SWFS 'Getting Together' Programme

South West Family Services

Our **Getting Together Programme** supports families who need help beginning family time sessions—whether starting for the first time or reconnecting after a long break. The programme runs for six weeks from the point we receive registration from both parents, and provides structured guidance to help family time get off to a positive and sustainable start.

What Happens

- Both parents register and confirm they wish to use the Getting Together Programme.
- Once the registration fee is paid, we complete an initial review of both parents' forms and confirm whether the programme is suitable for your family's circumstances. The six-week period begins at this point.
- We arrange preparation discussions with both parents and an initial child-preparation session, if required. These are usually held virtually, but can be completed in person if preferred.
- We then deliver **three or four supervised family time sessions**, usually weekly, as shorter and more frequent sessions tend to support children better than longer sessions spaced further apart.
- At the end of the programme, we hold a brief review meeting to plan what happens next.

Costs - The Programme is £800 inclusive across Devon, Somerset and Cornwall. (LAA funding is sometimes directed by the court for this service and a breakdown of costings for that purpose can be provided on request, approval subject to LAA prior authority)

Is this not quite what you need?

The SWFS Child & Family Support Programme provides a structured, child-focused package of support for children and co-parents who need help to improve or stabilise their current arrangements. Where families require more intensive support specifically around establishing spending-time arrangements, our dedicated Reunification service may be more suitable. If you would like more information about this or any of our other services—or if you need something more bespoke to meet the needs of your family or the family you are supporting—please get in touch.

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