



My Holistic Self Counselling

Heal. Grow. Expand.

Authorization to Release Confidential Information

I, _____ Date _____
(Name of Client)

Authorize the verbal and/or written release and exchange of my confidential medical, psychological, psychiatric, vocational. And/or other information as appropriate between the following specific individuals/organizations:

- From To My Holistic Self Counselling: Jennifer Jurkofsky
- From To Spouse/Partner/Family Member: _____
- From To Health Care Professional: _____
- From To Lawyer: _____
- From To Insurance Company: _____
- From To Employer: _____
- From To Other: _____

Subject to the following exclusions and limitations:

I understand that I may revoke this consent at any time by informing the above parties in writing.

(Client Signature)

(Date)

(Parent/Guardian Signature it Required)

(Date)

(Witness Signature)

(Date)

This release of information remains in effect for one year from the date of signature unless otherwise notified