




CRITICAL PACKING LIST

- Three Day Supply of Prescriptions, Over the Counter Medications, Vitamins, Supplements
- Toothbrush & Toothpaste
- Toiletries and Hair Items
- Extra Batteries for Hearing Aid
- Eyeglass Cleaning Cloth
- Underwear, Socks
- Reading Material, Pen and Paper
- Shawl or Light Blanket
- Cell Phone with Charger
- Inexpensive Headphones
- Personal Hand Sanitizer
- Disposable Gloves
- Face Mask
-  Law Vital Information Form
- Advance Directives – Paper or Digital
- If you have a Pacemaker, Port or Pump – bring booklet with brand & model number
- Other _____

