



VENUS BLISS

BLACK BELLA DC

www.BlackBellaDC.com

INFO SHEET



Many people eat healthy and exercise. Despite this, there can still be stubborn pockets of fat and lax skin that remain. Venus Bliss™ is clinically proven to non-invasively induce lipolysis safely and comfortably, using the diode laser applicators that are placed on the abdomen and/or flanks to deliver energy to and heat the adipose tissue layer. This results in a reduction of fat in the treated areas. In addition, Venus Bliss™ is also equipped with an (MP)² applicator to tighten skin, reduce circumference, and reduce cellulite. The technologies on Venus Bliss™ provide patients with a comprehensive treatment solution, resulting in a smoother, more contoured looking midsection.

NON-INVASIVE SLIM & SMOOTH TREATMENTS WITH VENUS BLISS™

NON-INVASIVE LIPOLYSIS / FAT TREATMENT	SKIN TIGHTENING*	CIRCUMFERENTIAL REDUCTION*	CELLULITE REDUCTION
<ul style="list-style-type: none"> Induces fat cell destruction in the abdomen and flanks 	<ul style="list-style-type: none"> Firms up and smoothens sagging skin 	<ul style="list-style-type: none"> Further reduces the circumference of the treated area Contours the appearance of the body 	<ul style="list-style-type: none"> Smoothens cellulite

THE IDEAL CANDIDATE

Anyone who wants to improve the appearance of fat pockets on the abdomen and flanks, and has one inch of pinchable, subcutaneous fat. The ideal candidate may also have skin that's starting to lose elasticity and/or shows early signs of laxity and dimpling.



KEY PATIENT BENEFITS

- A slimmer, more defined body shape*
- A smoother, firmer, more contoured-looking body*
- Comfortable treatments with no downtime
- Quick treatment sessions (25 minutes)
- Technology that is safe for all skin tones



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FAQ SHEET PART 1



FAT TREATMENTS

BEFORE THE TREATMENT

1. Am I a good candidate for this treatment? / Will this treatment work for me?

Fat treatments are safe for patients of any skin tone with a Body Mass Index of 30 or less.

For safety reasons, you may not be able to get this treatment if you have/are:

- Open lesions, wounds, or any sign of compromised wound healing
- Any unrepaired abdominal hernia
- Pregnant and/or breastfeeding
- A history of immunodeficiency disorders or using immunosuppressive medications
- A coagulation disorder or history of keloids
- Any neuropathic disorder, impaired skin sensation, or diabetic neuropathy
- Any skin sensitivity disorders or taking photosensitized medications
- An active tan or exposure to artificial tanning devices/excessive sunlight one week before or after your treatment
- Moderate to severe visceral fat, cellulite, or loose skin in the treatment area
- Currently using antiplatelets, anti-inflammatories, thrombolytics, anticoagulants, or heavy aspirin (more than 81 mg per day)
- History or evidence of squamous cell carcinoma or melanoma

2. I have darker skin – can I still get this treatment done?

Yes. Fat treatments with Venus Bliss™ are safe for all skin tones, even darker ones.

3. How long does each treatment take?

A single fat treatment typically takes 25 minutes to complete.

4. How many sessions will I need to see results?

Every patient is unique. A fat treatment with Venus Bliss™ may be effective with just one session, however, you should speak with your provider about what works best for you. Optimal results will be seen three to six months after completing your treatment plan.

5. If I'm getting multiple treatments done, how often/far apart should the sessions be?

Fat treatments with Venus Bliss™ should be performed six weeks apart.

6. Do I need to do anything to prepare for the treatment?

Just make sure your skin is clean. Do not apply any lotions or creams on the area you're having treated immediately before your session. Also note that the treatment cannot be done over tattoos. Before starting, your treatment provider will likely take a "before" photo, check your weight, examine the area for any irregularities, and mark out the treatment area with a white pencil.



DURING THE TREATMENT

1. How long does a treatment session last?

Each fat treatment lasts 25 minutes.

2. What does the treatment feel like?

A fat treatment with Venus Bliss™ will start with a cooling phase for a few seconds where you'll feel a slight chill from the applicators on your skin. You will then gradually feel the applicators getting warmer. Once the temperature builds, the applicators will switch to cooling mode again for a brief period to maintain the therapeutic temperature in the fat layer and to keep the treatment as comfortable as possible. This process of heating and cooling will continue for the duration of your treatment.

3. Will it be painful?

Fat treatments with Venus Bliss™ received high comfort ratings during clinical studies. You may feel a bit of discomfort as the applicators get warmer—this is expected as part of the non-invasive process for targeting the underlying fat—but it should still be manageable.

AFTER THE TREATMENT

1. How will I feel after my treatment?

The area may look a little flushed and feel tender, and some patients may experience a little bit of swelling, firmness, or bruising. All of these are normal and common following a fat treatment. The tenderness may take up to two weeks to resolve but it should be mild enough to not interfere with your daily activities. Of course, if something doesn't feel quite right, always consult with your treatment provider.

2. Is there downtime after the treatment? / How long is recovery time?

There is no downtime and no physical restrictions that you need to worry about. You should be able to resume your regular daily activities immediately after completing a fat treatment.

3. Do I need to do anything after my treatment?

Your treatment provider may recommend massaging the treatment area for five to 10 minutes, one to two times a day. Otherwise you don't need to do anything after your fat treatment.