



**DAYTON UNIT NAACP
OFFICIAL PRESS RELEASE**

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Dayton Unit NAACP Town Hall

“Identifying Mental Health Issues in Today’s Youth...HOW CAN I HELP?”

DAYTON, OHIO - JUNE 19, 2017 - The Dayton Unit of the National Association for the Advancement of Colored People (NAACP) will host a Town Hall titled, ***“Identifying Mental Health Issues in Today’s Youth...HOW CAN I HELP?”*** The event will be held on Monday, June 26, 2017 at 6:30pm at the Dayton Boys Preparatory Academy located at 1923 W. Third St. The distinguished panelist will be Carol A. Prewitt, President of Prewitt Consulting, LLC, Matt Turner, RYT, Instructor at Dayton Yoga Club and Murel Suttles, MSW, LS, Eastway Corporation / Trotwood Middle School. The moderator will be Felicia A. Hill, BSN, RN, Chair of the Dayton Unit NAACP Health Committee.

“The life of a young adult is like riding “The Beast” rollercoaster at Kings Island for more than an hour, said Derrick L. Foward, President of the Dayton Unit NAACP. The emotional ups and downs, followed by twist and turns, can have a lasting impact on our Nation’s most venerable Citizens. Depression, anxiety, eating disorders and attention deficit hyperactivity disorder (ADHD) are all common signs of mental health disorders. When attempting to assist young adults through their adolescence years, let’s be mindful of these symptoms,” said Foward. “To heal our families, communities, nation and world, we must heal our mental health,” said Hill. Mental Health Matters!



Founded in 1915, the Dayton Unit of the National Association for the Advancement of Colored People (NAACP) is the city’s oldest and largest nonpartisan civil rights organization. Its members throughout the Dayton Region and Montgomery County are the premier advocates for civil rights in their communities. Their core goals are to ***Inform, Educate*** and ***Empower*** the Citizenry as they pursue justice and equality for all Americans.

For more information on the Dayton Unit NAACP, please call (937) 222-2172 or visit www.naacpdayton.org