## SUNDAY'S READINGS - EXCERPTS TO PLACE IN YOUR COMMUNICATIONS

First Reading:

I myself will gather the remnant of my flock from all the lands to which I have driven them and bring them back to their meadow. (Jer 23:3a)

Psalm:

The Lord is my shepherd; there is nothing I shall want. (Ps 23)

Second Reading:

For through him we both have access in one Spirit to the Father.

(Eph 2:18)

Gospel:

When he disembarked and saw the vast crowd,

his heart was moved with pity for them,

for they were like sheep without a shepherd;

and he began to teach them many things. (Mk 6:34)

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### WEEKLY READINGS AND OBSERVANCES - ENGAGE PARISHIONERS IN DAILY MASS AND PRAYER

Readings for the Week of July 22, 2018

Sunday: Jer 23:1-6/Ps 23:1-3, 3-4, 5, 6 [1]/Eph 2:13-18/Mk 6:30-34

Monday: Mi 6:1-4, 6-8/Ps 50:5-6, 8-9, 16bc-17, 21 and 23 [23b]/Mt 12:38-42

Tuesday: Mi 7:14-15, 18-20/Ps 85:2-4, 5-6, 7-8 [8a]/Mt 12:46-50

Wednesday: 2 Cor 4:7-15/Ps 126:1bc-2ab, 2cd-3, 4-5, 6 [5]/Mt 20:20-28 Thursday: Jer 2:1-3, 7-8, 12-13/Ps 36:6-7ab, 8-9, 10-11 [10a]/Mt 13:10-17

Friday: Jer 3:14-17/Jer 31:10, 11-12abcd, 13 [cf. 10d]/Mt 13:18-23 Saturday: Jer 7:1-11/Ps 84:3, 4, 5-6a and 8a, 11 [2]/Mt 13:24-30

Next Sunday: 2 Kgs 4:42-44/Ps 145:10-11, 15-16, 17-18 [cf. 16]/Eph 4:1-6/Jn 6:1-15

Observances for the Week of July 22, 2018 Sunday: 16th Sunday in Ordinary Time

Monday: St. Bridget, Religious Tuesday: St. Sharbel Makhl?f, Priest Wednesday: St. James, Apostle

Thursday: Sts. Joachim and Anne, Parents of the Blessed Virgin Mary

Friday: - - -Saturday: - - -

Next Sunday: 17th Sunday in Ordinary Time

## GOSPEL MEDITATION - ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

July 22, 2018 16th Sunday in Ordinary Time

"Now what?" It's a difficult thing to hear, isn't it? The train comes late, a child unexpectedly cries, and the latest public policy debate flares up in the news. Life throws us curveballs, and we have no choice but to adapt. Jesus and the Apostles find themselves in that exact situation in today's Gospel.

The Apostles have returned from their two-by-two missionary journey. As Jesus hears all of their stories, he knows they need time to recover and refresh. "Come away by yourselves to a deserted place and rest a while." Their wilderness retreat is short-lived, however, as eager crowds discover their location. Jesus is well aware of the needs of his disciples. Still, as he looks out at the crowd, "His heart was moved with pity for them, for they were like sheep without a shepherd." The rest break is over. "He began to teach them many things."

For those of us who have experienced a taste of much-needed relaxation only to have it taken away abruptly, perhaps we surmise what the Apostles might have been feeling in that moment. But Jesus isn't being inconsiderate of the Apostles needs. He offers them - and us - a lived lesson. St. John Paul II wrote, "The whole of Christ's life was a continual teaching: his silences, his miracles, his gestures, his prayer, his love for people, his special affection for the little and the poor, his acceptance of the total sacrifice on the Cross for the redemption of the world" (On Catechesis in Our Time, 9). In Jesus' choice to teach, we see all of these things: sacrificial love, concern for the marginalized, and priority of people's needs over personal preference. These aren't abstract ideals. They're lived realities as we strive to live and love like Jesus. When a new obstacle confronts you in your life, how do you respond?

#### LIVE THE LITURGY - INSPIRATION FOR THE WEEK

The many images we have of God help frame our relationship with Him. Have we ever imagined Jesus so deeply moved with emotion and engulfed with pity for us? We often are sheep without a shepherd who are lured by the emptiness of worldly attractions and superficial desires. We become lost. God, in the depth of His being, is deeply moved by our pain, loneliness, and heartache. God does not judge or condemn. He loves and is mercy itself. He knows firsthand the pain that comes with being lost and alone and desires to teach us about His merciful love. Do we want to be taught? Listen to God's word and be open to God's presence in the Eucharist.

#### EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

My daughter can easily become overwhelmed by having so much to do. She recently graduated from high school, and many times during those four years, she found herself going crazy from being involved in so many things. Sports, drama, youth group, homework, friends, and more all demanded a slice of her attention. Sometimes the slice of time that remained wasn't much and one does have to sleep!

A good everyday steward can get caught up in doing so much and giving so much that he or she loses sight of the fact that you cannot give what you do not have. If you have no time left, you cannot give that. If you have no energy left, you cannot give that. Finally, if you find yourself agitated and overwhelmed, you cannot give that which others benefit from the most: YOU! Even when we plant seeds in a garden after tilling and watering the soil, we must rest and wait for there to be growth. If we do not take time to rest and recharge, we are not allowing time for God's grace to bring forth new life in us. We fear that things will suffer without us, but the truth is that no one is benefiting from our fatigue. We can think we are giving but really we are empty. Take some time and rest in your God. Retreat and recharge. Then you will be able to share once again.

-Tracy Earl Welliver, MTS

## QUESTIONS OF THE WEEK - INVITE PARISHIONERS TO REFLECT AND RESPOND TO SCRIPTURE

First Reading

The prophet Jeremiah informs "the shepherds" (the religious leaders of Judah) of God's disapproval of their neglect of and apathy toward His people. How well do you treat the needy in your midst?

Second Reading

Paul speaks to the Ephesians how the cross of Christ is meant to bring unity to all believers. Where do you see this unity in the Church today?

**Gospel Reading** 

Jesus taught his disciples the importance of rest. How does rest bring about spiritual renewal for you?

# CATHOLIC QUOTES - WORDS TO INSPIRE THE FAITHFUL

With God, every moment is the moment of beginning again.

-Catherine Doherty

# WHY DO WE DO THAT? - CATHOLIC TRADITIONS EXPLAINED

Question

July 26 is the feast of Joachim and Anna. Who are they and what do we know about them?

Answer: Joachim and Anna are the parents of Mary, the mother of Jesus, yet there is absolutely no biblical reference to them whatsoever. So where do we get their names, and what is their story?

Their names are found in an apocryphal (hidden) gospel known as "The Infancy Gospel of James." Apocryphal, or hidden gospels, consist of accounts of Jesus' life that were ultimately not accepted as inspired works, and thus were not included in the Bible. However, they sometimes captured the Christian imagination, spilling into the devotional dimension of the community.

James' infancy gospel begins with the parents of Mary and their desire for a child. In their prayer and petitions to God, they are heard and given the blessings of a child, whom they named Mary. While we have no idea who Mary's parents really were, the fact that we celebrate the feast of Joachim and Anna indicates that the bond of family love is important in the Christian life.

Long before Grandparents' Day was established, the church had a feast that honored the presumed grandparents of Jesus. While their names are part of non-inspired apocryphal legends, the fact of the Savior's human ancestry is not. Christ, the incarnate Word, dwelt among us in the flesh in a human family. In honoring the grandparents of Jesus, we really proclaim our faith in the Incarnation -- God becoming human!