



Patient Education Sheet

Side effects of cannabis are predictable, manageable, and temporary (very short term).

- Dry mouth, dry or red eyes, hunger
- Tachycardia, orthostatic hypotension
- Lung and bronchial irritation, (cough, bronchitis) associated with vaping
- Impaired mental function: confused, disoriented, euphoric
- Headache, dizziness, syncope, blurred vision, balance impairment
- Drowsiness/fatigue
- Nausea, cannabis hyperemesis (rare)
- Anxiety (high THC content), panic reactions (high THC content), paranoia, toxic psychosis (depends on variety and other factors)

A person can ingest too much marijuana, however typically, it will not result in permanent disability or death. A lethal dose is 1,500 pounds consumed in 15 minutes.

Potential drug interactions:

- Warfarin (Coumadin) – slows it down, may need to adjust dose
- Calcium channel blockers (nifedipine)
- Macrolide antibiotics
- Benzodiazepines
- Statins (atorvastatin, rosuvastatin)
- NSAIDS (ibuprofen, aspirin)
- Melatonin, valerian root, St. John's wort, echinacea



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Dosing per Kentucky regulations: Start low and go slow

Supply limits and associated product formats

Form of medical cannabis	10-day supply limit	30-day supply limit*	Example products
Raw plant material	37.5 grams	112 grams	N/A
Concentrates	9.5 grams	28 grams	<ul style="list-style-type: none"> ▶ Vape cartridges ▶ Nebulizer solutions
THC-infused products	1,300 milligrams	3,900 milligrams	<ul style="list-style-type: none"> ▶ Edibles ▶ Pills ▶ Capsules ▶ Oils ▶ Liquids ▶ Beverages ▶ Tinctures ▶ Suppositories ▶ Dermal patches
Non-consumable (topical) products	N/A**		<ul style="list-style-type: none"> ▶ Gels ▶ Creams/lotions ▶ Ointments ▶ Cosmetics ▶ Soaps

*A medical cannabis practitioner may recommend an amount of medical cannabis for a thirty (30) day supply that is higher than the above supply limits if the practitioner reasonably believes that the established limits would not provide uninterrupted therapeutic or palliative relief to the qualified patient.

** Non-consumable products will not count toward a qualified patient's supply limits.