## CHALLENGE COURSE and CLIMBING/RAPPELLING and PROGRAMS HEALTH HISTORY AND CONSENT FORM ADULT OR CHILD

You are about to take part in a challenge ("ropes") course experience and or climbing/rappelling ("activity") or program offered through BSA ("local council"). While participating in the activity you will undertake a wide variety of physical and mental challenges that are comparable to activities with which you may be more familiar. Much of the time, you will be engaged in activity of "moderateexertion,"

which is comparable to normal walking, golfing on foot, raking leaves, calisthenics, or slow dancing. For short periods of time, you will be engaged in activity of "vigorous exertion," which is comparable to fast walking, slow jogging, heavy gardening,

or shoveling snow. If any of the above activities are difficult for you discuss your participation with your physician. If these are activitoes you regulary engage without difficulty, you should be fit for participation in the program

Following are specific medical conditions about which participants should always seek advise of a physician before participating.

- Pregnancy (climbing harness can injure uterus)
- Kidney or liver transplant (climbing harness can injure transplanted organ)
- Healing fracture or joint injury (should be cleared by treating physician)
- Recent surgery (should be cleared by treating physician)
- Down syndrome (should have x-ray check for neck instability, as per recommendation of the Special Olympics)

If you or your physician has any questions about the physical requirements of the activity, feel free to contact the local council.

## **HEALTH HISTORY**

Name:								
Address:			phon	e:				
Personal physician				Tele	ephone:			
In case of emergency, please	contact:			Tele	ephone:			
Special dietary considerations	5:							
List known allergies:	T							
List required medications:								
If you are allergic to insect st	ings, do you have an ins	sect sting kit (	e.g., EpiPeı	n)?				
Do you wear contact lenses?	O Ives !	Olnol	A re you	pregnant?		Yes	No.	
Have you had as do you now			I Loort ott	n ale	D iabetes		Asthma	
Have you had or do you now Angin Epilepsy	Chest pains	Drug reacti	H eart atta ons	H igh blood p		5	H eart murmur	
If you answered "yes" to ar				1 0 1			-L	
D o you have any other medic	ral conditions that we s	hould he awa	re of?					
b o you have any other mean	sar containions that we si	nound be awa						
I understand that participation in								
derived, after carefully considering have carefully considered the risk	involved and have given	consent for my	self (or my	son or daughter	) to partici	pate in the	e activity, and waive all	-
claims I or we may have against S organizations associated with the								r
participation in the activity is ent								ers,
related parties, or other organization								
does not, however, apply to any hinvolving my child, I understand of								ian
selected by the adult in charge to s	secure proper treatment, inc	cluding hospital	lization, ane	sthesia, surgery	, or injection	n of medi	ication for my child. I,	
hereby grant and authorize Scoutin								
taken of me to be used in and/or for fundraising letters, annual reports,								',
communications, without paymen	t or any other consideration	n. This authoriz	ation extend	ls to all languag	es, media, f	ormats ar	nd markets now known or	
hereafter devised. This authorizati		•		ke said authoriz	ation in wri	ting. I un	derstand and agree that the	iese
materials shall become the proper I hereby hold harmless, and releas				auses of action v	which I my	heirs rer	presentative executors	
administrators, or any other person					vinen 1, my	nens, rep	presentative, executors,	
Participants sign					Date			
*If the participant is under age	18, his or her parent or gu	ıardian must als	so sign belo	w: Parent's				
or quardian's signature					Dota			