

Targeting Pediatric Malnutrition

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- **After the completion of this lecture, The learner will:**
 1. Describe the prevalence of Malnutrition in Pediatrics
 2. Outline key nutritional gaps
 3. Facilitate new screening tools and management strategies for improving nutrition in practice

Pediatric malnutrition is prevalent in the United States (1,2) and impacts growth, cognition, behavior, and immune health (3). Certain nutritional gaps are most concerning such as iron, protein, fiber, and micronutrients (4). The pediatric provider should therefore incorporate not only nutrition screening for malnutrition (5) but also food insecurity (6). A Registered Dietitian can be an asset for practice and provide in person or virtual consultations and has been demonstrated to be cost effective (7). This presentation will describe practical strategies to seamlessly add these tools and dietary guidelines to practice.

References:

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