PARAMOUNT ACADEMY

Lunch

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
Rotini Pasta	Chicken Fajita Taco	Sub Sandwich	Green Chili Rice Bowl	Pizza Slice
W/ Meat Ball	Refried Beans/ Salsa	Carrot Sticks	Black Beans	Salad
Salad	Lettuce	Cucumber/pickle	Corn	Ranch Dressing
Mixed Fruit	Fruit	Fruit	Fruit	Fruit
7	8	9	10	11
	Chicken Enchilada	Sub Sandwich	Burgers	Pizza Slice
NO	Refried Beans	Carrot Sticks	Broccolli	Salad
SCHOOL	Corn	Cucumber/pickle	Chili Beans	Ranch Dressing
	Fruit	Fruit	Fruit	Fruit
		* EARLY RELEASE		
14	15	16	17	18
Penne Pasta	Cheese Enchilada	Sub Sandwich	BBQ Pork Sandwich	Pizza Slice
W/ Meat Ball	Refried Beans	Carrot Sticks	Baked Beans	Salad
Salad	Corn	Cucumber/pickle	Cole slaw	Ranch Dressing
Mixed Fruit	Fruit	Fruit	Fruit	Fruit
21	22	23	24	25
Spaghetti Pasta	Green Chili Rice Bowl	Sub Sandwich	Cheese Crisp	Pizza Slice
W/ Meat Ball	Black Beans	Carrot Sticks	Salsa	Salad
Salad	Corn	Cucumber/pickle	Chili Beans	Ranch Dressing
Mixed Fruit	Fruit	Fruit	Fruit	Fruit
		* EARLY RELEASE		
28	29	30		
Mac & Cheese w/	Chicken Enchilada	Sub Sandwich		
Fajita Chicken	Refried Beans	Carrot Sticks		
Salad	Corn	Cucumber/pickle		
Mixed Fruit	Fruit	Fruit		

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

PARAMOUNT ACADEMY

Breakfast

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1	2	3	4
Powdered Donuts	Cereal	Cereal	Cereal	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
7	8	9	10	11
	CocoPuff Cereal Bar	Cereal	French Toast	Cereal
NO	Fruit	Fruit	Fruit	Fruit
SCHOOL	Juice	Juice	Juice	Juice
	Milk	Milk	Milk	Milk
		* EARLY RELEASE		
14	15	16	17	18
Cereal	Powdered Donuts	Cereal	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
21	22	23	24	25
Cereal	Chocolate Donuts	Cereal	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
		* EARLY RELEASE		
28	29	30	1	2
Cereal	MiniCini CC Bagel	Cereal	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

^{**} This institution is an equal opportunity Provider**

Breakfast

SEPTEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1.	I-	1-	
31	1	2	3	4
Powdered Donuts	Cereal	Cereal	Cereal	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
7	8	9	10	11
1 ′	CocoPuff Cereal Bar	Cereal	French Toast	Cereal
NIC	Fruit	Fruit	Fruit	Fruit
NO				
SCHOOL	Juice	Juice	Juice	Juice
	Milk	Milk	Milk	Milk
		* EARLY RELEASE		
14	15	16	17	18
Cereal	Powdered Donuts	Cereal	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
21	22	23	24	25
Cereal	Chocolate Donuts	Cereal	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
		* EARLY RELEASE		
28	29	30	1	2
Cereal	MiniCini CC Bagel	Cereal	Pancakes	Cereal
Fruit	Fruit	Fruit	Fruit	Fruit
Juice	Juice	Juice	Juice	Juice
Milk	Milk	Milk	Milk	Milk
		AAilb lalith Each Aacal		

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

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