

June 28 - 30 | Hilton Sedona Resort at Bell Rock

2024

PIRR

Pediatrics in the Red Rocks

June 28-30

Hilton Sedona Resort at Bell Rock

Course Description and Intended Audience

[Pediatrics in the Red Rocks](#), a continuing medical education (CME) activity provided by the Arizona Chapter of the American Academy of Pediatrics (AzaAP), is a well-respected educational event attended by Arizona's pediatric community. The conference is a three day post-graduate course held in beautiful Sedona, AZ, which combines lectures, case presentations, question and answer sessions, and workshops with time for informal interaction with the guest faculty and peers. The conference has been designed with the goal to develop, maintain and increase the knowledge, skills, and professional performance of pediatric healthcare professionals (including general pediatricians, pediatric subspecialists, residents/fellows, nurses, and physician assistants) by providing them with the highest quality, most relevant and accessible educational experiences possible.

Register Now

Need assistance registering? Contact us — we are here to help!
PIRR@azaap.org 602-532-0137 ext. 416

Arizona Chapter

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American Academy of Pediatrics

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Course Credit

AMA PRA Category 1 Credits™

The Arizona Chapter of the American Academy of Pediatrics is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

The Arizona Chapter of the American Academy of Pediatrics designates this live course educational activity for a maximum of 15.50 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

MOC Part 2 Points

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of and feedback to the learner, enables the participant to earn 11 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

Meet the Experts

The 2024 Pediatrics in the Red Rocks Conference features distinguished faculty presenting topics that highlight the most recent advances and current issues in pediatrics. This year's conference features a wide array of interesting clinical topics to help you gain extensive insight in the following practice areas: **gastroenterology, pediatric emergency medicine, pediatric palliative care, pulmonology, dermatology, adolescent medicine, and sports.**

DISTINGUISHED FACULTY:

Lauren Benton, MD

Pediatric Pulmonologist
University of Arizona College of Medicine

Shahan Fernando, MD

Director of Endoscopy, Medicine Department Chair
Arizona Complete Health (AZCH)
Phoenix Children's

Gary Kirkilas, DO, FAAP

General Pediatrician at Phoenix Children's Hospital
Phoenix Children's Homeless Youth Outreach program

Aaron Leetch, MD, FAAP

Associate Professor Emergency Medicine & Pediatrics
Director, Combined EM & Peds Residency
SQ Education Track Director
University of Arizona College of Medicine

Kristina Wilson, MD, MPH, FAAP

Medical Director, Sports Medicine Center
Children's Hospital Colorado
Associate Professor of Clinical Practice, Orthopedics
University of Colorado School of Medicine

Billie Winegard, MD, FAAP, MPH

Pediatric Palliative Care Physician
Phoenix Children's

Teresa S. Wright, MD, FAAD, FAAP

Chief of Pediatric Dermatology
Le Bonheur Children's Hospital
Professor, The University of Tennessee Health Science Center

AzAAP Policy on Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AzAAP CME Activities

This policy is designed to ensure quality, objective, balanced, and scientifically rigorous AzAAP provided or jointly provided CME activities by identifying and mitigating all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. AzAAP has taken steps to mitigate any potential conflicts of interest. The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to mitigate them prior to the CME activity are implemented in ways that are consistent with the public good. The AzAAP is committed to providing learners with commercially unbiased CME activities. The content of this CME activity does not necessarily reflect the views or policies of the AzAAP.

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Thursday (June 27) & Friday (June 28)

Thursday, June 27

10:00-2:00 **AzAAP Board of Directors Meeting
CLOSED MEETING**

5:30-7:00 **Attendee Registration
AzAAP Welcome Reception**

Friday, June 28

6:30-7:20 **Registration/Breakfast/Exhibit Areas**

7:20-7:30 **Welcome & Conference Overview**

7:30-8:15 **Lecture: Atopic Dermatitis: Update for
Pediatricians**
(Teresa S. Wright, MD, FAAD, FAAP)

- * Summarize epidemiology and pathophysiology
- * Describe clinical features
- * Discuss common myths
- * Devise a treatment plan

8:20-9:05 **Lecture: Esophageal Dysphagia: Culinary
Critic or Digestive Disease**
(Shahan Fernando, MD)

- * Recognize the symptoms of esophageal dysphagia
- * Identify the common etiologies of esophageal dysphagia based on age
- * Describe the best diagnostic tests to evaluate the esophagus

9:10-9:25 **Panel Q&A**

9:30-10:00 **Refreshment Break in the Exhibit Areas**

10:00-10:45 **Lecture: Advance Care Planning in
Pediatrics**
(Billie Winegard, MD, FAAP, MPH)

- * Define advance care planning
- * Discuss the benefits of advance care planning for children and families affected by complex medical conditions
- * Describe an approach to advance care planning with children and their families

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10:50-11:35 **Lecture: Developmental Origins of Asthma**
(Lauren Benton, MD)

- * Review the clean hygiene hypothesis and how microbes play a role in asthma development
- * Review the genetics of asthma development
- * Review birth cohort studies and what they have taught us about asthma's origins
- * Recognize what the asthma predictive index is and how to use it

11:40-11:55 **Panel Q&A**

12:00-12:30 **Refreshment Break in Exhibit Areas**

12:30-2:00 **Chapter Annual Luncheon**

2:15-3:45 **Workshops – Attendees choose from one of
the following two sessions**

Choice A—Difficult Conversations
(Billie Winegard, MD, FAAP, MPH)

- * Identify what makes some conversations so challenging
- * Review tools to support having difficult conversations
- * Identify actions that you can take to improve your communication with patients and families

**Choice B—Workshop: Common Pediatric
Dermatologic Disorders**
(Teresa S. Wright, MD, FAAD, FAAP)

- * Recognize features of several common skin conditions in children
- * Describe features that support the correct diagnosis
- * Describe the recommended therapy for each condition

3:45 **Adjourn**

5:30-7:00 **AzAAP Poster Session Happy Hour**

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Saturday (June 29)

Saturday, June 29

6:30-7:30 Registration

7:30-9:00 Workshops – Attendees choose from one of the following three sessions

Choice A—Workshop: Common Pediatric Dermatologic Disorders (Repeat)
(Teresa S. Wright, MD, FAAD, FAAP)

- * Recognize features of several common skin conditions in children
- * Describe features that support the correct diagnosis
- * Describe the recommended therapy for each condition

Choice B—Workshop: Physical Examination of the Shoulder and Knee
(Kristina Wilson, MD, MPH, FAAP)

- * Review the basics of shoulder and knee exam: inspection, palpation, range of motion, and strength
- * Develop confidence in your physical examination skills of the shoulder and knee through hands-on practice
- * Determine how to perform provocative tests of the shoulder and knee and conditions they indicate
- * Demonstrate competency in performing a physical examination of the shoulder and knee

Choice C—Workshop: Chronic Abdominal Pain: No Guts, No Glory
(Shahan Fernando, MD)

- * Recognize the broad differential diagnosis of chronic abdominal pain in a pediatric patient
- * Select the appropriate diagnostic tests based on history and clinical exam
- * Determine which patients require further consultation with a pediatric specialist

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9:00-9:30 Refreshment Break in the Exhibit Areas

9:30-10:15 **Lecture: Neonatal Fever: Past, Present and Future**
(Aaron Leetch, MD, FAAP)

- * Review the changing epidemiology and evaluation strategies of neonatal fever
- * Describe the changes in the AAP 2021 Neonatal Fever Guidelines
- * Discuss new methods to improve the accuracy of neonatal fever evaluation on the horizon

10:20-11:05 **Lecture: Cannabis Takes Page from Tobacco Playbook: Repeating a Public Health Crisis**
(Gary Kirkilas, DO, FAAP)

- * Relate how the cannabis industry is using similar marketing techniques as the tobacco industry in order to decrease perception of risk and increase youth use
- * Recognize that current research shows that youth targeted cannabis advertising has a negative impact on pediatric health
- * Realize that public health policy that protects children from being targeted by cannabis advertising is actually lacking or non-existent in several states

(Saturday sessions continued on next page)

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Saturday Continued (June 29)

Saturday, June 29—Continued

11:10-11:55

Lecture: Update on Asthma Guidelines (Lauren Benton, MD)

- * Review how to diagnose asthma in pediatrics.
- * Recognize and know the similarities and differences in the step therapies presented in Global Initiative for Asthma 2023 and National heart lung and blood institute 2020 guidelines for each age group.
- * Recite what single maintenance and reliever therapy is and when and why to use for patients.
- * Identify which controller inhaler that contain inhaled corticosteroids can be used as an as needed medication and when to use these for mild intermittent asthmatics

12:00-12:15

Panel Q&A

12:15-1:15

Lunch on Your Own

1:15-2:00

Lecture: Update on Acne Vulgaris (Teresa S. Wright, MD, FAAD, FAAP)

- * Describe the four factors of acne pathogenesis
- * List acne medications and explain their mechanisms of action
- * Design an effective treatment plan
- * Counsel patients regarding acne skin care

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2:05-2:50

Lecture: Arizona Advocacy: How legislative bills that affect youth arise and how best to advocate for our patients and profession (Gary Kirkilas, DO, FAAP)

- * Recognize that every year several legislative bills are introduced that directly affect pediatric providers and patients
- * Describe the legislative process of a bill from conception to being signed into law
- * Relate how pediatric providers can advocate for their profession and patients by using the Request to Speak system

2:55-3:40

Lecture: Top 5 Sports Medicine Diagnoses in Your Office (Kristina Wilson, MD, MPH, FAAP)

- * List common sports-related injuries you might see in your office
- * List pearls for diagnosis, management, and treatment of common pediatric sports-related injuries
- * Initiate initial treatment of pediatric sports-related injuries

3:45-4:00

Panel Q&A

4:00

Adjourn



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Sunday (June 30)

Sunday, June 30

- 6:30-7:30** **Breakfast on the Canyon Patio**
- 7:30-9:00** **Workshops – Attendees choose from one of the following three sessions**
- Choice A—Please Don't Send Me to the ER: Better Patient Care and Satisfaction through Communication (Aaron Leetch, MD, FAAP)**
- * Report concerns about your patient to the emergency department physician
 - * Provide reasonable expectations for your patient's emergency department visit
 - * Recognize the limitations and potential alternative treatments in the emergency department
 - * Develop a collegial relationship with your local emergency department
- Choice B—Workshop: Physical Examination of the Shoulder and Knee (Repeat) (Kristina Wilson, MD, MPH, FAAP)**
- * Review the basics of shoulder and knee exam: inspection, palpation, range of motion, and strength
 - * Develop confidence in your physical examination skills of the shoulder and knee through hands-on practice
 - * Determine how to perform provocative tests of the shoulder and knee and conditions they indicate
 - * Demonstrate competency in performing a physical examination of the shoulder and knee
- Choice C—Workshop: Pediatric Chronic Cough: Differentials, Diagnostic Work Up Options, and t\Treatments (Lauren Benton, MD)**
- * Identify when a cough has become chronic
 - * Recognize the differential of a pediatric chronic cough
 - * Describe the red flag symptoms associated with a chronic cough
 - * Explain the work up of a pediatric chronic cough and treatment options for common causes of chronic cough in pediatrics

- 9:00-9:15** **Morning Break and Coffee Stations**
- 9:15-10:00** **Lecture: Providing Medical Care for Arizona's Homeless Youth: The state of Arizona's homelessness, its impact on pediatric health and how mobile medicine can overcome barriers to healthcare (Gary Kirkilas, DO, FAAP)**
- * Describe the general state of homelessness in Arizona, including variables such as age breakdown, gender differences and sheltered vs unsheltered
 - * Differentiate the negative health outcomes that homelessness can have on children
 - * Recognize how a mobile medicine approach can break down barriers to healthcare
- 10:05-10:50** **Lecture: Bloody Stool or Red Herring: What's the Poo Telling You? (Shahan Fernando, MD)**
- * Formulate a differential diagnosis of rectal bleeding based on patient age
 - * Review the initial evaluation of hematochezia
 - * Recognize when to admit a patient with hematochezia
- 10:55-11:40** **Lecture: Hide-and-Seek: Preventing Delays in Serious Pediatric Diagnoses (Aaron Leetch, MD, FAAP)**
- * Describe rates and complications of delay in some of the most often missed diagnoses
 - * Suggest high-risk features that should prompt further investigation for these often missed diagnoses
 - * Suggest appropriate return precautions for common illness mimics to limit delays in the diagnosis of often-missed conditions
- 11:45-12:00** **Panel Q&A**
- 12:00** **Closing Remarks**
Adjourn



Conference Activities

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Welcome Reception

THURSDAY (June 27) 5:30–7:00PM

Come early to gather your name tag, registration packet, and other conference materials and join us for a Welcome Reception on the Hilton Canyon Patio as we kick-off the conference. The reception is a chance to network with pediatric colleagues and AzAAP leadership. This event is open to all attendees and guests and includes light appetizers and beverages.

There is no charge for this event; all attendees and guests are welcome.

Please indicate if you and your guests plan to participate in your conference enrollment.

Special Happy Hour Event & Poster Gallery

FRIDAY (June 28) 5:30–7:00PM

In conjunction with the course, attendees have exclusive access to a family friendly poster gallery and reception. The poster session provides a venue to learn about research, case presentations, and innovative and effective educational programs, as well as showcase unique community projects. This event is open to all attendees and guests and includes light appetizers and beverages.

There is no charge for this event; all attendees and guests are welcome.

Please indicate if you and your guests plan to participate in your conference enrollment.

Exhibit Hall

FRIDAY (June 28) and SATURDAY (June 29)

In addition to the robust clinical education, the course offers exclusive access to a live exhibit hall. Conference attendees have the opportunity to visit the exhibit hall to view organizations and companies offering solutions and resources for pediatric providers and practices. By checking-in at the booths, you will be entered in the exhibit hall passport contest and eligible to win prizes offered by AzAAP. *Exhibitors are neither sponsored nor endorsed by the Arizona Chapter of the American Academy of Pediatrics.*

AzAAP Member Town Hall Luncheon

FRIDAY (June 28) 12:30–2:00PM

Join us to hear how AzAAP members, committees and programs are moving the AzAAP mission forward. The annual membership meeting is focused on the powerful influence of AzAAP members and will highlight the organization's recent successes as well as look at the year ahead of us. Come learn what the organization is doing for members and children in Arizona.

There is no charge for AzAAP members. Guests/Non-Members: \$65 lunch ticket.

Please indicate if you and your guests plan to participate in your conference enrollment.

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Recording Disclosure

AZAAP may take pictures and/or video recordings throughout this activity for use in educational presentations and AZAAP publications.

Disclosure of Financial Relationships & Mitigation of Conflict of Interest

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Member & Non Member Rates

As a benefit to AZAAP members, there are discounted rates available for those who are in good standing with their AZAAP membership status. If registered at the member rate, but current membership dues are not in good standing, registrant will be invoiced for the remaining difference for the non-member rate prior to the launch of the conference.

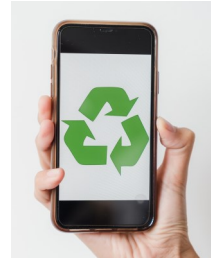
Early registration discount: Note the significant dollar savings by going online, faxing or mailing your registration on or before **May 17, 2024**.

Food breaks: Breakfasts and snacks at conference breaks (including reception appetizers and drinks) for attendees are provided free of charge at the designated times listed in the enclosed agenda. You are welcome to purchase meals for non-attendees and guests when you register for the conference. We appreciate you doing this ahead of time so we can plan accordingly for food/beverage counts.

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Syllabus

Pediatrics in the Red Rocks is a GREEN conference. Attendees will be provided with an electronic syllabus link to access the course handouts prior to, during and 30 days after the meeting.



Worry-Free Cancellation Policy

You may cancel your conference registration at any time until **May 31, 2024**, for a tuition refund minus a \$75 administrative fee. All registration cancellations must be sent in writing to leadership@azaap.org by May 31, 2024. All refunds will be processed after the conference.

Payment Methods

You can pay by check or credit card (VISA, MasterCard, American Express, Discover). You will receive a receipt and confirmation email once registration is complete.

Questions

Please contact the Arizona Chapter of American Academy of Pediatrics office with any questions regarding your registration or other conference-related issues. Phone: (602) 532-0137 ext. 416 — Email: leadership@azaap.org.

Thank You

A very special thanks goes out to AZAAP's Continuing Medical Education (CME) Committee members for their time and dedication in planning and preparing for the course, as well as to our exhibitors and sponsors for their participation.

Exhibitor and sponsor participation helps support the annual conference as well as AZAAP's advocacy efforts throughout the year – we appreciate the time you take to visit the exhibit hall and sponsor activities available to attendees during the course.



Accommodations



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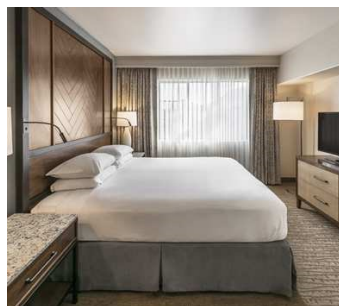
A Destination Location

Enjoy Beautiful Sedona, Arizona

The 2024 Pediatrics in the Red Rocks Conference is returning to the Sedona Hilton Resort at Bell Rock! The Hilton is a Luxury Golf Resort located amidst the spectacular beauty of Northern Arizona's Red Rock Country in the heart of Sedona. The location is simply magical! The resort offers exquisite two room suites and deluxe guest rooms featuring their own fireplace, flat panel LCD televisions, private balcony or patio and high speed internet access. All accommodations feature small refrigerators, and microwave ovens.

We invite you to relax by one of our two sparkling pools and enjoy a sumptuous meal in the ShadowRock Tap + Table. The Hilton Sedona Resort and Spa is Sedona's only spa and golf resort. Sports enthusiasts can take advantage of the onsite 18-holes championship golf course or enjoy a game of tennis. The resort's eforea® Spa offers signature body treatments that will take you on one of three unique journeys. Included in your stay will be complimentary access to the spa's fitness facility. Work out in the resort's 2,500 square foot state of the art Precor fitness room or take advantage of the fitness classes. After the workout, enjoy the facility's steam rooms, saunas and jacuzzis.

Please visit the website at www.hiltonsedonaresort.com and call 1-877-273-3762 to book your spa appointments or tee times. The resort concierge will be happy to assist you plan your stay.



Special Rates

We've reserved a block of discounted rooms specifically for conference attendees - a special discount code to access the room block will be sent to you in your confirmation email after registering for the course. Space is limited!

Rooms are being held at reduced rates for:

All room types
\$314.00 USD/Night*
(This includes the \$15.00 per night resort fee)

2 QUEEN BED DELUXE ROOM W/ BALCONY OR PATIO

This 350-416 sq. ft. two queen bed guest room has a cozy sitting area, along with a private patio or balcony. In-room amenities include a desk and workspace, gas fireplace, mini-fridge and wet bar. The bath offers a separate vanity area, deluxe bath products and cozy bathrobes.

1 KING 1 BEDROOM SUITE WITH PARLOR-FIREPLACE

Enjoy a separate living area, private patio or balcony and a private bedroom with this 548-615 sq. ft. one king bed suite. Upscale amenities include two flat-screen TVs, a queen-sized sofa bed, wet bar, mini-fridge and a gas fireplace. The bath offers a separate vanity area, deluxe bath products and cozy bathrobes.

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Registration Fees

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AZ Chapter Member

	<u>Early*</u>	<u>After 5/17/2024</u>
Physician	\$430	\$480
Emeritus/Retired	\$220	\$270
Nurse, NP, Allied Health	\$265	\$315
Resident/Medical Student**	\$210	\$260

Non-AZ Chapter Member

	<u>Early*</u>	<u>After 5/17/2024</u>
Physician	\$550	\$600
Emeritus/Retired	\$245	\$295
Nurse, NP, Allied Health	\$375	\$425

*Note the significant dollar savings by submitting your registration on or before May 17, 2024.

** Resident and medical student dues are waived during their training.

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