## Prayer Against Negative Thoughts

Almighty God,

I ask that you renew my mind according to your word (Romans 12:2). In your name, I demolish and cast down. All negative thoughts, pretensions, false arguments, accusations, and the lofty idea exalts against your word of truth (2 Corinthians 10:4-5). Through your power, I take captive every thought and make it obedient to Christ. I submit all fearful thoughts to you. Through my prayers and petitions, I will present my requests to you, as you guard my heart and mind in Christ and fill me with your peace (Philippians 4:6).

I praise you that I have the power to think about what is noble, proper, pure, lovely, and admirable through the Holy Spirit. If anything is excellent and praiseworthy, I will dwell on these things and have freedom and peace in my heart and mind.

(Phillippians 4:8).

**AMEN** 

