

## Lash Extension Aftercare:

- It is normal to shed 3-5 natural lashes daily
- Fill intervals will vary some based on your natural growth cycle and your at home care regimen
- To extend the life of your lashes, schedule fills every 2-3 weeks
- You must have more than 15 lashes per eye for your appointment to be considered a fill. Less than this or fill greater than 3 week interval will be considered a full set
- Do not get lashes wet for the first 24 hours
- Avoid steam, hot tubs, saunas for 12-24 hours
- No mascara, especially waterproof
- No oil-based make-up remover, coconut oil moisturizers or oil-based eye creams
- No lash curlers regular or heated
- Avoid picking or pulling at lashes. Doing so will damage the integrity of your natural lashes
- Cleanse lashes with an approved lash cleanser 2-3 times per week (available for purchase directions below)
- Brush lashes daily when out of place
- Can use approved lash serum on the root only to help maintain natural lash health (available for purchase)
- Sleeping on your back is recommended. If you're a side/stomach sleeper, a silk pillowcase or sleep mask is recommended

# Lash Extension Shampoo:

#### **Directions:**

- Lightly shake bottle
- Apply a small amount of foam to the lash line using the applicator included in kit.
- With eye closed, move applicator gently along lash line.
- Rinse with water once sufficiently clean and gently pat dry then brush lashes with lash wand

### **Recommended Use:**

Use 2-3 times weekly for better retention of eyelash extensions or as needed as makeup remover for eyeliner or eye shadow.

#### Caution:

- Do not use within 24 hours of application of extensions or fill
- For external use only. Discontinue if irritation occurs. Consult a doctor if necessary. Keep out of reach of children