

Arizona Chapter of the American Academy of Pediatrics

## 2019 Pediatrics in the Red Rocks

### Conference Agenda

June 28-30, 2019



**Course Description:** The 42nd Annual Course of *Pediatrics in the Red Rocks* is a three-day post-graduate course designed to develop, maintain and increase the knowledge, skills and professional performance of pediatric healthcare providers by providing them with the highest quality, most relevant and accessible educational experiences possible. *Pediatrics in the Red Rocks* is for primary care or hospitalist pediatricians, pediatric subspecialists, hospital and/or university faculty, residents, medical students, nurse practitioners, and physician assistants. The course combines lectures, case presentations, question and answer sessions and workshops with time for informal interaction with guest faculty and peers.



**Accreditation and Designation Statements:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Pediatrics (AAP) and the Arizona Chapter of the American Academy of Pediatrics (AzAAP). The American Academy of Pediatrics is accredited by the ACCME to provide continuing medical education for physicians. The AAP designates this live activity for a maximum of 15.00 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the activity, with individual assessments of the participant and feedback to the participant, enables the participant to earn 10 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program. If you do not successfully complete all components of the activity and evaluation, ABP MOC Part 2 Points will not be awarded; partial credit will not be provided.

Thursday Activities | June 27, 2019

# THURSDAY

**10:00-2:00 PM**

**OAK CREEK BALLROOM**

**AzAAP Board of Directors Meeting**

**INVITATION ONLY**

*Sponsored by: Southwest Human Development*

**5:30-7:00 PM**

**CANYON PRE FUNCTION FOYER HALLWAY**

**Thursday Night Pre-Registration**

**CANYON BALLROOM A**

**AzAAP Welcome Reception**

*Sponsored by: Arizona Department of Health Services: Prevention Services*

*After picking up your registration materials, join AzAAP's leadership as they welcome attendees at the opening reception. This event includes light appetizers and beverages. There is no charge for the event and guests are welcome.*

# FRIDAY

5.00 CME

**6:30-7:25 AM**

**CANYON PRE FUNCTION FOYER HALLWAY and CANYON BALLROOM B**  
**Registration/Breakfast in the Exhibit Areas**

**FRIDAY COFFEE STATION**

**CANYON PRE FUNCTION FOYER HALLWAY**  
**(open during general sessions)**  
*Coffee Station Sponsored by: HonorHealth*

**7:25 AM****CANYON BALLROOM A****Welcome Conference Overview**

(Gretchen Hull, MD, FAAP—AzAAP President)

**7:30-8:15 AM****CANYON BALLROOM A****Lecture: The year's top articles in infectious diseases for the practitioner**

(Sarah Long, MD, FAAP)

- *Interpret laboratory and historical data to validate immunity to vaccine-preventable diseases*
- *Plan strategy for protection of a travelling 6 month old against measles and hepatitis*
- *Recognize infectious risks of infants born to mothers receiving biologic response modifying drugs during pregnancy*
- *Describe reasons for susceptibility of appropriately vaccinated individuals against pertussis*

**8:20-9:05 AM****CANYON BALLROOM A****Lecture: How to diagnose a diagnosis of exclusion—what a PCP should know about juvenile idiopathic arthritis (JIA)**

(Elisa Wershba, MD, MPH)

- *Recognize JIA as a clinical diagnosis*
- *Learn symptoms/signs of JIA*
- *Explain association with uveitis*
- *Identify objectives of treatment in JIA*

**9:10-9:25 AM****CANYON BALLROOM A****Panel Q&A****9:30-10:00 AM****CANYON BALLROOM B and CANYON PRE FUNCTION FOYER HALLWAY****Break/Refreshments in the Exhibit Areas***Refreshment Break Sponsored by: MGA Home Healthcare***10:00-10:45 AM****CANYON BALLROOM A****Lecture: Adverse childhood experiences and the impact on mental health and medical outcomes**

(Randall Ricardi, DO)

- *List the more common medical and psychiatric outcomes for elevated ACE scores*
- *Describe the proposed effect of ACE's on brain development*
- *Become familiar with the general ACE categories and associated questions*

**10:50-11:35 AM**

**CANYON BALLROOM A**

**Lecture: Doctor, should I be worried? Recognizing common and uncommon birthmarks**

(Harper Price, MD, FAAD)

- *Recognize common and less common congenital skin lesions in the outpatient setting*
- *Identify those congenital skin lesions that require urgent referral and additional investigations*

**11:40-11:55 AM**

**CANYON BALLROOM A**

**Panel Q&A**

**12:00-12:30 PM**

**CANYON BALLROOM B and CANYON PRE FUNCTION FOYER HALLWAY**

**Break/Refreshments in the Exhibit Areas**

*Refreshment Break Sponsored by: Blue Cross Blue Shield of Arizona*

**12:30-2:00 PM**

**TEQUA BALLROOM**

**Annual AzAAP Luncheon Meeting— Pre-registration required (or lunch on your own)**

*Luncheon Sponsored by: First Things First*

*This meeting affords AzAAP members an opportunity to network and learn what AzAAP is doing for members and children in Arizona. There is no charge for AzAAP members and pre-registration is required.*

**2:15-3:45 PM**

**Workshops – Attendees choose from one of the following two sessions:**

**A. DRY CREEK BALLROOM**

**Workshop: How to approach a limping child**

(Elisa Wershba, MD, MPH)

- *Identify when to order “rhum” labs*
- *Recognize when to refer a patient*

**B. OAK CREEK BALLROOM**

**Workshop: Visual diagnosis in infectious disease**

(Sarah Long, MD, FAAP)

- *Distinguish specific features of Kawasaki disease*
- *Differentiate viral from bacterial pharyngitis*
- *Differentiate cutaneous manifestations of infectious diseases*

**3:45 PM**

**Friday Educational Sessions Adjourn**

**5:30-7:00 PM**

**CANYON BALLROOM A**

**AzAAP Poster Session Happy Hour**

*Join conference attendees and AzAAP Chapter members and learn about current Chapter programs, Arizona pediatric residency programs and other state projects of interest to pediatric healthcare professionals. This event includes light appetizers and beverages. There is no charge for the event and guests are welcome.*

*Sponsored by: Phoenix Children’s Hospital*

# SATURDAY

6.00 CME

6:30-7:25 AM

CANYON PRE FUNCTION FOYER HALLWAY and CANYON BALLROOM B  
Registration/Breakfast in the Exhibit Areas

SATURDAY COFFEE STATION

CANYON PRE FUNCTION FOYER HALLWAY  
(open during general sessions)  
Coffee Station Sponsored by: HonorHealth

7:30-9:00 AM

Workshops – Attendees choose from one of the following three sessions:

**A. OAK CREEK BALLROOM****Workshop: Sports injuries to the knee, hips and ankle**

(J Hunt Udall, MD)

- *Acquire skills to do a thorough exam on the lower extremity*
- *Demonstrate confidence in diagnosing lower extremity sports injuries*
- *Differentiate what needs therapy, what needs rest, and what needs surgery*
- *Differentiate which patients need further imaging studies for diagnosing a problem*

**B. CANYON BALLROOM A****Workshop: Pharmacotherapy update in the treatment of ADHD: Is newer always better?**

(Randall Ricardi, DO)

- *Discuss the risks/benefits of non-drug nutritional therapy to treat ADHD symptoms*
- *Describe clinical indications for the use of non-stimulant medications for ADHD*
- *Create a Clinical Pathway for the treatment of ADHD*

**C. DRY CREEK BALLROOM****Workshop: Things that go “bump” in the night! Diagnosing common lumps and bumps in the pediatric population**

(Harper Price, MD, FAAD)

- *Review common terms to accurately describe skin lesions when documenting and discussing with your colleagues*
- *Identify common childhood skin lesions based on appearance, age and location*
- *Recognize what skin lesions would require further referral and/or investigation*
- *Employ counseling to patients/families on commonly seen lumps and bumps in childhood*

9:00-9:30 AM

CANYON BALLROOM B and CANYON PRE FUNCTION FOYER HALLWAY  
Break/Refreshments in the Exhibit Areas

**PRIMARY CARE TRACK**

9:30-10:15 AM

CANYON BALLROOM A

**Lecture: Pediatric pearls for shoulders, elbow, wrist, and hand problems**

(J Hunt Udall, MD)

- *Apply increased skills in diagnosing shoulder, elbow, and wrist aches and pains and injuries*
- *Utilize diagnostic tools (MRI, xray, ultrasound) in patient care more effectively*
- *Demonstrate confidence in upper extremity exam*
- *Diagnose and treat basic problems in clinic and differentiate which ones need to be sent to the orthopedic surgeon*

**10:20-11:05 AM**

**CANYON BALLROOM A**

**Lecture: Bugs and drugs: Optimal use of antibiotics in the outpatient**

(Sarah Long, MD, FAAP)

- *Recognize the importance of the microbiome in health and disease*
- *Describe the microbiology of AOM and sinusitis and plan targeted therapy*
- *Describe adverse effects of NSAIDs*

**11:10-11:55 PM**

**CANYON BALLROOM A**

**Lecture: More than just skin deep: Atopic dermatitis guidelines and updates in 2019**

(Harper Price, MD, FAAD)

- *Describe the role of comorbid conditions like ichthyosis vulgaris and food allergies in patients with atopic dermatitis*
- *Review the use and safety of prescription non-steroidal topical options for atopic dermatitis*
- *Recognize the multifaceted approach to treatment and prevention of atopic dermatitis and related complications*

**12:00-12:30 PM**

**CANYON BALLROOM A**

**Panel Q&A**

**12:30 PM**

**Primary Care Educational Sessions Adjourn/Hospitalist Track Education Sessions Continue**

**Saturday AzAAP Committee Meetings**

*Sponsored by: Southwest Human Development*

- |                     |  |
|---------------------|--|
| <b>3:00-4:00 PM</b> | <b>IRONWOOD SUITE</b> — Advocacy Block (Combines Advocacy Committee and Pediatric Council)<br><b>PALO VERDE SUITE</b> — Early Brain and Child Development Block<br>(Combines Developmental Screening Committee and Early Literacy Committee) |
| <b>3:15-4:00 PM</b> | <b>JUNIPER SUITE</b> — Adolescent Health Committee   |
| <b>4:00-4:45 pm</b> | <b>IRONWOOD SUITE</b> — Continuing Medical Education (CME) Committee<br><b>JUNIPER SUITE</b> — Child Fatality Prevention Committee   |
| <b>4:00-5:00 PM</b> | <b>PALO VERDE SUITE</b> — Poverty and Child Health Block<br>(Combines Access to Care Committee and Obesity and Food Insecurity Prevention Committee)   |
| <b>4:45-5:30 PM</b> | <b>IRONWOOD SUITE</b> — Fund Development Committee<br><b>JUNIPER SUITE</b> — Emergency Medicine Block<br>(Combines Pediatric Emergency Medicine Committee and Pediatric Prepared Emergency Care Steering Committee)                          |

**HOSPITALIST TRACK**

**9:30-10:15 AM**

**OAK CREEK BALLROOM**

**Lecture: DERM ROUNDS: A day in the life of the inpatient consult service**

(Harper Price, MD, FAAD)

- *Discuss how best to utilize the dermatology service in the inpatient setting and common pitfalls*
- *Review common and uncommon skin conditions seen in hospitalized patients including drug reactions and infections, among others*
- *Recognize those conditions that would require urgent diagnosis and intervention in the inpatient setting*

**10:20-11:05 AM**

**OAK CREEK BALLROOM**

**Lecture: When should I call rheumatology?**

(Elisa Wershba, MD, MPH)

- *Recognize when to consult inpatient vs. refer outpatient*
- *Identify when the hospitalist should call rheumatology*
- *Recognize emergencies in patients with rheumatologic conditions*

**11:10-11:25 AM**

**OAK CREEK BALLROOM**

**Panel Q&A**

**11:30-12:00 PM**

**OAK CREEK BALLROOM**

**Hospitalist Track Networking Luncheon**

**12:00-12:45 PM**

**OAK CREEK BALLROOM**

**Lecture: Top 5 journal club articles**

(Article Presenters: Sam Flores, MD, FAAP; Shivani Desai, MD; Peter Fitzgibbons, MD; Jennifer Hall, MD, FAAP; Megan Matz, MD; Kristin Robertson, MD; Sana Siddiqui, MD, FAAP; Katina Summerford, MD)

- *Appraise 5 recent articles with a potential impact on hospitalist medicine*
- *Assess how these results may apply to clinical practice*
- *Analyze the gaps that still exist in knowledge in areas these articles cover*

**12:50-1:35 PM**

**OAK CREEK BALLROOM**

**Lecture: 2019 nuggets in infectious disease for the hospital-based practitioner**

(Sarah Long, MD, FAAP)

- *Describe the epidemiology of viral respiratory tract illnesses in families*
- *Recognize the benefits and limitations of PCR testing for hospitalized children with fever alone, respiratory, GI, and possible HSV*
- *Recognize unusual presentation of Kawasaki disease*
- *Plan immunologic investigation of a child with invasive pneumococcal infection*

**1:40-2:25 PM**

**OAK CREEK BALLROOM**

**Lecture: A state of delirium: Is it really important to worry about?**

(Randall Ricardi, DO)

- *Describe the core diagnostic characteristics of delirium*
- *List the differential diagnoses for delirium*
- *Outline a treatment plan for the acute management of delirium*

**2:30-3:00 PM**

**OAK CREEK BALLROOM**

**Panel Q&A**

**3:00 PM**

**Hospitalist Track Adjourns**

# SUNDAY

4.00 CME

**6:30-7:30 AM**

**CANYON PATIO**

**Breakfast on the Canyon Patio**

**7:30-9:00 AM**

**Workshops – Attendees choose from one of the following three sessions:**

**A. OAK CREEK BALLROOM**

**Workshop: Sports injuries to the knee, hips and ankle**

(J Hunt Udall, MD)

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**B. CANYON BALLROOM A**

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(Randall Ricardi, DO)

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**Workshop: Things that go “bump” in the night! Diagnosing common lumps and bumps in the pediatric population**

(Harper Price, MD, FAAD)

- *Review common terms to accurately describe skin lesions when documenting and discussing with your colleagues*
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**9:00-9:15 AM**

**CANYON PATIO**

**Morning Break and Coffee Station**

**9:15-10:00 AM**

**CANYON BALLROOM A**

**Lecture: Fractures every pediatrician should be familiar with**

(J Hunt Udall, MD)

- *Identify fractures that need to be treated in a time-sensitive manner and those that don't*
- *Acquire an increased comfort level of treating certain fractures in the office*
- *Employ an increased knowledge of radiographs and rely less on x-ray reports*
- *Distinguish what needs to be sent to the orthopedics office next week, what needs to go to the emergency room right away, and what can be followed safely in office*

**10:05-10:50 AM**

**CANYON BALLROOM A**

**Lecture: My patient was diagnosed with a rheumatologic condition—now what?**

(Elisa Wershba, MD, MPH)

- *Identify when vaccinations are contraindicated*
- *Describe my role in managing common pediatric rheumatologic conditions*
- *Recognize the uniqueness of adolescent management with chronic illness*

**10:55-11:40 AM**

**CANYON BALLROOM A**

**Lecture: Psychogenic non epileptic seizures**

(Randall Ricardi, DO)

- *Describe the challenges associated with making the diagnosis of Psychogenic non epileptic seizures (PNES)*
- *Recognize common psychological risk factors for the development of PNES*
- *Outline a management approach for care*

**11:45-12:00 PM**

**CANYON BALLROOM A**

**Panel Q&A**

**12:00 PM**

**CANYON BALLROOM A**

**Closing Remarks**

(Gretchen Hull, MD, FAAP—AzAAP President)

**CANYON PRE FUNCTION FOYER HALLWAY**

Turn in Evaluations/Pick up CME Certificates



# Save the Date!

43rd Annual Pediatrics in the Red Rocks Conference

June 26-28, 2020

Hilton Sedona Resort

90 Ridge Trail Drive · Sedona · AZ · 86351