Community Groups Brochure

2018-2019

REIM Training Solutions

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Internet Safety for children

Our children's workshops are suitable for all primary school aged children, with the content tailored to be appropriate for the age group.

The Fundamentals Workshop

We recommend all groups start off with this workshop which, over the course of an hour and 15 minutes, explores the potential for risk and harm online and the basic elements of online safety.

- Recognise the positive and negative aspects of Internet Use
- Know what personal Information is and the importance of keeping this private
- Understand the importance of password protection
- Recognise who is a trusted adult
- Understand the dangers of chatting to strangers online

The Follow On Workshops

These workshops are designed to build on the central principles covered in the Fundamentals workshop

1. Cyberbullying
- Understand the term Cyberbullying
- Know what devices, apps and websites can be used to cyberbully
- Define the terms Upstander & Bystander
- Understand the feelings associated with being cyberbullied
- Where and who to go to, to get help

2. Online Stranger Danger
- What does Stranger Danger Mean?
- What are the dangers of speaking to someone online that you don't know in the real world?
- Avatar V Real person

- Who to tell if someone is making us scared, confused or upset while online

3. Social Networking Safely
- How do Social Networking Sites work?
- Did you set it up your Social Networks yourself? Who helped you to set it up?
- Creating secure passwords
- How to behave on Social Networks
- Sharing safely and positively

4. Creating a Positive Digital Footprint
- What effects our Digital footprint
- What is a Cookie
- What is an IP Address
- Importance of keeping control of our own Digital Foot Print

- What is included in our digital footprint?
- How to control your DFP?

Post-Primary workshops

Our post primary workshops can be tailored to any age group from 12 - 18. Our aim is to inform young people about the dangers that they may encounter on-line and through this knowledge create a positive digital footprint which they can be proud of and take with them anywhere in the world!

We recommend a maximum of 60 young people for each workshop to ensure that each student gains the maximum benefit from the workshop, which comprises two topics out of the list below.

The Dangers of Sexting
With the popularity of image focused social media and mobile devices, sexting has become a huge issue for today's teens. The workshop will discuss what sexting is, what potential dangers are involved, the law in relation to indecent images and potential consequences. We will also give advice on what to do if a child has made a mistake by sending an image and it becomes public – who should they talk to; how can they get it removed; how to 'bury the bad with the good'.

Beware of Online Predators
Teenagers can sometimes feel a false sense of security that they are far too 'street wise' to get caught out by an online predator, but unfortunately, recent events show that teenagers are very much a vulnerable group, targeted by professional organised criminal gangs or lone predators. The workshop will introduce students to the different types of predators out there, and some of the methods used to target their victims. It will introduce case studies as a means of bringing the reality of an online predator to the forefront of students' minds.

The Dangers of Online Pornography
The prevalence of explicit pornographic material online is causing concern amongst many organisations who deal with the victims and perpetrators of sexual violence. This workshop shows the young people the dangers of excessive viewing of pornography, and highlights the difficulties which can occur in relationships when the line between reality and fantasy gets blurred.

The Dangers of Online Gambling

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Gambling is a growing problem among adolescents in the UK, with an estimated 60,000 children under 15 having a gambling addiction. During this workshop we talk to students about gambling, the potential pit falls including addiction, how and where to get help.

Cyberbullying

Cyber Bullying is when one person bullies another using some form of technology. Social media, chat sites, email, sms and games are all means by which it can be carried out. This workshop discusses the reasons behind it, how the victim may feel, and what to do if you are either the victim or the bully.

Gaming

Video games have many positive aspects, but unfortunately many of our children are playing games which are inappropriate for their age or are simply playing too much. This workshop explores the dangers of gaming, on- and off-line, including addiction, negative and inappropriate content and its potential consequences, and cyber safety when playing online.

Fake news

With increasing number of people using social media as their main source of 'facts' to inform them on world events, the ability to recognise 'fake' and unreliable articles and websites has never been more important. This workshop will use lots of examples to illustrate how easy it is to be taken in by false or misleading content on the world wide web.

If you have another area of concern not already mentioned we can incorporate it into a workshop for you.

Internet Safety for Parents

Our adult workshops educate parents in the practical skills needed to set up parental controls and protect their children on-line while using PC/Laptop, Android or 'I' device. We also provide knowledge on how to keep children safe while using some of the frequently used social media sites and tips on dealing with cyberbullying.

The workshops are approximately two hours long and are facilitated through presentation and demonstration, with time for question and answers. We will cover the following topics:

- Social Networking/ Online Gaming /Online Gambling /Inappropriate material
- Cyberbullying
- "Hot" Web Sites - current sites that may cause concern e.g. Omegle, Monkey
- Computer / Internet Parental Controls to include:
    - Set up User Accounts (for individual children)
    - Operating System Controls (age specific)
    - Internet Browser Security
    - Safe Searching
    - Internet Filters

Internet Safety for volunteers and committee members

2 Hour Workshop

- Keeping volunteers and committee members up to date with current technologies and apps
- Providing guidance on how to deal with issues that may arise in relation to children in their care
- Appropriate use of social media by clubs and community groups
- Recommended policies and procedures for community groups
- Building resilience in the face of online abuse

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Microsoft Office Training

Ideal for staff, committee or volunteers who need to brush up on existing skills or who need a basic level of knowledge of Microsoft packages.

Microsoft Word

Attendees will learn how to create and save a document, including document set up i.e. margins, headers, footers, entering text, formatting text, inserting pictures, graphics, tables.

Microsoft Excel

Basic Excel spreadsheet training. Focus on formatting, simple formulas and analysis tools.

Microsoft PowerPoint

Attendees will learn how to enter, edit and format text in presentations, apply unique titles to slides, insert images, drawn objects, pictures, video clips. Adding sound, animation and transitions to presentation will also be covered.

Who should attend?

Any staff member - no previous experience necessary

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