## PARAMOUNT ACADEMY

#### Lunch

# NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Sub Sandwich	Chicken Fajita Taco	Rotini Pasta	Chicken Sandwich	Pizza Slice
Carrot Sticks	Refried Beans/ Salsa	W/ Meat Ball	Broccolli	Salad
Cucumber/pickle	Lettuce	Salad	Corn	Ranch Dressing
Fruit	Fruit	Mixed Fruit	Fruit	Fruit
9	10	11	12	13
Cheese Crisp	Chicken Enchilada		Burgers	Pizza Slice
Salsa	Refried Beans	NO	Broccolli	Salad
Chili Beans	Corn	SCHOOL	Chili Beans	Ranch Dressing
Fruit	Fruit		Fruit	Fruit
16	17	18	19	20
Sub Sandwich	Green Chili Rice Bowl	Spaghetti Pasta	BBQ Pork Sandwich	Pizza Slice
Carrot Sticks	Black Beans	W/ Meat Ball	Baked Beans	Salad
Cucumber/pickle	Corn	Salad	Cole slaw	Ranch Dressing
Fruit	Fruit	Mixed Fruit	Fruit	Fruit
Fruit	Fruit	Mixed Fruit	Praic	Praic
23	24	25	26	27
NO	NO	NO	NO	NO
SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL
20				
<b>30</b> Sub Sandwich				
Carrot Sticks				
Cucumber/pickle _ ··				
Fruit				

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

### PARAMOUNT ACADEMY

#### Breakfast

## **NOVEMBER**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	T_	T .	r_	T _
2	3	4	5	6
Pancakes	Cereal	Chocolate Donuts	Cereal	French Toast
Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice
Milk	Milk	Milk	Milk	Milk
9	10	11	12	13
		**		
Pancakes	Cereal	N 160	Cereal 	French Toast
Fruit/ Juice	Fruit/ Juice	NO	Fruit/ Juice	Fruit/ Juice
Milk	Milk	SCHOOL	Milk	Milk
16	17	18	19	20
Pancakes	Cereal	Apple Frudel	Cereal	French Toast
Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice
Milk	Milk	Milk	Milk	Milk
MICK	MICK	MICK	MICK	MICK
23	24	25	26	27
NO	NO	NO	NO	NO
SCHOOL	SCHOOL	SCHOOL	SCHOOL	SCHOOL
30/1002	3011001	SCHOOL	SCHOOL	SCHOOL
30				
Pancakes	Cereal	MiniCini CC Bagel	Cereal	French Toast
Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice	Fruit/ Juice
Milk	Milk	Milk	Milk	Milk

Choice of Fat Free Chocolate or 1% White Milk With Each Meal