

PARAMOUNT ACADEMY

OCTOBER

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Sandwich Broccoli Corn Fruit	2 Pizza Slice Salad Ranch Dressing Fruit
5 Sub Sandwich Carrot Sticks Cucumber/pickle Fruit	6 Chicken Fajita Taco Refried Beans/ Salsa Lettuce Fruit	7 Rotini Pasta W/ Meat Ball Salad Mixed Fruit	8 Burgers Broccoli Chili Beans Fruit	9 NO SCHOOL
12 NO SCHOOL	13 Cheese Enchilada Refried Beans Corn Fruit	14 Spaghetti Pasta W/ Meat Ball Salad Mixed Fruit <i>* EARLY RELEASE</i>	15 BBQ Pork Sandwich Baked Beans Cole slaw Fruit <i>* EARLY RELEASE</i>	16 Pizza Slice Salad Ranch Dressing Fruit <i>* EARLY RELEASE</i>
19 Sub Sandwich Carrot Sticks Cucumber/pickle Fruit	20 Green Chili Rice Bowl Black Beans Corn Fruit	21 Penne Pasta W/ Meat Ball Salad Mixed Fruit	22 Cheese Crisp Salsa Chili Beans Fruit	23 Pizza Slice Salad Ranch Dressing Fruit
26 Sub Sandwich Carrot Sticks Cucumber/pickle Fruit	27 Chicken Enchilada Refried Beans Corn Fruit	28 Elbow Roni w/ Meat sauce Salad Mixed Fruit <i>* EARLY RELEASE</i>	29 Green Chili Rice Bowl Black Beans Corn Fruit	30 Pizza Slice Salad Ranch Dressing Fruit

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

** This institution is an equal opportunity Provider**

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Breakfast

OCTOBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Cereal Fruit Juice Milk	2 French Toast Fruit Juice Milk
5 Pancakes Fruit Juice Milk	6 Cereal Fruit Juice Milk	7 CocoPuff Cereal Bar Fruit Juice Milk	8 Cereal Fruit Juice Milk	9 NO SCHOOL
12 NO SCHOOL	13 Cereal Fruit Juice Milk	14 Apple Frudel Fruit Juice Milk <i>* EARLY RELEASE</i>	15 Cereal Fruit Juice Milk <i>* EARLY RELEASE</i>	16 French Toast Fruit Juice Milk <i>* EARLY RELEASE</i>
19 Pancakes Fruit Juice Milk	20 Cereal Fruit Juice Milk	21 Chocolate Donuts Fruit Juice Milk	22 Cereal Fruit Juice Milk	23 French Toast Fruit Juice Milk
26 Pancakes Fruit Juice Milk	27 Cereal Fruit Juice Milk	28 MiniCini CC Bagel Fruit Juice Milk <i>* EARLY RELEASE</i>	29 Cereal Fruit Juice Milk	30 French Toast Fruit Juice Milk

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