Family

Members are welcome

Organizations and Agencies from around the area will be here to provide answers to your question and offer support.

















Sunday, May 25, 2025 at 1:00pm

Post 52

13216 Dunham Rd.

Meadville PA

Light refreshments will be wailable for those attending

Hosted & Sponsored by:

Veterans of the Vietnam War, Jack Greer Memorial Post 52

Co-sponsored by:

Crawford County Chapter, A.B.A.T.E. of PA

Congratulations to those who completed the CPR class in April:

- Del Preston
- Ruth DeJohn
- Chuck Provost
- ❖ Jim & Jayne Urquhart
- Phil & Laurie Davis
- Marsha Manning
- Myke Bennett



I apologize there are no pictures. We got wrapped up in keeping the dummies green light on! Thank you to Bill Taylor for his instruction and thank you to Myke Bennett for setting everything up.



A FEW FACTS ABOUT THE

A FEW FACTS ABOUT THE VIETNAM WALL

There are 58,267 names on the Wall.
39,996 were just 22 or younger
8,283 were 19. 33,103 were 18.
12 were 17 years old.
5 soldiers were 16.

There are 3 sets of fathers and sons on the Wall.
31 sets of parents lost 2 of their sons.
997 were killed their first day.
1,448 were killed on their last day.
8 women are on the Wall, nurses.
244 soldiers were awarded the Medal of Honor During the war and 153 of them are on the Wall.

Thank you Myke Bennet for the great addition to the pictures at the Post.

Thank you Theresa Novosel for the beautiful framing job.

A huge thank you to Chris Lippert who entered his pizza soup in the soup cook-off held by Meadville Moose Club. Chris was so very generous and donated his winnings to Project Support Our Troops. However, we did not get to taste the soup! Many heartfelt thanks to Chris for his generosity. Also, a big shout out to his daughter who is currently serving in the Navy.



Pictured left to right: Del Preston, 1st Vice Commander; Phil Davis, Commander; Bobby Jo, Meadville Moose Lodge #2505; Chris Lippert, winner of soup cook-off held by Moose Club.

NEVER FORGET

BALLENGER, ORVILLE ROGER

Rank/Branch: E5/US Army Special Forces Unit: Company B, FFT-59, 7th Special Forces

Home City of Record: Columbus OH

Date of Loss: 22 April 1961 Country of Loss: Laos

Status (in 1973): Released POW (1962

DOW-MIN TO THE REAL PROPERTY AND THE REAL PR

Sgt. Orville R. Ballenger, demolitions sergeant, escaped through the jungle and linked up with some Lao soldiers. They found a boat and were going downriver when they were surprised and captured by the Pathet Lao seven days later. Sgt. Ballenger were eventually released in August 1962.

As you vote in the primaries on May 20th; ponder some of the things that happened on that day in history...

- 1862 US President <u>Abraham Lincoln</u> signs into law the Homestead Act to provide cheap land for the settlement of the American West (80 million acres by 1900).
- 1927 At 7:40 AM, <u>Charles Lindbergh</u> takes off from New York to cross the Atlantic for Paris, aboard Spirit of St Louis in the 1st solo nonstop transatlantic flight
- 1983 "Every Breath You Take" single released by The Police (Billboard Song of the Year, 1983)
- 1900 Second modern Summer Olympics (Games of the II Olympiad) opens in Paris and continues for 5 months

BIRTHDAYS ON MAY 20th

- <u>1768</u> Dolley Madison, American 4th First Lady of the United States (1809-17) as wife of President James Madison, born in Guildford County, North Carolina (d. 1849)
- <u>1954</u> Cindy Hensley McCain, American businesswoman, diplomat and humanitarian (wife of politician John McCain, head of UN Food Program), born in Phoenix, Arizona
- 1958 Ron Reagan, American radio host (The Ron Reagan Show) and son of Ronald and Nancy Reagan, born in Los Angeles, California

DEATHS ON MAY 20th

- 1939
- Joe Carr, American Pro Football HOF contributor (NFL President 1921-39), dies from a heart attack at 59
- 1989 Gilda Radner, American comedian and actress (SNL, 1975-80;
- Haunted Honeymoon), dies of ovarian cancer at 42











Veterans of the Vietnam War was founded jointly by Michael Milne and Artie Muller. Artie also founded Rolling Thunder. As both organizations grew, Artie committed his time to Rolling Thunder and Mike Milne took over VVnW turning it into an outstanding veteran's organization. After the passing of Mike Milne in 2007, VVnW did not have the leadership required to keep it going. The National organization closed its doors approximately 5 years ago. However, Post 52 carries on the name and principles instilled by both of these wonderful men with much pride in who we are.

Arthur "Artie" Muller

Obituary

Arthur Muller Obituary

Obituary published on Legacy.com by Countryside Funeral Home - Three Bridges on Apr. 28, 2025.

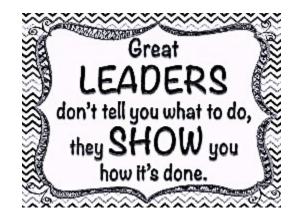
Neshanic Station, NJ – Arthur "Artie" Muller, 80, entered eternal life on Saturday, April 26, 2025, at his residence, surrounded by his beloved family. He was born in New York City, NY, to the late Arthur J. and Cecilia

(née Pereira) Muller, and grew up in Elizabeth, NJ. Following his marriage, he lived in Roselle Park, NJ, and Linden, NJ, before making Neshanic Station his home in 1979.

Artie pursued carpentry and graduated from Thomas Edison Vocational School in Elizabeth, class of 1963. He served honorably in the United States Army from 1965 to 1967, achieving the rank of sergeant E5 and serving as a combat veteran during the Vietnam War. Artie dedicated over 22 years to Exxon Research & Engineering in Annandale, NJ, where he worked as a senior construction mechanic. His expertise in carpentry contributed significantly to numerous home improvement projects throughout the years.

Among his numerous accomplishments, Artie served as the founder and executive director of Rolling Thunder, Inc., a veteran's organization that has expanded to 40 chapters today. This organization also led to the establishment of Rolling Thunder Charities, Inc., recognized as one of the most impactful non-profit organizations for veterans in the United States, allocating 95% of all donations received directly to support veterans. Artie took pleasure in outdoor activities, including fishing with his sons, riding his motorcycle, maintaining his home's landscape, and visiting picturesque locations across the United States such as Wildwood, New Jersey, the Black Hills of South Dakota, Mount Rushmore, and Texas. As a skilled mechanic, he gained significant knowledge from his childhood experiences of constructing hot-rods with friends. Artie was a parishioner of St. Elizabeth Ann Seton Roman Catholic Church in Three Bridges, NJ.

In addition to his parents, Arthur was predeceased by his sister, Mary Heintz. Artie is survived by his beloved wife of 57 years, Elaine M. (née Ciuba) Muller; two loving sons, Michael C. Muller of Flemington, NJ and Joseph D. Muller and his spouse Nickcole of Pennsylvania.





Milne (on right) in 1981

Michael Milne Obituary

Michael (Phoenix) Milne, 63, of Bear Creek Township, died Saturday morning (1981) in the Department of Veterans Affairs Medical Center, Plains, Township from complications associated with Agent Orange. Since the age of 35 he worked tirelessly for veterans, even though he was 100% disabled.

Born in Wilkes-Barre, he was the son of the late Jane Foster Milne. He was a graduate of Elmer L. Meyers High School, Wilkes-Barre, and was employed as a lineman for PP&L, until his retirement.

He was an Army veteran of the Vietnam War, serving three tours of duty from 1967 to 1969. He was one of the founding members and life member of the Veterans of the Vietnam War Inc., and was elected as National Michael testified before Congress in regards to Agent Orange and was featured in Life magazine concerning Agent Orange and the effect it had on the military.

Surviving are his wife, the former Debbie Obitz, Bear Creek Township; daughters Tia Vitz, at home; and Erin Vitz, Mocanaqua; granddaughter, Hailey.



With Honor & Gratitude
We Remember

FROM the VA



Unlocking Veteran tax exemptions across states and U.S. territories

Your roadmap to Veteran tax benefits by state and territory April 22, 2025, Victoria Do and Ed McEvoy Veterans Experience Office

New York

- Income: Retired pay and Survivor Benefit Plan payments are tax-free. Active duty income is tax-free
 for New York residents if stationed elsewhere, maintaining an out-of-state home, and spending
 under 30 days in New York yearly.
- Property: Veterans claim one of three exemptions—Alternative (wartime/expeditionary), Cold War, or Eligible Funds (pension/bonus/insurance-funded property)—plus disability bonuses. Surviving spouses may qualify—file before local tax deadlines.

Learn more about Veteran benefits in New York.

Ohio

- Income: Active duty pay is tax-free if stationed out-of-state; retirement pay and Survivor Benefit Plan
 payments are tax-free.
- Property: Veterans with 100% service-connected disability (or surviving spouses in the same home)
 claim a homestead exemption, reducing taxes on up to \$25,000 of market value—rates vary by
 location.

Learn more about Veteran benefits in Ohio.

Pennsylvania

- Income: Out-of-state active duty pay, military retirement pay and Survivor Benefit Plan payments are tax-free.
- Honorably discharged Veterans with 100% VA wartime disability exempt home property taxes if income is below \$114,637 (2025 limit)—surviving spouses may qualify.

Learn more about Veteran benefits in Pennsylvania.

All states across the USA: https://news.va.gov/139592/unlocking-veteran-tax-exemptions-across-states-and-u-s-territories/

FROM the VA



Live Whole Health #269: Face it. You need a massage April 24, 2025, Trina Lion Social Work Intern at the Maryland VA Health Care Center and a Maryland Area Health Education Center Scholar If you could see the look on your face right now, what would you see? Would your jaw be locked? Your forehead scrunched with worry or concentration? Would you see a relaxed expression or one of stress? Imagine you could offer yourself a massage that could ease those worry lines!

We've all been there. Muscle tension is a common response to stress. When you feel your shoulders creeping to your ears, neck complaining, jaw tightening, headache starting, try this massage for well-being.

Before watching the video below, prepare yourself and your environment:

- Sit in a way that allows you to feel well-supported. If possible, place the soles of your feet on the ground, for strength and stability.
- Limit your digital distractions (consider your phone's "Do Not Disturb" setting, or turn the volume off). Your attention and intention should be on self-care.
- Hydrate with water and have more water nearby. Tight muscles can create a traffic jam with reduced circulation. You want to hydrate, soften and help fluids move.
- Wash and dry your hands thoroughly before and after.
- Remove jewelry, placing directly nearby.
- Review clothing around forearms. If tight or confining, consider rolling up your sleeves or removing your jacket.
- Avoid injured areas, including cuts, bruises, rashes, swelling, bandages or broken skin. If need be, apply pressure to only one side of your body.
- Apply moderate, consistent pressure. Respect your body. If you tend to bruise easily or are taking blood thinners, use gentle pressure.

This head and neck massage, guided by Dr. Sharon M. Weinstein from the Salt Lake City VA Health Care System will have you relaxed in just 15 minutes:

There are many ways to nurture your physical and emotional health, and the options can feel overwhelming. Start with <u>VA's Circle of Health</u> to find self-care tools and guidance which can help build your health, well-being and quality of life.

Visit this link for video presentation: https://youtu.be/aY_Qtl7hr3A?si=BvwNG0AlsKbGq5_W

FROM the VA



Take the Five Days to be Healthier Together challenge
A daily focus on living healthier
April 9, 2025, VA Public Health

VA challenges you to take the Five Days to be Healthier Together challenge. By working together, we can be stronger and healthier together. Here is the challenge.

Monday

<u>Enroll in health care.</u> Accessing health services is an important step to improving health. VA encourages all Veterans to access health care benefits to improve their health, fitness and wellbeing. VA health care covers physical and mental health, as well as a range of services, from checkups to surgeries to home health care, and to prescriptions and medical equipment. Check your eligibility and apply for VA health care.

Tuesday

Talk with your health care provider. Make sure your providers know your most recent medical

history, discuss what preventative screening and vaccinations are recommended for you, and schedule your annual check-up. Before your appointment, write down questions you may have. Regularly meeting with your provider can help you reduce your risk of preventable diseases and make healthier decisions.

Wednesday

<u>Connect with buddies, peers or neighbors</u>. Loneliness is not just a bad feeling—it harms the health of individuals and communities. Staying connected to community is a proven way to prevent social isolation, improve mental health, reduce heart disease and dementia risk, and promote wellbeing. Checking in on friends and neighbors is a simple act that goes a long way.

Thursday

<u>Go tobacco-free</u>. Create a plan to quit smoking for good. Quitting will help you live a longer, healthier more active life, with more time to spend with family and friends. VA has resources to help you quit. Call 1-855-QUIT-VET or text VET to 47848 to get started.

Friday

<u>Develop and practice healthy habits</u>. Eating balanced meals and exercising regularly can improve your energy and help protect your health long-term. Start small: Try taking the stairs instead of the elevator, or take a walk around the block. Talk to your VA health care team if you have questions about what type of activities and food habits are best for you. Wash your hands regularly with soap and water, especially before preparing food or eating. Small changes make a difference!

FROM the VA



Live Whole Health #267: Be gentle, please! April 10, 2025, Andrea Young, Health Systems Specialist –with the Office of Patient Centered Care & Cultural Transformation

Be gentle to yourself! Kudos to those who run marathons, powerlift, or complete a high-intensity tennis match. These strenuous exercises can be good for burning calories, creating strength and improving endurance. But moving the body in gentle ways is also good for you, and you don't even have to get out of your chair!

A chair yoga session will bring you full body movement and flexibility, along with a favorable practice of breathing and mindfulness. Yoga involves physical activity as well as breathing exercises and meditation to help increase body awareness. Being physically active is an important step you can take to improve your health.

Listen to your body

Some activities increase stamina, while others improve strength, mobility, balance or flexibility. An important consideration for any movement practice is how we listen to our body. Bringing awareness to your physical body before, during and after movement activities can help prevent adverse events or injury.

Yoga can help improve flexibility, strength and balance. Research shows it may also help with numerous conditions, including:

- Decrease pain in osteoarthritis.
- Improve balance.
- Control blood sugar in type-2 diabetes.
- Reduce risk factors for heart disease.

- Decrease fatigue.
- Decrease menopausal hot flashes.
- Lose weight.

Join yoga instructor (and Health and Wellness Program Manager) Mandie Johnson from Central Arkansas VAMC for this brief 9-minute chair yoga practice.

Take charge of your life and health

Yoga is one way to reduce stress, improve sleep and increase self-awareness. For more Whole Health resources on how to live happier and healthier, check out the <u>Circle of Health</u>. Looking for more ways to move your body? Learn more about being physically active from VA's

Health Promotion and Disease Prevention Healthy Living Tips.

Visit this link for the related video: https://youtu.be/BQ-B8hpPgxk?si=hvCl2faxOV6d4h t



You ARE Needed!

It's OKAY to Ask for Help!

Please utilize this link to sign up and receive updates from the Veterans Administration via email and/or text messages:

https://public.govdelivery.com/accounts/USVA/subscriber/new/

CRISIS LINE - Crawford County 800-315-

5721 and Erie County 800-300-9558

Suicide Hotline 800-273-8255 IF IMMEDIATE DANGER, CALL 911

National Resource Directory- <u>www.nrd.gov</u> – online directory to services and resources for wounded troops, veterans and their

families.

AGENT ORANGE REGISTRY INFORMATION – 412-822-1707 OR

https://www.publichealth.va.gov/exposures/agentorange/benefits/registry-exam.asp

Herbicide Storage Location Link (OUTSIDE of Vietnam):

https://www.publichealth.va.gov/exposures/agentorange/locations/index.asp

CRAWFORD COUNTY VETERANS SERVICES OFFICE

814-333-7314 (phone) OR website information:

https://www.crawfordcountypa.net/VeteransServices/Pages/home.

aspx There is help available 24 hours a day, seven days a week:

The Veterans Crisis Line — Call (800) 273-8255, then press 1. You can also text/chat at 838255.

Dial 988 then Press 1 for crisis support 24/7!

Also available is the Women Veterans Call Center, which provides U.S. Department of Veterans Affairs services and resources to women veterans, their families and caregivers. You can also chat online anonymously with a call center representative. Call (855) VA-Women (855-829-6636) 8 a.m. to 10 p.m. on weekdays and 8 to 6:30 Saturdays. Use the same number to text.

The paper edition of Post 52's News is a quarterly publication.

The email (e-Edition) is issued monthly.

If you wish to receive a monthly copy, please send your email address to: post52snews@gmail.com

Paper Edition/Copy Schedule (subject to changes / extra editions): March, June, September, December.

Email Edition Schedule: January, February, March, April, May, June, July, August, September, October, November, December.

Submission Deadline for the Post 52 Newsletter is the 28th of each month. Items received after the 28th will be held for future issues, printed as time and space permit, and as appropriate.

Lion's Club dinners are listed on our calendar so that members are aware of when we need additional kitchen help; our Post caters the dinners for the Lion's Club. Stop in, lend a hand, and thank the Lion's Club members for their community work



What's Happening at Post 52 and around the Globe

May 2025						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 SATURDAY NIGHT DINNER 4-7PM
4	5 Cinco De Mayo	6 Troops Packing, 5:30pm	7	8 Lions Club Dinner, help needed	9	10 SATURDAY NIGHT DINNER 4-7PM
11 Mother's Day A.B.A.T.E. meeting at Post 52 11:30am	12	13	14 Crossingville Cemetery, Placing of Flags 6pm	15	16	17 Armed Forces Day SATURDAY NIGHT DINNER 4-7PM
18	19 Post 52 Monthly Meeting 7pm	20 Primary Elections, Help Needed with Meal	21	22	23	24 NO Dinner – Have a Safe Memorial Day!
25 Bike Blessing at Post 52 1pm	26 Memorial Day Color Guard in Parade	27	28	29	30	31 SATURDAY NIGHT DINNER 4-7PM

June 2025							
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1	2	3	4	5	6	7 SATURDAY NIGHT DINNER 4-7PM	
8 A.B.A.T.E. meeting at Post 52 11:30am if RAINING, OTHERWISE, at June Jam		10	11	12 Lions Club Dinner, help needed	13	14 Flag Day SATURDAY NIGHT DINNER 4-7PM	
15 Father's Day	16 Post 52 Monthly Meeting 7pm	17	18	19 Juneteenth	20	21 Summer Solstice (Summer Begins) SATURDAY NIGHT DINNER 4-7PM	
22	23	24	25	26	27	28 SATURDAY NIGHT DINNER 4-7PM	
29	30						

July 2025							
	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4 Indep. Day	5 NO Dinner – Have a Safe 4 th of July	
6	7	8	9	10 Lions Club Dinner, help needed	11	12 SATURDAY NIGHT DINNER 4-7PM	
13 A.B.A.T.E. meeting at Post 52 11:30am	14	15	16	17	18	19 SATURDAY NIGHT DINNER 4-7PM A.B.A.T.E. TOYZ-4- KIDZ RUN!!	
20	21 Post 52 Monthly Meeting 7pm	22	23	24	25	26 SATURDAY NIGHT DINNER 4-7PM	
27	28	29	30	31			