

PARAMOUNT ACADEMY

JANUARY

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Sub Sandwich Carrot Sticks Cucumber/pickle Fruit Milk	5 Chicken Enchilada Refried Beans Green Beans Fruit Milk	6 Spaghetti Pasta W/ Meatsauce Salad Mixed Fruit Milk	7 Chicken Sandwich Broccoli Corn Fruit Milk	8 Pizza Slice Salad Ranch Dressing Fruit Milk
11 Sub Sandwich Carrot Sticks Cucumber/pickle Fruit Milk	12 Chicken Fajita Taco Refried Beans/ Salsa Lettuce Fruit Milk	13 Grilled Cheese Tomato Soup Carrot Sticks Fruit Milk	14 Burgers Corn Mashed Potato Fruit Milk	15 Pizza Slice Salad Ranch Dressing Fruit Milk
18 NO SCHOOL	19 Green Chili Rice Bowl Black Beans Corn Fruit Milk	20 Penne Pasta W/ Meatsauce Salad Mixed Fruit Milk	21 BBQ Pork Sandwich Baked Beans Cole slaw Fruit Milk	22 Pizza Slice Salad Ranch Dressing Fruit Milk
25 Sub Sandwich Carrot Sticks Cucumber/pickle Fruit Milk	26 Cheese Crisp Salsa Chili Beans Fruit Milk	27 Rotini Pasta W/ Meatsauce Salad Mixed Fruit Milk	28 Grilled Cheese Tomato Soup Carrot Sticks Fruit Milk	29 Pizza Slice Salad Ranch Dressing Fruit Milk

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

** This institution is an equal opportunity Provider**

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JANUARY

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 Cereal OR Yogurt Fruit/ Juice Milk	5 Pancakes Fruit/ Juice Milk	6 Apple Frudel Fruit/ Juice Milk	7 Cereal Fruit/ Juice Milk	8 French Toast Fruit/ Juice Milk
11 French Toast Fruit/ Juice Milk	12 Cereal OR Yogurt Fruit/ Juice Milk	13 Chocolate Donuts Fruit/ Juice Milk	14 Cereal Fruit/ Juice Milk	15 French Toast Fruit/ Juice Milk
18 NO SCHOOL	19 Cereal OR Yogurt Fruit/ Juice Milk	20 Mini-Cini Bagels Fruit/ Juice Milk	21 Cereal Fruit/ Juice Milk	22 Egg & Cheese Eng.Muffin Fruit/ Juice Milk
25 Pancakes Fruit/ Juice Milk	26 Cereal OR Yogurt Fruit/ Juice Milk	27 Powdered Donuts Fruit/ Juice Milk	28 Cereal Fruit/ Juice Milk	29 French Toast Fruit/ Juice Milk

Choice of Fat Free Chocolate or 1% White Milk With Each Meal

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