PARAMOUNT ACADEMY

Lunch

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Chicken Fajita Taco	Rotini Pasta	Chicken Sandwich	Pizza Slice
	Refried Beans/ Salsa	W/ Meat Ball	Broccolli	Salad
	Lettuce	Salad	Corn	Ranch Dressing
	Fruit	Mixed Fruit	Fruit	Fruit
	Milk	Milk	Milk	Milk
7	8	9	10	11
Sub Sandwich	Green Chili Rice Bowl	Grilled Cheese	Burgers	Pizza Slice
Carrot Sticks	Black Beans	Tomato Soup	corn	Salad
Cucumber/pickle	Corn	Carrot Sticks	Mashed Potato	Ranch Dressing
Fruit	Fruit	Fruit	Fruit	Fruit
Milk	Milk	Milk	Milk	Milk
14	15	16	17	18
Sub Sandwich	Cheese Crisp	Spaghetti Pasta	BBQ Pork Sandwich	
Carrot Sticks	Salsa	W/ Meat Ball	Baked Beans	NO
Cucumber/pickle	Chili Beans	Salad	Cole slaw	SCHOOL
Fruit	Fruit	Mixed Fruit	Fruit	
Milk	Milk	Milk	Milk	
				0.5
21	22	23	24	25
NIC	NICO	NICO	NO	NIC
NO	NO	NO	NO	NO
SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL
28	29	30		
NO	NO	NO	NO	NO
SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

PARAMOUNT ACADEMY

Breakfast

DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	Cereal	Apple Frudel	Cereal	French Toast
	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice
	Milk	Milk	Milk	Milk
_				
7	8	9	10	11
Pancakes	Cereal	Chocolate Donuts	Cereal	French Toast
Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice
Milk	Milk	Milk	Milk	Milk
14	15	16	17	18
Pancakes Pancakes	Cereal	Mini-Cini Bagels	Cereal	
Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	NO
Milk	Milk	Milk	Milk	SCHOOL
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21	22	23	24	25
NO	NO	NO	NO	NO
SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL
26	27	28	29	30
NO	NO	NO	NO	NO
SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

^{**} This institution is an equal opportunity Provider**