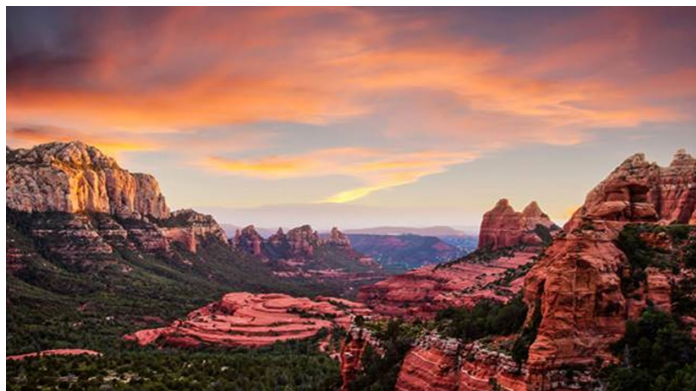




Arizona Chapter

INCORPORATED IN ARIZONA

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®



2026 Pediatrics in the Red Rocks Conference Agenda June 26-28

Course Description: The 49th annual *Pediatrics in the Red Rocks* is a three-day course designed to develop, maintain, and increase the knowledge, skills, and professional performance of pediatric healthcare providers by providing them with the highest quality, most relevant, and accessible educational experiences possible. *Pediatrics in the Red Rocks* is for primary care or hospitalist pediatricians, pediatric subspecialists, hospital and/or university faculty, residents, medical students, nurse practitioners, and physician assistants. The course combines lectures, case presentations, question and answer sessions, and workshops with time for informal interaction with guest faculty and peers.



AMA PRA Category 1 Credits™

The Arizona Chapter of the American Academy of Pediatrics (AzaAP) is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

AzaAP designates this live course educational activity for a maximum of **15.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MOC Part 2 Points

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of and feedback to the learner, enables the participant to earn **10.75** MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Thursday Activities | June 25, 2026

THURSDAY

Welcome

10:00 AM - 2:00 PM

OAK CREEK BALLROOM

AzaAP Board of Directors Meeting

PRIVATE MEETING

5:30 PM - 7:00 PM

CANYON PREFUNCTION FOYER HALLWAY

Thursday Night Pre-Registration

Registration Table Sponsored by: Brookes Publishing

After picking up your registration materials, join AzaAP's leadership as they welcome attendees at the opening reception. This event includes light appetizers and beverages. There is no charge for the event and guests are welcome.

OAK CREEK BALLROOM and CANYON PATIO

AzaAP Welcome Reception

FRIDAY

Day 1 | 5.50 CME

6:15 AM - 7:15 AM

CANYON PREFUNCTION FOYER HALLWAY and CANYON BALLROOM B

Registration/Breakfast in the Exhibit Areas

Registration Table Sponsored by: Brookes Publishing

FRIDAY COFFEE STATION

CANYON PREFUNCTION FOYER HALLWAY

(open during general sessions)

Coffee Stations Sponsored by: Valleywise Health

7:15 AM - 7:25 AM

CANYON BALLROOM A

Welcome Conference Overview

(Jodi Carter, MD, FAAP, AzAAP President)

7:25 AM - 8:10 AM

CANYON BALLROOM A

Lecture: Nutrition in the First 1,000 Days

(Christina Valentine, MD, MS, RDN, FAAP, FASPEN)

- *Describe the definition of the first 1,000 days*
- *Outline key nutrients for fetal and infant development*
- *Highlight food sources and guidelines for pregnancy and lactation*

This event is made possible in part by an AAP educational grant supported by Abbott, a proud supporter of AAP.

8:15 AM - 9:00 AM

CANYON BALLROOM A

Lecture: Ouch! Rheumatologic Approach to Joint Pain and Arthritis

(Geoffrey Thiele, MD)

- *Describe the characteristic history and exam findings of arthritis*
- *Differentiate between joint pain that is inflammatory vs non-inflammatory*
- *Determine the need for Rheumatologic evaluation in a patient with joint pain*
- *Recognize the different types of childhood arthritis and their treatments*

9:05 AM - 9:20 AM

CANYON BALLROOM A

Panel Q&A

9:20 AM - 9:50 AM

CANYON BALLROOM B and CANYON PREFUNCTION FOYER HALLWAY

Break/Refreshments in the Exhibit Areas

9:50 AM - 10:35 AM

CANYON BALLROOM A

Lecture: Caring for Children with Autism in the Medical Home: Beyond the Diagnosis

(Dannah Raz, MD, MPH, FAAP)

- *Analyze the heterogeneous nature of the autism spectrum*
- *Evaluate the efficacy and appropriateness of various therapeutic interventions*
- *Identify and manage common medical comorbidities in children with ASD*

10:40 AM - 11:25 AM

CANYON BALLROOM A

Lecture: Concussion and Youth Suicide Risk

(Shivana Naidoo, MD, DABPN, DFAACAP)

- *Review evidence for risk of depression and suicidal ideation for concussed youth*
- *Examine parallels between concussion and depression*
- *Assess how psychosocial interventions can help manage post concussed pediatric patients with mental health sequelae*
- *Propose GO SECURE acronym to help mitigate risk of suicide in concussed youth via reducing access to lethal means*

11:30 AM - 11:45 AM

CANYON BALLROOM A

Panel Q&A

11:45 AM - 12:15 PM

CANYON BALLROOM B and CANYON PREFUNCTION FOYER HALLWAY

Break/Refreshments in the Exhibit Areas

12:20 PM - 1:50 PM

TEQUA BALLROOM

Annual AzAAP Luncheon Meeting – Pre-registration required (or lunch on your own)

Special luncheon speaker, Dr. Susan Kressly, will present on Resilience in the Face of Adversity

There is no charge for AzAAP members and pre-registration is required.

Luncheon Sponsored by: Banner Children's

2:05 PM - 2:50 PM

CANYON BALLROOM A

Lecture: Targeting Pediatric Malnutrition

(Christina Valentine, MD, MS, RDN, FAAP, FASPEN)

- *Describe the prevalence of malnutrition in Pediatrics*
- *Outline key nutritional gaps*
- *Facilitate new screening tools and management strategies for improving nutrition in practice*

This event is made possible in part by an AAP educational grant supported by Abbott, a proud supporter of AAP.

2:55 PM - 3:40 PM

CANYON BALLROOM A

Lecture: Pediatric Coccidioidomycosis

(Nathan Price, MD, FAAP)

- *Describe the epidemiology of Coccidioides*
- *Choose and interpret the appropriate diagnostic tests*
- *Decide when and how pediatric Cocci infection needs to be treated*

3:45 PM - 4:00 PM

CANYON BALLROOM A

Panel Q&A

4:00 PM

Friday Educational Sessions Adjourn

4:00 PM – 5:00 PM

IRONWOOD

Child Injury & Fatality Prevention (CIFP) Open Committee Meeting

SATURDAY

Day 2 | 5.75 CME

6:15 AM - 7:15 AM

CANYON PREFUNCTION FOYER HALLWAY and CANYON BALLROOM B

Registration/Breakfast in the Exhibit Areas

Registration Table Sponsored by: Brookes Publishing

SATURDAY COFFEE STATION

CANYON PREFUNCTION FOYER HALLWAY

(open during general sessions)

Coffee Stations Sponsored by: Valleywise Health

8:00 AM – 12:00 PM

PALO VERDE

Hearing & Vision Hands-On Competency Training

7:15 AM - 8:45 AM **Workshops – Attendees choose from one of the following two sessions:**

A. CANYON BALLROOM A

Workshop: Walking People Back from the Vaccine Cliff: The Ins and Outs of Vaccines and How to Combat the Myths and Misinformation

(Nathan Price, MD, FAAP)

- Describe the changing epidemiology of vaccine preventable illnesses
- Describe the safety and efficacy of vaccines
- Refute common vaccine myths

B. OAK CREEK CANYON BALLROOM

Workshop: Psych Office Hours: Education & Case Consultation

(Shivana Naidoo, MD, DABPN, DFAACAP & Jacquelin Esque, MD)

- Identify 3-4 main questions from a patient case that can be used as teaching points
- Demonstrate how a psychiatrist works through a differential and establishes a working diagnosis
- Explore evidence-based medication treatment options, discuss their indications, side effects and risk vs. benefits to help providers consider next steps of treatment for mental health concerns
- Review non pharmacologic interventions- i.e. - psychosocial interventions, family dynamics, school communication, lifestyle modifications- for symptom management practical to primary care
- Increase provider preparedness by 70% re: medication intervention for mental health symptoms

8:45 AM - 9:15 AM

CANYON BALLROOM B and CANYON PREFUNCTION FOYER HALLWAY

Break/Refreshments in the Exhibit Areas

9:15-10:00 AM

CANYON BALLROOM A

Lecture: Strengthening Your Role as a Trusted Messenger

(Susan Kressly, MD, FAAP)

- Recognize the state of public trust and its impact on pediatric messages
- Recognize why both evidence and compassion matter in pediatric messaging
- Identify two things you can do in your practice to build and strengthen trust with patients and families

10:05 AM - 10:50 AM

CANYON BALLROOM A

Lecture: Transition to Adulthood: The "Cliff" for Neurodiverse Youth

(Dannah Raz, MD, MPH, FAAP)

- Summarize the timeline for transition planning
- Compare and contrast legal options for autonomy
- Formulate a formal "Transition Readiness" plan

10:55 AM - 11:40 AM

CANYON BALLROOM A

Lecture: The Post Psychiatric Hospitalization Visit - Efficient Interventions for Primary Care Providers

(Shivana Naidoo, MD, DABPN, DFAACAP)

- *Describe the unique challenges of a post psychiatric hospitalization visit in outpatient primary care and Recognize how managing these challenges can contribute to professional burnout*
- *Review strategies to manage our own reactions in effort to amplify our efficiency during this stressful assessment*
- *Propose the CLEAR protocol which can help organize this visit and maximize effective interventions*
- *Integrate responsible prescribing practices, risk assessment and reduction of access to lethal means strategies to ensure safe planning for stepping down from inpatient psychiatric care to outpatient primary care*

11:45 AM - 12:15 PM

CANYON BALLROOM A

Panel Q&A

12:15 PM - 1:15 PM

Lunch on Your Own: The resort is offering 10% off all dine-in and grab-and-go lunches from the onsite Shadow Rock Tap + Table restaurant.

12:15 PM – 1:15 PM

DRY CREEK CANYON

Tao Natural Healing

Sedona provides the perfect backdrop for reflection and renewal. Please join us in the Dry Creek Ballroom for a special non-CME session on Tao Natural Healing. You'll still have plenty of time to grab lunch on the go before returning to the afternoon general sessions.

1:15 PM - 2:45 PM Workshops – Attendees choose from one of the following two sessions:

A. CANYON BALLROOM A

Workshop: Lupus, Dermatomyositis, and the Ever-Confusing ANA Test

(Geoffrey Thiele, MD)

- *Recognize the basic principles of pathophysiology of lupus*
- *Identify signs and symptoms of lupus and JDM*
- *Differentiate between SLE, drug-induced lupus, and neonatal lupus*
- *Recognize how Rheumatologists diagnose lupus and JDM*

B. OAK CREEK CANYON BALLROOM

Workshop: Pediatric Vision and Hearing Screening in Arizona

(James O'Neil, MD & Nathan Page, MD, FAAP)

- *Appreciate the importance of vision and hearing screenings throughout childhood*
- *Recognize methods and recommendations for vision and hearing screening*
- *Review current status of vision and hearing screening in Arizona*
- *Discuss current technologies that enhance screening and treatment*

2:45 PM

Saturday Educational Sessions Adjourn

3:30 PM - 5:00 PM

CANYON BALLROOM B

“Life After Residency” Career Fair

A unique networking opportunity for graduating pediatric residents, fellows, and early career physicians looking to make connections with potential employers and find new opportunities in Arizona. This event includes light appetizers and beverages. There is no charge for job seekers.

5:30 PM - 7:00 PM

CANYON BALLROOM A and CANYON PREFUNCTION FOYER HALLWAY

AzAAP Poster Session Happy Hour

Poster Session Sponsored by: Phoenix Children's

Join conference attendees and AzAAP Chapter members for a happy hour poster session to learn about current Chapter programs, Arizona pediatric residency programs and other state projects of interest to pediatric healthcare professionals. This event includes light appetizers and beverages. There is no charge for the event and guests are welcome.

SUNDAY

Day 3 | 4.00 CME

6:15 AM - 7:15 AM

CANYON PATIO and CANYON PREFUNCTION FOYER HALLWAY

Breakfast

7:15 AM - 8:45 AM Workshops – Attendees choose from one of the following two sessions:

A. CANYON BALLROOM A

Workshop: You Screened for Autism Now What? A Case-Based Workshop for Pediatricians

(Dannah Raz, MD, MPH, FAAP)

- Differentiate between concerns that would require immediate specialty referral and developmental delays that can be managed in the medical home
- Practice delivering a preliminary diagnosis of autism to families using empathetic, culturally sensitive, and jargon-free communication
- Navigate the Arizona-specific referral landscape, ensuring referral locations are appropriate and correct documentation is provided

B. OAK CREEK BALLROOM

Workshop: Congenital CMV in Arizona: Screening, Management, and What Pediatricians Should Do Now

(Nathan Page, MD, FAAP & Jason Couch, DO, FAAP)

- Describe the epidemiology and clinical spectrum of congenital cytomegalovirus (cCMV), including asymptomatic infection, isolated sensorineural hearing loss, and symptomatic disease
- Compare targeted (hearing-based) and universal screening strategies for cCMV, including advantages, limitations, and implications for pediatric practice in Arizona
- Develop an evidence-based management plan for infants diagnosed with cCMV, including appropriate diagnostic evaluation, indications for antiviral therapy, and recommended specialty referrals
- Counsel families regarding prognosis, risk of delayed-onset hearing loss, and recommended longitudinal audiologic and developmental follow-up

8:45 AM - 9:00 AM

CANYON PATIO

Morning Coffee Station

9:00 AM - 9:45 AM

CANYON BALLROOM A

Lecture: Fever, Rashes, and Rheumatology...Oh My

(Geoffrey Thiele, MD)

- Define prolonged fever vs recurrent fevers
- Identify rashes that are typical for Rheumatologic conditions
- Describe the initial evaluation in a patient with recurrent/prolonged fevers
- Select the appropriate testing that can be done by primary care providers for recurrent fevers

9:50 AM - 10:35 AM

CANYON BALLROOM A

Lecture: Musculoskeletal Infections in Children

(Nathan Price, MD, FAAP)

- Recognize the signs and symptoms of serious bacterial musculoskeletal infection in children
- Choose and interpret the appropriate diagnostic tests
- Choose appropriate antibiotic therapy for MSK infection

10:40 AM - 11:25 AM

CANYON BALLROOM A

Lecture: Reshaping the Future of Pediatric Healthcare Delivery

(Susan Kressly, MD, FAAP)

- *Review the drivers shaping current delivery models*
- *Reimagine pediatric care delivery through a family-centered lens*
- *Explore the impacts of moving from transactional to relational healthcare delivery*

11:30 AM - 11:45 AM

CANYON BALLROOM A

Panel Q&A

11:50 AM - 12:00 PM

CANYON BALLROOM A

Closing Remarks

(AzAAP Incoming President, Sara Park, MD, FAAP)

12:00 PM

Adjourn/Evaluations/Pick up Certifications

CANYON PREFUNCTION FOYER HALLWAY

Turn in Evaluations/Pick up CME Certificates

Thank You!

Join Us Next Summer

2027 Pediatrics in the Red Rocks
Dates and location coming soon