

Stephen Ministry



Duncan Memorial United Methodist Church
A Stephen Ministry Congregation

**“Come to me, all you who are burdened, and
I will give you rest.” (Matthew 11:28)**

What is a Stephen Minister?

- A child of God who walks beside a hurting person
- A caring Christian who really listens.
- A member of our congregation who has been trained in how to provide distinctively Christian care.
- A person who ready to focus on your needs.
- A trustworthy confidant who will keep everything you say-even your identity- confidential.
- Someone who will faithfully meet with you on a weekly basis for as long as your need persists.

What a Stephen Minister is NOT

- A counselor or therapist
- A problem-solver
- Someone who runs errands or helps with chores.
- A casual visitor

Our Stephen Ministers are ready to provide you with the confidential, one-on-one Christian care you need to make it through a crisis or help you at a difficult time. Stephen Ministers provide care to people who are

- Grieving the death of a loved one
- Hospitalized or recovering from hospitalization
- Lonely or discouraged
- Coping with a terminal illness or caring for a family member with a terminal illness
- Disabled or caring for an ill or disabled family member
- Homebound or incarcerated
- Transitioning into retirement
- Dealing with aging
- Facing a life transition
- Experiencing a spiritual crisis
- An empty nester
- An overwhelmed parent