

## **HOUSE OF GRACE FAMILY WORSHIP CENTER**

### **21 DAYS of FASTING & PRAYER**

January 9<sup>th</sup> through January 29<sup>th</sup>

Each believer is encouraged to abide by the following dietary restrictions during this period of consecration. In addition, please drink plenty of water, milk and 100% fruit juice!

<b><i>Foods to Eat</i></b>	<b><i>Foods to Avoid</i></b>
Fruit products	Beef, pork, dairy products
Vegetables (no pork!)	All fried foods
Salads	All Junk Foods
Pasta, Rice (yes macaroni & cheese)	Cake, cookies, donuts, etc.
Soup (no pork at all!) <b>Fish and Poultry ONLY Sun. and Wed.</b>	Candy and Chips
Cereal	Carbonated Drinks
Nuts (unsalted)	Caffeinated Drinks
Beans (no pork!)	
Bread (preferably whole wheat)	
Poultry and Fish ( <b>ONLY Sun. and Wed.</b> )	
Vegetables can be seasoned with smoked turkey on Sun. and Wed. <b>ONLY!</b>	

During our time of Fasting & Prayer, **Fridays** we will meet Virtually at 7:00 pm for corporate prayer. Wednesday mornings at 6:00 am we will use the prayer line. Details coming.

All Leaders are asked to meet each Sunday at 9:30 am for prayer as a group.

### ***Things to Remember***

1. Begin the Fast with a focused agenda of what you desire to accomplish.
2. Plan to spend time daily in personal Prayer and Bible Study.
3. Don't focus your attention on what you are missing, or you will miss the point of the Fast. The idea of Fasting is that my stomach (desire) is not my god!
4. If food is required with medication, eat an appropriate amount.
5. Do not overeat after the Fast.

2023 is your year to Leap into the Faith Realm!

# 21 Days to Launch My Leap of Faith

## **Week 1 – My Personal Commitment to Faith**

January 9 – 15, 2023

### **Day 1 Monday – I Commit Myself to a Faith that Pleases God above others**

And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him. Heb. 11:6 ESV

### **Day 2 Tuesday – I Commit Myself to a Life that is guided by Faith**

For I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. 17 For in it the righteousness of God is revealed from faith for faith, as it is written, "The righteous shall live by faith." Rom. 1:16-17 ESV

### **Day 3 Wednesday – I Commit Myself to a Faith that believes the Miracle before I see the Manifestation**

But the centurion replied, "Lord, I am not worthy to have you come under my roof, but only say the word, and my servant will be healed. 9 For I too am a man under authority, with soldiers under me. And I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my servant, 'Do this,' and he does it." 10 When Jesus heard this, he marveled and said to those who followed him, "Truly, I tell you, with no one in Israel have I found such faith. Matt. 8:8-10 ESV

### **Day 4 Thursday – I Commit Myself to facing life's challenges in the Expectation of Success**

But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" 39 And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. 40 He said to them, "Why are you so afraid? Have you still no faith?" Mark 4:38-40 ESV

### **Day 5 Friday – I Commit Myself to a Life of Prayer that is bolstered through Faith**

If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. 6 But let him ask in faith, with no doubting, for the one who doubts is like a wave of the sea that is driven and tossed by the wind. 7 For that person must not suppose that he will receive anything from the Lord; James 1:5-7 ESV

### **Day 6 Saturday – I Commit Myself to have Faith as a constant companion in every situation**

In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; Eph. 6:16 ESV

### **Day 7 Sunday – I Commit Myself to Receiving the Word of God at a Greater Level of Faith**

For good news came to us just as to them, but the message they heard did not **benefit** them, because they were not united by faith with those who listened. Heb. 4:2 ESV

# 21 Days to Launch My Leap of Faith

## Week 2 – My Cooperate Commitment to Faith

January 16 – 22, 2023

### Day 8 Monday – I Commit Myself to Encouraging others in the Realm of Faith

Let us hold fast the confession of our hope without wavering, for he who promised is faithful. 24 And let us consider how to stir up one another to love and good works, Heb. 10:23-24 ESV

### Day 9 Tuesday – I Commit Myself to using Faith the means of working cooperatively with others

For by the grace given to me I say to everyone among you not to think of himself more highly than he ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. 4 For as in one body we have many members, and the members do not all have the same function, Rom. 12:3-4 ESV

### Day 10 Wednesday – I Commit Myself to a Faith that strengthens others through my experiences

"Simon, Simon, behold, Satan demanded to have you, that he might sift you like wheat, 32 but I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers." Luke 22:31-32 ESV

### Day 11 Thursday – I Commit Myself to Using my Spiritual Gifts in this Fellowship and for the Kingdom

Having gifts that differ according to the grace given to us, let us use them: if prophecy, in proportion to our faith; 7 if service, in our serving; the one who teaches, in his teaching; 8 the one who exhorts, in his exhortation; the one who contributes, in generosity; the one who leads, with zeal; the one who does acts of mercy, with cheerfulness. Rom. 12:6-8 ESV

### Day 12 Friday – I Commit Myself to a Faith that Works

So also faith by itself, if it does not have works, is dead. 18 But someone will say, "You have faith and I have works." Show me your faith apart from your works, and I will show you my faith by my works. James 2:17-19 ESV

### Day 13 Saturday – I Commit Myself and others to a Faith that receives all of the blessings for God's children

Know then that it is those of faith who are the sons of Abraham. 8 And the Scripture, foreseeing that God would justify the Gentiles by faith, preached the gospel beforehand to Abraham, saying, "In you shall all the nations be blessed." 9 So then, those who are of faith are blessed along with Abraham, the man of faith. Gal. 3:7-9 ESV

### Day 14 Sunday – I Commit Myself to Encourage others to rise above their Doubts

And Jesus asked his father, "How long has this been happening to him?" And he said, "From childhood. 22 And it has often cast him into fire and into water, to destroy him. But if you can do anything, have compassion on us and help us." 23 And Jesus said to him, "If you can! All things are possible for one who believes." Mark 9:21-23 ESV

# 21 Days to Launch My Leap of Faith

## **Week 3 – My Community Commitment to Faith**

January 23 – 29, 2023

### **Day 15 Monday – I Commit Myself to a Faith that is Visible and Vigorous in this world**

Be watchful, stand firm in the faith, act like men, be strong. 1 Cor. 16:13 ESV

### **Day 16 Tuesday – I Commit Myself to a Faith that enables me to live in this world Victoriously**

For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world— our faith. 5 Who is it that overcomes the world except the one who believes that Jesus is the Son of God? 1 John 5:4-5 ESV

### **Day 17 Wednesday – I Commit Myself to a Faith that enables me to prosper and be in good health**

Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul. 3 John 1:2 ESV

### **Day 18 Thursday – I Commit Myself to a Faith that enables me to be a constant reflection of Christ**

And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward Matt 6:16 ESV

### **Day 19 Friday – I Commit Myself to a Faith that enables me to believe God will reward our fast**

But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you Matt 6: 17-18 ESV

### **Day 20 Saturday – I Commit Myself to a Faith that enables me to be confident that God hears my prayers**

And this is the confidence that we have toward him, that if we ask anything according to his will he hears us. And if we know that he hears us in whatever we ask, we know that we have the requests that we have asked of him. 1 Jn 5:14–15 ESV

### **Day 21 Sunday – I Commit Myself to a Faith that enables me to sing praises and give thanks to God**

I will give to the LORD the thanks due to his righteousness, and I will sing praise to the name of the LORD, the Most High. Ps 7:17 ESV

## **HoGFWC Confession of Giving & Blessing**

Out of love and obedience to Your Word, we bring our tithes and offerings to You. We joyfully accept and believe in Your priorities and promises:

Bring the whole tithe into the storehouse, that there may be food in my house. Test me in this," says the Lord Almighty, "and see if I will not throw open the floodgates of heaven and pour out so much blessing that you will not have room enough for it. 11 I will prevent pests from devouring your crops, and the vines in your fields will not cast their fruit," says the Lord Almighty.

As a result of our faith and obedience to Your Word we ask that You:

OPEN! Unlock heaven to give us the provisions we need for our life and the perspective we need for our desires and destiny.

POUR! Do the phenomenal and spectacular in our lives by releasing the blessing that will take us beyond greatest aspirations.

PROTECT! Cover everything that we currently have and don't allow the enemy to abort anything that You have predestined to give us in the future.

The tithe and offering are what we owe, sacrificial giving are the seeds we sow. You will give more seed to those who sow. When we give generously, we will reap generously. We have the power to determine our financial harvest, and so we sow with the expectation of jobs and better jobs, raises and bonuses, houses and land, debt freedom and supernatural increase. Bless us indeed and enlarge our territory for Your Glory! We now give, out of our faith and trust in You, in Jesus Name, AMEN!