

# **National Council of Dentist Health Programs**

## **2025 State Dental Society Wellbeing Initiatives**

### **Resource Package**

#### **Contents**

- How to Use this Packet
- Executive Summary
- Full Survey Report
- Core Components of an Effective SDS Wellbeing Program
- Core Components Infographic

#### **Purpose**

This package provides State Dental Societies with clear, practical tools to strengthen dentist wellbeing programs. Based on national survey findings and informed by physician health program models, it translates evidence into specific, actionable components SDSs can use to improve access, confidentiality, and clinical reliability.