

## **Training Course Catalog**

TRAINING PROVIDED BY:

DAVID R. EDWARDS, PH.D.  
CERTIFIED TRAUMA SERVICES SPECIALIST  
23325 Van Born Rd., PMB 30  
Taylor, MI 48180-1307  
(313) 426-2575 | [www.dredwards2.com](http://www.dredwards2.com)

IN ASSOCIATION WITH:

Call for Backup™  
Nonprofit Organization Specializing in  
Mental Wellness Programs for First Responders

The 227 Project®  
Registered as a Training Provider by the  
Michigan Commission on Law Enforcement Standards

Humanizing the Badge®  
Nonprofit Organization Focusing on Building  
Relationships Between Police and Community

Downriver CIRT™  
Southeast Michigan's Resource for  
Crisis Intervention, Response, and Training

## ABOUT THE INSTRUCTOR:

David R. Edwards, Ph.D., has over 45 years of experience in the ministry and in education, and has been engaged in the work of Critical Incident Stress Management since 2010. He serves as a reserve police officer and also as a chaplain for multiple agencies in Michigan.

He is an approved instructor with the International Critical Incident Stress Foundation, is also a member of the International Law Enforcement Educators and Trainers Association, and has taught for emergency services agencies in more than 2 dozen states. Additionally, David is the Team Coordinator the Downriver Critical Incident Response Team in Michigan and is also a member of three other CISM teams. He is a member of the American Academy of Experts in Traumatic Stress and the Association of Traumatic Stress Specialists.

# Training Course Catalog

Training is available in critical incident stress management for peer support teams, chaplains, and command staff. All training programs are registered with MCOLES for 302 funding, and many programs are approved by the State 911 Committee and other organizations for funding and/or continuing education credit. Contact us for details.

## CRITICAL INCIDENT STRESS MANAGEMENT

**All courses in this section © International Critical Incident Stress Foundation**

### ASSISTING INDIVIDUALS IN CRISIS

Course description: This foundational course in Critical Incident Stress Management is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

Duration: Two days, 13 hours

Delivery: Live, Virtual

Cost: \$195 per person for groups of 6-10 (discounts for larger groups)

### GROUP CRISIS INTERVENTION

Course description: Fundamentals of Critical Incident Stress Management (CISM) will be outlined, and participants will leave with the knowledge and tools to provide several group crisis interventions.

Duration: Two days, 14 hours

Delivery: Live, Virtual

Cost: \$195 per person for groups of 6-10 (discounts for larger groups)

### GRIN (GROUP AND INDIVIDUAL CRISIS INTERVENTION)

Course description: This course combines all the elements of the Assisting Individuals in Crisis and Group Crisis Intervention courses described above.

Duration: Three days, 27 hours

Delivery: Live, Virtual

Cost: \$295 per person for groups of 6-10 (discounts for larger groups)

### ADVANCED ASSISTING INDIVIDUALS IN CRISIS

Course description: This two day course builds upon, and is the logical continuation of, the basic ASSISTING INDIVIDUALS IN CRISIS course.

Duration: Two days, 13 hours

Delivery: Live, Virtual

Cost: \$195 per person for groups of 6-10 (discounts for larger groups)

### LAW ENFORCEMENT PERSPECTIVES FOR CISM ENHANCEMENT

Course description: This course will provide practical “back pocket skills” in providing crisis intervention services to law enforcement organizations and individual personnel in crisis.

Duration: Two days, 14 hours

Delivery: Live, Virtual

Cost: \$195 per person for groups of 6-10 (discounts for larger groups)

### PASTORAL CRISIS INTERVENTION

Course description: This newly revised course is designed to train participants in the use of psychological trauma and intervention techniques from a spiritual perspective. This program does not provide instruction on spirituality or theology.

Duration: Two or three days, 18 hours

Delivery: Live, Virtual

Cost: \$245 per person for groups of 6-10 (discounts for larger groups)

## **CHAPLAIN TRAINING**

**All courses in this section © David R. Edwards, Ph.D.**

### FIRST RESPONDER CHAPLAIN BASIC TRAINING™

Course description: This newly revised course is designed give participants a general overview of the topics most critical to their success as a chaplain serving in public safety agencies.

© 2021 David R. Edwards, Ph.D.

Duration: Two days, 15 hours

Delivery: Live, Virtual, Self-paced Online

Cost: \$195 per person

**OTHER STRESS MANAGEMENT TRAINING**  
**All courses in this section © David R. Edwards, Ph.D.**

**BREAKING THE STIGMA™**

Course description: This 1-hour introductory course will assist first responders, their family members, and clinicians understand the causes of the stigma regarding mental wellness in emergency services and be more prepared to create positive changes that will result in more first responders receiving the support they need.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

**CALL FOR BACKUP™**

Course description: This workshop provides first responders and/or their family members the information necessary to recognize the signs and symptoms of job-related stress, especially as it relates to suicide, and also provide them with strategies that will enable them to provide immediate support for individuals who may be considering suicide.

Duration: Half day, 3 or 4 hours

Delivery: Live (4 hours), Virtual (3 hours)

**CHARACTER MATTERS: BUILDING RESILIENCE THROUGH PERSONAL INTEGRITY™**

Course description: This 90-minute online course will assist first responders, their family members, and clinicians understand the personal character traits that, when developed and practiced, help individuals manage stress well and become more resilient.

Duration: 1.5 Hours

Delivery: Live, Virtual, Self-paced Online

Cost: \$24.95 per person

### CONFRONTING THE ISSUE OF SUICIDE™

Course description: This 1-hour introductory course will assist first responders, their family members, and clinicians in becoming familiar with the current statistics and research on the issue of suicide, its prevalence among first responders, and how to help someone who is struggling with suicidal thoughts.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

### CONQUERING THE ENEMY WITHIN™

Course description: Combine any of the courses in this section to create a tailored half-day or full-day training program for your organization.

Duration: Half day or Full day

Delivery: Live

Cost: Varies, contact us

### FIRST RESPONDER STRESS: A FAMILY AFFAIR™

Course description: This 1-hour introductory course will assist first responders and their family members understand the culture of emergency services along with its unique stresses and offer strategies for developing greater resilience.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

### PERCEPTION MATTERS: BECOMING A RESILIENT RESPONDER™

Course description: This 90-minute course will assist first responders, their family members, and clinicians understand how self-perception

affects an individual's response to stress and will help them learn to manage stress better and become more resilient.

Duration: 1.5 Hours

Delivery: Live, Virtual, Self-paced Online

Cost: \$24.95 per person

### SUICIDE AWARENESS AND PREVENTION FOR COMMAND STAFF™

Course description: This 1-hour introductory course is designed to help command staff discuss the positive and negative aspects of emergency services culture, and implement strategies for prevention, intervention, and postvention of suicide within their agency.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

### WHEN HELPING THEM IS HURTING YOU™

Course description: This 1-hour introductory course will assist first responders, their family members, and clinicians understand the concepts of compassion fatigue (including burnout and vicarious trauma) and secondary traumatic stress and to understand strategies that help improve resilience.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

### WHEN TENSION BECOMES TOXIC™

Course description: This 1-hour introductory course will assist first responders and their family members understand the responses of the brain and body to stress, the relationship between Post-Traumatic Stress Disorder (PTSD) and anxiety, and common treatment methods for PTSD.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

### **CHAPLAIN CONTINUING EDUCATION**

**All courses in this section © David R. Edwards, Ph.D.**

#### ANSWERING FIRST AMENDMENT QUESTIONS™

Course description: This 1-hour course will address questions regarding the widely-misunderstood concept of “separation of Church and State. Particular attention will be paid to the elements of the case of *Lemon v. Kurtzman* (1971).

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

#### CRISIS COMMUNICATION IN A DIGITAL WORLD™

Course description: This 1-hour course will assist anyone working in the field of crisis intervention understand how to better communicate with persons in crisis using the digital tools we use in everyday life.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

#### CULTURAL AND RELIGIOUS DIVERSITY™

Course description: This 1-hour course will give chaplains an overview of some of the most common cultural groups within the United States as well as cover the importance of an ecumenical approach to chaplain ministry.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person



### DEVELOPING SITUATIONAL AWARENESS™

Course description: This 1-hour course will assist chaplains in understanding the importance of having good observation skills, especially when serving as a second set of “eyes and ears” in ride-along times.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### ETHICS AND CONFIDENTIALITY FOR CHAPLAINS™

Course description: This 1-hour course will serve as a refresher for chaplains in the topics of pastoral ethics, confidential communications, and the issues associated with being a mandatory reporter under State law.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### HONOR GUARD AND FUNERAL PROTOCOLS™

Course description: This 1-hour course will offer chaplains an overview of the services provided by members of an honor guard, especially as they relate to service at funerals for members of emergency services agencies.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### RESPONDING TO PEOPLE WITH MENTAL ILLNESS™

Course description: This 1-hour course will focus on helping chaplains recognize signs of mental distress, apply proven techniques for de-escalating potentially dangerous situations and make appropriate referrals for mental health care.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### RESPONDING TO PEOPLE WITH SPECIAL NEEDS™

Course description: This 1-hour course will offer chaplains guidance in responding to and communicating with people who have either mental or physical disabilities and treating them with respect and dignity.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### RESPONDING TO DOMESTIC VIOLENCE SITUATIONS™

Course description: This 1-hour course will inform chaplains of the dangers associated with responding to a variety of domestic violence situations and offer suggestions as to their role in these responses.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### TECHNIQUES FOR VERBAL DE-ESCALATION™

Course description: This 1-hour course will provide chaplains with a framework to use in engaging with disruptive persons and effectively de-escalating potentially volatile situations.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### THE PROS AND CONS OF SOCIAL MEDIA™

Course description: This 1-hour course will offer an opportunity for chaplains to explore the advantages and disadvantages of social media

as it relates to their ministry in emergency services. Typical agency social media policies will be discussed.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### UNDERSTANDING HUMAN TRAFFICKING™

Course description: This 1-hour course will describe the current state of human trafficking in the United States and give chaplains an overview of trauma-informed approaches to working with victims.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

## **CISM CONTINUING EDUCATION**

**All courses in this section © David R. Edwards, Ph.D.**

### BREAKING DOWN THE SIX CORE ELEMENTS OF CISM™

Course description: This 1-hour refresher course will highlight each of the core elements of Critical Incident Stress Management, including the numerous specific interventions that are components of each element.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### CONFRONTING THE ISSUE OF SUICIDE™

Course description: This 1-hour refresher course will cover the current statistics and research on the issue of suicide, its prevalence among first responders, and how to help someone who is struggling with suicidal thoughts.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### CRISIS COMMUNICATION IN A DIGITAL WORLD™

Course description: This 1-hour refresher course will assist anyone working in the field of crisis intervention understand how to better communicate with persons in crisis using the digital tools we use in everyday life.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### DIFFERENTIATING BETWEEN DISTRESS AND DYSFUNCTION™

Course description: This 1-hour refresher course will delineate the common symptoms of both distress and dysfunction in the cognitive, emotional, behavioral, physical, and spiritual categories of the crisis response.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### OVERVIEW OF STRATEGIC PLANNING IN CRISIS INTERVENTION™

Course description: This 1-hour refresher course will remind practitioners of CISM of the importance of the strategic planning process, covering the “5 Ts” of Theme, Target, Type, Timing, and Team.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### PRACTICAL APPLICATIONS PART 1 – THE SAFER-R MODEL™

Course description: This 1-hour refresher course will provide practitioners of CISM the opportunity to participate in scenario-based training exercises using the model for individual crisis intervention.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### PRACTICAL APPLICATIONS PART 2 – INFORMATIONAL GROUPS™

Course description: This 1-hour refresher course will provide practitioners of CISM the opportunity to participate in scenario-based training exercises using the models for informational group crisis intervention.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### PRACTICAL APPLICATIONS PART 3 – INTERACTIVE GROUPS™

Course description: This 1-hour refresher course will provide practitioners of CISM the opportunity to participate in scenario-based training exercises using the models for interactive group crisis intervention.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

### SELF-CARE STRATEGIES FOR HELPING PROFESSIONALS™

Course description: This 1-hour refresher course will cover the concepts of compassion satisfaction, compassion fatigue, and secondary traumatic stress as well as help the practitioners of CISM understand their vulnerability to experience burnout. Resilience strategies will be discussed.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

## UNDERSTANDING FIRST RESPONDER CULTURE™

Course description: This 1-hour refresher course will remind practitioners of CISM of the unique nature of the culture of emergency services in general, and each of the service in particular, thus providing information that will help them be more effective in their response to critical incidents in those services.

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person

## UNDERSTANDING FIRST RESPONDER FAMILY STRESS™

Course description: This 1-hour refresher course will explain the concepts of healthy families and how the stress of emergency services can introduce dysfunction into the family system. Strategies for building resilience as a family will be discussed.

Duration: 1 Hour

Delivery: Live, Virtual, Self-paced Online

Cost: \$19.95 per person

## WHY EVERY CISM TEAM NEEDS A CHAPLAIN™

Course description: This 1-hour refresher course will provide an overview of the elements of Pastoral Crisis Intervention and support the contention that every CISM team should have a well-trained chaplain(s).

Duration: 1 Hour

Delivery: Live, Virtual

Cost: \$19.95 per person