



Arizona Chapter

OF THE AMERICAN ACADEMY OF PEDIATRICS

INCORPORATED IN ARIZONA

2023 Pediatrics in the Red Rocks

Conference Agenda

July 21-23, 2023

Course Description: The 46th annual *Pediatrics in the Red Rocks* is a three-day course designed to develop, maintain and increase the knowledge, skills, and professional performance of pediatric healthcare providers by providing them with the highest quality, most relevant, and accessible educational experiences possible. *Pediatrics in the Red Rocks* is for primary care or hospitalist pediatricians, pediatric subspecialists, hospital and/or university faculty, residents, medical students, nurse practitioners, and physician assistants. The course combines lectures, case presentations, question and answer sessions, and workshops with time for informal interaction with guest faculty and peers.



AMA PRA Category 1 Credits™

The Arizona Chapter of the American Academy of Pediatrics is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

The Arizona Chapter of the American Academy of Pediatrics designates this live course educational activity for a maximum of **16.00 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MOC Part 2 Points

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of and feedback to the learner, enables the participant to earn **8.75 MOC points** in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Thursday Activities | July 20, 2023

THURSDAY

Welcome

10:00-2:00 PM

OAK CREEK BALLROOM

AzAAP Board of Directors Meeting

PRIVATE MEETING

5:30-7:00 PM

CANYON PRE FUNCTION FOYER HALLWAY

Thursday Night Pre-Registration

OAK CREEK BALLROOM/CANYON PATIO

AzAAP Welcome Reception

Sponsored by: Banner Children's

After picking up your registration materials, join AzAAP's leadership as they welcome attendees at the opening reception. This event includes light appetizers and beverages. There is no charge for the event and guests are welcome.

FRIDAY

Day 1 | 5.00 CME

6:30-7:30 AM

CANYON PRE FUNCTION FOYER HALLWAY and CANYON BALLROOM B
Registration/Breakfast in the Exhibit Areas

FRIDAY COFFEE STATION

CANYON PRE FUNCTION FOYER HALLWAY
(open during general sessions)

7:30-7:40 AM

CANYON BALLROOM A

Welcome Conference Overview

(Kristina Wilson, MD, FAAP—AzAAP President)

7:40-8:25 AM

CANYON BALLROOM A

Lecture: Infection Prevention in the COVID ERA: A Pediatric Perspective

(Nathan Price, MD, FAAP)

- *Compare attitudes and practices during different epidemics*
- *Describe the current COVID epidemiology*
- *Discuss the evidence behind current infection prevention practices*
- *Discuss the importance of infection prevention*

8:30-9:15 AM

CANYON BALLROOM A

Lecture: Pediatric Firearm Injuries and Fatalities: The Clinician's Guide to Policies and Approaches to Firearm Harm Prevention

(Lois Lee, MD, MPH, FAAP)

- *Examine the epidemiology of firearm violence*
- *Demonstrate how pediatricians can talk to families about firearm safety*
- *Discuss areas for advocacy related to pediatric firearm injury prevention*

9:20-9:35 AM

CANYON BALLROOM A

Panel Q&A

9:40-10:10 AM

CANYON BALLROOM B and CANYON PRE FUNCTION FOYER HALLWAY

Break/Refreshments in the Exhibit Areas

Refreshment Break Sponsored by: HonorHealth

10:10-10:55 AM

CANYON BALLROOM A

Lecture: New AAP Guidelines for Obesity Management

(Craig Primack, MD, FAAP)

- *Review important points in 2023 guidelines*
- *Identify the proper use of patient-first language for obesity*

11:00-11:45 AM

CANYON BALLROOM A

Lecture: Autism in Girls

(Sydney A. Rice, MD, MS, FAAP)

- *Recognize that girls with autism may present differently than boys*
- *Distinguish differences in brain physiology in girls with autism*
- *Prepare for new questions and expectations from families regarding girls who might have autism*

11:50-12:05 AM

CANYON BALLROOM A

Panel Q&A

12:05-12:35 PM

CANYON BALLROOM B and CANYON PRE FUNCTION FOYER HALLWAY

Break/Refreshments in the Exhibit Areas

12:45-2:15 PM

TEQUA BALLROOM

Annual AzAAP Luncheon Meeting— Pre-registration required (or lunch on your own)

This meeting affords AzAAP members an opportunity to learn what AzAAP is doing for members and children in Arizona. There is no charge for AzAAP members and pre-registration is required.

2:30-4:00 PM

Workshops— Attendees choose from one of the following two sessions:

A. DRY CREEK BALLROOM

Workshop: Advocacy for Everyone: Advocacy Skills for the Busy Clinician

(Lois Lee, MD, MPH, FAAP)

- *Examine what it means to be an advocate as a pediatric clinician*
- *Integrate the elements of an effective pitch for advocacy communication*
- *Demonstrate how to write a “hook” for an Op-Ed*

B. OAK CREEK BALLROOM

Workshop: Updates in Autism

(Sydney A. Rice, MD, MS, FAAP)

- *Recognize the diversity of genetic conditions that are associated with autism*
- *Examine the evidence related to the microbiome and autism*
- *Describe and prepare to treat medical and psychiatric comorbid conditions*

4:00 PM

Friday Educational Sessions Adjourn

5:30-7:00 PM

CANYON BALLROOM A

AzAAP Poster Session Happy Hour

Join conference attendees and AzAAP Chapter members to learn about current Chapter programs, Arizona pediatric residency programs and other state projects of interest to pediatric healthcare professionals. This event includes light appetizers and beverages. There is no charge for the event and guests are welcome.

Sponsored by: Phoenix Children’s

SATURDAY

Day 2 | 7.00 CME

6:30-7:30 AM

CANYON PRE FUNCTION FOYER HALLWAY and CANYON BALLROOM B
Registration/Breakfast in the Exhibit Areas

SATURDAY COFFEE STATION

CANYON PRE FUNCTION FOYER HALLWAY
(open during general sessions)

7:30-9:00 AM

Workshops – Attendees choose from one of the following three sessions:

A. CANYON BALLROOM A

Workshop: Treatment Challenges in Adolescent Mental Health 2023

(John Leipsic, MD, FAACAP, DABPN)

- *Identify and implement proven strategies to address contemporary adolescent mental health concerns and challenges*

B. OAK CREEK BALLROOM

Workshop: Unusual, Challenging, and Surprising Cases: A Day in the Life of an ID Doc

(Nathan Price, MD, FAAP)

- *Recognize key findings that may point to an alternative diagnosis*
- *Identify red flags that suggest severe infection*
- *Describe infections that may be seen in Arizona*
- *Describe the thought process of an ID doc*

C. DRY CREEK BALLROOM

Workshop: Obesity Medicine Cases

(Craig Primack, MD, FAAP)

- *Examine steps in starting the discussion about weight*
- *Review practical comprehensive obesity care examples*
- *Review case studies on medication used in pediatrics*

9:00-9:30 AM

CANYON BALLROOM B and CANYON PRE FUNCTION FOYER HALLWAY
Break/Refreshments in the Exhibit Areas

Sponsored by: Southwest Human Development

9:30-10:15 AM

CANYON BALLROOM A

Lecture: Arizona EHDI Program Update

(Nathan Page, MD, FAAP)

- *Review the goals and structure of the Early Hearing Detection and Intervention (EHDI) program including recent changes*
- *Describe recent statistics from the program in the state of Arizona*
- *Identify problem areas in the EHDI program and develop relevant solutions*

10:20-11:05 AM

CANYON BALLROOM A

Lecture: Are the Kids OK?

(John Leipsic, MD, FAACAP, DABPN)

- *Describe the current crisis in Adolescent Mental Health*
- *Review cultural and generational shifts leading to stressors in adolescents today*
- *Describe how anxiety and depression interact to precipitate crisis in adolescents*
- *Review strategies to identify and intervene in adolescent depression and anxiety*

11:10-11:55 PM

CANYON BALLROOM A

Lecture: Developmental Screening in Arizona

(Sydney A. Rice, MD, MS, FAAP)

- *Identify the developmental screening rate in Arizona*
- *Recognize the new CDC Developmental Milestones and the impact this has in our community*
- *Examine options for implementing and billing for developmental screening*

12:00-12:30 PM

CANYON BALLROOM A

Panel Q&A

12:30 PM

General Educational Sessions Adjourn/Hospitalist Track Education Sessions Begin

HOSPITALIST TRACK

12:30-1:00 PM

OAK CREEK BALLROOM

Hospitalist Track Networking Luncheon

Pre-registration required for lunch

1:00-1:45 PM

OAK CREEK BALLROOM

Hospitalist Lecture: ENT Challenges for the Pediatric Hospitalist

(Nathan Page, MD, FAAP)

- *Review indications for CT to evaluate complications of head and neck infections*
- *Determine appropriate treatment pathways for orbital cellulitis*
- *Discuss inpatient issues in patients with cochlear implants for issues both related and unrelated to the implant*
- *Develop plans for use of steroids and nonsteroidal anti-inflammatory drugs for patients with ENT diagnoses*

1:50-2:35 PM

OAK CREEK BALLROOM

Hospitalist Lecture: The Seemingly Endless Scourge of Syphilis

(Nathan Price, MD, FAAP)

- *Describe the history of syphilis*
- *Recognize the signs and symptoms of syphilis*
- *Discuss the state of syphilis in the US and Arizona*
- *Identify ways to prevent congenital syphilis*

2:40-3:25 PM

OAK CREEK BALLROOM

Hospitalist Lecture: Health Disparities in Pediatric Mental Health Outcomes

(Lois Lee, MD, MPH, FAAP)

- *Recognize disparities for mental health outcomes in children and youth*
- *Understand the mechanisms behind disparities in care and outcomes for pediatric mental health disorders*
- *Discuss strategies to decrease these mental health disparities in children and youth*

3:30-4:00 PM

OAK CREEK BALLROOM

Panel Q&A

4:00 PM

Hospitalist Track Adjourns

SUNDAY

Day 3 | 4.00 CME

6:30-7:30 AM

CANYON PATIO

Breakfast on the Canyon Patio

7:30-9:00 AM

Workshops – Attendees choose from one of the following three sessions:

A. CANYON BALLROOM A

Workshop: Obesity Medicine Cases

(Craig Primack, MD, FAAP)

- Examine steps in starting the discussion about weight
- Review practical comprehensive obesity care examples
- Review case studies on medication used in pediatrics

B. OAK CREEK BALLROOM

Workshop: Advocacy for Everyone: Advocacy Skills for the Busy Clinician

(Lois Lee, MD, MPH, FAAP)

- Examine what it means to be an advocate as a pediatric clinician
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C. DRY CREEK BALLROOM

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(Sydney A. Rice, MD, MS, FAAP)

- Recognize the diversity of genetic conditions that are associated with autism
- Examine the evidence related to the microbiome and autism
- Describe and prepare to treat medical and psychiatric comorbid conditions

9:00-9:15 AM

CANYON PATIO

Morning Break and Coffee Station

9:15-10:00 AM

CANYON BALLROOM A

Lecture: Understanding Contracts and the Art of Contract Negotiations

(Gautam Aggarwal, MD)

- Review the basic components of a standard contract
- Discuss medical malpractice insurance
- Identify hidden red flags
- Recognize how to effectively negotiate for what you want and deserve

10:05-10:50 AM

CANYON BALLROOM A

Lecture: Commonly Prescribed Anti-Obesity Medication and More

(Craig Primack, MD, FAAP)

- Review top anti-obesity medication used in pediatrics
- Review several ways to discuss obesity with patients
- Discuss, treat, or refer

10:55-11:40 AM

CANYON BALLROOM A

Lecture: Otitis Media and Its Complications: Controversies and New Approaches

(Nathan Page, MD, FAAP)

- *Discuss identification and treatment of common complications of otitis media*
- *Identify and discuss controversies in the diagnosis and treatment of acute otitis media*
- *Highlight in-office tube placement without general anesthesia as a treatment for recurrent otitis media*
- *Analyze guidelines and recent studies pertaining to acute otitis media*

11:45-12:00 PM

CANYON BALLROOM A

Panel Q&A

12:00 PM

CANYON BALLROOM A

Closing Remarks

(Kristina Wilson, MD, FAAP—AzAAP President)

CANYON PRE FUNCTION FOYER HALLWAY

Turn in Evaluations/Pick up CME Certificates

Thank You!