

Contact

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www.linkedin.com/in/mandrewmx
(LinkedIn)

www.nowcounselingservices.com
(Company)

Top Skills

Business Management

Education Management

Public Speaking

Languages

Chinese (Professional Working)

English (Native or Bilingual)

French (Professional Working)

M. Andrew Montgomery LCSW, MBA

Licensed Clinical Social Worker

Summary

Peak Performance Mental Health Conditioning for Athletes, Actors, & Business Professionals

Experience

NOW Counseling Services, LLC

Chief Executive Officer

September 2018 - Present (1 year 7 months)

United States

Online Therapeutic Services

Elite Athletics & Sports Psychology

Chief Executive Officer

August 2017 - Present (2 years 8 months)

Salt Lake City, Utah

Helping athletes and organizations achieve peak performance through mental conditioning.

Players and Executives alike need the constant ability to focus, with a clear mind, on making decisions, moment by moment, that can alter for positive, or negative, the outcome from a simple play to a billion dollar industry. We help create, build, and maintain a focus that offers few in the sports industry such an advantage... how would a team perform if ALL players, coaches, and leaderships functioned... in, as it is said, ... "In the zone"...? That's where we come in...

Aloha Behavioral Consultants

Licensed Clinical Social Worker

November 2017 - Present (2 years 5 months)

Ogden, UT

University of Utah

Professor (Associate Instructor)

March 2008 - April 2017 (9 years 2 months)

Salt Lake City, Utah

Professor of Human Development and Mental Health Spectrum Courses

Sherwood Hills Recovery Resort

Substance Abuse Therapist

December 2015 - June 2016 (7 months)

Wellsville, Utah

Copper Hills Treatment Center

Clinical Therapist

February 2014 - June 2015 (1 year 5 months)

West Jordan, Utah

Knowledge Universe

Executive Director

May 2008 - August 2013 (5 years 4 months)

Greater Salt Lake City Area

- Directed daily operations for staff and clients
- 25% annualized rate of growth from year over prior year net revenue
- Management and oversight of 1.2 M budget.
- Increased center's enrollment from 59.9% in 2008 to 98.3% end of Q2 2013.
- Lowered attrition rate from 55% to 5.14% (49.86%) by improving training practices, culture, and QRIS.
- Increased overall customer satisfaction from 40% to 90% on a semi-annual survey through relationship building, engagement strategies, and increasing quality of the learning environment.
- Recognized by organization with awards for quality, financial results, management and leadership.
- Served on the "Leadership Track" training program helping to provide insight and recommendations to the leadership and executive team while learning KU's leadership systems.

University Neuropsychiatric

Child & Adolescent Clinical Therapist

2010 - 2011 (1 year)

University Neuropsychiatric Institute (UNI), SLC, UT

- Crisis Intervention
- Intakes and MHE
- Risk Assessments
- Individual Therapy

Salt Lake County Jail
Mental Health Therapist
May 2009 - 2010 (1 year)

- Crisis Intervention
- Intakes and MHE
- Risk Assessments for Acute and Sub-Acute Admissions and Evaluations
- Individual Therapy
- Mental Health Officer

Weber Human Services
Clinical Therapist
2007 - 2008 (1 year)

Ogden, Utah

- Play Therapy
- Counselor / Therapist for children and adolescents
- Group Therapy for teens and latency age
- Young Children Group Therapy

Intermountain Healthcare
Clinical Therapist
2006 - 2007 (1 year)

Ogden, Utah

- Newborn Intensive Care Unit
- Surgical Unit
- Emergency Room Grief Counselor

Education

University of Utah College of Social and Behavioral Science
Masters Degree, Social Work · (2006 - 2008)

Walden University
M.B.A., Emphasis in Leadership · (2010 - 2012)

University of Utah
Bachelors of Science, Human Development & Family Studies · (2002 - 2006)