

Conversation 2 – The Being-Remembered Conversation

Background: *How do you want to be remembered?* This is a rephrase of the classic Steven Covey question from *The 7 Habits of Highly Effective People*. It is one of the most powerful questions one can ever ponder. (Note: Versions of it will show up in the *Bucket List* and *Personal Mission* conversations later in this book. This is intentional.) Throughout recorded history, people have pondered the question of life's purpose.

Look at the question below. Spend some time with it. It is a definite brain engager because we are often too busy to pause and reflect in this way. So for most, the question will linger for a while.

What do you want people to say about you when you're gone from this earth? (That is, how do you want to be remembered?)

Jot down a few phrases or ideas.

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Let these ideas ruminate a bit. If able, go outside or take a walk or roll. Be curious about what you've written. Consider questions that might come to mind, including, "*What else?*" You may even let your responses sit for a week. But then, go deeper. Think about how to boil it down to the basics:

Look at your responses above. Are there some items you could group together or summarize? Jot down a few summary ideas.

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Challenge:

Can you boil this down to one or two words? _____, _____

Homework: Return to this after completing Conversation 6, the *Personal Mission* challenge. Compare your responses. Chat with a mentor or good friend about this reflection. *Then pose the first question to them!*

General Reflections: One thing that struck me about this topic was: _____

I'm still pondering (and may seek more information on): _____

As a result of this reflection, I plan to: _____