Dr. Gussak currently is the Medical Director of Roots & Rivers Naturopathic Medical Center and owns Bee The Medicine Apitherapy in beautiful Wenatchee, WA. She has been building her medical practice since she received her Naturopathic Physician License in October 2020 through Washington State after graduating from Bastyr University. She has a double major in Cell Biology/Neuroscience and Philosophy from Rutgers University, New Jersey. She has additional training in BioEthics from Georgetown’s Kennedy Institute of Ethics, has training as a Wilderness EMT, has worked in a Level 1 trauma hospital in NJ for 3 years as an Emergency Room Technician, and later accepted a position as Inpatient Patient Satisfaction Liaison working closely with Hospital Administrators, physicians, nurses, and reviewing survey data to improve the patient experience and train staff.

Due to graduating during COVID, she outfitted her Chevy Colorado and became a House Call Doctor in Central Washington State. Recently, she opened a private office for Concierge Patients in Historic Downtown Wenatchee.

When asked what conditions she treats, she likes to respond, “I just treat people.” Her approach is based on *identifying and treating deficiencies, inflammation, and toxicity.* Though mostly a family practice, Dr. Gussak’s Clinical Interests include Iatrogenicity, BioEthics, Mast Cell Activation Syndrome, Osteopathic Manipulation and Electrotherapy techniques for chronic and acute pain, Hyperthermia, Chronic Inflammatory/Infection Conditions, and Apitherapy (including Bee Sting Therapy), Homeopathy and Botanical Medicine. She believes that her job as the physician is to educate, identify and treat nutritional deficiencies, restore physical integrity, and address obstacles to healing.

She first took the Charles Mraz Apitherapy Course in 2016 after experiencing interesting improvements in her own journey with an Auto-Immune Neuro-Degenerative Disorder. She wanted to know the science and practical application of the traditional practice of placing Bee Stings on the body for Healing. As a result of her gratitude in what the bees have given her, she gives back by being an amateur beekeeper and serving on the Board of the American Apitherapy Society.

Dr. Maria Gussak wrote a chapter during her first and second years’ of medical school for a conventional medicine textbook entitled, “Iatrogenicity: Causes and Consequences of Iatrogenesis in Cardiovascular Medicine.” Her immediate goal is to establish an Inpatient Health Sanitarium and Physician Training Center with the help of her mentors and fellow Vitalist Naturopaths at her primary Professional Association, The Naturopathic Medicine Institute. She is also a member of The American Academy of Environmental Medicine and The Naturopathic Academy of Environmental Medicine.

In her private life, she spends a lot of time in service to her community, playing with her German Shepard Apollo and enjoying a quiet country life with her husband, Jason.