



This agreement is between is between Shine Resiliency Coaching LLC (SRC) and the client whose signature is indicated below.

Description

Coaching is a partnership (defined as an alliance, not a legal business partnership) between the Coach (Shine Resiliency Coaching) and the Client working in a strategic and creative process that is intended to support and encourage the Client in self-identified professional or personal challenges. The Coach is not a therapist or counselor.

Responsibilities

- The Coach acts as a wellness professional who supports the Client in the development of their resiliency strategies and skills in order to gain greater fulfillment in their life.
- The Coach will assist the Client in clarifying goals, identifying obstacles and support the development of resiliency strategies to help the Client achieve long and lasting change.
- The Coach agrees to maintain the integrity and privacy of the coaching sessions and all information gained within.
- The Client is responsible for making the coaching relationship a priority; attending scheduled sessions; being “self-accountable”; following through on implementing resiliency strategies; and be committed to the coaching process.
- The Client understands that coaching is not to be used as a substitute for professional advice by legal, mental, medical or other qualified professionals and will seek independent professional guidance for such matters.
- The Client agrees to communicate honestly, be open to feedback and assistance and create the time and energy to participate fully in the program.

Services

The parties agree to engage in a Resiliency Coaching relationship where sessions will last 50 minutes.

Schedule & Fees

This coaching agreement is valid beginning with the first session until the Client has determined that he/she has met their goals and/or no longer desires to participate in resiliency coaching. The fee is \$75.00 per session and is payable to the Coach via the SRC website at the time of scheduling the appointment.

Establishing Coaching Sessions

The time of the coaching sessions and/or location will be determined by Coach and Client based on a mutually agreed upon time. Coaching sessions may be in-office or virtual, depending on the preference of the Client.

Confidentiality

This coaching relationship, as well as all information (documented or verbal) that the Client shares with the Coach as part of this relationship is private and confidential. The Coach agrees not to disclose any information pertaining to the Client without the Client's written consent.

Cancellation and Missed Session Policy

The Client agrees that it is the Client's responsibility to notify the Coach at least 24 hours in advance of the scheduled session if the Client cannot attend the session, otherwise, the session fee will not be refunded to the Client. Sessions may be rescheduled by contacting the Coach at least 24 hours prior to the scheduled session.

The Client will be billed the full amount for a missed session. The Coach will wait for 15 minutes, before the Client is noted as missed for the session.

Termination

Either the Client or the Coach may terminate this agreement at any time.

Limited Liability

The Client agrees and understands that the coaching sessions are educational in nature and are not therapy or counseling. Except as expressly provided in this agreement, the Coach makes no guarantees or warranties, express or implied. The Coach's entire liability under this agreement, and the Client's exclusive remedy, will be limited to the amount paid by the Client to the Coach under this agreement for all services rendered up until the termination date.

This is the entire agreement of the parties, and reflects a complete understanding of the parties with respect to the subject matter.

Client Name: _____

Client Signature: _____

Date: _____