

Paramount Academy

1st Grade Packet

Week of 8-10 to 8-14-2020 (Due Wed. 8-19-2020)

We have all been briefed on the circumstances posted on the Paramount Academy website: Please go to www.paramountacademy.com and click on 'More' tab in the upper right-hand corner for Covid-19 Updates, or within the menu on the mobile site. This packet will be made available as a hard copy through the school office and on Microsoft Teams.

We wish you all well in this new learning journey and we are here to support you in any way we can. I am available via email (jmccormick@paramountacademy.com) during the hours of 8am-3pm Monday-Friday. **These hours/days are subject to change.* Teachers will reply within one business day. Throughout distance learning, I will also be available through Microsoft Teams daily Morning Meetings from 10:30am-11:30am. These Morning Meetings should be helpful for students to understand new concepts for the week.

***All packet pages are double sided. Please write with pencil, and color with crayons.**

Instructions for weekly packet completion:

Phonics

Homework 6-Vowel /i/-the keyword picture 'inch' helps students remember that vowel /i/ makes this short sound. Practice capital I, and lowercase i. Code and read the words in #1-#3; match a word to its picture. Spell the words represented by pictures. Code and read the High Frequency Words in the Box.

(instructions are at the bottom—look for: Dear Parent/Guardian note.

Homework 7-Consonant 'L'-the keyword picture 'Lion' helps students remember that consonant 'L' makes one sound and is the initial sound in 'lion'. Practice capital L, and lowercase l. All letters and numbers begin at the top line. Code and read #1-#4 and match it to the picture using one, straight, line. Spell the words represented by pictures. Code and read the High Frequency Words in the Box.

Homework 8-Vowel 'A'-the keyword picture 'apple' helps students remember that the short sound for vowel 'a' is the initial sound in 'apple'. Practice capital 'a', and lowercase 'a'. Code and read #1-#4; match a word to its picture using one, straight line. #5 & #6-spell the words represented by pictures. Code and read the High Frequency Words in the Box.

Homework 9-Consonant 'Z'-the keyword picture 'zebra' helps students remember that consonant 'z' only makes one sound. Practice capital Z, and lowercase z. Code and read #1-#4; match a word to its picture using one, straight, line. Spell words represented by pictures. Code and read the words in the High Frequency Word Box

Math

Homework 6B-Ask a parent to help you read Math Worksheet directions. Remember that all numbers and letters begin from the top. Only use pencil and crayons to complete your worksheet.

Homework 7B-Ask a parent to help you read Math Worksheet directions. Handwriting practice-all numbers begin from the top of line.

Homework 8B-Trace and write the numbers. Remember that 'train' graphs are colored in from left to right.

Homework 9B-Trace and write the numbers. Please read worksheet directions to your child. Color in towers starting from the bottom; train graphs are colored in from left to right.

Lesson Worksheet 10-1: For this page, you will need one dice, and if you do not have one, we will be playing together during our Morning Meeting on Friday, Aug. 14th. The object of the game is to roll your dice, and whatever it lands on face-up, you color in one square in your tower—beginning at the bottom. The game has ended when one tower has reached the top.

Social Studies

Home Rules-Number the pictures in the correct order in the right-hand corner of each picture. Then color the pictures.

Science

Good or Bad for Teeth-Put an X on the things that are bad for your teeth. Color just the things that are good for your teeth.

Dental Care Dot-to-Dot-Connect the dots, then color the picture.

Healthy Eating-Circle the healthy foods. Find a picture of a vegetable and write: 'Vegetables are good for me!' beside it.

Healthy Eating-Circle the healthy foods. Find a picture of a fruit and write: 'Fruit is good for me!' beside it.

Food groups-Match the foods with their food groups, then draw and color a balanced meal you'd like to eat—follow the labels to cover the food groups.

Energy Balance Quiz-Part I: Draw a circle around the activities that use lots of energy. Draw a square around the activities that use less energy.

Part 2: Draw a circle around the healthy snacks you could eat or drink.

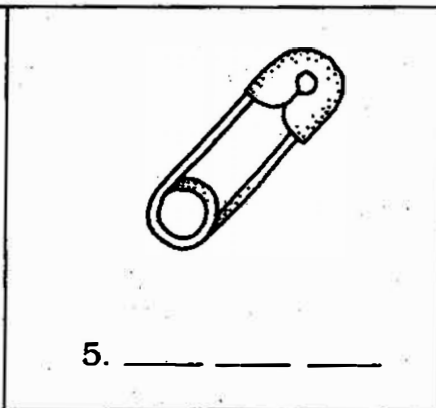
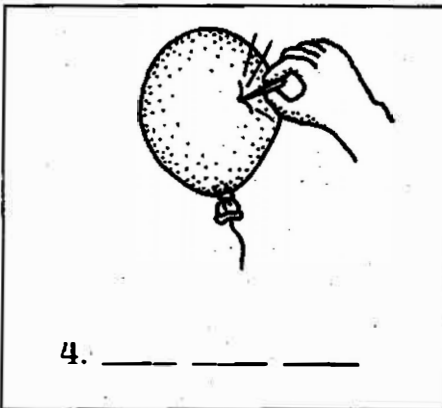
I

i

1. in

2. pot

3. it



High Frequency Word Box

on

I

no

in

not

it

Dear Parent/Guardian:

Today your child learned the following for the vowel *i*: name, short and long sounds, written form, and keywords (inch, icicle). Please have him/her practice writing *i*'s on the lines provided; code and read #1-#3 (in, pot, it); match a word to its picture (pot); and spell the words represented by pictures #4 and #5 (pop, pin). Finally, to help your child become a more fluent reader, have him/her read the words in the High Frequency Word Box. Please return the paper to school.

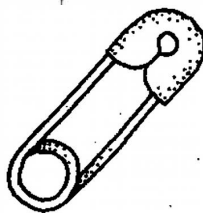


1. lit

2. I

3. pot

4. pin



 <p>5. _____</p>	 <p>6. _____</p>	 <p>7. _____</p>
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High Frequency Word Box

on	I
no	in
not	it

Dear Parent/Guardian:

Today your child learned the following for the consonant **l**: name, sound, written form, and keyword (lion). Please have him/her practice writing *l*'s on the lines provided; code and read #1-#4 (lit, I, pöt, pín); match a word to its picture (pin); and spell the words represented by pictures #5-#7 (pin, no, top). Finally, to help your child become a more fluent reader, have him/her read the words in the High Frequency Word Box. Please return the paper to school.

A

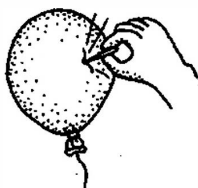
a

1. lap

2. pop

3. I

4. tap



5. _____



6. _____

High Frequency Word Box

a

on

an

no

at

not

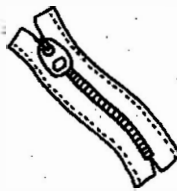
Dear Parent/Guardian:

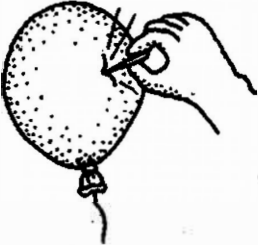


Today your child learned the following for the vowel **a**: name, short and long sounds, written form, and keywords (apple, acorn). Please have him/her practice writing a's on the lines provided; code and read #1-#4 (lāp, pōp, ī, tǎp) match a word to its picture (pop); and spell the words represented by pictures #5 and #6 (top, on). Finally, to help your child become a more fluent reader, have him/her read the words in the High Frequency Word Box. Please return the paper to school.

Z

z

1. zip
2. no
3. tan
4. lip



		
5. _____	6. _____	7. _____

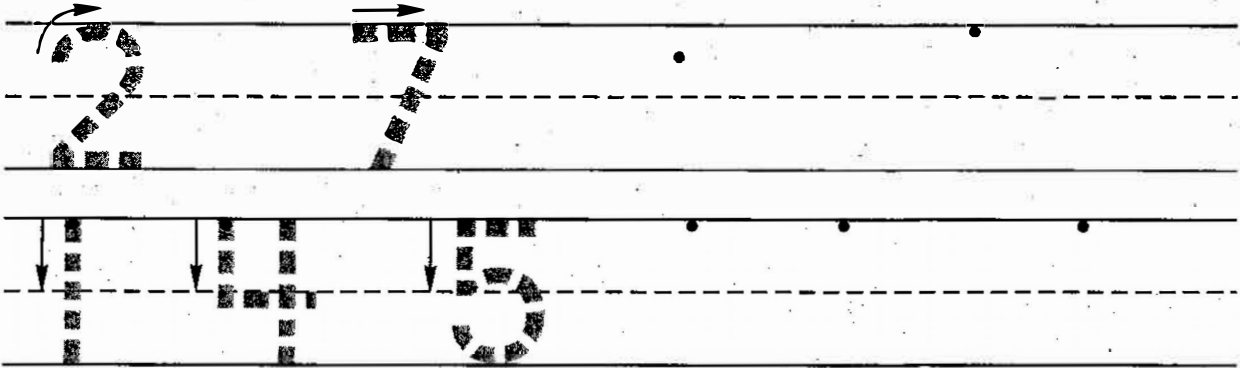
High Frequency Word Box

a	I
an	in
at	it

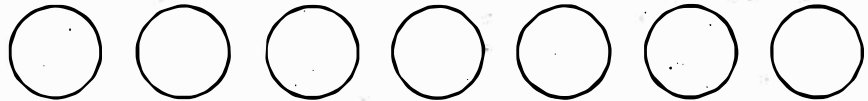
Dear Parent/Guardian:
 Today your child learned the following for the consonant **z**: name, sound, written form, and keyword (zebra). Please have him/her practice writing z's on the lines provided; code and read #1-#4 (zip, nō', tǎn, lǐp); match a word to its picture (zip); and spell the words represented by pictures #5-#7 (pop, nap, pan). Finally, to help your child become a more fluent reader, have him/her read the words in the High Frequency Word Box. Please return the paper to school.

Name _____

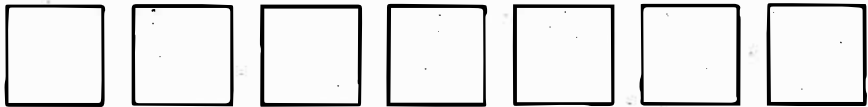
1. Write the numbers.



- 2. Color 5 circles blue.
Color 2 circles yellow.**



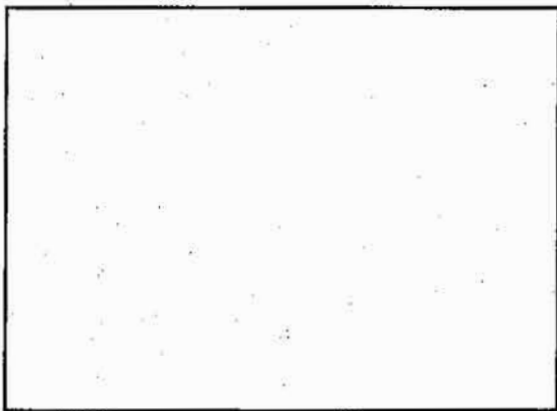
- Color 3 squares green.
Color 4 squares purple.**



How many squares? _____

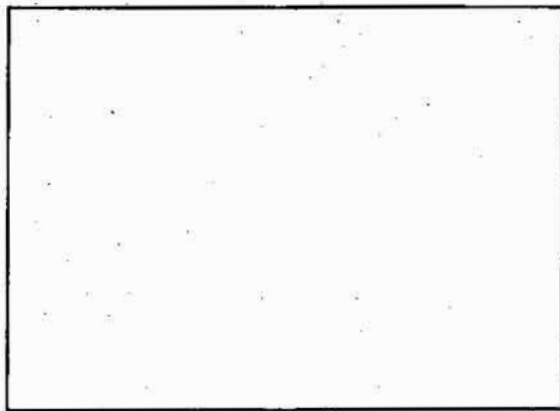
How many circles? _____

- 3. Find something at home that has the shape of a square.
Draw a picture of what you found.**



I drew a _____.

- Find something at home that has the shape of a circle.
Draw a picture of what you found.**

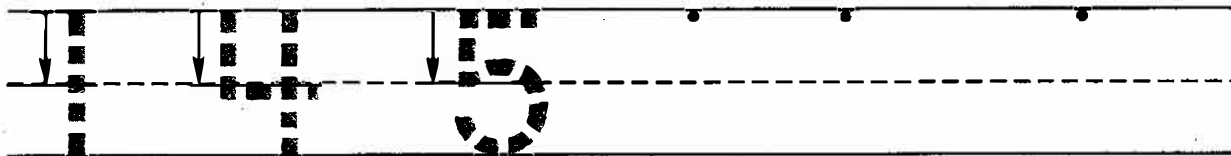


I drew a _____.

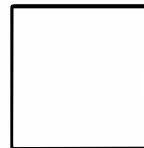
Name _____



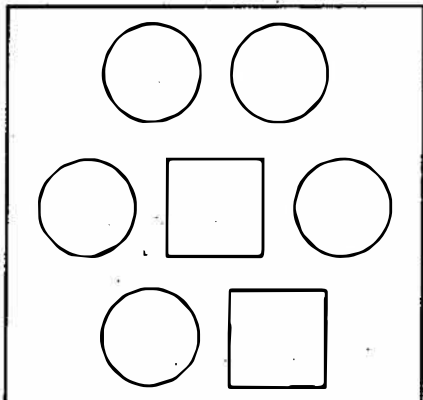
1. Write the numbers.



2. Point to the square on the right. Write the number 7 in the square.
Point to the square on the left. Write the number 2 in the square.



3. Color the circles green.
Color the squares orange.



How many circles?

=====

How many squares?

=====

How many circles
and squares together?

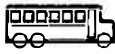










=====

4. How many are in each row? Circle the row with the most.

=====

=====

=====

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Name _____

I. Write the numbers.

Tracing practice for numbers 0 through 9 on handwriting lines. Each number is shown with a dashed outline and a curved arrow indicating the starting point and direction of the stroke. The numbers are arranged in four rows: Row 1 contains 0 and 6; Row 2 contains 4 and 8; Row 3 contains 7 and 5; Row 4 contains 2 and 3. To the right of each row are two empty lines with a central dot, intended for independent practice.

2. Write a 1 on the right.
Write a 2 on the left.

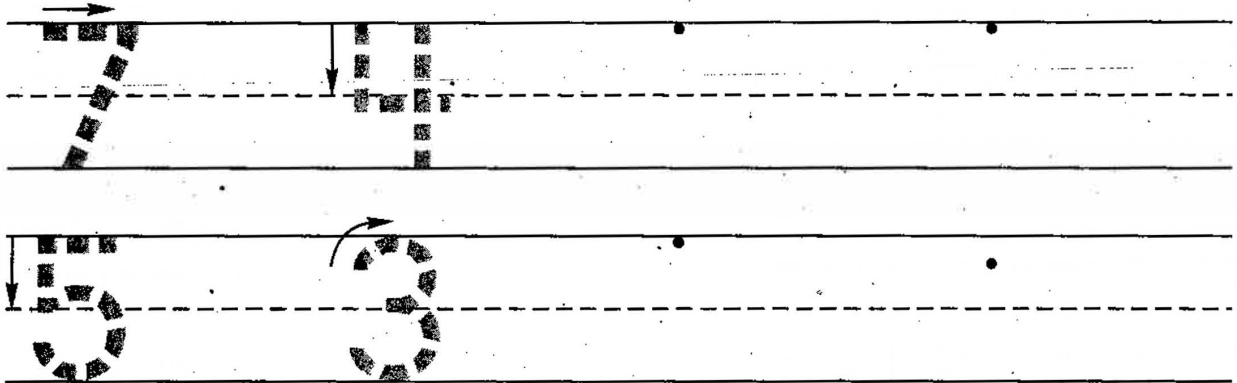
3. Ask someone at home to choose two numbers (0-9).
Write the numbers on the lines.
Color the trains. Start at the left.
Circle the smaller number.

--	--	--	--	--	--	--	--	--	--

--	--	--	--	--	--	--	--	--	--

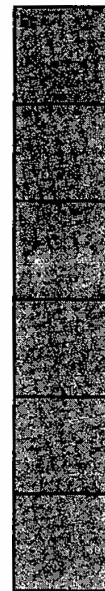
Name _____

1. Write the numbers.

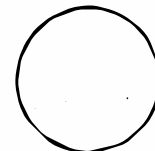


2. Point to the tower on the right.
How many squares are shaded?
Write the answer in the circle below the tower.

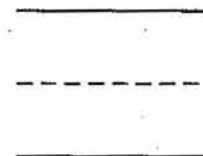
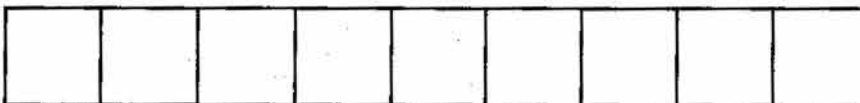
Point to the tower on the left.
Color fewer squares. (Begin at the bottom.)
Write the number of squares you colored
on the line below the tower.



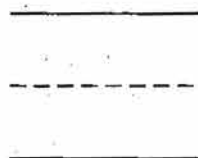
_____ **Fewer**



3. How many squares are in this train?



Color 3 squares red.
Color the other squares blue.
How many squares are blue?



Name _____

Dot Cube Graph

1	2	3	4	5	6

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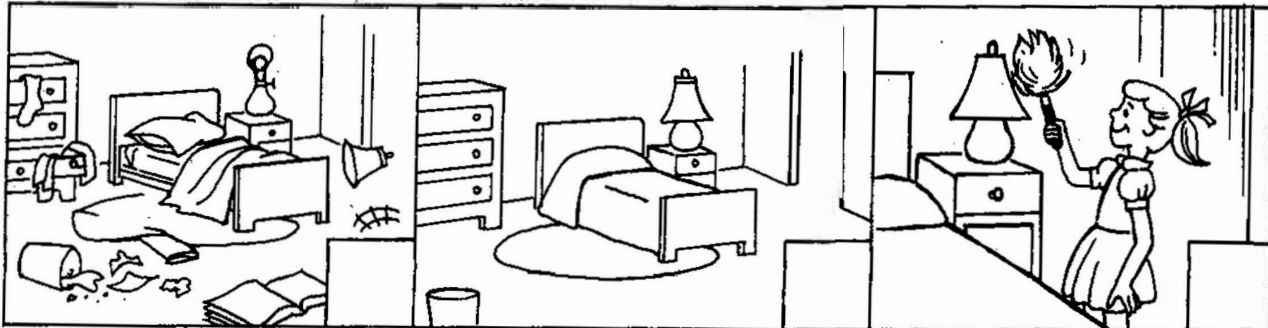
Name _____

Home Rules

1. Number the pictures in the correct order.
2. Then color the pictures.



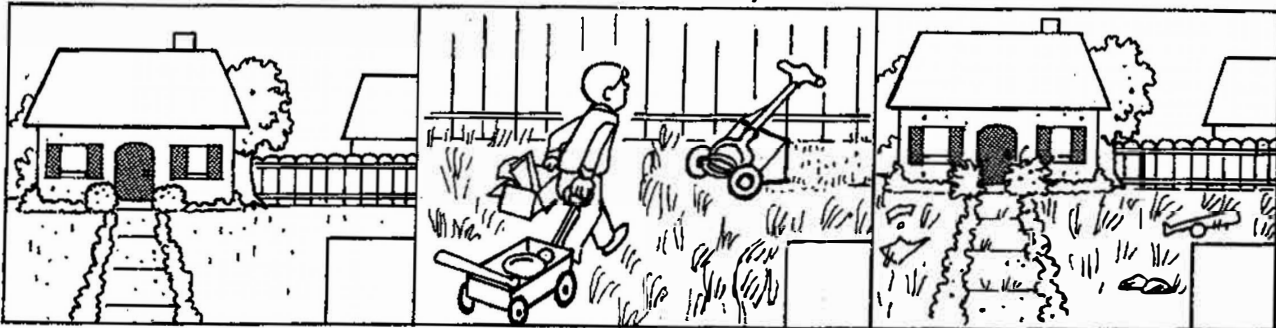
Keep your room clean.



Be helpful.



Take care of the yard.



SOCIAL STUDIES

Name _____

Good or Bad for Teeth

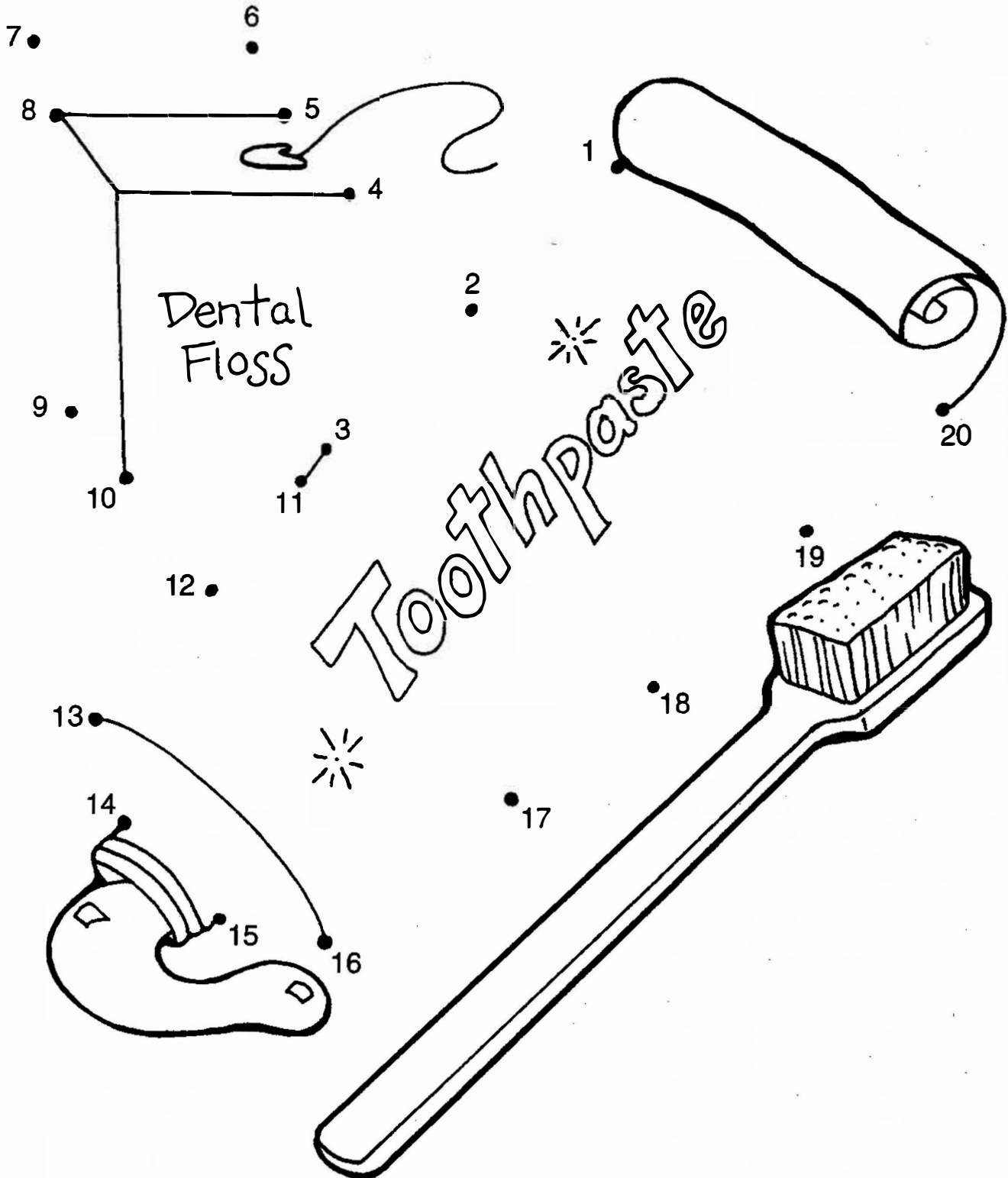
Put an **X** on the things that are bad for your teeth.

Color the things that are good for your teeth.



Dental Care Dot-to-Dot

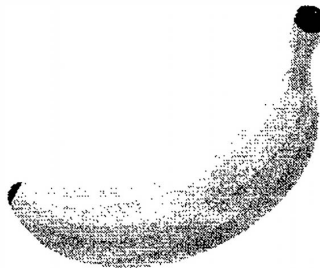
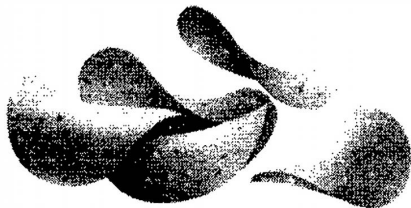
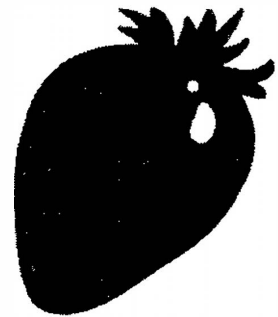
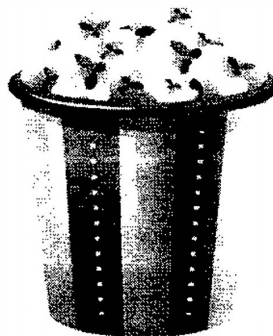
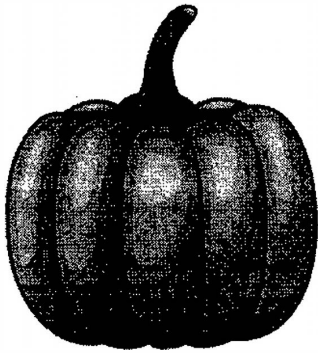
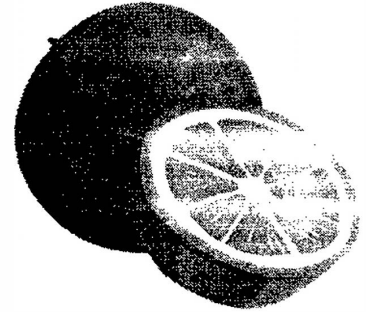
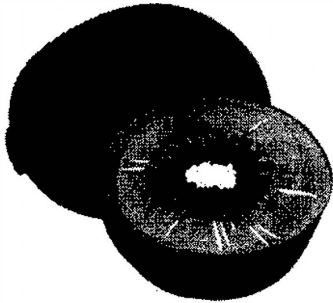
1. Join the dots to make a picture.
2. Color it.



Healthy eating

Grade 1 Science Worksheet

Circle the healthy foods.

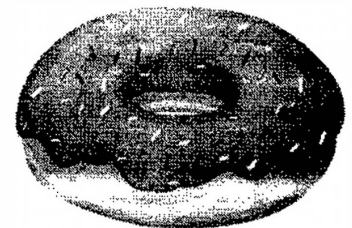
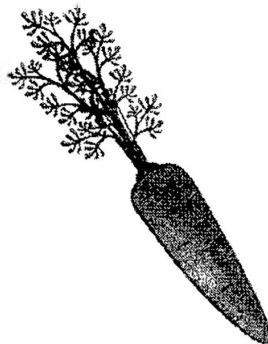
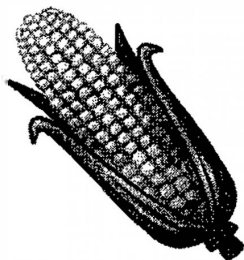
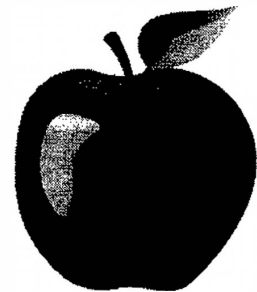
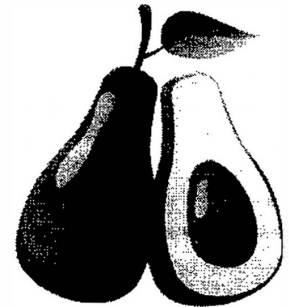
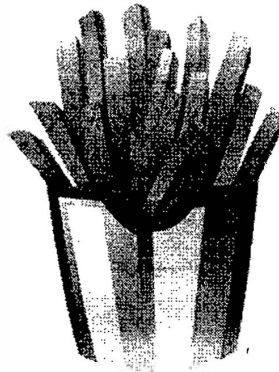
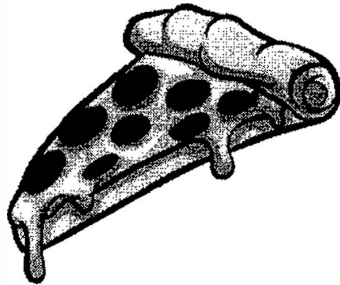


Find a picture of a vegetable and write "Vegetables are good for me!" beside it.

Healthy eating

Grade 1 Science Worksheet

Circle the healthy foods.



Find a picture of a fruit and write "Fruit is good for me!" beside it.

Food groups

Grade 1 Science Worksheet

Match the foods with their food groups.



Dairy



Fruits

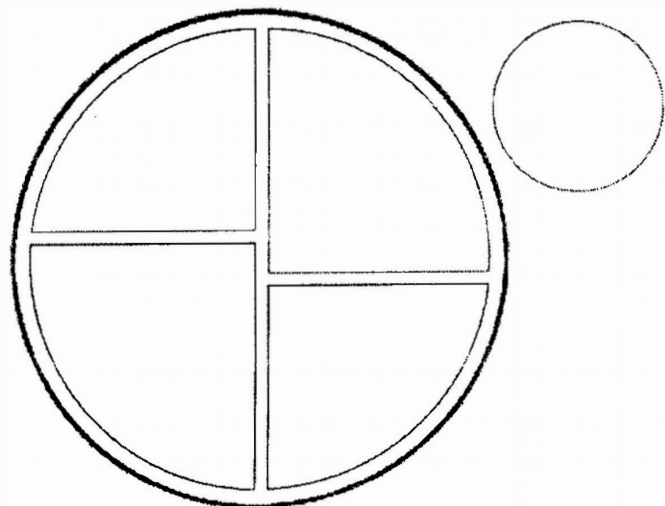
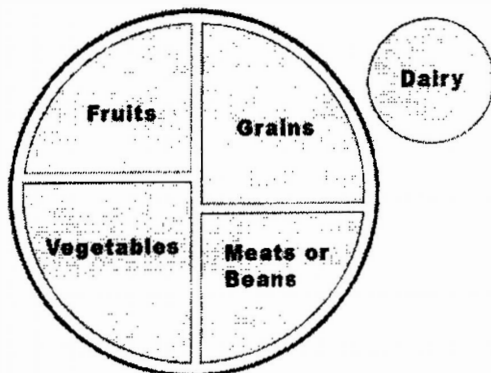


Meats or
Beans



Vegetables

Draw a balanced meal you'd like to eat. Follow the labels.





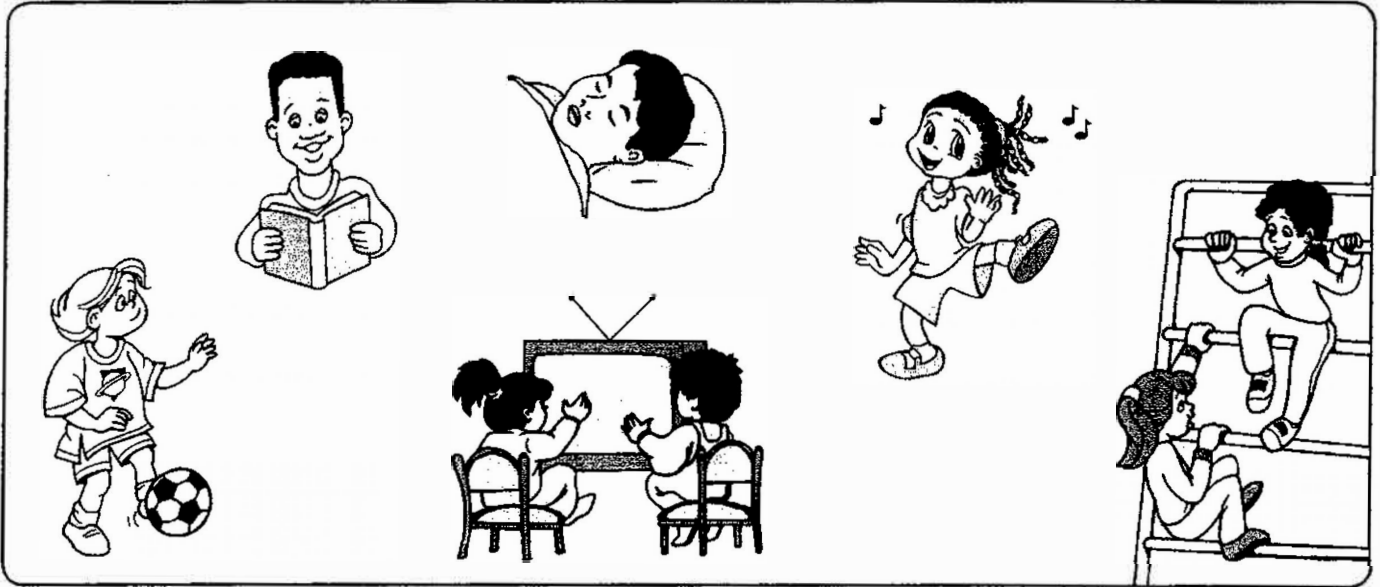
Name: _____

Date: _____

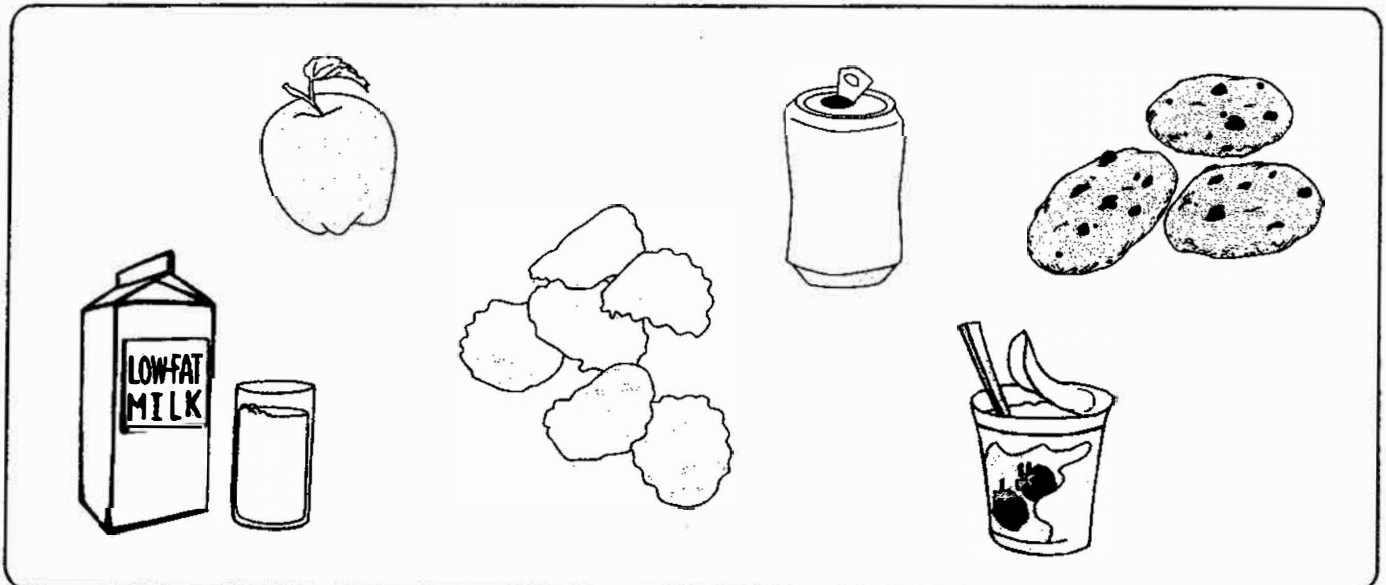
Quiz

Instructions:

Part I: Everything you do uses energy. Some activities use more energy than others. Draw a circle around the activities that use lots of energy. Draw a square around the activities that use less energy.



Part II: When you eat, you refuel your body's energy. Healthy foods give your body more energy and nutrients. Draw a circle around the healthy snacks you could eat or drink.



Physical Education for K-2nd Grade - August 10th-14th - Due: 08/19/20

Student Name: _____

Grade: 1st

Teacher: McCormick

1. What sport did you play the most this summer?

2. What type of ball is usually black and white?

Soccer ball Football Volleyball Basketball

3. A referee is some one that makes sure the game is played fair?

True False

4. This sport is usually played with your hands but also allows you to kick the ball, what sport is this?

Volleyball Football Basketball Hockey

5. What colors are the Arizona Cardinals football team?

6. What color is a standard basketball?

Red Yellow Orange Blue

7. Tell me something fun you did over your summer break?

