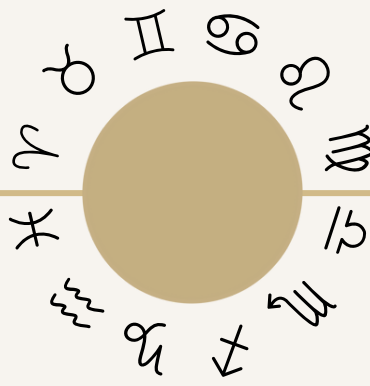




Rising Sign Astrology Cheat Sheet

Quick Guide to
Your First Impression &
Energetic Signature



Miracles Abound | Shamanic Astrology

www.miracles-abound.co.uk

★ Rising Sign Mini-Guide

A soulful introduction to your outer style, first impressions, and the energetic lens through which you meet the world.

✦ What your Rising Sign reveals

- The energy you lead with
- The style, behaviour, and tone you express before you even speak
- The “mask,” “filter,” or gateway through which your whole chart is expressed
- A hint at the path your soul is learning to embody

While your Sun is your essence and your Moon is your emotional body, your Rising Sign is your interface with the world.

✦ How to work with this guide

Each sign is grouped by element: Fire, Earth, Air, Water.

For each, you'll find:

- Keywords (the vibe)
- How it shows up socially / in relationships
- Gift (your innate strength)
- Shadow (what to watch for)
- Mini Practice (1-minute energy alignment)

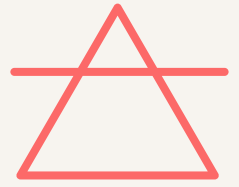


This mini-guide gives you a flavour — to dive deeper, use the full Rising Sign Workbooks on Etsy.



Fire Risings

(ARIES, LEO, SAGITTARIUS)



Theme: Initiating, expressive, passionate energy that moves outward into the world.

Aries Rising

Keywords:	Direct • Courageous • Instinctive
In Relationship:	Leads the pace, appreciates honesty & excitement.
Gift:	Pure initiative - you get things moving.
Shadow:	Reactivity or impatience.
Mini Practice:	4-6 breath: inhale for 4, exhale for 6 to soften urgency.

Leo Rising

Keywords:	Warm • Charismatic • Creative
In Relationship:	Generous with affection, loves playfulness.
Gift:	Natural confidence + heart-led presence.
Shadow:	Needing validation or over-performing.
Mini Practice:	Mirror blessing — look into your eyes and say one line of self-recognition.

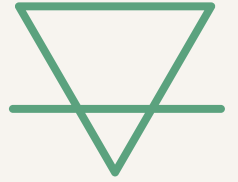
Sagittarius Rising

Keywords:	Optimistic • Free-spirited • Philosophical
In Relationship:	Brings humour, honesty, and big-picture thinking.
Gift:	Expansive perspective that inspires others.
Shadow:	Restlessness; avoiding commitment or depth.
Mini Practice:	Write one "tiny adventure" for the week — exploration fuels alignment.



Earth Rising

(TAURUS, VIRGO, CAPRICORN)



Theme: Grounded, practical, stabilising energy that creates structure and calm..

Taurus Rising

- Keywords:** Sensual • Steady • Comfort-loving
- In Relationship:** Loyal, tactile, soothing to be around.
- Gift:** Embodied presence & reliability.
- Shadow:** Resistance to change; holding on too tightly.
- Mini Practice:** Sensory grounding — feel 3 textures around you for 30 seconds.

Virgo Rising

- Keywords:** Observant • Helpful • Refining
- In Relationship:** Shows love through small acts & attentiveness.
- Gift:** Insight into what needs organising or healing.
- Shadow:** Self-criticism or overthinking.
- Mini Practice:** The “one-surface ritual” — tidy one small area to restore mental clarity.

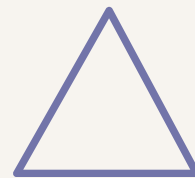
Capricorn Rising

- Keywords:** Composed • Responsible • Goal-focused
- In Relationship:** Reliable, intentional, supportive of long-term growth.
- Gift:** Strong sense of purpose & leadership.
- Shadow:** Emotional guardedness or over-working.
- Mini Practice:** Name one micro-step toward your long-term goal today.



Air Risings

(GEMINI, LIBRA, AQUARIUS)



Theme: Social, communicative, idea-led, connecting energy.

Gemini Rising

- Keywords:** Curious • Playful • Quick-minded
- In Relationship:** Needs conversation & mental stimulation.
- Gift:** Lightness, humour, adaptability.
- Shadow:** Scattered energy or inconsistency.
- Mini Practice:** Ask one genuinely curious question today.

Libra Rising

- Keywords:** Charming • Harmonising • Diplomatic
- In Relationship:** Partnership-focused, seeks fairness & beauty.
- Gift:** Ability to create balance and connection.
- Shadow:** People-pleasing; difficulty making decisions.
- Mini Practice:** Ask: "What is actually balanced for me?" before responding.

Aquarius Rising

- Keywords:** Innovative • Detached • Unique
- In Relationship:** Values friendship & intellectual freedom.
- Gift:** Authenticity & vision.
- Shadow:** Emotional distance or unpredictability.
- Mini Practice:** Let your mind wander — free-write for 2 minutes without editing.



Water Rising

(CANCER, SCORPIO, PISCES)



Theme: Emotional, intuitive, receptive, depth-oriented energy.

Cancer Rising

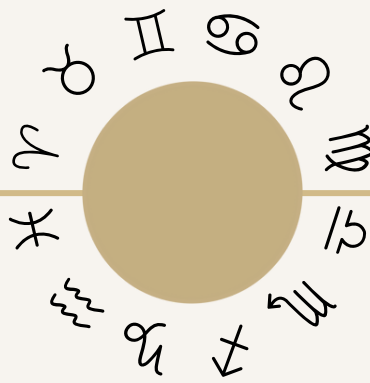
- Keywords:** Soft • Protective • Sensitive
- In Relationship:** Caring, nurturing, needs emotional safety.
- Gift:** Warmth, intuition, emotional wisdom.
- Shadow:** Moodiness or withdrawing.
- Mini Practice:** Hand-over-heart breathing for 1 minute.

Scorpio Rising

- Keywords:** Intense • Magnetic • Insightful
- In Relationship:** Loyal, transformative, perceptive.
- Gift:** Depth, focus, emotional truth.
- Shadow:** Guardedness, suspicion, or power struggles.
- Mini Practice:** Exhale-release — deep exhale through the mouth to drop tension.

Pisces Rising

- Keywords:** Dreamy • Empathic • Fluid
- In Relationship:** Soft, compassionate, blends easily with others.
- Gift:** Natural intuition & spiritual openness.
- Shadow:** Over-absorbing others' emotions.
- Mini Practice:** Imagine a soft light around your body — energetic boundaries.



Thank you

★ Want to understand your Rising Sign on a deeper, soul-aligned level?

Download your full Rising Sign Workbook on Etsy — detailed prompts, rituals, and integrations for your sign.



Miracles Abound | Shamanic Astrology
www.miracles-abound.co.uk