

Priest / ess / ex of Cornwall
Training
Curriculum 2023-2025



Spiral One

Mabon Season - The Cornish Wheel of the Year

- Ceremony to open the portal energies of your first spiral
- Workbook containing lessons about the Cornish wheel of the year, The Spirit of Cornwall, How to build an altar to the Spirit of Cornwall, and the Priestess value of being of service
- An audio activation from the Spirit of Cornwall
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Samhain Season - Radical Healing

- Ceremony for deep healing
- Workbook containing lessons about Morganna Le Fay, Healing with the Spirit of Cornwall, The archetype of the Healer within the Cornish energies, and The Crone as Village Wise Woman (Lead by Lorna Graham)
- An audio activation from Morganna Le Fay
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions



Yule Season - Sacred Silence

- Ceremony to unlock your ancient wisdom
- Workbook containing lessons about Merlin, The Mystic archetype within the energies of Cornwall, The powers of the new moon, and The Crone as Weaver & Storyteller (lead by Lorna Graham)
- An audio activation from Merlin
- King Arthurs Conception - a MP3 storytelling session
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Imbolc Season - Returning Rooted

- Ceremony for divine protection
- Workbook containing lessons about The Cornish Knockers, The Priestess value of caring for the land, and The waxing crescent moon
- An audio activation from the Cornish Knockers
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions



Ostara Season - Inner Child Blossoming

- Ceremony to embrace, accept & heal your inner child
- Workbook containing lessons about The Cornish Faeries, The Priestess value of inclusivity, The Child archetype within the Cornish energies & The powers of the 1st quarter moon
- An audio activation from the Cornish Faeries
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Beltane Season - The Divine Masculine

- Ceremony for empowerment
- Workbook containing lessons about Cernunnous, The Priestess value of wild magic, The King archetype within the Cornish energies, & The powers of the waxing gibbous moon
- An audio activation from the Cernunnous
- Homework
- The Doomed Love of Tristin & Iseult - A MP3 storytelling session
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions



Litha Season - Ancestral Wisdom

- Ceremony to embody your inner Divine Feminine
- Workbook containing lessons about The Mermaid Priestesses of Lyonesse, The Queen archetype within the Cornish energies & The powers of the full moon
- An audio activation from the Mermaid Priestesses of Lyonesse
- Homework
- The Priestesses of Lyonesse - A MP3 storytelling session
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Lammas Season - The Divine Feminine

- Sister, Brother or Sacred Sibling of Cornwall Ceremony
- Workbook containing lessons about Ker, The Priestess skill of calling in, The Priestess value of compassion & The powers of the waning gibbous moon
- An audio activation from Ker
- Homework
- The Mother of Cornwall - A MP3 storytelling session
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions




Spiral Two

Mabon Season - Alchemy

- Ceremony to open the portal energies of your second spiral
- Workbook containing lessons about the Cornish Dragons, The sacred element of Fire within the Cornish energies & The powers of the 3rd quarter moon
- An audio activation from the Cornish Dragons
- Homework
- Optional shadow journal prompts
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Samhain Season -The Oracle Priestess

- Ceremony to enhance your spiritual gifts
- Workbook containing lessons about Dowsing, Scrying, Discovering your personal values as a Priestess, The powers of the waning crescent moon, Spellwork & Your personal development of the Crone within (led by Lorna Graham)
- The Oracle Priestess - Live masterclass
- An audio activation from your Priestess Ancestors
- Optional shadow journal prompts
- Homework

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- An hour long 1-on-1 with Rebecca Burgess, course leader
 - A group circle to reflect and set intentions

Yule Season - The Intuition of the Priestess

- Ceremony to receive more of your ancient wisdom
- Workbook containing lessons about Expanding your intuition & The Deepening of your intuition as you get older (led by Lorna Graham)
- Intuitive Tarot - Live masterclass
- An audio activation from the Spirit of Cornwall
- Optional shadow journal prompts
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Imbolc Season - Rooted Divination

- Ceremony for gentleness & rest
- Workbook containing lessons about The element of Earth within the Cornish energies & How to hold space for others
- Divining with the Ogham - Live masterclass
- A guided meditation to soothe the soul
- Optional shadow journal prompts
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions



Ostara Season - Cleansing & Creating

- Ceremony for creativity
- Workbook containing lessons about The element of Air within the Cornish energies, How to clear energy & How to create guided meditations
- Reading the Runes - Live masterclass
- A guided meditation to reconnect with your inner child
- Optional shadow journal prompts
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Beltane Season - Embodied Empowerment

- Ceremony to embody your inner Divine Masculine
- Workbook containing lessons about embodied empowerment, How to create and conduct ceremonies & Wild Sex Magic
- Manifesting as a Priestess Skill - Live masterclass
- An audio activation from your Priestess self
- Optional shadow journal prompts
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions



Litha Season - Community Connections

- Ceremony to surrender into your Priestess self
- Workbook containing lessons about The element of Water within the Cornish energies, How to create sacred space & How to hold sacred circles
- The Energy Centres of the Body - Live masterclass
- A guided meditation to alchemise with the Celtic Sea
- Optional shadow journal prompts
- Homework
- An hour long 1-on-1 with Rebecca Burgess, course leader
- A group circle to reflect and set intentions

Lammas Season - Merging With Your Destiny

- Priest, Priestess or Priestess of Cornwall Dedication Ceremony