

July 21-23 | Hilton Sedona Resort at Bell Rock

2023

PIRR

# Pediatrics in the Red Rocks



## Course Description and Intended Audience

[Pediatrics in the Red Rocks](#), a continuing medical education (CME) activity provided by the Arizona Chapter of the American Academy of Pediatrics (AZAAP), is a well-respected educational event attended by Arizona's pediatric community. The conference is a three day post-graduate course held in beautiful Sedona, AZ, which combines lectures, case presentations, question and answer sessions, and workshops with time for informal interaction with the guest faculty and peers. The conference has been designed with the goal to develop, maintain and increase the knowledge, skills, and professional performance of pediatric healthcare professionals (including general pediatricians, pediatric subspecialists, residents/fellows, nurses, and physician assistants) by providing them with the highest quality, most relevant and accessible educational experiences possible.

**Register Now**

Need assistance registering? Contact us — we are here to help!  
leadership@azaap.org 602-532-0137 ext. 416

**Arizona Chapter**

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## Course Credit

### AMA PRA Category 1 Credits™

The Arizona Chapter of the American Academy of Pediatrics is accredited by the Arizona Medical Association to provide continuing medical education for physicians.

The Arizona Chapter of the American Academy of Pediatrics designates this live course educational activity for a maximum of 16.00 AMA PRA Category 1 Credit™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### MOC Part 2 Points

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of and feedback to the learner, enables the participant to earn 8.75 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABP MOC credit.

## Meet the Experts

The 2023 Pediatrics in the Red Rocks Conference features distinguished faculty presenting topics that highlight the most recent advances and current issues in pediatrics. This year's conference features a wide array of interesting clinical topics to help you gain extensive insight in the following practice areas: **infectious disease, mental health, developmental/behavioral pediatrics, obesity medicine, otolaryngology, injury prevention, contract negotiations, and special inpatient care sessions designed specifically for pediatric hospitalists.**

### DISTINGUISHED FACULTY:

#### Gautam Aggarwal, MD

Senior Medical Director – Medicare, Medicaid & Marketplace plans  
Arizona Complete Health (AZCH)

#### Lois Lee, MD, MPH, FAAP

Senior Associate in Pediatrics, Boston Children's Hospital  
Associate Professor of Pediatrics and Emergency Medicine, Harvard Medical School

#### John Leipsic, MD, FAACAP, DABPN

Child and Adolescent Psychiatrist  
Associate Medical Director, Adolescent Inpatient Unit  
Palo Verde Behavioral Health, Tucson

#### Nathan Page, MD, FAAP

Barrow Cleft and Craniofacial Team  
Director of the Phoenix Children's Cochlear Implant Team  
Section Head of Otolaryngology, Head and Neck Surgery - Phoenix Children's Hospital  
Faculty Appointments - Mayo Clinic and the University of Arizona

#### Nathan Price, MD, FAAP

Associate Professor of Pediatrics, Division of Pediatric Infectious Diseases  
Medical Director of Pediatric Infection Prevention and Antimicrobial Stewardship  
University of Arizona, Banner University Medical Center-Tucson

#### Craig Primack, MD, FAAP

Physician and Co-Founder, Scottsdale Weight Loss Center

#### Sydney A. Rice, MD, MS, FAAP

Developmental-Behavioral Pediatrics, Banner University Medical Center-Tucson  
Professor of Pediatrics, University of Arizona-Tucson, UA Steele Medical Research Center  
Chief Medical Officer, Children's Clinics

### \*\*AzAAP Policy on Disclosure of Financial Relationships and Mitigation of Conflicts of Interest for AzAAP CME Activities\*\*

This policy is designed to ensure quality, objective, balanced, and scientifically rigorous AzAAP provided or jointly provided CME activities by identifying and mitigating all potential conflicts of interest prior to the confirmation of service of those in a position to influence and/or control CME content. AzAAP has taken steps to mitigate any potential conflicts of interest. The purpose of this policy is to ensure all potential conflicts of interest are identified and mechanisms to mitigate them prior to the CME activity are implemented in ways that are consistent with the public good. The AzAAP is committed to providing learners with commercially unbiased CME activities. The content of this CME activity does not necessarily reflect the views or policies of the AzAAP.

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# Thursday (July 20) & Friday (July 21)

## Thursday, July 20

10:00-2:00 **AzAAP Board of Directors Meeting  
CLOSED MEETING**

5:30-7:00 **Attendee Registration  
AzAAP Welcome Reception**

## Friday, July 21

6:30-7:30 **Registration/Breakfast/Exhibit Areas**

7:30-7:40 **Welcome & Conference Overview**

7:40-8:25 **Lecture: Infection Prevention in the  
COVID ERA: A Pediatric Perspective  
(Nathan Price, MD, FAAP)**

- \* Compare attitudes and practices during different epidemics
- \* Describe the current COVID epidemiology
- \* Discuss the evidence behind current infection prevention practices
- \* Discuss the importance of infection prevention

8:30-9:15 **Lecture: Pediatric Firearm Injuries and  
Fatalities: The Clinician's Guide to Policies  
and Approaches to Firearm Harm  
Prevention  
(Lois Lee, MD, MPH, FAAP)**

- \* Examine the epidemiology of firearm violence
- \* Demonstrate how pediatricians can talk to families about firearm safety
- \* Discuss areas for advocacy related to pediatric firearm injury prevention

9:20-9:35 **Panel Q&A**

9:40-10:10 **Refreshment Break in the Exhibit Areas**

10:10-10:55 **Lecture: New AAP Guidelines for Obesity  
Management  
(Craig Primack, MD, FAAP)**

- \* Review important points in 2023 guidelines
- \* Identify the proper use of patient-first language for obesity

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11:00-11:45 **Lecture: Autism in Girls  
(Sydney A. Rice, MD, MS, FAAP)**

- \* Recognize that girls with autism may present differently than boys
- \* Distinguish differences in brain physiology in girls with autism
- \* Prepare for new questions and expectations from families regarding girls who might have autism

11:50-12:05 **Panel Q&A**

12:05-12:35 **Refreshment Break in Exhibit Areas**

12:45-2:15 **Chapter Annual Luncheon**

2:30-4:00 **Workshops – Attendees choose from one  
of the following two sessions**

**Choice A—Workshop: Advocacy for  
Everyone: Advocacy Skills for the Busy  
Clinician**

**(Lois Lee, MD, MPH, FAAP)**

- \* Examine what it means to be an advocate as a pediatric clinician
- \* Integrate the elements of an effective pitch for advocacy communication
- \* Demonstrate how to write a “hook” for an Op-Ed

**Choice B—Workshop: Updates in Autism  
(Sydney A. Rice, MD, MS, FAAP)**

- \* Recognize the diversity of genetic conditions that are associated with autism
- \* Examine the evidence related to the microbiome and autism
- \* Describe and prepare to treat medical and psychiatric comorbid conditions

4:00 **Adjourn**

5:30-7:00 **AzAAP Poster Session Happy Hour**

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# Saturday (July 22)

## Saturday, July 22

6:30-7:30 Registration  
Breakfast in the Exhibit Areas

7:30-9:00 Workshops – Attendees choose from one of the following three sessions

### Choice A—Treatment Challenges in Adolescent Mental Health 2023

(John Leipsic, MD, FAACAP, DABPN)

- \* Identify and implement proven strategies to address contemporary adolescent mental health concerns and challenges

### Choice B—Workshop: Unusual, Challenging, and Surprising Cases: A Day in the Life of an ID Doc

(Nathan Price, MD, FAAP)

- \* Recognize key findings that may point to an alternative diagnosis
- \* Identify red flags that suggest severe infection
- \* Describe infections that may be seen in Arizona
- \* Describe the thought process of an ID doc

### Choice C—Workshop: Obesity Medicine Cases

(Craig Primack, MD, FAAP)

- \* Examine steps in starting the discussion about weight
- \* Review practical comprehensive obesity care examples
- \* Review case studies on medication used in pediatrics

9:00-9:30 Refreshment Break in the Exhibit Areas

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9:30-10:15 Lecture: Arizona EHDI Program Update  
(Nathan Page, MD, FAAP)

- \* Review the goals and structure of the Early Hearing Detection and Intervention (EHDI) program including recent changes
- \* Describe recent statistics from the program in the state of Arizona
- \* Identify problem areas in the EHDI program and develop relevant solutions

10:20-11:05 Lecture: Are the Kids OK?  
(John Leipsic, MD, FAACAP, DABPN)

- \* Describe the current crisis in Adolescent Mental Health
- \* Review cultural and generational shifts leading to stressors in adolescents today
- \* Describe how anxiety and depression interact to precipitate crisis in adolescents
- \* Review strategies to identify and intervene in adolescent depression and anxiety

11:10-11:55 Lecture: Developmental Screening in Arizona

(Sydney A. Rice, MD, MS, FAAP)

- \* Identify the developmental screening rate in Arizona
- \* Recognize the new CDC Developmental Milestones and the impact this has in our community
- \* Examine options for implementing and billing for developmental screening

12:00-12:30 Panel Q&A

12:30 General Sessions Adjourn

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# Saturday Continued (July 22)

## Saturday, July 22 HOSPITALIST SESSIONS

- 12:30-1:00**      **Hospitalist Networking Lunch**
- 1:00-1:45**      **Hospitalist Track Lecture: ENT Challenges for the Pediatric Hospitalist**  
**(Nathan Page, MD, FAAP)**
- \* Review indications for CT to evaluate complications of head and neck infections
  - \* Determine appropriate treatment pathways for orbital cellulitis
  - \* Discuss inpatient issues in patients with cochlear implants for issues both related and unrelated to the implant
  - \* Develop plans for use of steroids and nonsteroidal anti-inflammatory drugs for patients with ENT diagnoses
- 1:50-2:35**      **Hospitalist Track Lecture: The Seemingly Endless Scourge of Syphilis**  
**(Nathan Price, MD, FAAP)**
- \* Describe the history of syphilis
  - \* Recognize the signs and symptoms of syphilis
  - \* Discuss the state of syphilis in the US and Arizona
  - \* Identify ways to prevent congenital syphilis
- 2:40-3:25**      **Hospitalist Track Lecture: Health Disparities in Pediatric Mental Health Outcomes**  
**(Lois Lee, MD, MPH, FAAP)**
- \* Recognize disparities for mental health outcomes in children and youth
  - \* Understand the mechanisms behind disparities in care and outcomes for pediatric mental health disorders
  - \* Discuss strategies to decrease these mental health disparities in children and youth
- 3:30-4:00**      **Panel Q&A**
- 4:00**              **Hospitalist Sessions Adjourn**

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## Special Sessions for Hospitalists

**Includes Lunch \$47**

On Saturday afternoon, the conference continues with an optional Pediatric Hospitalist Educational Track, including a networking lunch and special sessions designed specifically for pediatric hospitalists. Non-hospitalists are also welcome to attend for the extra networking, courses, and credit.

Sessions include: 1.) ENT Challenges for the Pediatric Hospitalist, 2.) The Seemingly Endless Scourge of Syphilis, and 3.) Health Disparities in Pediatric Mental Health Outcomes.

If you plan on attending the Pediatric Hospitalist Educational Track, please indicate this in your conference enrollment.

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# Sunday (July 23)

## Sunday, July 23

**6:30-7:30** Breakfast on the Canyon Patio

**7:30-9:00** Workshops – Attendees choose from one of the following three sessions

### Choice A—Workshop: Obesity Medicine Cases

**(Craig Primack, MD, FAAP)**

- \* Examine steps in starting the discussion about weight
- \* Review practical comprehensive obesity care examples
- \* Review case studies on medication used in pediatric

### Choice B—Workshop: Advocacy for Everyone: Advocacy Skills for the Busy Clinician

**(Lois Lee, MD, MPH, FAAP)**

- \* Examine what it means to be an advocate as a pediatric clinician
- \* Integrate the elements of an effective pitch for advocacy communication
- \* Demonstrate how to write a “hook” for an Op-Ed

### Choice C—Workshop: Updates in Autism

**(Sydney A. Rice, MD, MS, FAAP)**

- \* Recognize the diversity of genetic conditions that are associated with autism
- \* Examine the evidence related to the microbiome and autism
- \* Describe and prepare to treat medical and psychiatric comorbid conditions

**9:00-9:15** Morning Break and Coffee Stations

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**9:15-10:00** Lecture: Understanding Contracts and the Art of Contract Negotiations  
**(Gautam Aggarwal, MD)**

- \* Review the basic components of a standard contract
- \* Discuss medical malpractice insurance
- \* Identify hidden red flags
- \* Recognize how to effectively negotiate for what you want and deserve

**10:05-10:50** Lecture: Commonly Prescribed Anti-Obesity Medication and More  
**(Craig Primack, MD, FAAP)**

- \* Review top anti-obesity medication used in pediatrics
- \* Review several ways to discuss obesity with patients
- \* Discuss, treat, or refer

**10:55-11:40** Lecture: Otitis Media and Its Complications: Controversies and New Approaches  
**(Nathan Page, MD, FAAP)**

- \* Discuss identification and treatment of common complications of otitis media
- \* Identify and discuss controversies in the diagnosis and treatment of acute otitis media
- \* Highlight in-office tube placement without general anesthesia as a treatment for recurrent otitis media
- \* Analyze guidelines and recent studies pertaining to acute otitis media

**11:45-12:00** Panel Q&A

**12:00** Closing Remarks  
Adjourn

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# Conference Activities

## Welcome Reception

**THURSDAY (July 20) 5:30 –7:00PM**

Come early to gather your name tag, registration packet, and other conference materials and join us for a Welcome Reception on the Hilton Canyon Patio as we kick-off the conference. The reception is a chance to network with pediatric colleagues and AzAAP leadership. This event is open to all attendees and guests and includes light appetizers and beverages.

**There is no charge for this event; all attendees and guests are welcome.**

Please indicate if you and your guests plan to participate in your conference enrollment.

## Exhibit Hall

**FRIDAY (July 21) and SATURDAY (July 22)**

In addition to the robust clinical education, the course offers exclusive access to a live exhibit hall. Conference attendees have the opportunity to visit the exhibit hall to view organizations and companies offering solutions and resources for pediatric providers and practices. By checking-in at the booths, you will be entered in the exhibit hall passport contest and eligible to win prizes offered by AzAAP. *Exhibitors are neither sponsored nor endorsed by the Arizona Chapter of the American Academy of Pediatrics.*

## Special Happy Hour Event & Poster Gallery

**FRIDAY (July 21) 5:30 –7:00PM**

In conjunction with the course, attendees have exclusive access to a family friendly poster gallery and reception. The poster session provides a venue to learn about research, case presentations, and innovative and effective educational programs, as well as showcase unique community projects. This event is open to all attendees and guests and includes light appetizers and beverages.

**There is no charge for this event; all attendees and guests are welcome.**

Please indicate if you and your guests plan to participate in your conference enrollment.

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## AzAAP Member Town Hall Luncheon

**FRIDAY (July 21) 12:45–2:15PM**

Join us to hear how AzAAP members, committees and programs are moving the AzAAP mission forward. The annual membership meeting is focused on the powerful influence of AzAAP members and will highlight the organization's recent successes as well as look at the year ahead of us. Come learn what the organization is doing for members and children in Arizona.

**There is no charge for AzAAP members. Guests/Non-Members: \$65 lunch ticket**

Please indicate if you and your guests plan to participate in your conference enrollment.

## Special Sessions for Pediatric Hospitalists

**SATURDAY (July 22) 12:30 –4:00PM**

On Saturday afternoon, the conference continues with an optional Pediatric Hospitalist Educational Track, including a networking lunch and special sessions designed specifically for pediatric hospitalists. Non-hospitalists are also welcome to attend for the extra networking, courses, and credit.

Sessions include: 1.) ENT Challenges for the Pediatric Hospitalist, 2.) The Seemingly Endless Scourge of Syphilis, and 3.) Health Disparities in Pediatric Mental Health Outcomes.

**Hospitalist Track (includes lunch): \$47 ticket**

Please indicate if you plan to participate in your conference enrollment.

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## Recording Disclosure

AZAAP may take pictures and/or video recordings throughout this activity for use in educational presentations and AZAAP publications.

## Disclosure of Financial Relationships & Mitigation of Conflict of Interest

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## Member & Non Member Rates

As a benefit to AZAAP members, there are discounted rates available for those who are in good standing with their AZAAP membership status. If registered at the member rate, but current membership dues are not in good standing, registrant will be invoiced for the remaining difference for the non-member rate prior to the launch of the conference.

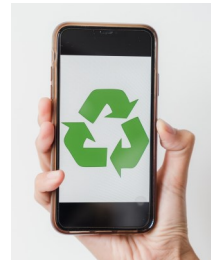
**Early registration discount:** Note the significant dollar savings by going online, faxing or mailing your registration on or before **May 31, 2023**.

**Food breaks:** Breakfasts and snacks at conference breaks (including reception appetizers and drinks) for attendees are provided free of charge at the designated times listed in the enclosed agenda. You are welcome to purchase meals for non-attendees and guests when you register for the conference. We appreciate you doing this ahead of time so we can plan accordingly for food/beverage counts.

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## Syllabus

Pediatrics in the Red Rocks is a GREEN conference. Attendees will be provided with an electronic syllabus link to access the course handouts prior to, during and 30 days after the meeting.



## Worry-Free Cancellation Policy

You may cancel your conference registration at any time until **June 30, 2023**, for a tuition refund minus a \$75 administrative fee. All registration cancellations must be sent in writing to [leadership@azaap.org](mailto:leadership@azaap.org) by June 30, 2023. All refunds will be processed after the conference.

## Payment Methods

You can pay by check or credit card (VISA, MasterCard, American Express, Discover). You will receive a receipt and confirmation email once registration is complete.

## Questions

Please contact the Arizona Chapter of American Academy of Pediatrics office with any questions regarding your registration or other conference-related issues. Phone: (602) 532-0137 ext. 416 — Email: [leadership@azaap.org](mailto:leadership@azaap.org).

## Thank You

A very special thanks goes out to AZAAP's Continuing Medical Education (CME) Committee members for their time and dedication in planning and preparing for the course, as well as to our exhibitors and sponsors for their participation.

Exhibitor and sponsor participation helps support the annual conference as well as AZAAP's advocacy efforts throughout the year – we appreciate the time you take to visit the exhibit hall and sponsor activities available to attendees during the course.





# Accommodations



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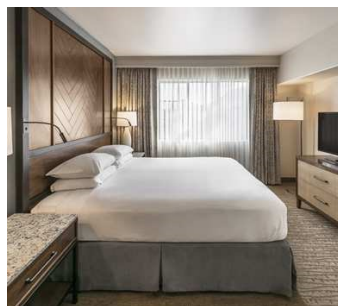
## A Destination Location

### Enjoy Beautiful Sedona, Arizona

The 2023 Pediatrics in the Red Rocks Conference is returning to the Sedona Hilton Resort at Bell Rock! The Hilton is a Luxury Golf Resort located amidst the spectacular beauty of Northern Arizona's Red Rock Country in the heart of Sedona. The location is simply magical! The resort offers exquisite two room suites and deluxe guest rooms featuring their own fireplace, flat panel LCD televisions, private balcony or patio and high speed internet access. All accommodations feature small refrigerators, and microwave ovens.

We invite you to relax by one of our two sparkling pools and enjoy a sumptuous meal in the ShadowRock Tap + Table. The Hilton Sedona Resort and Spa is Sedona's only spa and golf resort. Sports enthusiasts can take advantage of the onsite 18-holes championship golf course or enjoy a game of tennis. The resort's eforea® Spa offers signature body treatments that will take you on one of three unique journeys. Included in your stay will be complimentary access to the spa's fitness facility. Work out in the resort's 2,500 square foot state of the art Precor fitness room or take advantage of the fitness classes. After the workout, enjoy the facility's steam rooms, saunas and jacuzzis.

Please visit our website at [www.hiltonsedonaresort.com](http://www.hiltonsedonaresort.com) and call 1-877-273-3762 to book your spa appointments or tee times. The resort concierge will be happy to assist you plan your stay.



### Special Rates

**We've reserved a block of discounted rooms specifically for conference attendees - a special discount code to access the room block will be sent to you in your confirmation email after registering for the course. Space is limited!**

Rooms are being held at reduced rates for:

Deluxe Guest Room  
\$269.00 USD/Night\*  
One Bedroom King Suite  
\$289.00 USD/Night\*

**2 QUEEN BED DELUXE ROOM W/ BALCONY OR PATIO**  
This 350-416 sq. ft. two queen bed guest room has a cozy sitting area, along with a private patio or balcony. In-room amenities include a desk and workspace, gas fireplace, mini-fridge and wet bar. The bath offers a separate vanity area, deluxe bath products and cozy bathrobes.

**1 KING 1 BEDROOM SUITE WITH PARLOR-FIREPLACE**  
Enjoy a separate living area, private patio or balcony and a private bedroom with this 548-615 sq. ft. one king bed suite. Upscale amenities include two flat-screen TVs, a queen-sized sofa bed, wet bar, mini-fridge and a gas fireplace. The bath offers a separate vanity area, deluxe bath products and cozy bathrobes.

\*Plus a negotiated reduced rate resort charge for conference attendees at \$10

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# Registration Fees



## AZ Chapter Member

	<u>Early*</u>	<u>After 5/31/2023</u>
Physician	\$430	\$480
Emeritus/Retired	\$220	\$270
Nurse, NP, Allied Health	\$265	\$315
Resident/Medical Student**	\$210	\$260

## Non-AZ Chapter Member

	<u>Early*</u>	<u>After 5/31/2023</u>
Physician	\$550	\$600
Emeritus/Retired	\$245	\$295
Nurse, NP, Allied Health	\$375	\$425

\*Note the significant dollar savings by submitting your registration on or before May 31, 2023.

\*\* Resident and medical student dues are waived during their training.

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