



# Temple of Cornwall Mystery School



## Welcome Pack

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You are soon to embark upon quite the adventure, and Cornwall is all about the wild adventures of the soul after all!

Over the next two years you will be guided through the spirals of yourself, with each turn unveiling new aspects of life, self and spirituality.

Deep healing will occur...

Clarity will drop in...

Acceptance and radical self-love will reign...

Welcome to the Priestess of Cornwall Training

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## The Compassionate Boundaries of the Mystery School

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Below you will find the boundaries which you will be expected to adhere to when coming to this sacred place, no matter whether we meet in the physical or the virtual.

These boundaries are in place to keep you safe, and to ensure that you get the absolute most out of your time here in The Temple of Cornwall Mystery School.

- Any homework must be completed. When homework is given, it is done so so that you can deepen you own personal practise and discover how you experience and partake in X, Y or Z. You are always encouraged to complete homework in a way that feels good to you.
- Be resourceful. Sometimes I will ask you to bring certain items to our ceremonies, rituals etc. and some of those times you may not have that item. So being resourceful could look like me asking you to bring a blue candle to a ceremony, a colour which you dont have! So you could either source a blue candle from a shop or a friend if you have time or trust yourself and your magic enough to decide that a white tea light, that you already have, will work just as well.
- I am here to support you, love you and help you, but I cannot help in a 'real world' way when it comes to mental illness. I am not a therapist. I am always happy to discuss your mental health during our 1-on-1's if you feel it would help you, but please know that I will always approach it from a spiritual & pastoral perspective rather than a psychological/medicinal/physiological perspective. Here are the details of a therapist that I would literally trust my life with. There are of course many other therapists available, as well as various resources provided by the NHS (UK only) to help people better manage and optimise their mental health, please do seek the help that is right for you as and when you need to.

- I will not tolerate inappropriate sexual behaviour between students, and even more so when it is brought into a shared energetic space with myself and/or other students. To be clear, I mean inappropriate as in forcing your sexual/romantic intentions on other students & making them feel uncomfortable, and inappropriately sharing sexual energy in a group setting that is not created for that purpose. If such situations arise you may be asked to leave the course without a refund.
- I understand that from time to time you may feel the need to project your emotions onto me as your teacher & guide. Whilst I understand & respect that, I hope that you have the same respect for me, and for yourselves, so that when I open up the conversation about your projection, you take a moment to calm yourself and discuss it with me as you would any other student/teacher relationship.
- Please do not ever take recreational drugs, no matter their 'strength', before or during your time in this container (such as ceremonies, 1-on-1's, group circles, completing your homework etc). This includes any narcotic or hallucinogenic plant medicine. This could not only put you in physical and spiritual danger that I would not be able to tend to as your teacher, but you also expose myself and others in this container to the same spiritual risk. If such situations arise you may be asked to leave the course without a refund.

- Whenever there are in-person events, the responsibility to get there will fall to you. My car will likely be filled with ceremonial gear for the day ahead, and I will usually get to these sacred sites at least an hour in advance to prepare. I do always encourage car-sharing between students though, and I am always happy to help facilitate that in a way that makes sense.
- (Priest/ess/ex students only) You are provided with timetables every 6 weeks or so, it is your responsibility to check these and book off or make time for the things you want to join me live for and for your homework
- (Priest/ess/ex students only) You get exactly what you put into this course. There is no guarantee that you will become a Priestess of Cornwall at the end of our 2 years together. It is incredibly rare for this to happen (and has yet to happen), but if, for example you don't complete any homework, don't attend live events etc. and are therefore unable to demonstrate to me your commitment, understanding or competence to be a Priestess and have not truly given yourself the opportunity to become your best Priestess self, then I am unable to initiate you into the wonders of being a Priestess of Cornwall.

- My office hours are Monday-Wednesday 9-5, and Friday 9-5 (unless you are international or on holiday abroad from the UK, then separate, mutually convenient arrangements will be agreed upon). Any communication will be read and replied to during this time, and your 1-on-1's will be during these times as well. You can email me whenever best suits yourselves but please be aware that I will only reply during office hours.
- If you are unable to attend a previously arranged meeting, then wherever possible, please ensure that you give me no less than 24 hour's notice. We will then rearrange for another mutually agreeable time.