

## Arizona Chapter

INCORPORATED IN ARIZONA

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®



# 2021

# VIRTUAL

## Annual Conference & Exhibition

### Friday, June 25



## Course Description

The Arizona Chapter of the American Academy of Pediatrics (AzAAP) is taking the annual Pediatrics in the Red Rocks Conference virtual in 2021 for the safety of our members and partners. The program will include one day of virtual live educational sessions along with 15 on-demand sessions for attendees, a virtual exhibit hall, a virtual poster session, and other ways for attendees to connect and communicate.

The conference has been designed with the goal to develop, maintain, and increase the knowledge, skills, and professional performance of pediatric healthcare providers by providing them with the highest quality, most relevant and accessible educational experiences possible. The course is ideal for primary care pediatricians, pediatric hospitalists, pediatric subspecialists, hospital and university faculty, residents, medical students, or nurse practitioners.

## Course Credit

### **AMA PRA Category 1 Credits™**

The Arizona Chapter of the American Academy of Pediatrics is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

The Arizona Chapter of the American Academy of Pediatrics designates this other educational activity (internet live and enduring) for a maximum of 20.0 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### **MOC Part 2 Points**

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of and feedback to the learner, enables the participant to earn 5.00 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

**Register Now @**  
**[www.azaap.org/pirr](http://www.azaap.org/pirr)**

**Need assistance registering?**  
**Contact us — we are here to help!**  
**[leadership@azaap.org](mailto:leadership@azaap.org)**  
**602-532-0137 ext. 416**

# Meet the Experts

The 2021 Virtual Annual Conference and Exhibition features distinguished faculty, presenting topics that highlight the most recent advances and current issues in pediatrics. This year's conference features a wide array of interesting clinical topics to help you gain extensive insight in a number of practice areas.

## Principle Faculty

**Veenod L. Chulani, MD, MSED, FAAP, FSAHM, CEDS**  
Section Chief, Adolescent Medicine  
Phoenix Children's Hospital

**Atsuko Koyama, MD, MPH**  
Assistant Professor, Department of Pediatrics  
Valleywise Health Medical Center

**Hilary McClafferty, MD, FAAP**  
Medical Director, Pediatric Emergency Medicine  
Tucson Medical Center

**Shauna Schroeder, MS, MD**  
Pediatric Gastroenterology  
Medical Director, Eosinophilic Gastrointestinal Disease  
Clinic  
Phoenix Children's Hospital

**Mark D. Wheeler, MD, FAAP**  
Clinical Professor  
Pediatric Endocrinology  
University of Arizona

## On-Demand Sessions Faculty

**Jennifer R. Caplan, MD, FAAP, IBCLC**  
Pediatrician and Certified Lactation Consultant  
North Scottsdale Pediatrics

**Alissa Darden, MD, FAAP**  
Associate Program Director, Phoenix Children's Pediatric  
Residency Program Alliance  
Pediatric Hospitalist, Phoenix Children's Hospital Medicine  
Chair of Diversity and Inclusion for Graduate Medical  
Education  
Clinical Assistant Professor, University of Arizona  
Clinical Assistant Professor, Creighton University

**Sean P. Elliott, MD, FAAP**  
Emeritus Professor of Pediatrics,  
University of Arizona College of Medicine  
Pediatric Infectious Diseases – TMC One

**Diane E. Hindman, MD, PharmD, BScPhm, FAAP**  
Board-Certified Pediatrician and Medical Toxicologist, and  
Registered Pharmacist  
Emergency Department Attending Physician, Phoenix  
Children's Hospital, Phoenix AZ  
Medical Toxicologist, Arizona Poison and Drug Information  
Center, University of Arizona, Tucson AZ  
Clinical Assistant Professor (Child Health, Emergency and  
Internal Medicine), University of Arizona College of  
Medicine, Phoenix, AZ

**Merlin (Chan) Lowe, MD, FAAP, SFHM**  
Associate Professor of Pediatrics,  
Division Chief, Pediatric Hospital Medicine,  
Department of Pediatrics, Banner-Diamond Children's  
Medical Center,  
The University of Arizona Health Sciences Center

**Priti Rawani-Patel, MD**  
Clinical Assistant Professor,  
Department of Emergency Medicine,  
Banner University Medical Center

**Lindsey Retterath, MD**  
Pediatrics and Emergency Medicine  
Addiction Medicine Fellow  
University of Arizona

**Farshad Mazda Shirazi, MD, PhD**  
Medical Director, Arizona Poison and Drug Information  
Center  
Associate Professor, Department of Emergency Medicine,  
Medical Pharmacology, Pharmacy Practice and Science

**Jillian Wall, MD, MPH, FAAP**  
Pediatric Hospitalist,  
Division of Hospital Medicine,  
Phoenix Children's Hospital

# 2021 Virtual Annual Conference Courses

Your registration will include the live virtual activity taking place **Friday, June 25, 2021** as well as access to 15 additional on-demand sessions to be completed at your convenience within the 90-day completion period. The internet live activity listed below is accredited for both *AMA PRA Category 1 Credit™* and ABP MOC Points.

7:40am-8:00am	<b>Opening Remarks</b>	10:15am-11:15am	<b>Consent and Confidentiality: Legal and Practical Considerations in Caring for Adolescents in Arizona</b>	12:45pm-1:45pm	<b>Food-Induced Intestinal Inflammatory Bowel Diseases</b>
8:00am-9:00am	<b>Introduction to the Use of Mind-Body Medicine</b>		<b>Veenod L. Chulani, MD, MSED, FAAP, FSAHM, CEDS</b>		<b>Shauna Schroeder, MS, MD</b>
	<b>Hilary McClafferty, MD, FAAP</b>		<ol style="list-style-type: none"> <li>1. Discuss the importance of consent and confidentiality protections for adolescents.</li> <li>2. List specific clinical and preventive services with consent and confidentiality protections for adolescents in Arizona.</li> <li>3. Discuss barriers and challenges to delivery of confidential health services to adolescents in Arizona.</li> </ol>		<ol style="list-style-type: none"> <li>1. Identify different food-induced inflammatory conditions based on cases.</li> <li>2. Differentiate treatment of IgE mediated disease-anaphylaxis, non-IgE mediated disease- Celiac disease, and mixed IgE and non-IgE mediated disease - Eosinophilic Gastrointestinal Disease.</li> <li>3. Recognize common food protein triggers of intestinal inflammatory bowel diseases.</li> </ol>
	<ol style="list-style-type: none"> <li>1. Describe potential physiologic benefits of the use of mind-body medicine in children.</li> <li>2. Demonstrate understanding of the development and evolution of mindfulness-based stress reduction (MBSR).</li> <li>3. Identify four medical conditions where the use of a mind-body therapy has been proven beneficial.</li> <li>4. Identify three reliable resources for evaluation of mind-body therapies in children.</li> </ol>	11:15am-11:45pm	<b>Lunch Break</b>	1:45pm-2:00pm	<b>Closing Remarks</b>
9:00am-9:15am	<b>Morning Break</b>	11:45am-12:45pm	<b>Pediatric &amp; Adolescent Gynecologic Urgencies and Emergencies</b>	2:00pm-3:00pm	<b>AzAAP Annual Member Business Meeting</b>
9:15am-10:15am	<b>Combat Discrimination: Evaluation of the Child with Short Stature</b>		<b>Atsuko Koyama, MD, MPH</b>	<p>This town hall style meeting affords the members an opportunity to learn more about what AzAAP is doing for members and children in Arizona. Additionally, we will recognize a few individuals who have gone above and beyond in helping to further the mission of AzAAP. <i>Member Only Meeting—Please indicate on your registration form that you plan to attend the business meeting to be provided with additional information on how to connect to this meeting.</i></p>	
	<b>Mark D. Wheeler, MD, FAAP</b>		<ol style="list-style-type: none"> <li>1. Describe how to perform gynecologic exam without traumatizing the patient or parent(s)/guardian(s).</li> <li>2. Identify normal female genital anatomy.</li> <li>3. Review (un)common GYN presentations and their management.</li> </ol>		
	<ol style="list-style-type: none"> <li>1. Understand the physiology of growth and growth-related hormones.</li> <li>2. Identify possible etiologies of decreased growth.</li> <li>3. Discuss appropriate evaluation and management of children with growth disorders.</li> </ol>				

Arizona Chapter

INCORPORATED IN ARIZONA

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



# 2021 Virtual On-Demand Sessions

You registration will include access to 15 on-demand sessions listed below to be completed at your convenience within the 90-day completion period. The on-demand period starts the day after the live activity and closes Friday, September 24, 2021. The internet enduring material listed below is accredited for *AMA PRA Category 1 Credit™*.

- #1 COVID-19: A Pediatric Perspective and Update** by Sean P. Elliott, MD, FAAP
  1. Evaluate the contagiousness of children with SARS-CoV-2 infection and examine its impact on school re-entry decision-making.
  2. Identify the clinical, examination and laboratory features of Multisystem Inflammatory Syndrome in Children (MIS-C).
  3. List the currently identified mutant variants of SARS-CoV-2 and explain their impact on health outcomes for pediatric patients with COVID-19.
  
- #2 Climate Change—Fact or Opinion? Educating and Protecting Our Children** by Diane E. Hindman, MD, PharmD, BScPhm, FAAP
  1. Examine the evidence involving the climate change debate.
  2. Summarize associated risks and outcomes in vulnerable populations.
  3. Highlight gaps and controversies in climate change discussions.
  4. Propose rationale and opportunities for engaging in advocacy and education in clinical practice.
  
- #3 Child Abuse During COVID-19—A Dangerous Game of Hide and Seek?** by Merlin (Chan) Lowe, MD, FAAP, SFHM
  1. List several factors that increase the risk of child abuse during a pandemic such as COVID-19.
  2. List strategies to help mitigate the decreased identification of child abuse during times of physical distancing and reduced social contact.
  3. Identify when to report to the Department of Child Services vs. law enforcement.
  
- #4 Pediatric Integrative Medicine: What, Where, When & How?** by Hilary McClafferty, MD, FAAP
  1. Define the term 'pediatric integrative medicine' as recognized by the American Academy of Pediatrics.
  2. Identify three pediatric conditions where use of pediatric integrative medicine has supporting evidence.
  3. Recognize three contraindications to the use of integrative medicine in children.
  4. Identify three high-quality resources for information about pediatric integrative medicine.
  
- #5 Dietary Supplements in Children: Fact vs. Fiction** by Hilary McClafferty, MD, FAAP
  1. Describe the purpose of the Dietary Supplement Health and Education Act (DSHEA) and its relevance to the use of dietary supplements in children.
  2. Identify the top 3 most commonly purchased dietary supplements for children in the United States.
  3. Assess a sample label and identify key indicators of quality.
  4. Identify three reliable resources for evaluation of dietary supplements in children.
  
- #6 Pediatric Integrative Medicine in the Hospital Setting: Pearls and Pitfalls** by Hilary McClafferty, MD, FAAP
  1. Describe three important steps in evaluating a program's readiness for a pediatric integrative medicine program.
  2. Identify three obstacles common in the implementation of integrative medicine in the pediatric hospitalist setting.
  3. Recognize three potential benefits to the implementation of pediatric integrative medicine the hospital setting.
  4. Identify three useful resources to guide development of pediatric integrative medicine in the hospital setting.
  
- #7 They Grow Up So Quickly: Normal and Precocious Puberty** by Mark D. Wheeler, MD, FAAP
  1. Understand the physiology of puberty.
  2. Identify possible etiologies of precocious puberty.
  3. Discuss the appropriate evaluation and management of children with early puberty.



**#8 The 411 and 911 of Contraception** by Atsuko Koyama, MD, MPH and Veenod L. Chulani, MD, MSED, FAAP, FSAHM, CEDS

1. Review indications for hormonal contraception.
2. Distinguish among the different types of contraception and prescribe the most appropriate medication.
3. Manage common side effects and 911 issues.

**#9 Breastfeeding Basics for Primary Care Pediatricians: How to Support the Breastfeeding Dyads in Your Practice** by Jennifer R. Caplan, MD, FAAP

1. Assess breastfeeding history, including feeding cues.
2. Evaluate need for supplementation.
3. Make appropriate recommendations for referral to lactation services.
4. Recommend medication choices that are aligned with supporting lactating mothers.
5. Manage breastfeeding in the setting of milk protein allergic proctocolitis.
6. Assist mothers in making plans for returning to work while continuing to provide breastmilk for their infants.

**#10 Autism and the Gastrointestinal Tract** by Shauna Schroeder, MS, MD

1. List possible etiologies of feeding disturbances other than behavioral causes: Eosinophilic Esophagitis, GERD.
2. List various different approaches to managing acute and chronic constipation.
3. Recognize the role of food elimination diets in ASD and give an example of when it would be appropriate to institute such a diet.
4. Review the AAP Consensus Guidelines in Autistic patients and GI complications and utilize these guidelines in practice when caring for autistic patients.

**#11 Update on Crohns and Ulcerative Colitis Management and New Medications** by Shauna Schroeder, MS, MD

1. Identify and list indications for admission of pediatric patients with inflammatory bowel disease.
2. Utilize current best evidence to create a treatment plan for an acute inflammatory bowel disease flare.
3. List contraindications.

**#12 Vaping and E-cigarettes 101** by Jillian Wall, MD, MPH. FAAP

1. List the epidemiology, terminology and types of e-cigarettes and e-cigarette use.
2. List the current marketing and appeal of e-cigarettes to teens.
3. Recognize the known harms and hazards of e-cigarettes.

**#13 Bumps, Breaks, and Everything in Between: Common Accidental Household Injuries in Children** by Priti Rawani-Patel, MD

1. Identify common accidental household injuries in children and their effects on morbidity and mortality.
2. Review management of common accidental household injuries in children.
3. Review key points for providing caregivers with anticipatory guidance for care and prevention of accidental injuries.

**#14 What You Don't Know CAN Hurt You (and Your Patients): Implicit Bias and Its Impact on Healthcare Disparities** by Alissa Darden, MD, FAAP

1. Define implicit bias and describe the science behind it.
2. Define microaggressions and identify them in both clinical scenarios and everyday life.
3. Recognize the impact of bias/microaggressions on healthcare disparities.
4. Detail strategies to mitigate bias.

**#15 New Trends in Substance of Abuse in Adolescents** by Mazda Shirazi, MD, PhD and Lindsey Retterath, MD

1. List the most common substances of abuse in adolescence.
2. List the types of prescription and over-the-counter medication abuse by adolescents.
3. Describe the interventions and therapies available to adolescents for substance abuse disorder.





## Registration Information

The AzAAP 2021 Annual Conference and Exhibition will include one day of virtual live educational sessions along with 15 on-demand sessions for attendees, a virtual exhibit hall, a virtual poster session, and other ways for attendees to connect and communicate.

Your registration will include the live virtual activity taking place **Friday, June 25, 2021** as well as access to 15 additional on-demand sessions to be completed at your convenience within the 90-day completion period. The on-demand period starts the day after the live activity and closes Friday, September 24, 2021. **Early bird registration discounts and special rates for AzAAP members are being offered!**

### Live Q&A

The Friday, June 25th live virtual activity sessions have designated time for attendee Q&A through a live webcast with presenting faculty members.

### Exhibit Hall

In addition to the robust clinical education, the course offers exclusive access to a virtual exhibit hall. Conference attendees have the opportunity to visit a virtual exhibit hall to view organizations and companies offering solutions and resources for pediatric providers and practices. By checking-in at the virtual booths, you will be entered in the exhibit hall passport contest and eligible to win prizes offered by AzAAP. *Exhibitors are neither sponsored nor endorsed by the Arizona Chapter of the American Academy of Pediatrics.*

### Poster Gallery

In addition to the robust clinical education, the course offers exclusive access to a virtual poster gallery. Plan to visit the virtual poster session featured in conjunction with the annual conference. The poster session provides a venue to share and view research, case presentations, and innovative and effective educational programs, as well as showcase unique community projects.

### AzAAP Member Town Hall

Join us to hear how AzAAP members, committees and programs are moving the AzAAP mission forward. This year's Annual Membership Meeting is focused on the powerful influence of AzAAP members and will highlight the organization's recent

successes as well as look at the year ahead of us. Come learn what the organization is doing for members and children in Arizona. *Member Only Meeting—Please indicate on your registration form that you plan to attend the business meeting to be provided with additional information on how to connect to this meeting taking place June 25, 2021—2:00-3:00pm.*

### Recording Disclosure

AzAAP may take pictures and/or video recordings throughout this activity for use in educational presentations and AzAAP publications.

### Disclosure of Financial Relationships and Resolution of Conflict of Interest

The AzAAP Policy on Disclosure of Financial Relationships and Resolution of Conflicts of Interest is designed to ensure quality, objective, balanced, and scientifically rigorous AzAAP CME activities. All individuals in a position to influence and/or control the content of AzAAP CME activities are required to disclose to the AzAAP and subsequently to learners that they either have no relevant financial relationships or any financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in CME activities. All potential conflicts of interest are identified and resolved prior to an individual's confirmation of service at an AzAAP CME activity. Beyond disclosure of financial relationships, AzAAP CME faculty are required to disclose to the AzAAP and to learners when they plan to discuss or demonstrate pharmaceuticals and/or medical devices and/or medical or surgical procedures that involve "off-label" use of a device or pharmaceutical. The AzAAP is



committed to providing learners with commercially unbiased CME activities. The content of this CME activity does not necessarily reflect the views or policies of the AzAAP.

## Early Registration Discounts

Note the significant dollar savings by registering before April 30, 2021.

## Member and Non Member Rates

If registered at the member rate, but current membership dues are not in good standing, registrant will be invoiced for the remaining difference for the non-member rate prior to the launch of the conference.

## Worry-Free Cancellation Policy

We understand that due to COVID-19 you may be hesitant to register, so we have updated our cancellation policy. You may cancel your conference registration at any time until May 14, 2021, for a tuition refund minus a \$50 administrative fee. All registration cancellations must be sent in writing to [leadership@azaap.org](mailto:leadership@azaap.org) by May 14, 2021. All refunds will be processed after the conference.

## Payment Methods

You can pay by check or credit card (VISA, MasterCard, American Express, Discover). You will receive a receipt and confirmation email once registration is complete.

## Questions

Please contact the Arizona Chapter of American Academy of Pediatrics office with any questions regarding your registration or other conference-related issues. Phone: (602) 532-0137 ext. 416 — Email: [leadership@azaap.org](mailto:leadership@azaap.org).

**Register Now @**  
**[www.azaap.org/pirr](http://www.azaap.org/pirr)**

**Need assistance registering?**  
**Contact us — we are here to help!**  
**[leadership@azaap.org](mailto:leadership@azaap.org)**  
**602-532-0137 ext. 416**

# Registration Fees

Early bird registration discounts and special rates for AzAAP members are being offered!

### AzAAP CHAPTER MEMBER

	<u>Early Bird</u>	<u>After 4/30/2021</u>
Physician	\$190	\$215
Emeritus/Retired	\$85	\$110
Nurse, NP, Allied Health	\$110	\$135
Resident/Medical Student	\$80	\$105

### NON-AzAAP CHAPTER MEMBER

	<u>Early Bird</u>	<u>After 4/30/2021</u>
Physician	\$250	\$275
Emeritus/Retired	\$95	\$120
Nurse, NP, Allied Health	\$165	\$190

Arizona Chapter

INCORPORATED IN ARIZONA

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN®





# Thank You!

## CME Planning Committee

A very special thanks goes out to AZAAP's Continuing Medical Education (CME) Committee members for their time and dedication in planning and preparing for the course: Chan Lowe, MD, FAAP (Chair), Amelia Decker, MD, FAAP, Rick Engel, MD, FAAP, John Pope, MD, MPH, FAAP, and Shwetal Lalan, MD, FAAP.

## Exhibitors & Sponsors

Exhibitor and sponsor participation helps support the annual conference as well as AZAAP's advocacy efforts throughout the year – we very much appreciate the time you take to visit the virtual exhibit hall and sponsor pages available to attendees during the course.

AZAAP gratefully acknowledges financial support for this activity in the form of an educational grant from:

**GOLD TITLE LEVEL SPONSOR:** Banner Children's

**SILVER LEVEL SPONSORS:** Abbott Nutrition, First Things First, HonorHealth Shea Medical Center, Phoenix Children's Hospital, Southwest Human Development

