

HUMAN DESIGN - ACTIVE/RECEPTIVE ENERGY TYPE GENERATOR

Strategy for navigating Life

Wait and follow your Sacral Response to the stimuli from the Universe which will lead to **Victory**: Loving what you do!

Life Code: Responsive

Need: External Stimulus

Purpose: Encompass/Organize, here to Work/Build

Interactions: Groups

Existential Question: Who am I?

Signposts for Alignment

CLUES I AM

OUT OF ALIGNMENT

FEELINGS OF FRUSTRATION

LOW VIBRATION: COMPLAINING AND

FEELING ENSLAVED

ATTITUDE NEEDED: RESILIENCE

CLUES I AM

IN ALIGNMENT

I AM SATISFIED!

GIFT: FLOW

HIGH VIBRATION: RHYTHMIC,
PATIENT, RECEIVING

I AM HERE TO CO-CREATE & AMPLIFY!

I am a powerful and unstoppable source of energy,
able to create what I want.

I create my dreams by honouring and following what
lights me up.

What I want comes to me without struggle when I
follow my "Yes".

I give myself permission to release the things my gut
says "No" to.

I am a once in a lifetime unique being created
exactly as I am meant to be.

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Crystal: Sunstone

Doing what lights you up not only feels amazing, it is what leads to abundance and flow as well!

Your Aura is open and enveloping, often taking in everything and everyone. It is important that you listen to your Sacral, does this activity or time with this person light you up? Sunstone, associated with the Sacral, is an aura cleanser and inspires enjoyment in life.

Sit with your Sunstone and affirm:

I am enough! Resilience paves my way.
I have incredible power and love inside me.
I am Satisfaction in Flow!



Flower Essences

BEECH, CHICORY, HOLLY, WILLOW,
OAT, WALNUT, ROCK WATER, PINE

ESSENTIAL OILS

Single Oil: Frankincense

Oil Blend: Palo Santo, Frankincense
Serata, Galbanum, Linaloe, Elemi,
Golden Frankincense, Frankincense