A Sports Physical is NOT a Substitute for a Well Care Visit

Your child needs a comprehensive well care visit each year to access their overall health & well-being. A sports physical outside of your pediatrician's office is not enough. When you child needs a sports physical, see your child's pediatrician for a complete physical and well child exam.

Well-Child Visits Include:

- Review of personal & family history
- Head-to-toe examination
- Evaluation for risk factors including mental health, reproductive health & long term health
- Screenings for vision, hearing & much more
- Confidential discussions regarding your child's concerns & new issues
- Immunizations

Sports Physicals Only Include:

- Review of personal & family history
- Surface physical exam
- Evaluation for risk factors for participating in sports

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