

Eastern Shore Sailing Association (ESSA)  
Tangier Fleet  
NOTICE OF RACE AND SAILING INSTRUCTIONS  
2023 – Will be accepted at April's Tangier Fleet Meeting

DISCLAIMER

All Competitors participate entirely at their own risk. ESSA, its officers, agents and Committee Boat captain and crew shall not be liable for any property damage or personal injury. All Captains and crew sail at their own risk and by entering and sailing a race thereby release ESSA, its officers, agents and Committee Boat captain and crew from any and all claims for damages related to sailing a race conducted under this NOTICE OF RACE AND SAILING INSTRUCTIONS. Rule 4 of the 2021-2024 Racing Rules of Sailing applies. **The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.**

1. GOVERNANCE

- 1.1 The regatta will be governed by the 2021-2024 Racing Rules of Sailing, and by this Notice of Race and Sailing Instructions.
- 1.2 These instructions apply for regattas hosted by the Tangier Fleet of ESSA unless a separate Notice of Race and/or Sailing Instructions are published.
- 1.3 Changes to sailing instructions must be approved by the ESSA Bridge and the Tangier Fleet.

2.0 NOTIFICATION

- 2.1 Sailing Instructions and Committee Boat assignments will be forwarded by e-mail and hard copies will be available from the Fleet Captain at least one week before the first race.
- 2.2 Competitors will be notified of changes to the sailing instructions by email.

3.0 REGISTRATION and FEES

- 3.1 All registrants must be members of ESSA. Registration and fee payment must occur before 5:00 p.m. on the first day the participant intends to race. Boats that have not paid the racing fee before racing will not be scored.

4.0 SCHEDULE OF RACES

- 4.1 The 2023 ESSA season Tangier Fleet Regatta shall consist of three six-race series held on consecutive Thursdays beginning May 11<sup>th</sup> 2023. The race starting sequence will be scheduled to start at 6:00 PM.

5.0 RACING CLASS

- 5.1. There will be two racing classes: Tanzer 22 One Design and PHRF (Non-Spinnaker). Other classes may be added if they have three or more registrants. Boats may switch classes between each series but must sail in one class in each individual series.
- 5.2. PHRF Class:
  - 5.2.1 All boats must have an official ESSA rating or an official PHRF Chesapeake rating to be scored.
  - 5.2.2 All boats must comply with current PHRF rules.
- 5.3 Tanzer 22 Class Rules:
  - 5.3.1 All boats will adhere to Tanzer 22 Class one design rules with these exceptions:
    - a. Cabin cushions may be removed.

- b. Whisker poles may not exceed  $1.5 \times J$  (12' - 10"). ( $J = 8.56'$ )
- c. Sails may be fabric of choice (non-Dacron).
- d. The luff length L of the genoa may exceed the class specifications.  
(The maximum LP measurement may not exceed 155% of J (13' -3-3/16").
- e. Rudders shall conform substantially to the T22 Class new rudder specifications.  
Rudders constructed by Del Walter substantially to T22 Class new rudder specifications are allowed.  
The rudder shipped with Peace of Heaven is allowed.

## 6.0 RACES:

General: Each boat participating in a race must have at least one ESSA member on board.

### 6.1. RACING AREA AND MARKS

Government marks in the Nanticoke River near Bivalve Harbor will be used as marks of the course with the following exceptions:

- a. An orange ball may be placed as a substitute for government mark "1" approximately 50 yards west of government mark "1".
- b. A private mark may be placed as a substitute for government mark "9A" approximately 200 yards north of government mark "9A". Using the private mark for 2023 sailing season.

### 6.2. SIGNALS

- a. Signals made ashore will be flown from the Committee Boat which shall be located in Bivalve Harbor. If the AP flag is displayed ashore "one minute" will be replaced with "not less than 10 minutes" in the race signal AP.
- b. Use of VHF radios by Competitors is **strongly** recommended. The Committee Boat shall monitor channel 72 during the race for emergencies and shall attempt to notify the fleet if the race has been abandoned or the course shortened. A radio is provided with the Committee Boat Equipment.
- c. Prior to Race Warning Signal verbal changes may be given from the Committee Boat (See rule 90.2 (c) and Appendix S pp S1, S2 and S7).
- d. Prior to the Race Warning Signal competitors may verbally ask for clarifications from the Committee Boat.

### 6.3. THE COURSE

- a. The Committee Boat shall display the course on the course board provided with the Committee Boat equipment.
- b. The Race Committee may require the competitors to sail through the start/finish line during the upwind and downwind legs of the course ("thread the needle"). This will be signaled by the "T" flag (red, white & blue vertical stripes) displayed prior to the warning signal of the first start.
- c. Two laps of the course shall be sailed when signaled by the "2" flag (blue pennant with white dot) which shall be displayed prior to the Warning signal.
- d. The race committee may shorten the course to finish a race within the time limits. This will be signaled by the "S" flag (white with blue square) displayed prior to the lead boat's reaching a mark of the course before the new finish line. A courtesy 2 blasts of the horn may be given.

### 6.4 THE START

- a. The starting line will be between a yellow flag on the Committee Boat and an orange ball.

b. Races will be started using the sound signal system described in Appendix S of The Racing Rules of Sailing (3 minute "Dingy" start) with the following modification:

The Tanzer 22 One-Design class and the PHRF class will start at the same time. There will be a Race Warning Signal consisting of five long blasts, approximately 4 minutes prior to that start.

c. If other classes are added, the order of start will be determined by the Fleet Captain.

## 6.5 THE FINISH

a. The finish will be between a yellow flag on the Committee Boat and an orange ball or a mark of the course if the race is shortened.

b. When a boat properly finishes it will receive an audible signal from the Committee Boat.

## 6.6 PENALTIES

a. The penalty for breaking a rule of Part 2 will be to complete a 720° turn as prescribed in rule 44.1.

b. The penalty for touching a mark of the course will be a 360° turn as prescribed in rule 31.

c. Penalty turns are to be completed at the first opportunity after the foul.

## 6.7 TIME LIMITS

The first boat to finish must cross the finish line within 90 minutes from the start signal. Other boats in that race must cross the finish line within 30 minutes of the first boat in order to receive a score.

## 6.8 ABANDONMENT OF RACE DUE TO WEATHER CONDITIONS

Each competitor is solely responsible for his or her personal safety.

a. The race committee may abandon a race at any time if they determine weather conditions to be too dangerous to the fleet. An abandoned race will be signaled via VHF channel 72 as well as 'N' over 'A' flags displayed.

b. If a competitor elects to withdraw from a race due to lightning, he/she shall notify the committee boat of their withdraw and the reason.

c. If a race is abandoned due to weather by the RC, it will not count in that series.

d. The race committee upon sighting or receiving a hailing from a boat of lightning and deems it appropriate shall immediately sound 5 or more blasts on the horn, broadcast a notice of race abandonment on VHF 72, and drop the race committee flag and weigh anchor.

## 6.9. PROTESTS

a. Protests must be filed not more than one half hour after the Committee Boat docks. Protest forms are available from the Fleet Captain or the Committee Boat.

b. Protests will be heard at a time and place to be determined by the Fleet Captain or his designee no later than prior to the next race or 7 days.

## 7.0 RACE COMMITTEE

a. Each participant will be required to serve as Committee Boat as assigned at the beginning of the season by the Fleet Captain. Racers who join during the season will be added to the list.

b. There will be no recruiting or hiring of substitutes to avoid Committee Boat duty. Committee Boats may trade assignments within each series.

c. No boat will serve as Committee Boat more than once in a series.

- d. If the assigned Committee Boat does not perform its duty as assigned and fails to notify the Fleet Captain and/or the alternate, it will be scored DSQ for that race.
- e. Committee Boats will receive an average of their scores in that series less their throw-out race for the series and Committee Boat duty will count as a race sailed.

### 8.1 INDIVIDUAL RACE SCORING

- a. For an individual race to be scored, it must have at least 3 participants and at least one boat must finish within the time limits set in section 6.7.
- b. The race shall be scored using the time on time scoring method using a value of 650.
- c. The standard low point scoring system will be used. Points will be awarded for order of finish (i.e. 1st place equals 1 point, 2nd place equals 2 points, etc.). Other points will be scored as follows:
  - Did Not Finish (DNF) = Number of boats finishing +1.
  - Did Not Start (DNS) and Disqualified (DSQ) = Number of boats starting +1.
  - Did Not Compete (DNC) = Number of boats starting +2.
- d. A boat that starts a race but does not sail the course will be scored as DNF **unless it abandons a race to render assistance to a vessel in distress. The boat(s) rendering assistance will be scored the average of their scores in that Series less their throw-out race for the series and the race will count as a race sailed.**

### 8.2 SERIES SCORING

- a. For a series to be scored at least 4 races must have been scored. This provides for at least 3 'counted' scores and 1 discard.
- b. There will be no makeup races.
- c. In determining the series scoring each competitor will discard their worst score in each series.
- d. In the event of a tie in the series scoring, the boat with the most number of 1st's shall win the tie breaker. If still tied on 1st's, the tie shall be broken by comparing 2nd's, 3rd's, and on until the tie is broken.
- e. If the tie cannot be broken by (d), the boat with the best finishing position of the two starting from the last race in the series in which both boats competed shall break the tie.

### 9.0 AWARDS

- a. To qualify for an award a boat must have raced in a majority (50% + 1) of the races scored in the respective series and /or season.
- b. The number of plaques awarded will be based on the number of participants in each series. 7 or more participants equals 3 plaques (1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> places). 6 or 5 participants equals 2 plaques (1<sup>st</sup> and 2<sup>nd</sup>). 4 or 3 participants equals 1 plaque (1<sup>st</sup> only).