



## Meningeal Worm in Caprines & Camelids

### Meningeal Worm (*Parelaphostrongylus tenuis*)

**Meningeal worm**, also known as **brain worm**, is a parasitic infection caused by the nematode *Parelaphostrongylus tenuis*. This parasite primarily affects **white-tailed deer**, which serve as the definitive host, but it can infect other animals such as **goats, sheep, alpacas, and llamas** (and sometimes even cattle and other species). These non-deer species are considered "aberrant hosts," meaning the parasite doesn't typically complete its lifecycle in them, leading to neurological symptoms.

### Description

- The adult *Parelaphostrongylus tenuis* worms live in the **deer's brain** and spinal cord. The eggs hatch into larvae, which are passed through the feces. Snails and slugs become infected by eating the larvae.
- **Goats, sheep, alpacas, and llamas** become infected when they ingest infected snails, slugs, or vegetation contaminated with the larvae.
- The larvae migrate through the animal's body to the **spinal cord and brain**, where they cause severe damage to the nervous system.

### Symptoms in Goats, Sheep, Alpacas, and Llamas

- **Neurological symptoms** are the hallmark of meningeal worm infection:
  - **Ataxia (lack of coordination)**: The animal may appear wobbly or unable to walk properly, stumbling or dragging its feet.
  - **Limb weakness**: Affected animals may have difficulty rising or standing.
  - **Head tilt**: The animal may hold its head in an abnormal position, often tilted to one side.
  - **Paralysis**: In severe cases, the paralysis can affect the hind limbs first, and may progress to other parts of the body.
  - **Decreased appetite** and **lethargy**.
  - **Excessive drooling** and difficulty swallowing.
  - **Abnormal gait** or inability to stand up (in severe cases).

### Diagnosis

- **Veterinary examination**: Diagnosis is often based on the animal's clinical symptoms, particularly neurological signs.
- **Serological testing**: Blood tests may detect exposure to *Parelaphostrongylus tenuis*.

- **Postmortem examination:** In some cases, the diagnosis may only be confirmed at necropsy (after the animal has died), where evidence of the parasite's presence in the central nervous system can be seen.

## Prevention and Management

### 1. Minimize exposure to snails and slugs:

- Keep goats, sheep, alpacas, and llamas in environments where the exposure to snails and slugs (which can carry the larvae) is limited. This can be done by fencing animals away from areas where snails are abundant, especially in moist environments.
- Snail and slug control around pastures or enclosures may also be effective.

### 2. Pasture management:

- Reduce grazing in areas known to harbor snails or slugs. Consider rotating pastures or moving animals to drier, less favorable habitats for snails.

### 3. Deworming:

- Regular deworming programs, under the guidance of a veterinarian, can help prevent a variety of parasitic infections, including meningeal worms. However, deworming is not typically effective once the parasite has caused neurological damage, as it does not remove the larvae from the nervous system.
- In some cases, a **specific deworming regimen** may be prescribed by a veterinarian to treat meningeal worm infection, but the treatment can vary depending on the severity of symptoms.

### 4. Early detection and treatment:

- If you notice neurological symptoms in your animals, consult with a veterinarian immediately. Early intervention may help reduce the progression of symptoms and improve the chances of recovery.

### 5. Monitoring white-tailed deer:

- Because deer are the primary hosts of the parasite, keeping the presence of deer in grazing areas under control may also reduce the likelihood of meningeal worm exposure.

## Treatment

- **Anti-parasitic medication:** While there's no surefire cure for meningeal worm infections, some anti-parasitic treatments, such as **ivermectin** or other dewormers, may be used to kill the larvae still in the body. However, treatment is more effective when administered early before neurological damage becomes severe.
- **Anti-inflammatory drugs:** Corticosteroids or other anti-inflammatory medications may be prescribed to reduce the swelling and inflammation around the brain and spinal cord.
- **Supportive care:** This includes providing a comfortable, quiet environment for the affected animal to rest and monitoring for any secondary complications.

## Outlook

- The prognosis for animals with meningeal worm infection can vary depending on the severity of the symptoms and the timeliness of treatment. If caught early, some animals may recover fully, while others may experience permanent neurological damage, leading to a poor quality of life.

- **Severe cases** may result in death if untreated, due to the damage to the central nervous system.

Meningeal worm infection in goats, sheep, alpacas, and llamas is a serious condition that can cause debilitating neurological symptoms. Early detection, management, and prevention are key to minimizing the effects of this parasitic infection. By reducing the risk of exposure to snails and slugs and maintaining a regular deworming schedule, you can help protect your animals from meningeal worm. Always consult a veterinarian for proper diagnosis and treatment if you suspect your animals are infected.

## How Local Deer Populations Affect the Spread of Meningeal Worm

Meningeal worm (*Parelaphostrongylus tenuis*) primarily affects **white-tailed deer** in North America, which serve as the definitive host for the parasite. In deer, the parasite reaches maturity, and its eggs hatch into larvae that are passed through the deer's feces. These larvae are then ingested by snails and slugs, which become intermediate hosts. When deer or other animals (such as goats, sheep, alpacas, and llamas) consume contaminated vegetation, they can become infected with the larvae. The larvae then migrate through the animal's body and travel to the brain and spinal cord, where they cause neurological damage.

### 1. **Deer Density:**

- High **deer populations** in a particular area can increase the likelihood of the parasite being present in the environment. When more deer are present, there are more opportunities for the parasite to be shed into the environment via the deer's feces, increasing the risk of infection for other animals like goats, sheep, llamas, and alpacas.
- **Overpopulation** of deer can lead to higher concentrations of parasite larvae in the soil and vegetation, making the environment more dangerous for other species.

### 2. **Deer Movement and Migration:**

- Deer are mobile animals that travel across large areas. As they move, they may spread the parasite to new areas, exposing new livestock or domestic animals to potential infection. Even if a farm or ranch is not directly adjacent to a forest or deer habitat, migrating deer can carry larvae into new regions, increasing the risk of infection.

### 3. **Seasonal Variability:**

- Deer populations tend to be higher in certain seasons (such as fall and winter), which may correlate with times when parasite transmission rates are higher. For example, during wetter months, snails and slugs are more abundant and can become infected with the parasite larvae more easily. Additionally, during these months, animals like goats and llamas might graze in areas where infected snails and slugs are present, leading to higher infection risks.

### 4. **Environmental Factors:**

- **Moist and damp environments**, where snails and slugs thrive, are more likely to be areas where deer populations are also active. Areas with high deer traffic, such as near woodlands, wetlands, and water sources, can be hotspots for parasite transmission. If livestock or other non-deer animals graze in or near these areas, they may ingest the infected larvae from the ground or vegetation.

## Impact of Local Deer Populations on Livestock and Non-Deer Species

### 1. Increased Risk in Rural and Suburban Areas:

- Livestock owners who live in or near wooded or rural areas with high **white-tailed deer populations** are at greater risk of exposure to meningeal worm. Animals such as goats, alpacas, and llamas that graze in these areas may ingest contaminated vegetation or come into direct contact with snails, slugs, or deer feces.
- Even in **suburban areas** where deer populations are increasing, the risk of exposure to meningeal worms can be significant, especially for farm animals that may be kept on properties near deer habitats.

### 2. Livestock on Pastures Adjacent to Deer Habitats:

- Farms and properties that are near deer habitats (such as wooded areas or along migration corridors) should be particularly vigilant about meningeal worm risks. It's important for farmers and ranchers to assess the **density of deer populations** near their properties and take precautions to limit the exposure of their animals to potential parasite sources.

### 3. Recreational Areas with Deer Populations:

- Areas like parks, nature reserves, or even hiking trails that have significant deer populations can pose a risk to both **domestic animals** (such as pets) and **livestock** that may graze nearby or come into contact with the area. Although meningeal worm primarily affects grazing animals like goats and llamas, it's important to consider the role that deer play in spreading this parasite.

## Management of Meningeal Worm in Areas with High Deer Populations

### 1. Monitor Deer Populations:

- If you're a livestock owner in an area with high deer populations, it's important to be aware of the local deer numbers. **Wildlife management programs** or local authorities can help monitor deer populations and manage their densities in a way that reduces the risk of overpopulation and excessive contamination of the environment with parasite larvae.

### 2. Control Snail and Slug Populations:

- **Snails and slugs** are crucial intermediate hosts for the meningeal worm larvae. Reducing the number of these animals on your farm can help lower the chances of parasite transmission. This may involve creating less hospitable conditions for snails and slugs (e.g., keeping the pasture drier and well-maintained).

### 3. Physical Barriers:

- Fencing areas where livestock are grazing or housed away from known deer movement paths can help reduce the risk of exposure. Fencing can be used to prevent deer from entering grazing areas, though it may not completely eliminate the risk if deer are highly abundant in the region.

### 4. Deworming and Monitoring:

- Regular **deworming schedules** are important for livestock, especially in areas with known deer populations. While traditional dewormers may not directly target meningeal worm larvae once they've migrated to the nervous system, early intervention with anti-parasitic treatments can reduce the risk of further spread and may prevent some infections.

- **Veterinary check-ups** and **neurological evaluations** are essential if meningeal worm infection is suspected. Early diagnosis can help manage the condition and reduce the likelihood of severe neurological damage.

The presence of **local deer populations** plays a significant role in the spread and transmission of **meningeal worm** to non-deer species such as goats, sheep, alpacas, and llamas. **Deer density, movement patterns, and environmental conditions** all contribute to the likelihood of parasite exposure in areas where these species coexist. Farmers and livestock owners in regions with high deer populations should remain vigilant, manage risks related to snails and slugs, and consult with veterinarians to develop appropriate parasite control strategies. By understanding the connection between deer and meningeal worm transmission, effective preventative measures can be taken to protect livestock from this potentially devastating infection.